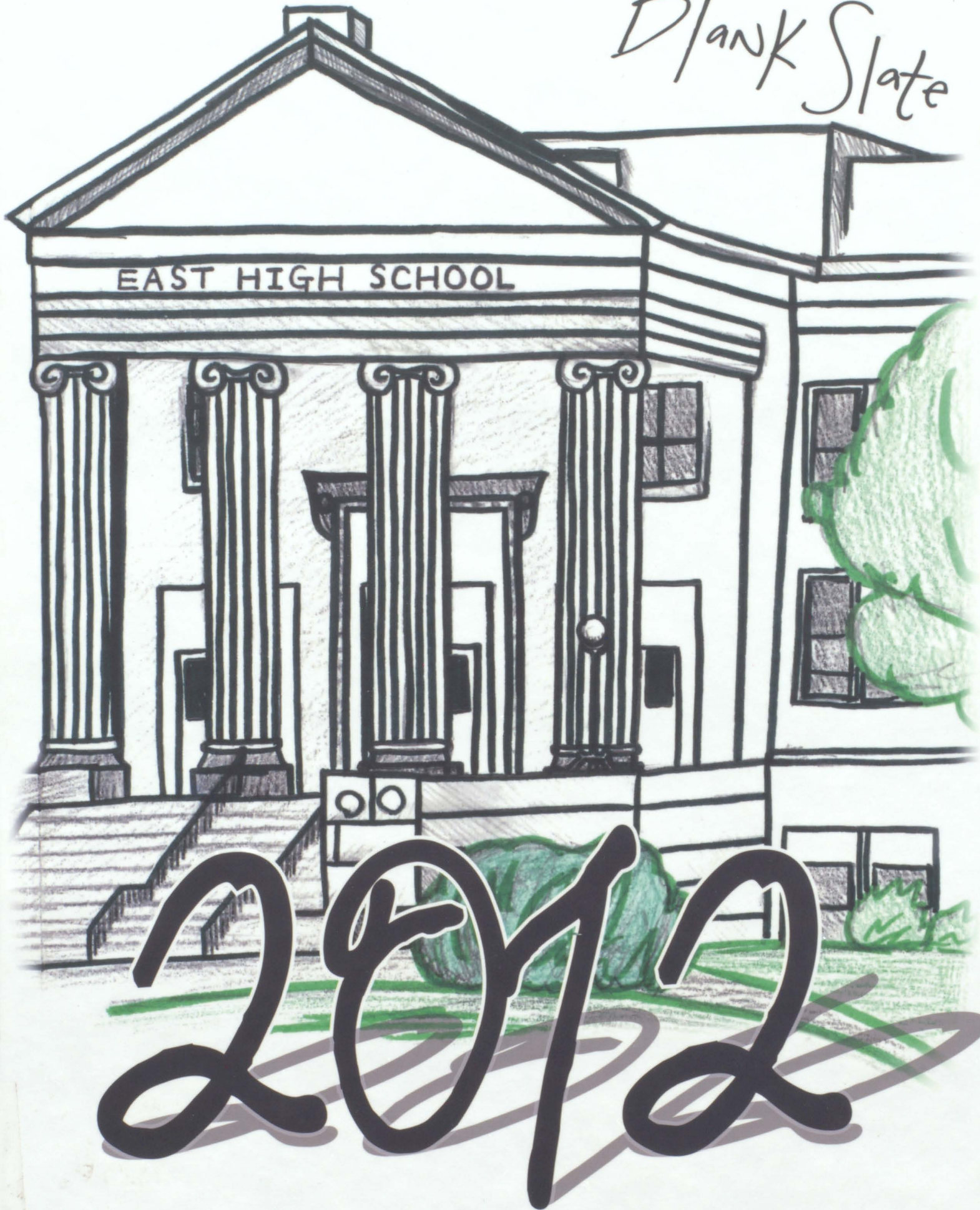


Blank Slate





Casi Siders ♡  
Francis R. Bales

Frank Tully

Kaligh Nichor Zach Gib

Tyler Starnes  
Taylor Fry  
Taylor Bougner II

Melissa  
Cynthia

AUSTINE II  
KOBROCK

Just  
Zach  
Duc  
Lore

Deanna  
Kumars

Phyllis Nuffell

Ahmed  
Branche

Autia  
Duke  
Erguson

Chance  
Scott  
Hi

Just  
M

Paige  
Blair

Summer  
Jordan  
Bates

Kissy Rains

Brooke  
Wilson

Sarah  
Fitzpatrick  
Deanna Fox

Brandon  
Karl  
Hunandy

Joey  
Duke  
Hun

Robbie  
D. Jones  
Van Dyke

Josh  
Lindsey  
Crosby

Josh  
Terra  
Munera

Josh  
Meimle

Riley Bacon  
Josh  
Smith

Matthew  
B

Nash  
Ker  
Fitz

Vanada Houn

Wendy  
Uribe

Casi Siders ♡

Wendy

Katelyn  
Freema



The Lily  
Butterfly  
Ashley Baumgardner  
Josh  
Zach  
Genevieve  
Leah  
Amelia  
Stacie

Andrea  
Carroll  
Janae  
Amelia  
Taylor  
Moda  
Nicole Underwood

Stacie Post  
Melissa Davis  
Erica Kellogg  
Matt Mendenhall

Michelle  
Kara  
Logan  
Shan

Kara Brett  
Logan Shan  
Jasmine  
Efren Terrazas

Sierra  
Jade  
Alfredo  
Hernandez  
Amey  
TJ Taylor

Shayla Kibroch  
Paige V. Groves  
KAMI CARDINES  
Maricela  
Lorenzo

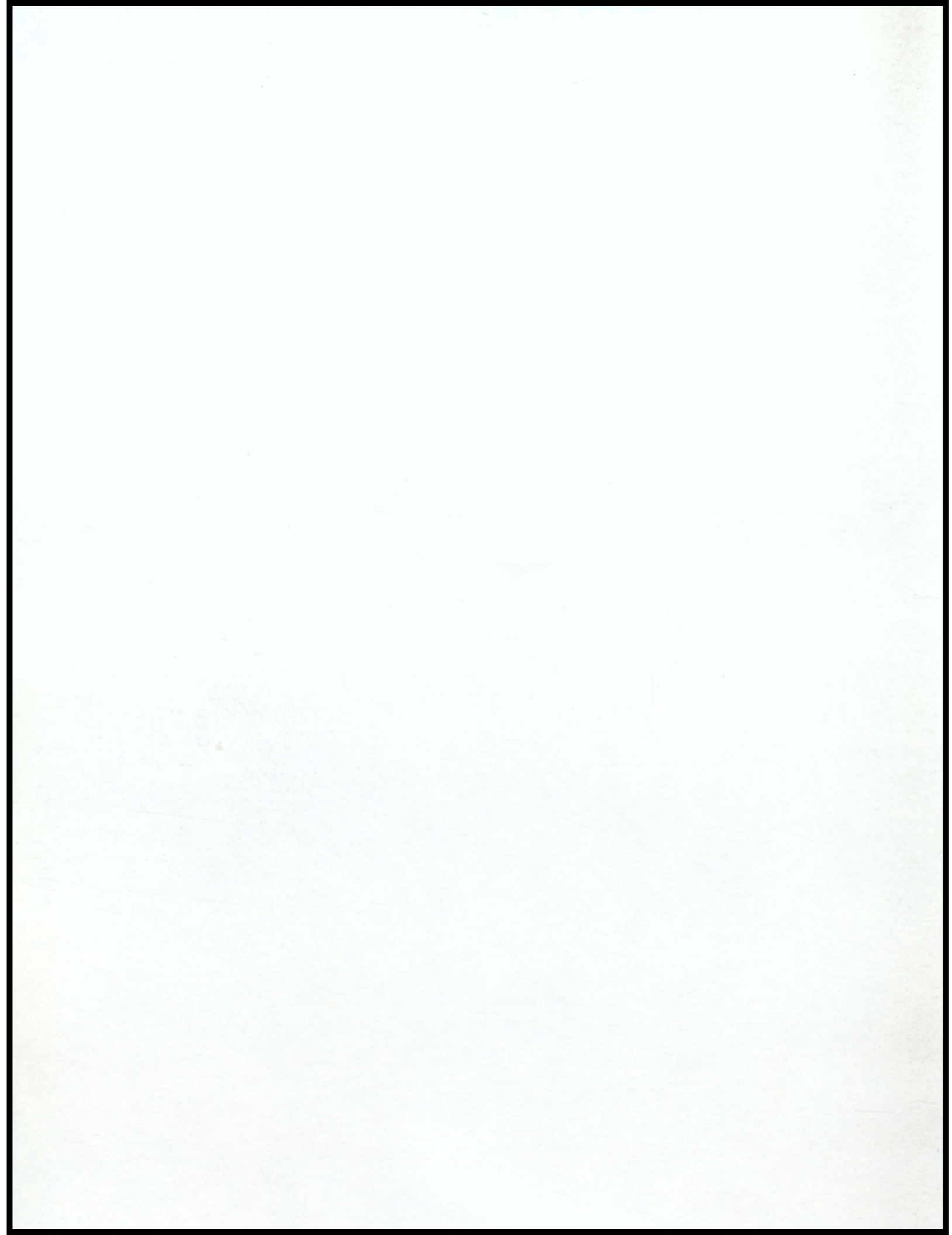
Demetrius Horton  
William  
Kendall  
Clayton

Elwon Roberts  
Forrest Jones  
Michael  
Courtney

Johnathon  
Mayas  
Marilyn Potter  
Kierra Osborn  
Casi Siders

JAMA  
Haley Bonan

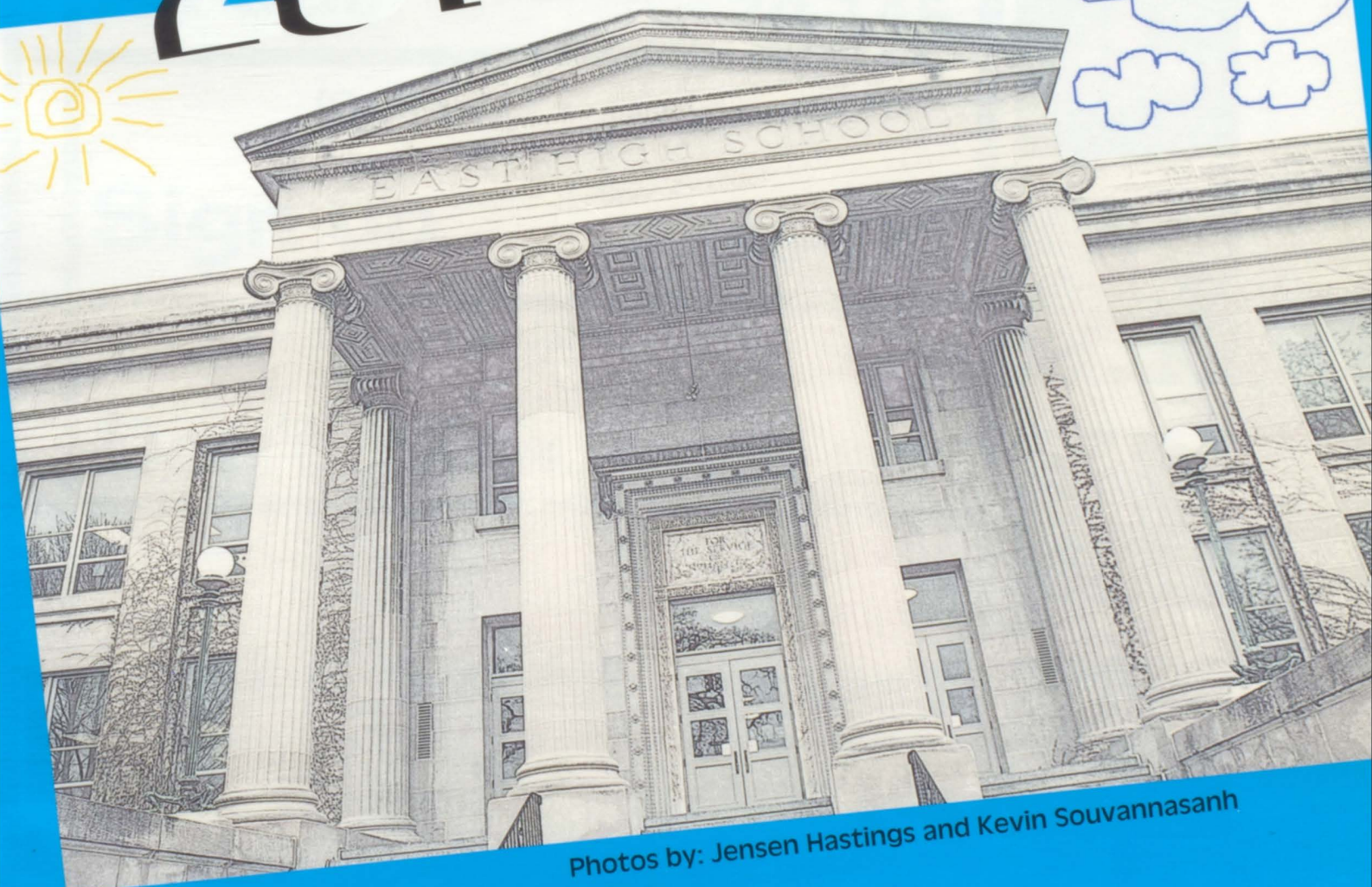
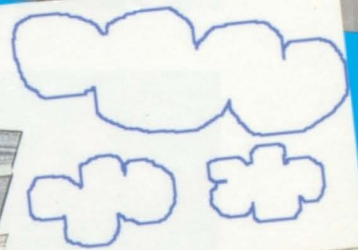






Cover art by Anna Flickinger

# Blank Slate 2012



Photos by: Jensen Hastings and Kevin Souvannasanh

[ East High School. 815 E. 13th Street. Des Moines, Iowa. 50316. Vol. 106 ]



**[express yourself]**  
*doodle!*



# Stand out

8-27

(Student life)



# Focus in

28-69

(Academics)



# All out

70-145

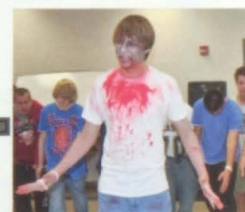
(Sports)



# Sign up

146-173

(Organizations)



# Don't blink

174-261

(People)



# Last chance

262-283

(Advertisements)





Layout by: Riley Fisher

# Blank Slate

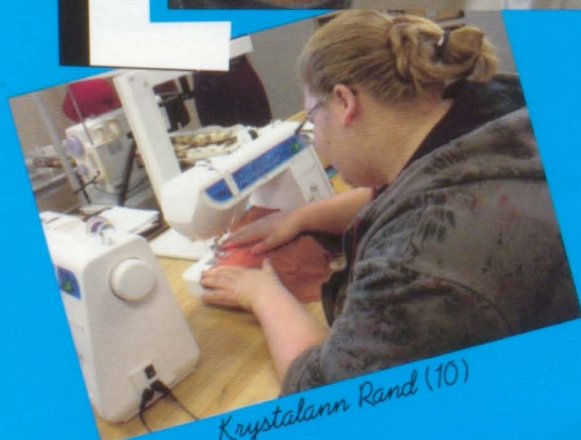
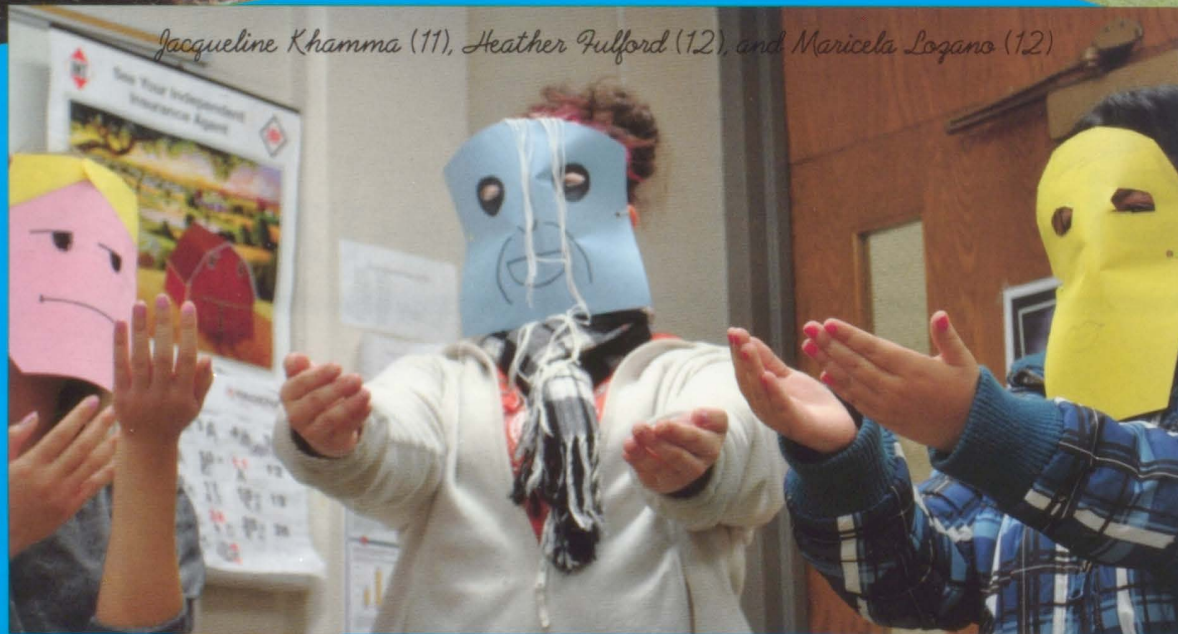
Allison Marchesano (9)



State Softball Champs 2011



Jacqueline Khamma (11), Heather Fulford (12), and Maricela Logano (12)



Krystalann Rand (10)



Publications Lab



Dear East High,

Blank Slate is an opportunity to create yourself and who you want to become in the future. High school is a place where the foundation for your future is built. You are given the freedom to choose what classes to take during your high school career; even if that means trying something new or testing out things you wouldn't have otherwise.

Blank Slate is something all your own. No one can tell you how to design your life or what decisions to make, that will soon affect your life story. It is showing who you are through what you love to do. Everyone has their own way of expressing themselves. We all are one of a kind.

Blank Slate refers to something that is yet to be developed and completed. It's a blank notebook that you must fill with doodles, memories, thoughts and feelings throughout your days at East High School. Eventually you can reflect back on it and see the goofy way you dressed or the many memories you made with all your friends at Friday night football games.

East, the place we've called home for four years of our lives, allows us to strive for the better and leave behind our own legacy. Whether that is setting school records or achieving at the highest academic level in your classes, there is a place for everyone here at East and you must take the blank slate given to you, as a freshman and personalize it. East gives us a sense of acceptance because we all find our niche whether on purpose or by accident. This is your Blank Slate, what will you do with it?

Story by: Jessie Vance



# Quill

Story by: Haley Larson

Layout: Riley Fisher



**WARNING:** Do not leave your food unattended in room 207 in the Walker Building. Missing: Jessie's peanut butter M&M's. Things get a little crazy in the publications lab, currently located in the Walker Building. The publications lab is a home for many yearbook students, where they work hard to produce the very book you're reading right now.

A lot goes into making a yearbook that the student body doesn't realize. From conducting interviews to meeting deadlines, being in yearbook can be a stressful but rewarding experience.

"Interviewing and finding interesting people with interesting quotes is extremely hard. I literally beg people for interesting answers and they reply with one word. I hate it. But when I get a good interview, it makes my page AMAZING...like me," said senior Brooke Nokes.

Although the atmosphere in the yearbook room during deadline is full of tension, there are many times when students have fun. A common pastime of yearbook students is to watch videos on You-tube, like "The Crazy Honey Badger" video or "Songs in Real Life". Students also like to tweet constantly on Twitter (starting Twitter wars), much to the annoyance of the editors.

"I wish there was a school Twitter block like there is a Facebook block. That way the distractions in the room would be limited, although sometimes it's helpful to get your mind off things for a while," said senior editor Riley Fisher.

Though yearbook can be a strain, and at times like working a full-time job for no pay, participating in the class can be a gratifying experience.

"Yearbook feels good when you finish your page...five days after deadline," junior Dillon Hernandez said.

## Quill Stress Relievers:

1. Watching Honey Badger on Youtube
2. Skim through senior pictures
3. Make fun of Mr. Graeber and his taste in music
4. Drink fountain pop from QuikTrip
5. Constant tweeting #winning
6. Eating EVERYTHING in sight
7. Taking a short cat nap on the floor
8. Shopping on-line
9. Prank calling
10. Arguing.....then making up!







Hard at work, Diana Fabian (11) and Hannah Bailey (11) work on a spread for deadline two. Through out the year there are six to seven deadlines where the publications students work on spreads that they design for the yearbook.

*Left:* Munching on goodies while stressing out for the final day of deadline one, co-editor Riley Fisher (12) looks to see the current sent spreads while, Brooke Nokes (12) uploads pictures to e-design.

*Below:* The publication lab held an annual Christmas party where advisor's Ben Graeber and Natalie Niemeyer pose with their gifts, crazy big glasses and a singing Christmas tie.



*Below:* Looking for ideas through many different yearbooks, Melissa Craig (12) finds ideas for the current yearbook. Craig was looking for designs for her current academics spread. *Left:* Making changes for the final time, Lauren Holmes (11) prints off her final copy of her spread.






*stand out*



**Shaking hands to victory.**

The senior team coaches begin the showdown by shaking hands with the junior team coaches. The powderpuff game is one of the many festivities to kick off Homecoming week.





*Look beyond the walls of East High, and what do you see? Thousands of kids scattering to get to classes on time but school isn't just about homework and tests. Its also about enjoying your time with friends and making new ones.*

*Making memories are easy at East High School whether its going to dances or going to the crazy fun football games.*

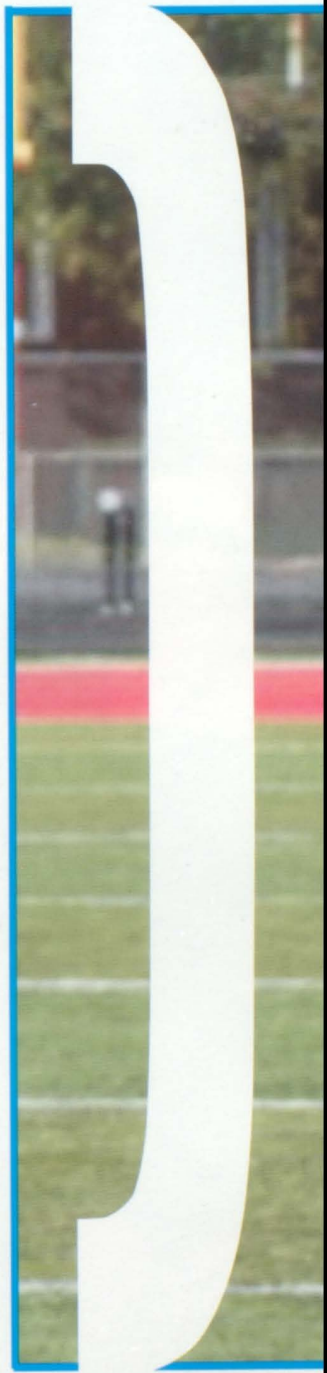
*After school, when the bell rings students want to relax and hang out with friends.*

*"I like being a student here, its nice, and the school is racially diverse," said junior Angy Gonzalez. Gonzalez was new this year and now loves to be a scarlet.*

*There are a lot of students here at East High, chances are there will be at least one peer in your class that you don't know, giving you the chance to make new friends.*

*Not all students get to have free time after school; there are those who have jobs, such as McDonalds, Hy-Vee, or a store in the mall.*

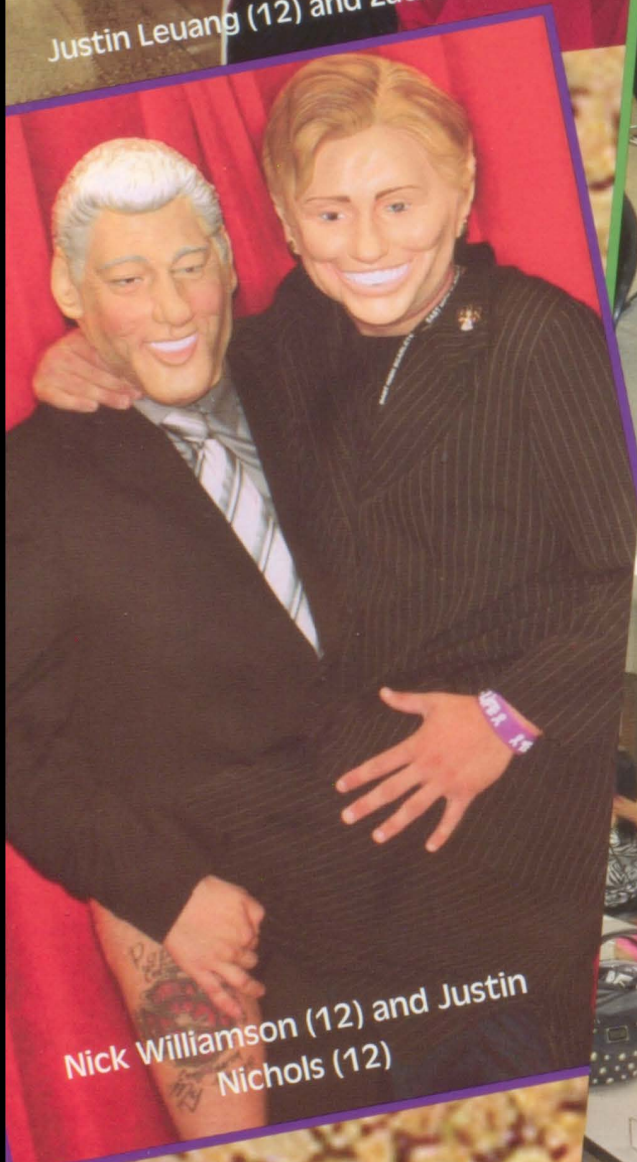
*High school is where you find yourself and discover where your future will lead you. Its about growing up and moving forward in your life. Your future is soon to come, so enjoy yourself now and stress later.*



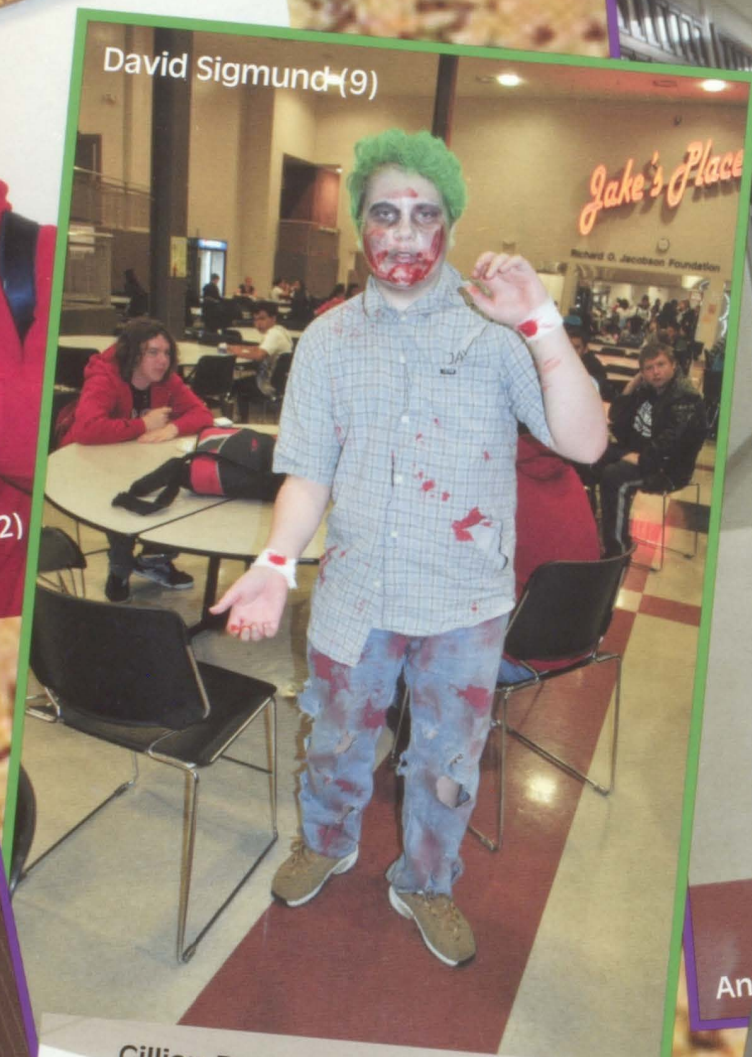




Justin Leuang (12) and Zachary Lewis (12)



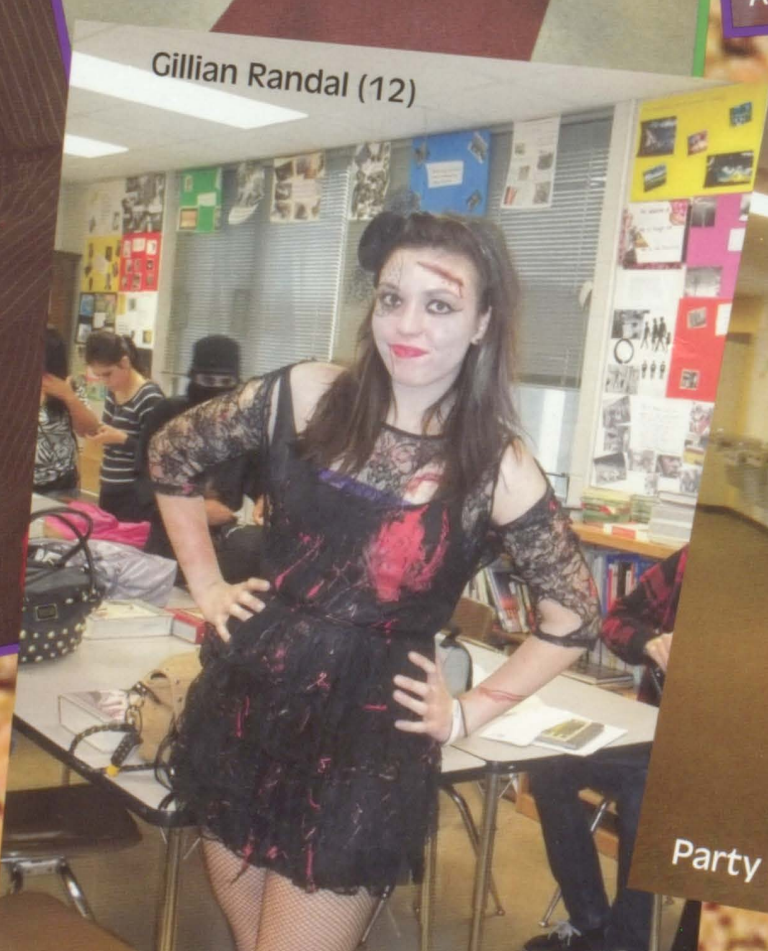
Nick Williamson (12) and Justin Nichols (12)



David Sigmund (9)



Anna Flickinger (12)



Gillian Randal (12)



Party Rocker



Meredith Layman  
(11), Jasmin Munoz  
and Devon Roberts  
(12)



Rachel Eckardt (11)



Homecoming Week Spirit Days  
Monday-ER Day  
Tuesday-Decade Day  
Wednesday-Wacky Day  
Thursday-Thrilling Day  
Friday-Spirit Day!

Cephus Wright (12), Julia Sigmund (12)  
and Benjamin Frazier (12)

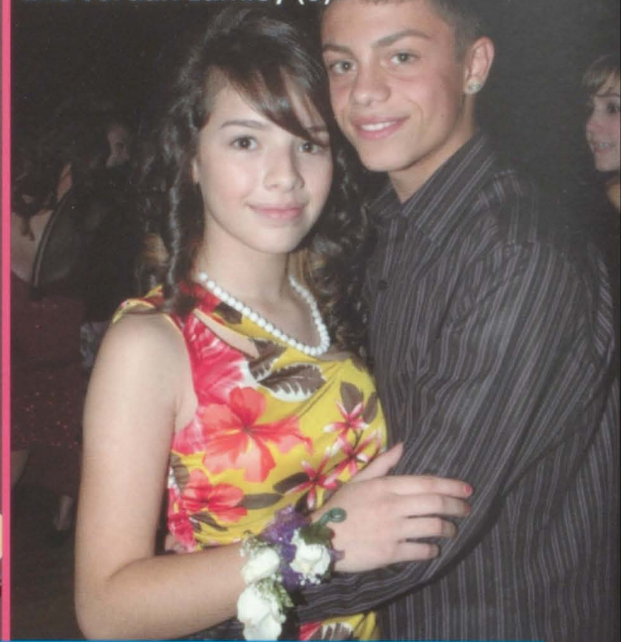


Niki Patrick (12) and  
Taylor Anderson (12)





Luzy Nieto-Guerrero  
and Jordan Lumley (9)

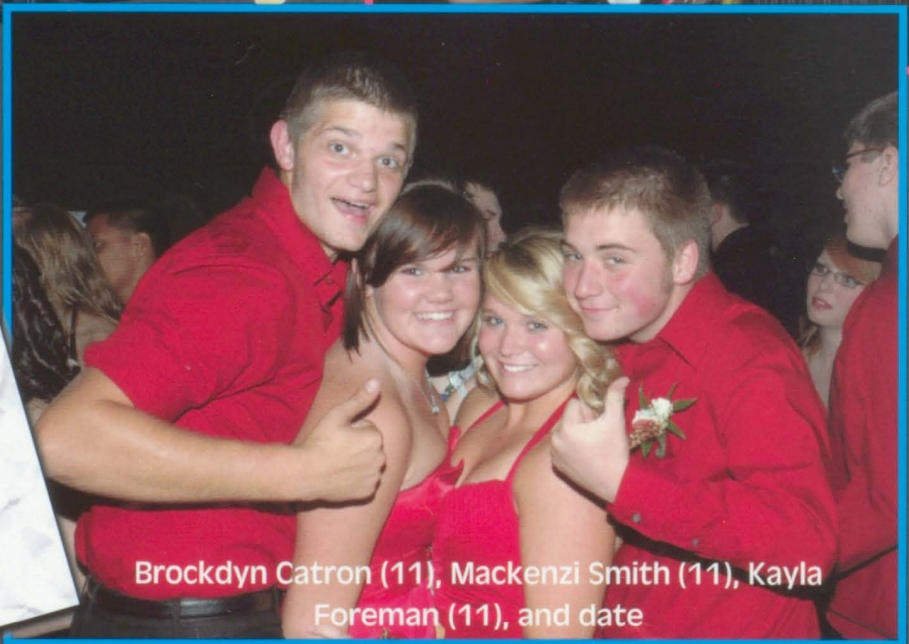


Philip Graham (10), Brandon Leach (11), Miriaha Smith (10),  
Hunter Lane (10), Erika Bibian (10), and Cortney Wilson (10)

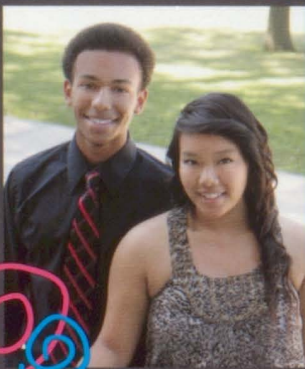


Homecoming  
check List:  
☐ shirt  
☐ pants  
☐ tie  
☐ shoes  
☐ corsage  
☐ DATE!

Brockdyn Catron (11), Mackenzi Smith (11), Kayla  
Foreman (11), and date



## Homecoming Court



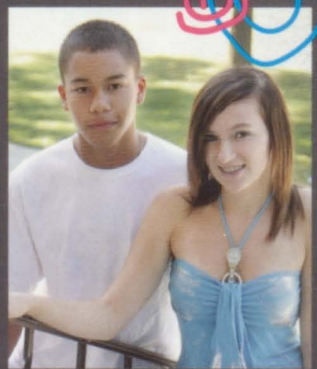
Salat Jones and Erika  
Kommivongsa (12)



Reio Cason and  
Paige Vasey (11)

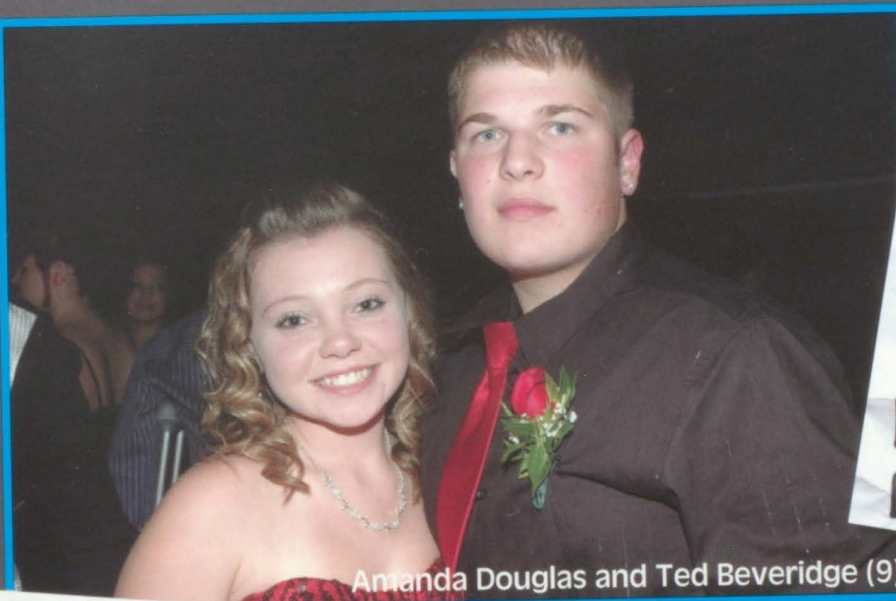


Kendrew Panyanouvong  
and Jade Quang (10)

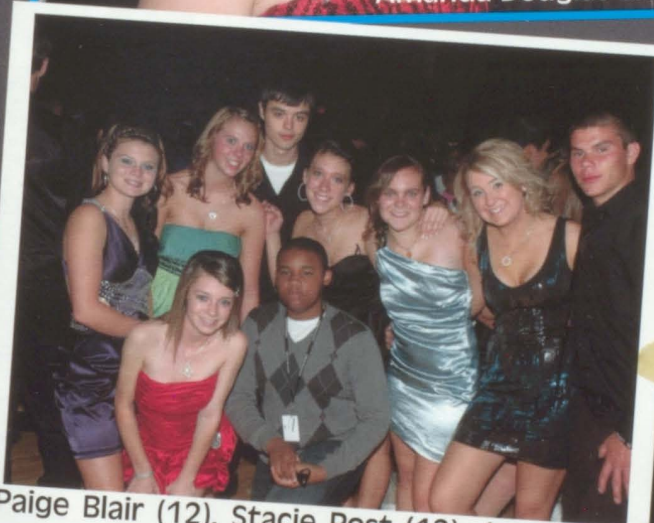
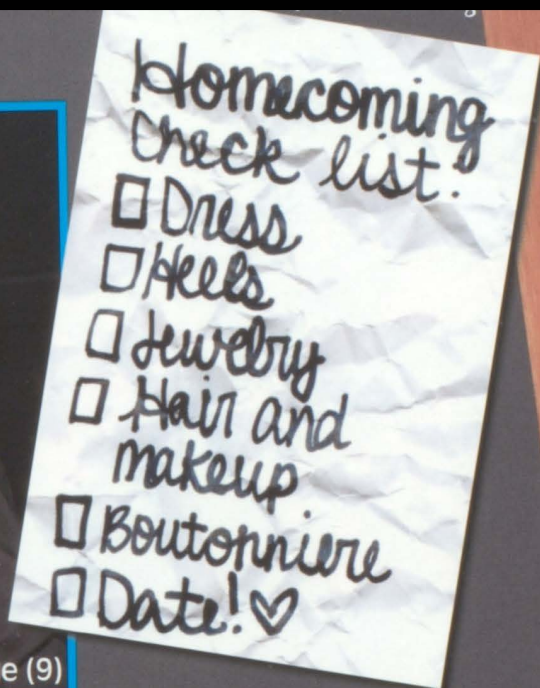


Quincy Green and  
Kaylie Kelly (9)

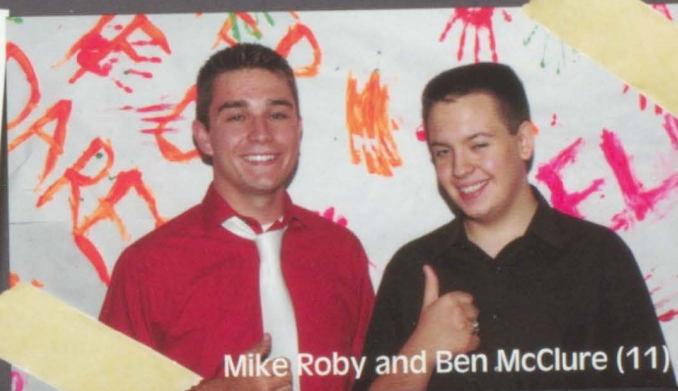




Amanda Douglas and Ted Beveridge (9)



Paige Blair (12), Stacie Post (12), Jesse Ryan (12), Ashley Overton (12), Savanna Fuller (11), Sharayah Devick (12), William Young (11), Alex Blair (9), and Christian Russell (9)



Mike Roby and Ben McClure (11)

Maria Ceballos (12), Lincoln student, Diana Vela (12), Yesenia Alvarez (12), Anel Melendrez (12), Yessica Iraheta (12), and Itzel Maceda (12)



Dominique Stone (12) and date





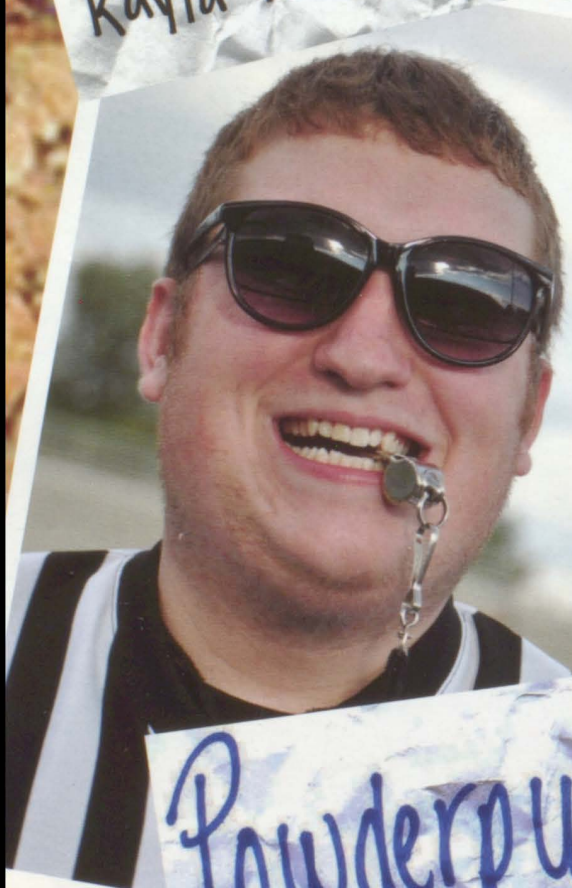
Kayla Foreman and Hannah Bailey

Albrea Winfrey  
and Rachel  
Carstens (11)



Nathan Young (12)

Kiet Le, Arnold Sengsirivanh, Justin Nichols and Michael  
Thomas (12)



Powderpuff

Seniors soar with a 22-8 victory







Seniors 2012



Juniors 2013



Meredith Henrikson (12)

- Powderpuff Necessities
- ☐ Refs
  - ☐ Face paint
  - ☐ Bandanas
  - ☐ Coaches
  - ☐ belt and flags
  - ☐ team shirt

Diana Inthaboune (12)





# Scarlet Swag



Jonathon Moreno (11)



Ben McClure (13), Justin Nichols (12), and Wade Williams (12) wear their letter jackets around during the winter Aseason showing their scarlet swag. Letter jackets show if your in any sports along with your academic acheivements.

Samora Clay (10)





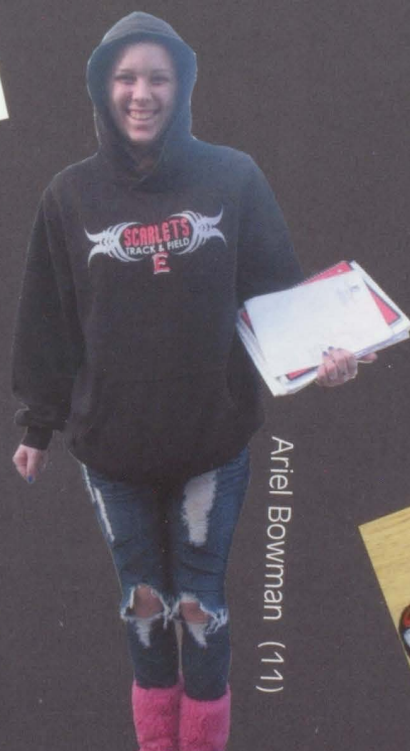
Marcus Aschan (9)



Kerri Kochheiser (11)



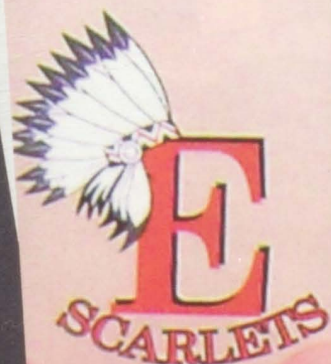
Chase Reynolds (11)



Ariel Bowman (11)



Basketball fan



Econ Vinyl (\$5)



Layout by Hannah Bailey



Layout by : Diana Fabian



Ariana Fabian-Santos (9)



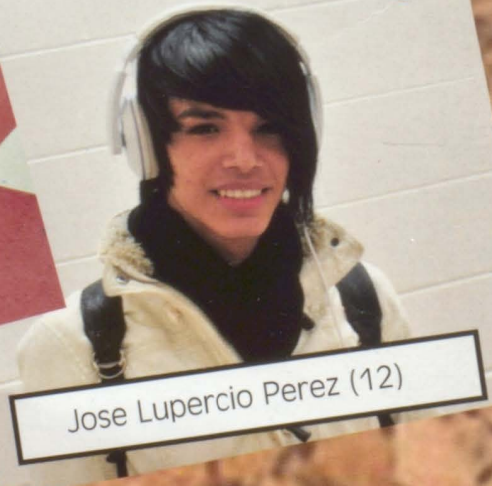
Alexander Huynh (11)



Whitney Stone (12)



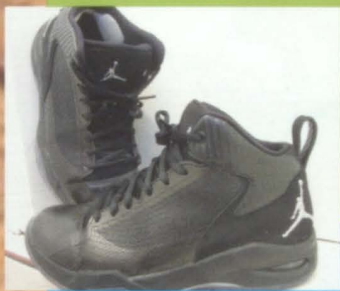
Asia Bell (9)



Jose Lupercio Perez (12)



# Express Yourself



Mark Juarez-Martinez (12)



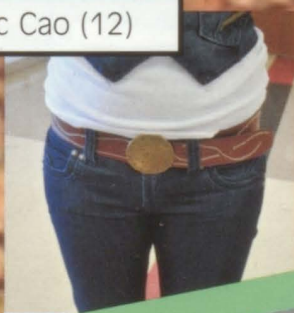
Alejandra Piña (11), Jennifer Chavez-Rivera (11), and Daisy Solorzano (11)



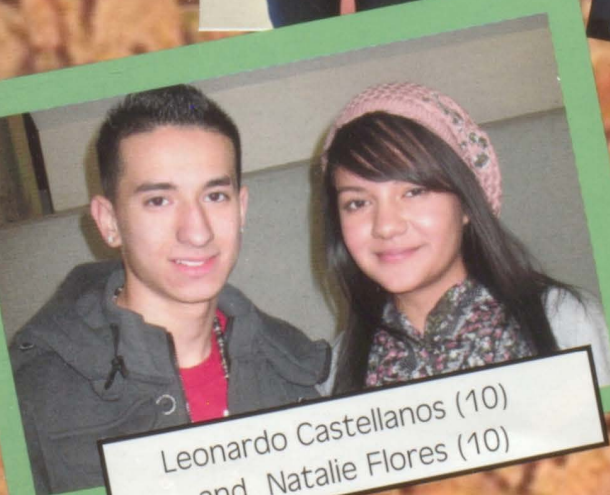
Ngoc Cao (12)



Brenda Phongphachone (11)



Alexis Nguyen (11)

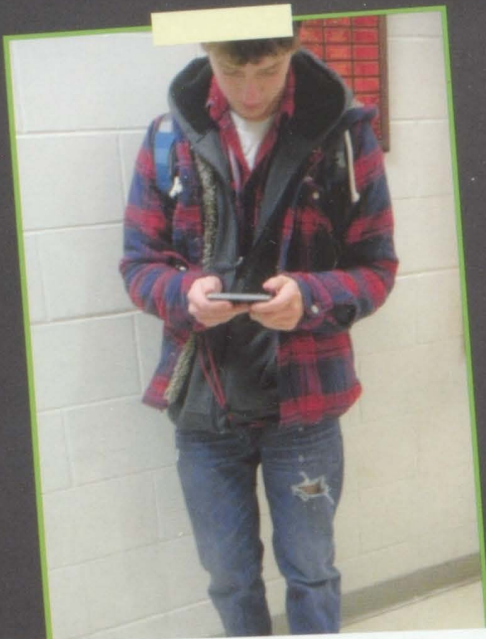


Leonardo Castellanos (10)  
and Natalie Flores (10)



- 8 TOP ACCESSORIES**
1. Shoes!!!
  2. Scarves
  3. Shades!!
  4. Headphones
  5. Bags / Purses
  6. Hats / Beanies
  7. Rings, Bracelets, Earrings & Necklaces
  8. Belts





"My iPhone, if I didn't have it I couldn't text, get on Facebook, and I couldn't tweet."

- Jacob VanGundy (11)

"I could not live without my golf clubs. When I am stressed they bring me a sense of relief, and in the summer getting up early and going golfing is amazing."

- Joseph Bahnsen (11)



"I have been able to cut out all junk food; switching pop to juice, cookies to crackers and even candy bars to granola bars. But, one thing I couldn't cut out is Doritos."

- Taylor Mitchell (11)

"Probably my car. I'm so freaking busy all the time, so it's definitely something I need."



- Tenea Fabray (12)





# My other half



"I would go crazy without my iPod because my music keeps me focused on my work and it's fun to dance to!"



- Meredith Layman (11)

# I can't live without...

"I can't live without my original trident gum. I chew it everyday!"

- Brooke Nokes (12)



"Captain Oats, my stuffed flamingo I got him from the zoo, and I can't sleep without him!"

- Alisha Mullin (12)

Layout by Melissa Craig



## But you'd never guess who

- Dances in the hallways
- Has a different hairstyle every day
- Participates "Tie Tuesday"
- Plays Yu-Gi-Oh every B day lunch
- Studies in the library during release time every B day
- Wakes up at 4:30 for school



"Besides of being behind, I do my make up work, talk to counselors, and don't procrastinate later."

-Darlene Keointavong (12)



"I have different hair style every day because I want to be different. I want to stand out and show my artistic side through my hair. I do it because it makes me happy and I'm going to go to college for hair and because come on, who else can wear hair like me." -Jama Clayton(12)



Arnold Sengsirivanh (12), Jordan Sams (12), Seth Van Helton (11) dress up for tie Tuesday every week.





"It takes me a long time to get ready so I can catch the bus. I shower, have to do my hair and my makeup, brush my teeth, and get my brothers and sisters ready." -Shyann Lowery (11)



"(Yu-Gi-Oh) is a fun game." -Christian Lopez(11) playing with Michael Benz (9)

# Something Unusual

Layout by: Houa Vang



"It's what I do." -Dominique Stone (12)

Tell me something I don't know. Tell me something I don't know. Tell me something I don't know. Tell me something I don't know.



# Mission: Accomplished



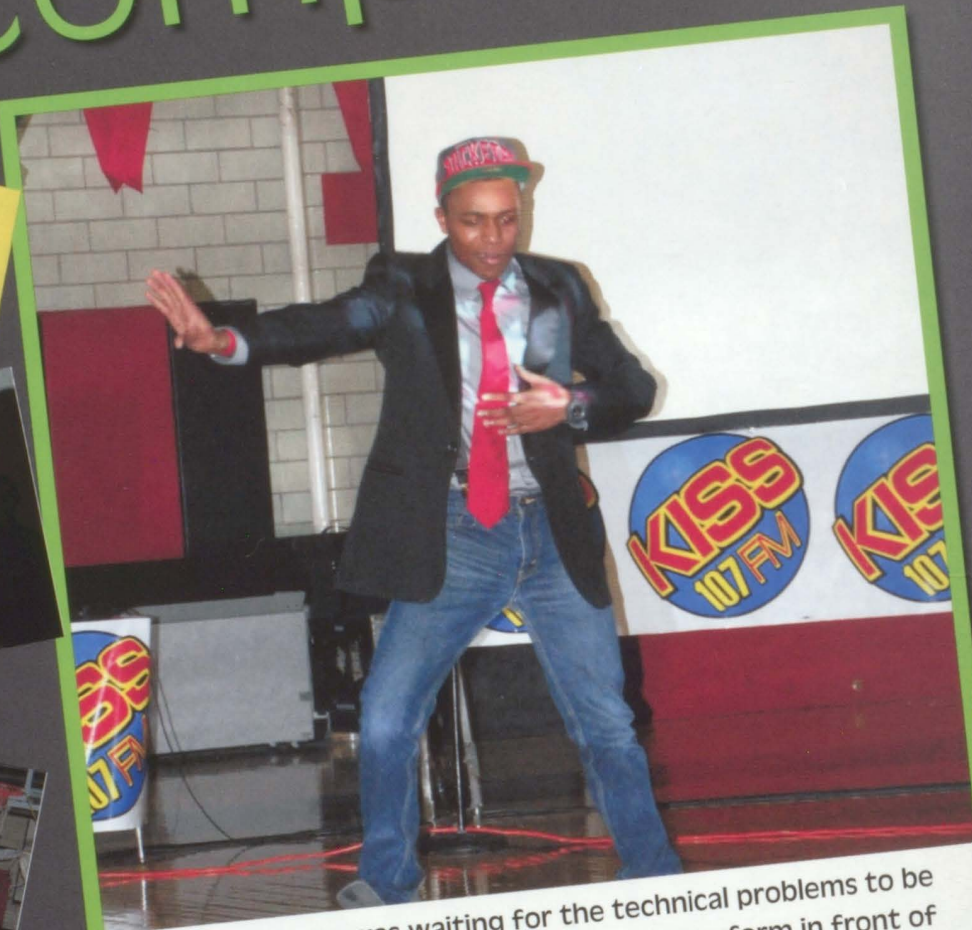
Gwendolyn Wakefield (10), Kym Traczyk and Kaitlyn Falcon (10)



Katelyn (9) Cox Cameron Lee (10)



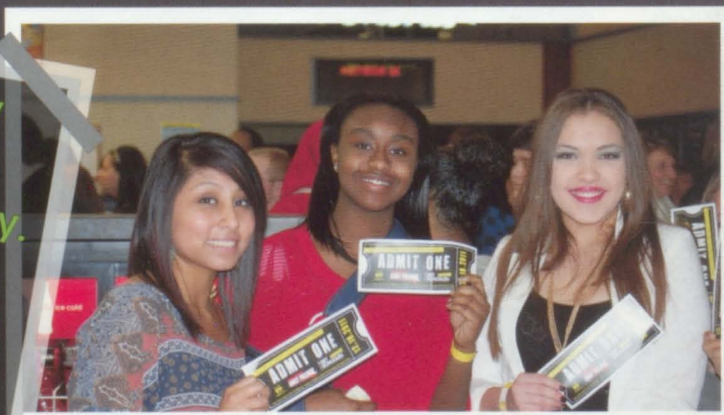
Kiss 107.5 FM DJ's



While everyone was waiting for the technical problems to be solved, **Dominique Stone (12)** came up to perform in front of all the students that were attending the movie premiere. He did a challenge that the kiss 107.5 staff called, "How can you dance to that."



"I was extremely proud of the students and faculty. The event snowballed into a huge ordeal that was very successful."  
-Kristopher Byam



Angelica Rodriguez (12), Roichelle Marble (10) and Cristina Castillo (10) pose with their movie passes.





Joey Townsell and Terrie Fenstermann



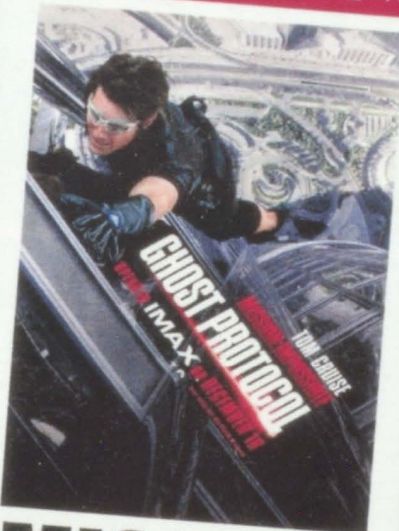
Destiny Willer



Principal Steve Johns

# Get Schooled

UST ATTEND ASSEMBL



**MISSION  
POSSIBLE**

EAST HIGH SCHOOL

**GET SCHOOLED  
CHALLENGE  
WINNERS**

**GET  
SCHOOLED**

MUST RIDE BUS

The Get Schooled program is a event that challenges students to go to school and not skip. The winning school would be rewarded with an unknown prize. East high tied for first place, so the reward was an early screening of "Mission Impossible: Ghost Protocol."



# Scarlet Santa

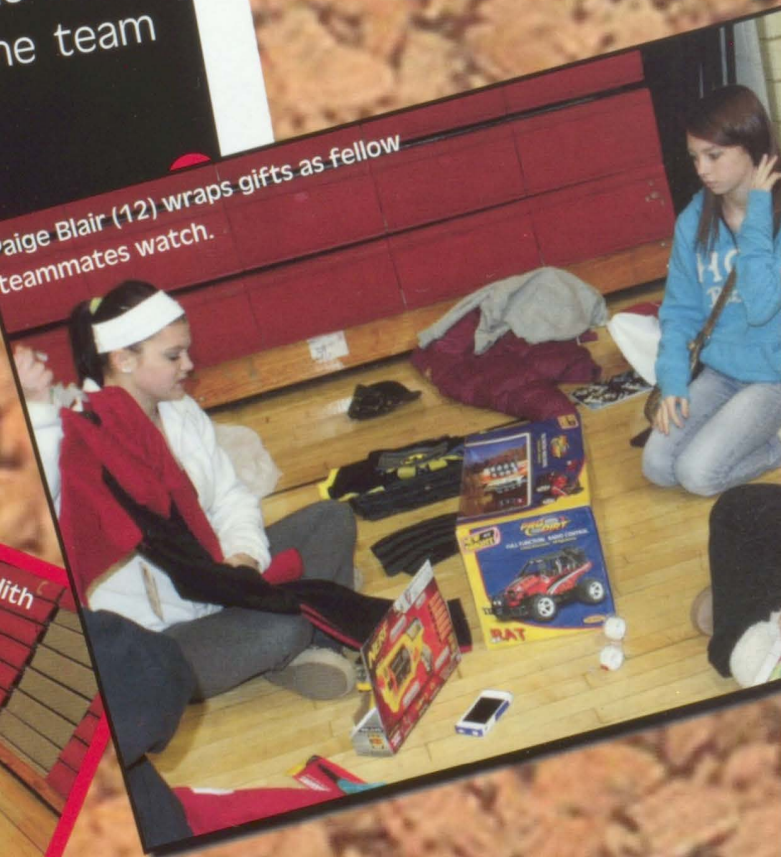
Layout by Haley Larson

The holidays bring out the best in people, and the girls' softball team here at East is no different. The team participates in an event they like to call 'Scarlet Santa'. The players are all assigned a family, who they then go out and purchase gifts for. The idea of Scarlet Santa is to make someone else's holidays brighter, and to bring the team closer together.

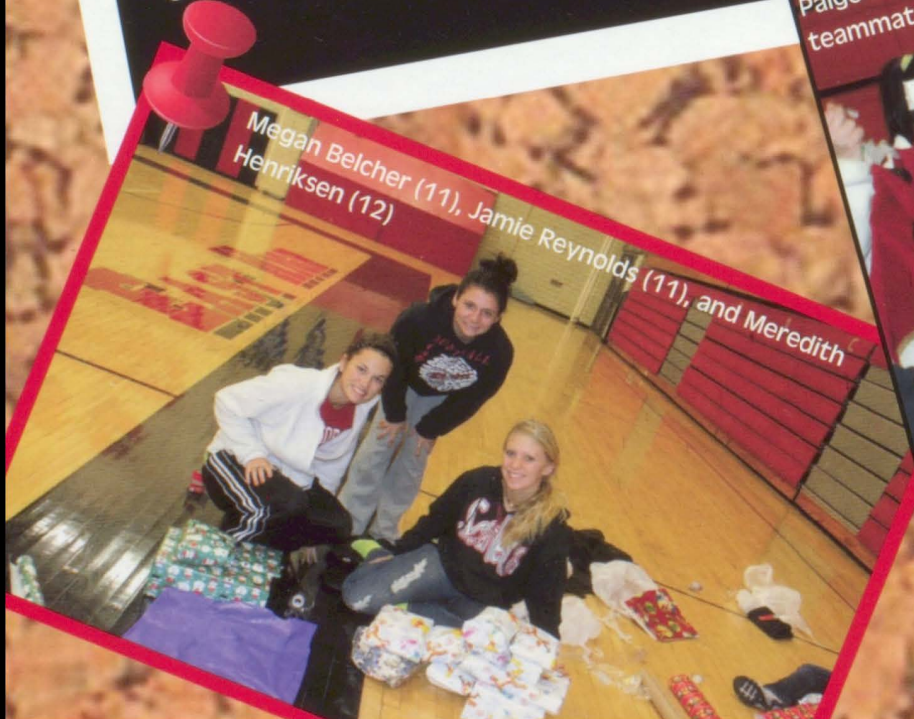


The Varsity Softball Team

Paige Blair (12) wraps gifts as fellow teammates watch.



Megan Belcher (11), Jamie Reynolds (11), and Meredith Henriksen (12)





Laughing, April Brown (11) wraps a gift for Scarlet Santa. The softball team has been participating in Scarlet Santa for numerous years.



Taylor Anderson (12)



Jamie Reynolds (11)





focus in



**King Laius.**

Stormy Rand (12) acts out a character from *Oedipus Rex*, a Greek play read in AP literature and composition. The course also covers *Antigone*, the poems of Sappho and Praxilla, and *Hamlet*.



“My dog ate my homework.”

“Another student fell in a lake, and I jumped in to rescue him but unfortunately my homework drowned.”

“I didn't do it because I didn't want to add to my teacher's heavy workload.”

“I had better things to do.”

Excuses, excuses, and more excuses. For those who don't make any excuse, good for you. Keep it up.

You can say school is mostly about homework, assignments, labs, tests, quizzes, SSR, carrying 500-pound textbooks, essays, dressing out, studying before a test, and all the things you don't want to do. But, you just have to do it. If you don't, your grade is going to go downhill or you're going to fail.

To be successful, education is the answer. You have to take and pass all your core classes and electives.

“Do all your work and pay attention in school and to your teacher. Try your hardest,” junior Benjamin Boeckholt said.

Going to school since kindergarten, or younger, it just seems like we've been going to school forever. But with every step you take, it's going to lead you somewhere and you are going to have to learn. Gain knowledge to better your future. Take education seriously and you can still have fun while learning. It's not about being the smartest person, It's how you use what you learn in the real world.

In the end, it will pay off. It opens doors for many opportunities, and with your intelligence, anything is possible.





# student scientists LAB IT *up*

Story/layout by: Jocelyn De Avila

It's Friday night and you have to choose between going out or studying for that passing grade in that science class at East High.

"I've never been so stressed, I had so many plans this weekend but instead I was stuck doing all my chemistry homework. It took me all night," said junior Fernando Murillo.

Chemistry has been a difficult subject for many students at East High. It is also many students' passion. Some students end up choosing to take zoology instead to obtain a better grade. Chemistry has a lot of subjects that need to be taught and learned in a very short amount of time; including all the labs, math, graphing, and all of life's matter.

Annette Bierkamp has been teaching chemistry at East since fall of 1997. When Bierkamp was asked what her favorite thing about teaching at East High is, she said, "The kids; I am in love with the kids because they are so nice. I love that at East High they are just one person; it doesn't matter if you're poor, rich, or if you're in any cliques, everybody's equal here."

Bierkamp knows a lot of students who are struggling in her class, but she tries her best to help the students in any way she can.

"Trying to get unmotivated students to get motivated is the most difficult aspect in my classes," said Bierkamp. Zoology is said to be the best and easiest second choice to make for a science class. Mrs. Frommelt is the zoology teacher and has been at East for 16 years. Most students and staff know her as the teacher with a passion for insects. Her class was asked to get different species of insects and make a display out of them for the semester's letter grade. Everyone in her class got a pet caterpillar, horn worm, to take care of and watch it grow in class.

"I love teaching zoology. It's my favorite subject. I was able to get deeper into the topics I'm into," said Frommelt. According to Frommelt, the most difficult aspect in the classroom isn't that it's a hard class but that in one semester she can't manage to teach everything she would want to.

## Discovering life.

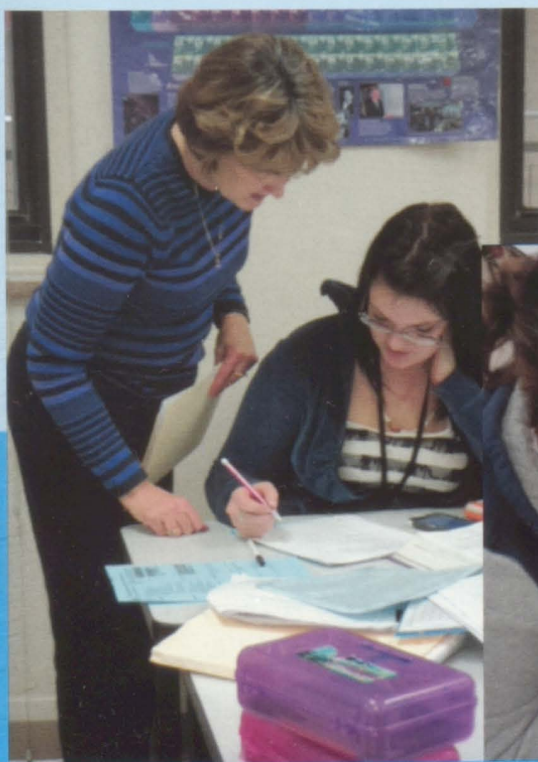
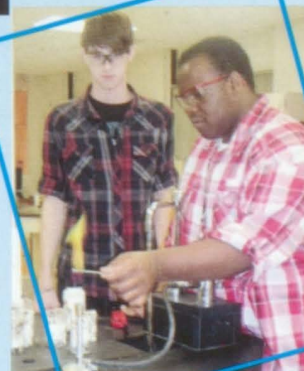
Right: First semester students learned about the life cycle of horn worms, Cameron Slothouber (11) and Gladys Espitia (12) are observing the horn worm transform into a cocoon.







**Wild about insects.**  
Before leaving his zoology class, Frank Tully (12) and Ms. Frommelt inspects his insects one last time.



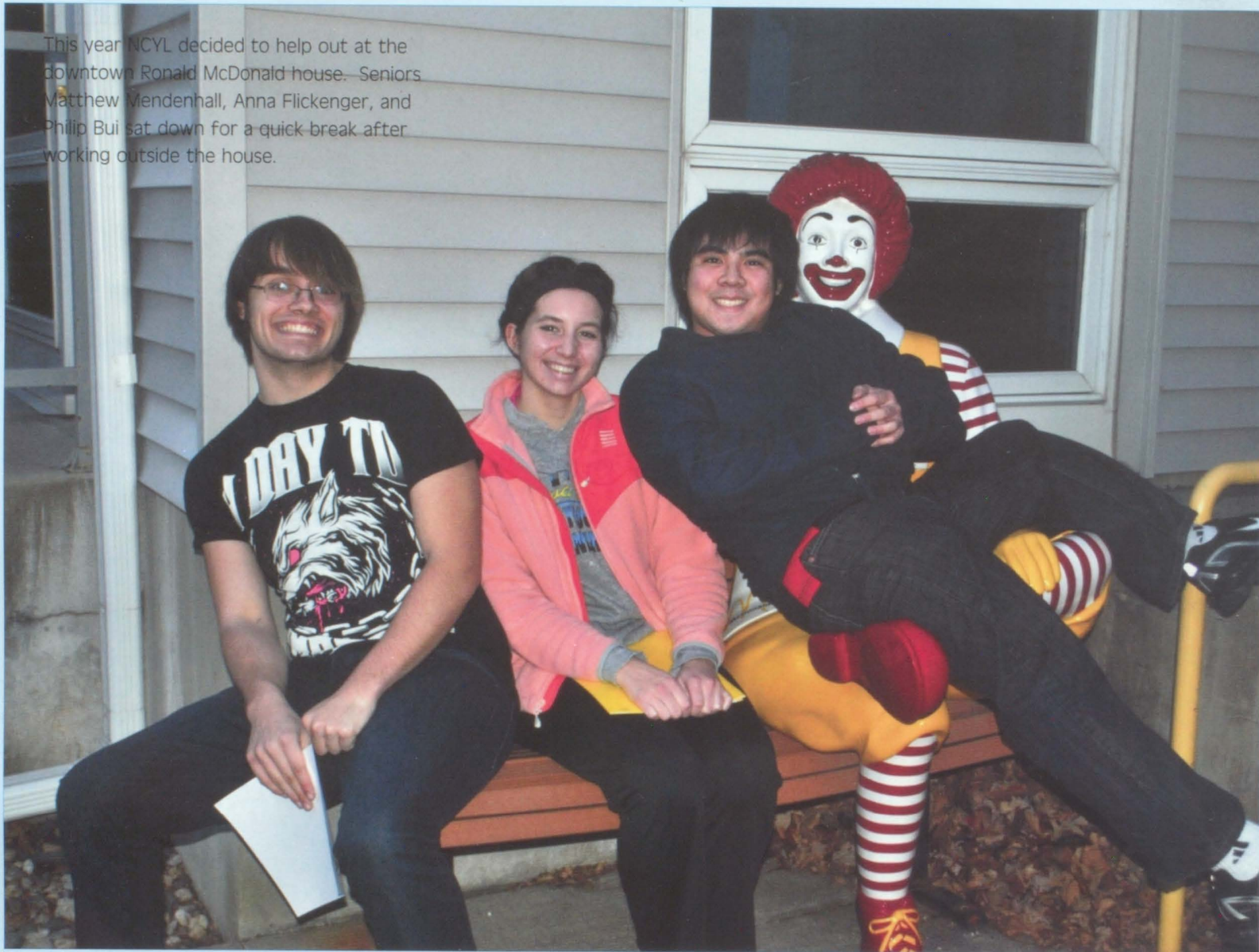
#### **Motivation for molecules.**

Left: While working on a lab, Sandra Fontaine (12) receives assistance from Mrs. Bierkamp. Below: Yessica Iraheta (12) explores different chemical bonds using a molecular model.





This year NCYL decided to help out at the downtown Ronald McDonald house. Seniors Matthew Mendenhall, Anna Flickenger, and Philip Bui sat down for a quick break after working outside the house.



"I think it's amazing you get to help people and meet people with the same interest."

**-Joseph Bahnsen (11)**

"I think it needs leading because we need people in each class to try and volunteer."

**-Anna Flickinger (12)**

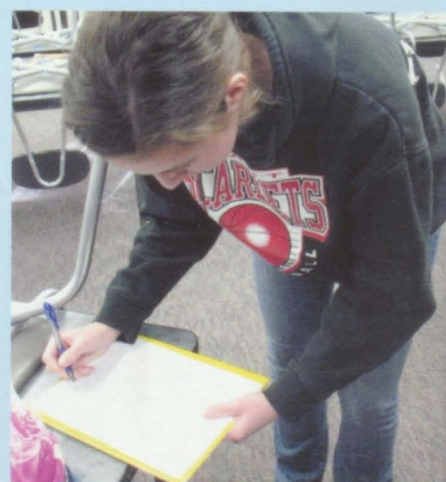
"I think it's one of the best activities at East because we get to help the community."

**-Meredith Layman (11)**



*Far Right:* Jay Rowat (11) gives President Lindsey Smith (12) his service hours for semester one. Every semester the members must show they have completed their service hours.

Above: Secretary Anna Flickinger (12) takes attendance. Those with three or more absents may be taken out of NHS.





# Leadership is ACTION not position

● ● ● Story/Layout By: Hoa Vang ● ● ●

Be who you are, take action. Even if no one is looking, take the lead. Being a leader, you do not need to have a prime position, but knowing to believe in yourself and knowing what you do is right.

Two organizations, National Council Youth Leadership (NCYL) and National Honor Society (NHS) offer students the chance to be an Eastside leader.

NCYL is part of a Character Counts program. It is a recognition program for juniors with a 3.0 or above GPA and leadership activities.

"It's a pretty cool organization; the whole district gets together. You get to know people all over the city," senior Katherine Burns said.

On September 18-19, the NCYL had a two day workshop at Drake University. They participated in activities with other schools, listening to speakers and finding out if anyone received any scholarships.

"(On the) first day, we had a speaker. He had us do a lot of activities like knot tying. You get to interact with people and to see who comes as leader and follower," Burn said.

NHS meets every other. "(National Honor Society is) a service organization of dedicated and successful students who will help the community and be a better person themselves," adviser Brian Koch said.

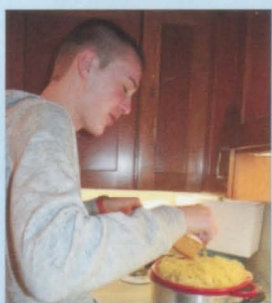
Senior president of NHS and a member of NCYL Lindsey Smith did not become a member just to look good on the college application, but being a leader herself.

"I know a lot of people. I don't stick to a certain group. I want to be a voice for people that aren't listened to," Smith said.

This year, there are # returning members and # new members in the NHS chapter.

"I heard it's a great way to get into extracurricular activity instead of school activities," junior Brandon McGill said. "I think it's fun. You get involved with the community. It gets you outside of school and with the school's activities."

Leadership is being your own individual. Stand out and let others know that what you do matter. Like these students, take action.



Top Left to Right to bottom:

Taking the time out of their Saturday, six members of the NHS went to the Ronald McDonald House to cook a meal. Preparing salad, junior Prisma Ruacho dumps the bag in a bowl. "It's a good way to spend you time so you're not just wasting your time watching t.v. or something and you're really like helping out," Ruacho said. Junior Aaron Hosman puts butter in the spaghetti noodles to make it less sticky. "It's great meeting new people I've never talked to and we get to know each other," Hosman said. Stirring the noodles,

## National Youth on Council Leadership

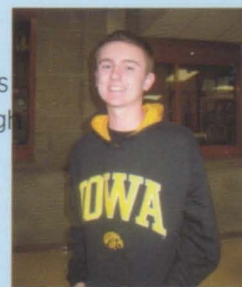


"NCYL has helped my ability to branch out to new people. I thought it was really fun."

-Ngoc Cao (12)

### scholar winner

When announced at Drake for the NCYL workshop, senior Brennan Lawrence was chosen out all East High students for a scholarship. "I was pretty happy and representing the school."



-Brennan Lawrence (12)



# "The doors of WISDOM ARE never shut"

● ● ● Story/Layout By: Emalie Cipale ● ● ●

Its 1776 and the Declaration of Independence is being signed. Can you imagine being there? Well you can take a trip there in your head when you take 20th century history.

With world history out and 20th century history for ninth graders in and AP human geography for tenth graders in also, some teachers find it a great idea of the change but some teachers aren't very thrilled about it.

"I think it is a bad idea because when students go to college they take history classes. The students who took world history as a sophomore will have an advantage over other kids that now won't be taking the class," said US history teacher Ms. Hoff.

History classes do a range of activities in class to help them understand the contents better. Some teachers are trying new packets that help with critical thinking and improve students writing skills. A lot of group projects are also done to help get students to know each other. There poster projects done also to help with understanding things in a different way.

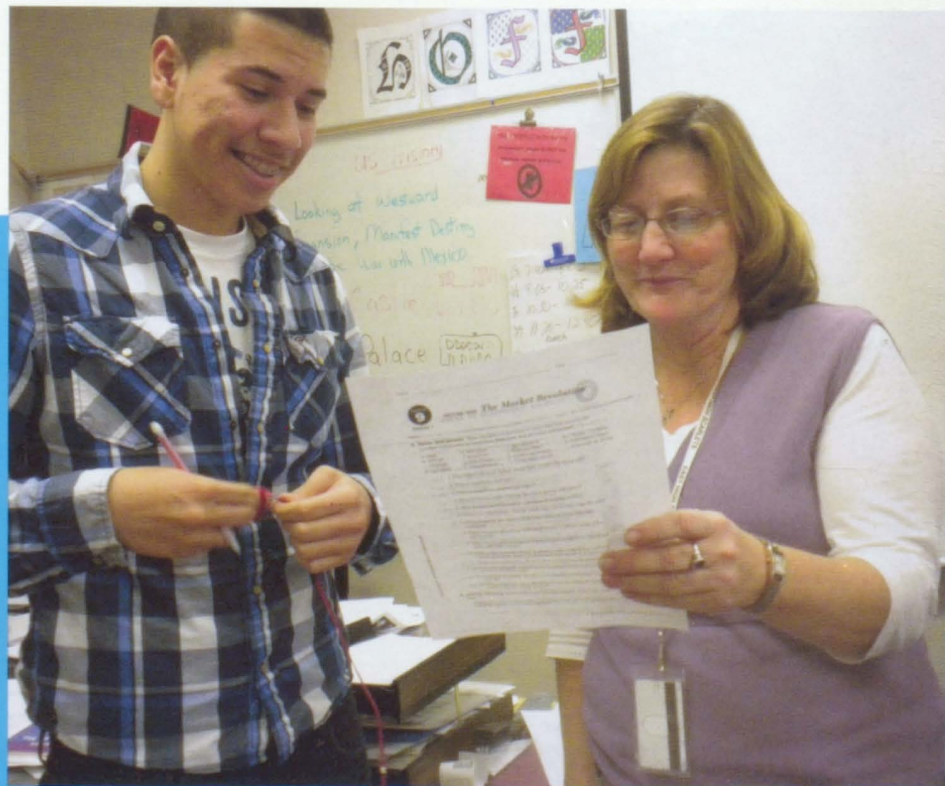
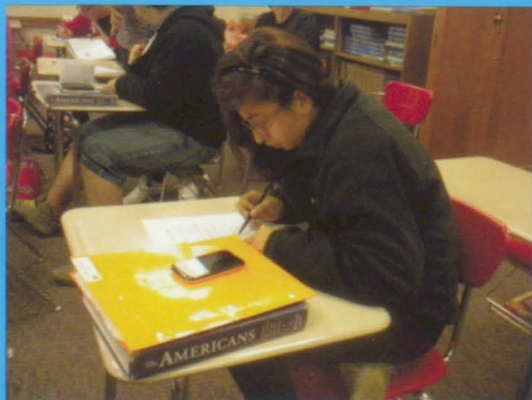
"We do a lot of posters and worksheets. We also read out of the book often too. If you like reading then you'll enjoy this class," said senior Jason Smith.

There are many reasons that students like history classes. Some want to end up in the history field after high school. Some like it because they enjoy learning about what happened in the past and then how it could happen again now.

"I like US history class because we can work in groups and it makes it a lot easier to understand things when you have other people to bounce ideas off of," said junior Josh Lemon.

*Right:* Fernando Murillo Jr. (11) asks for help from history teacher Ms. Hoff. Murillo enjoys history because its fun to learn what could happen again in the world.

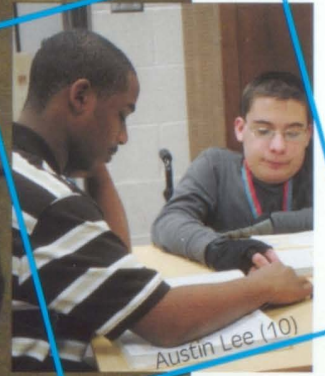
*Bottom:* Brenda Cambray (11) concentrates on worksheet as the rest of the class horsed around.







Kara Van Deo (11) catches up on worksheets and taking notes. She is one of the students who spends the whole class working unlike some students who annoy teachers and pack up five minutes before class is out.



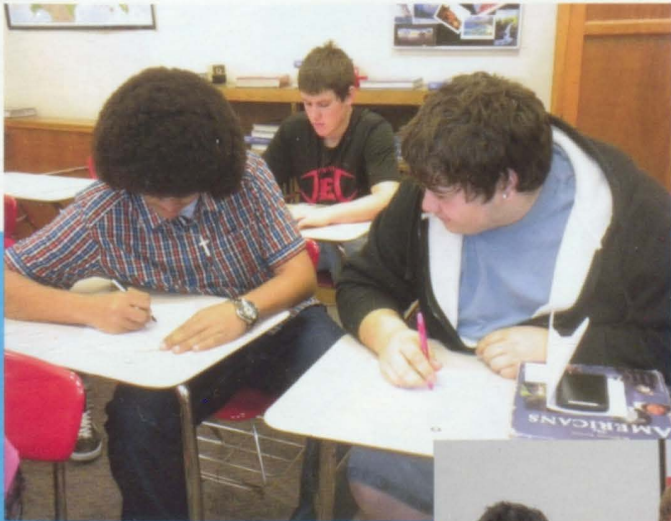
Austin Lee (10)



Leticia Hernandez (12)

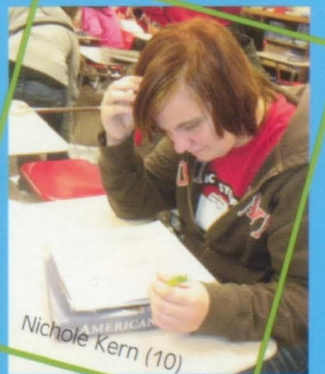


Kara Clippert (11)



Left: Robert Harlan (11) and Austin Robertson (11) work together on a class project. Many teachers are going to group projects over worksheets.

Bottom: A group of US history students engage in a class discussion about different history topics.



Nichole Kern (10)





Kevin Feters (10) gets sworn into the debate team by teacher Jennifer Medina. New members must be sworn in by Medina in order to be on the team.

*Below:* Miles Menninga (11), Ben Frazier (12), and Christopher Tutje (12) practice for upcoming debate meet at Dowling.

*Right:* Hilary Unzueta-Soto (9), and Samantha Scott (9), study notes that contain information on a debate. Students write the facts down and expand on the facts on the sheets.





# Winning THE debate

Story/Layout By: Brooke Nokes

Imagine standing in front of judges, having only note cards in hand, and competing against another school about the same topic. Debate students do that every time they travel to a meet.

For most students, debate can be taken as a required credit of speech for graduation. After taking the first semester class, they realize that there is more to it than simply arguing with another student about current event topics.

"Doing debate really makes people more mature, they look through a mature lens and they view life differently," said senior Scott Folsom.

There are four main kinds of debate: policy, which is one on one, public form, which is two on two that is performed in a room with only your opponents and the judges, Lincoln-Douglas, which is one on one, and congressional, which can be from five to thirty people.

"In debate, we discuss current events and back it up using reliable information. You have a structured

argument using information, and you use note cards for three minute speeches," said senior Ben Frazier.

Along with debates, there are also public speaking events that have different categories where students compete in.

"I do oral interpretation, which is where you read a piece of literature or poetry. I've won a few medals, but I'm not sure how many," said senior Sarah Fitzpatrick.

The debate team has many new members, and the team continues to grow. New members are added in, and older members are meeting new people.

"Being new to the debate team gives you a sense of belonging to be in a group of so many experienced debators. I expect to do it all throughout high school. The team is very helpful and they give lots of positive feedback for debates and arguments. It's a very nice place to be," said freshman Samantha Scott.



Left: Trevor Higgins (12) shuffles in a box filled with worksheets that help debators plan their arguments. Below, Heaven Chamberlain (11) looks up information for a debate. Information must be trustworthy and true for debates.





# For The SERVICE OF humanity

● ● ● Story/Layout By: Brooke Nokes and Michael Renteria ● ● ●

Our school motto is known by most students, but does the saying 'For the Service of Humanity' have any meaning to them? The student government group knows and understands what the significance of our motto is.

"Students are involved in the school more and helping out in the community. I got involved in student government because my sister was in it, and I wanted to help with homecoming and the blood drive," said junior Jake Van Gundy.

From the school's blood drive and canned food drive, to planning homecoming week, student government students and adviser Samy El-Baroudi, set up fund raising for those in need, and setting up our theme and decorations for the homecoming dance.

"I've been advising the group for 13 years, and homecoming week has to be the most crazy thing we set up. While I teach, the students are setting up in the gym. It's pretty much a full time job," said El-Baroudi.

A typical student government meeting takes place in El-Baroudi's room, where the president, senior Lily Van Gundy, talks to the group about what they are working on, and its usually some sort of fund raiser or community service.

"Some of the fund raisers we raise money for are things like diabetes and battered womens shelters," said senior Brooke Wilson.

"The best part of running student government is working with the kids. There are many students that want to make this school better, and it's amazing to help them achieve their goal," said El-Baroudi.

*Below:* Discussing the upcoming events the group handles at the school, Melissa Craig (12) and Jake Van Gundy (11) help list off their ideas.

*Right:* El-Baroudi set up a competition against local schools to see who could raise the most money in the canned food drive, hoping to get more people to join in and help out.





The student government group poses for a picture holding cans they collected for the can food drive. They piled up the food in the hallway before the truck came to pick it up.



Blood Drive  
Thur Jan 5<sup>th</sup>  
5 Matt Lily Brooke  
6 Brooke  
Int Lily Brooke  
7 Lily  
8 Jake Lily Jess Brooke

Blood Drive  
Thur Jan 5<sup>th</sup>  
5 Matt Lily Brooke  
6 Brooke  
Int Lily Brooke  
7 Lily  
8 Jake Lily Jess Brooke

Blood Drive  
Thur Jan 5<sup>th</sup>  
5 Matt Lily Brooke  
6 Brooke  
Int Lily Brooke  
7 Lily  
8 Jake Lily Jess Brooke

Blood Drive  
Thur Jan 5<sup>th</sup>  
5 Matt Lily B  
Brooke Mel  
Int Lily Brooke  
7 Lily Melissa  
8 Jake Lily Jess



Left: Trying to save a life, Stephanie Nowels (12) donates blood during the student government annual blood drive.

Below: Money raised from the canned food drive by the school is separated and counted for a final tally.







Aaron Hosman and Stephenie Gabriel (11) are working on stories that will be published with a two-week turn around. The whole staff is constantly under a lot of pressure to produce a near-perfect paper.



Left: Jacqueline Khamma (11) copy edits a story that will be published in the East High Scroll. "Read-arounds" are a way that the staff members make corrections to prime the paper. Below: Courtney Custard (12) and Aaron Hosman (11) brainstormed ideas to be included in the next issue.





# Re-vamping FOR perfection

● ● ● Layout/Story by: Jessie Vance and Katelyn Worple ● ● ●

This year the Scroll staff added ten new staff members, making it a mix of veterans and newcomers to learn the ropes of the newspaper. The newspaper has also received a makeover with a more classical college paper vibe.

"My inspiration comes from other school's newspapers because I like what other elements they have. I like to bring new ideas from other schools to our school to create something fresh," said senior Katelyn Worple.

Staff members have spent numerous hours outside of newspaper class to produce the best twelve page paper possible. The change was working with a thicker white paper rather than thin gray paper. This was proposed by senior co-editors Lindsey Smith and Worple. They also thought that producing a twelve page paper would accommodate their growing staff. The students agreed that these changes were for the better.

"The change was made so that the paper could look cleaner. The photo quality turns out better and it's easier to read," said Smith.

In his second year as the Scroll adviser, Ben Graeber has transformed this staff with new ideas and pushing for journalism students to get a story or two published. He loves that they are able to get a confidence boost from doing so.

"I am impressed with the improvements that we've had in design this year," said Graeber. "Lindsey and Katelyn have

done a great job of leading us in the right direction."

There is also a new addition to the Publications department and that is Natalie Niemeyer. She is an assistant to the Scroll staff and serves out fresh ideas from a different perspective.

"I've seen a lot of the growth from the first issue to the most current issue. I think that the staff really wants to try new things and that is exciting to see," said Niemeyer.

With the staff growing from five original members to fifteen that makes it easier for stories to be assigned and events to be covered. They rely on each other like a family to keep production running smoothly.

"It gives me a chance to share my writing with everyone else in the school. My voice is a change and it's nice to get different views out there instead of the same old, same old," said junior staff writer Christopher Johnson.

This staff will be fairly well equipped in the coming year as they are only losing six seniors. These six have made an abundance of bonds and connections to so many people by being a part of publications. This paper is widely supported by many and has grown to be one of the best papers seen around East.

"I'm going to miss meeting new people that I have to interview for my stories and always enjoying the feeling accomplished," said Worple.

*Left: Lindsey Smith (12) scrutinizes a story. This story will be placed on InDesign when the staff starts to work on pages.  
Below: Hailey Galloway (11) tries to write a powerful poem. The poem will get published on the back page of the Scroll.*





# A look BEHIND THE scenes

● ● ● Story/Layout By: Dillon Hernandez ● ● ●

When you watch the news in the morning, listen to the radio, or watch a movie, do you ever think of what happens behind the scenes? The radio, TV, and film classes are learning what it takes to run all of these programs.

Ron Borstad has been teaching this class for five years and has had a great time teaching it.

"I love teaching this class, there are so many things to do, its unlimited, news changes every day and keeps you on your toes," said Borstad.

The students learn more than just radio, TV, and film. They dive deeper into it exploring, advertising, broadcasting, TV shows from different decades, and the history of radio. They also get to perform their own news and radio broadcast to the class.

"My favorite thing about the class would definitely be doing the radio broadcast, it was cool because we got to go into the booth and perform our broadcast," said sophomore Skylard Bish.

In this class there are a lot of hands on activities and that's what many students participate in this class. Some of the activities include stuff like working with the cameras for the newscast, and working with the radio equipment for when you perform your broadcast.

"I like how we do a lot of hands on activities, and I would recommend this class to kids who love to do hands on stuff," said sophomore Stephanie Camacho.

*Below:* Bridget Frazier (10) performs her radio broadcast to the class.

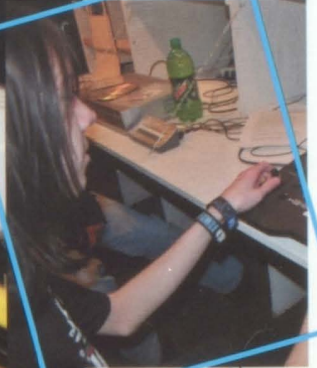
*Right:* Making sure its just right, Michael Toruno (10) adjusts the camera.





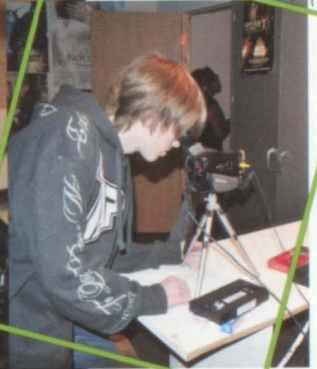


Adjusting the controls so the broadcast is just the way she wants, Jakayla Cartwright (10) gets familiar with the technology.

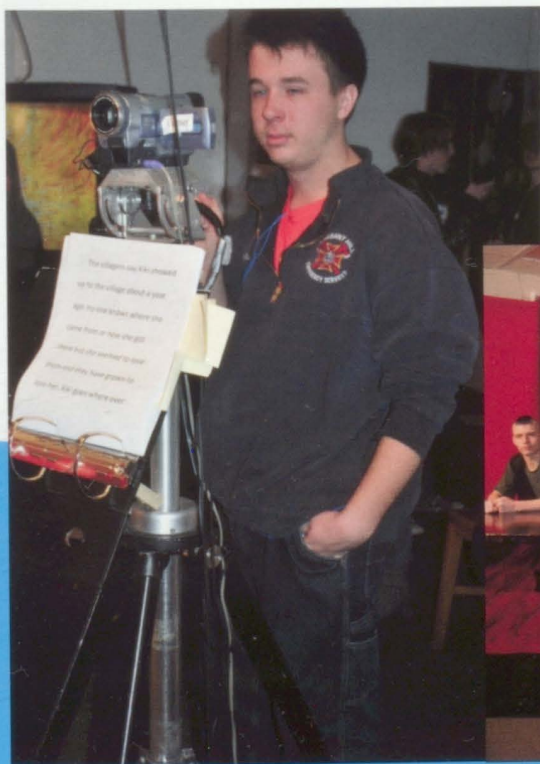
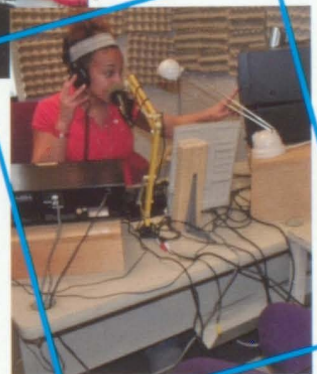


Alex Brown (10)

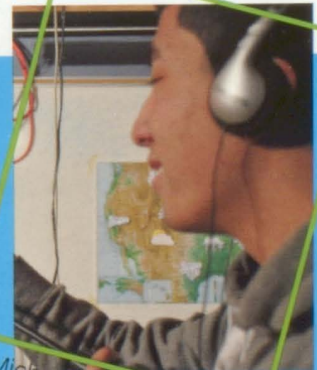
Dillon VanGundy (10)



Jakayla Cartwright (10)



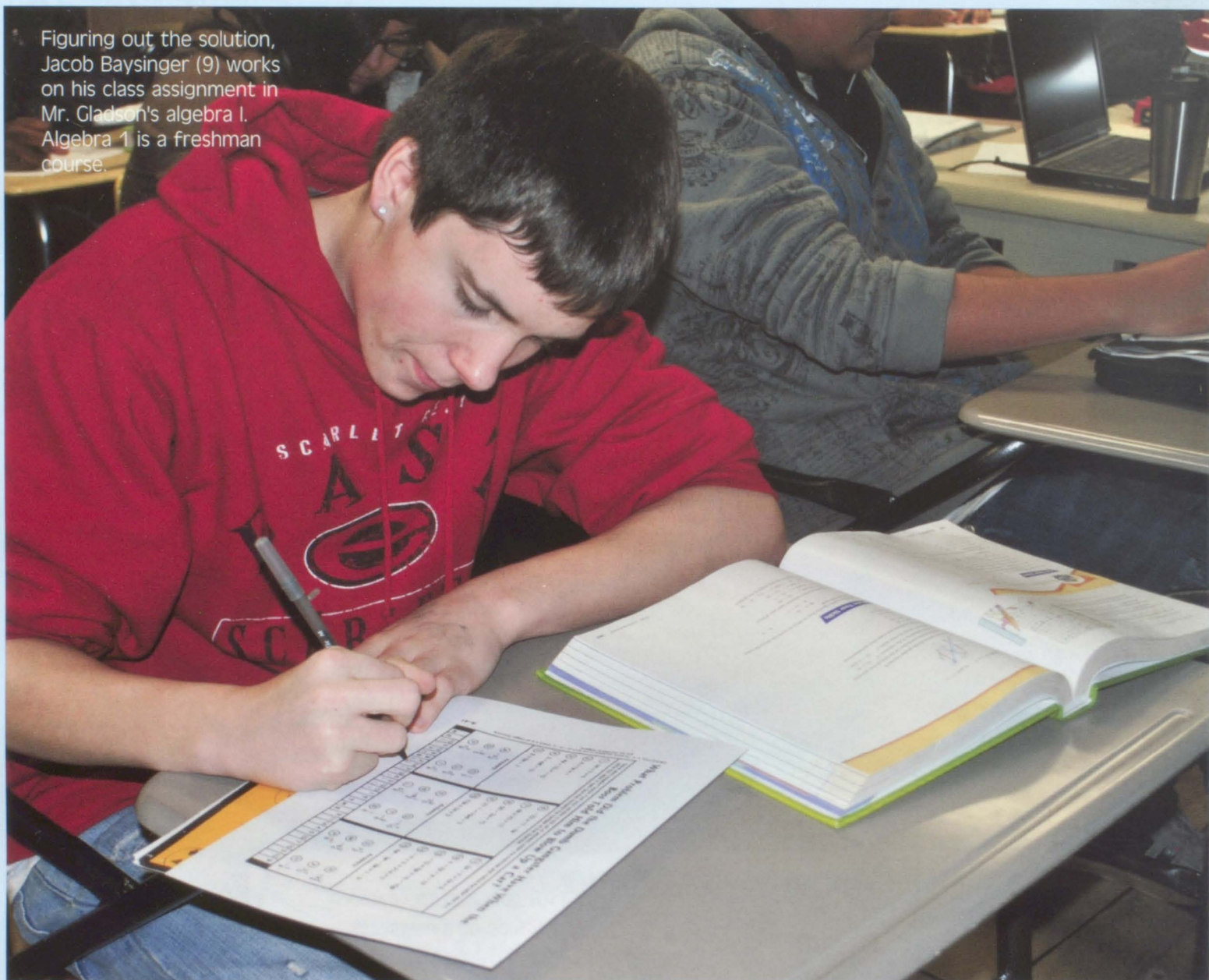
Left: Michael Williams (10) operates the camera, which is one of the many jobs of a newscast. Below: Preparing to present their newscast, Skylard Bish (10) and Stephanie Camacho (10) sit at the news desk.



Michael Toruno (10)



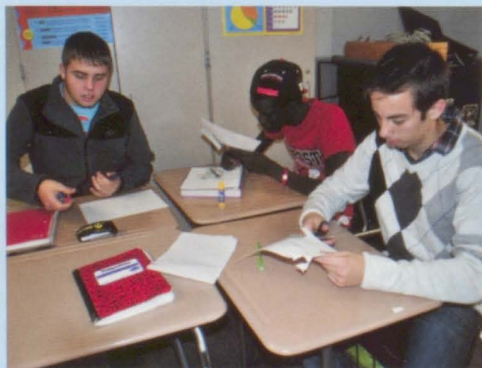
Figuring out the solution, Jacob Baysinger (9) works on his class assignment in Mr. Gladson's algebra I. Algebra 1 is a freshman course.



*Left:* Creating 3D holiday ornaments in geometry class, William Dawson Jr. (10), Jokthiang Ruot (12), and Joshua Arroyo (10) cuts out shapes during their volume unit.

*Middle:* Reading the algebra I book, Krista Berry (9) reviews for class.

*Right:* Taking his time on a practice worksheet, Antonio Contreras-Colunga (10) endures through the worksheet.





# 1, 2, 3, 4 I DECLARE a math war

math

45

● ● ● Story/Layout By: Houa Vang ● ● ●

You know how to do the basics: addition, subtraction, multiplication, and division. Then there are square roots, exponents, percentages, cosine, logistics, area of a circle, and so on. That seems like a lot, doesn't it? But you can learn it.

Math is about getting the right answers. Yet, it's not only about getting the right answers, but knowing how to use the math concepts in real life. Some would say math is not fun but you will need it.

"Skills you learn in math are useful for any situation—logic or logical. (The use of math) has to deal with money and to use critical thinking," teacher Holly Borgheiink said.

Students may think class may be a bore and repetitive, but there is still a fun side to it.

"I teach my class with my power points every day. We have reading and writing strategies, warm ups, and it's all about changing. We're not doing notes all the time and sometimes we're watching a video," teacher Amanda Gregory said.

To improve in math class, be on time. Show up. "Get schooled." Remember to bring a pencil, paper, math book, and calculator.

"Get to class and stay focused. If you do what

you're supposed to do, you'll do great in class. Be here and be present. Understand the importance of math to relate it to the future," Gregory said.

Having fun and being able to understand in math can also come from the teachers. Building a relationship with a teacher can help with math; joking around like you haven't before with a teacher.

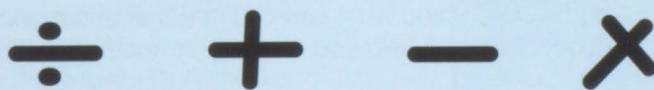
"Teaching starts with a relationship. Kids will come and go. The kids who come know that we care about them. I let them know I care," Borgheiink said.

Teachers will help students find the answer. Help them with their homework, check their grade, and find a way to help solve the problem.

"(Mr. Gladson) teaches us multiple ways to solve a problem. That way if the first doesn't make sense to you, the second one might," freshman Kaylea Kozeliski said.

Math can be stressful. It'll make you want to throw the math book, according to Kozeliski. Math can make you proud when you have been trying to solve an equation for the past twenty minutes.

"I feel excited when I get it right. Yeah!" sophomore Skiler Van Houang said.



Left: Paying attention in class, Abigail Baumgardner (9) takes notes during the lesson.

Middle: Working on a practice worksheet, Taylor Conway (10) calculates the problem.

Right: Taking during class, Edgar Perryman (10) listens to Mrs. Singh.





# The COST-CUTTING measures

● ● ● Story/Layout By: Hannah Bailey ● ● ●

You have always wanted to be a millionaire. You have always wanted to stay home without worrying about your money and job. You just want to relax and lay back. However, none of that is going to come easy. Future businessmen and women, and other students who needed a class to fill their schedule this year were all taking classes like college marketing and sales, college personal finance, school web management and college accounting.

Teacher Ken Burgess teaches college accounting, computer applications I and computer applications II. College accounting is exactly what it sounds like. It is an introductory accounting class for students interested in business related topics including accounting and finance. Students learn about double entry accounting, income statements, balance sheets and basic accounting procedures and concepts.

"If you want to work anywhere in the business field, this is such a great start," junior Miranda Daughenbaugh said.

Another class offered here at East that goes hand-in-hand with business is economics. There are two different types of this class: macro/micro and regular.

In macro/micro, taught by teacher Sam El-Baroudi, students get to sell EHS merchandise. Students get into groups and brainstorm a product to sell. In the fall and winter, the products were EHS lanyards, t-shirts, and car vinyl's.

"I liked the challenge of selling and the competition of it too. It was fun going out and having to find a way to get my product sold," senior Irelan Allen said.

In regular economics, teacher Chris Kannapel teaches students how individuals, businesses, and governments make decisions and how those decisions affect the economy.

"I think it is important for students to understand how the economy works. They can use this knowledge for the future as well," Kannapel said.

Economics, along with government, is a class that must be taken if a student wishes to graduate.

Don Heese teaches his students about the branches of government and how the U.S. government works. Heese feels that students cannot protect their rights if they do not know them. That is one of the purposes of government class.

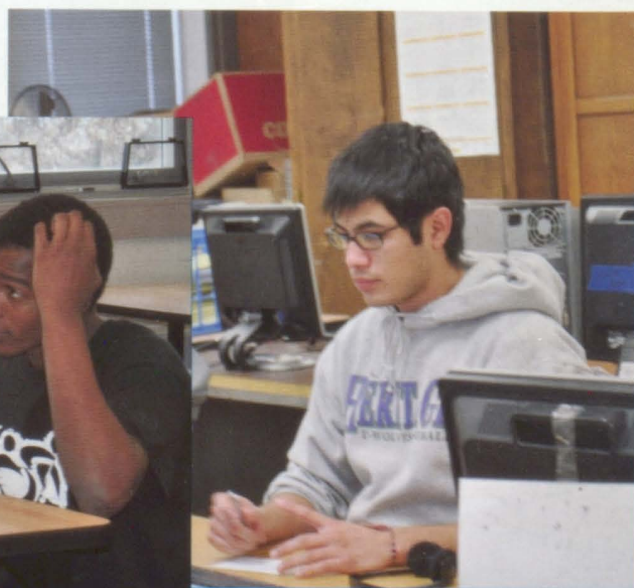
"I think this class is interesting and it is definitely worth taking. We watch movies sometimes; they are mostly over court cases," senior Austin Dueling said.

A new government class offered this year was AP U.S. Government which is taught by Dave Mahler. Students go through three cycles per semester covering various areas of government. During these cycles, each student has a role of the members of congress.

"We need to understand what this country is all about and how our government works, or tries to work," Mahler said.

All of these classes will help you one way or another in the future.

*Below:* Anticipating the question, Sophie Backham (11), Bradley Treanor (12) and Craig Taylor (11) get ready to answer for jeopardy. *Right:* Determined to pass his class, Nereo Garcia (12), finishes an assignment in Ms. Ryan's class.



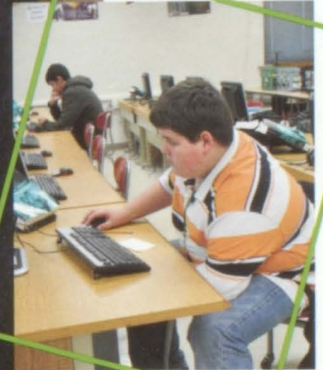
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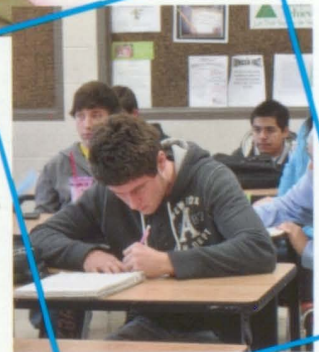
Exchanging money and a car vinyl, Arnold Sengsirvanh (12) and Joseph Bahnsen (11) cooperate in the business part of economics.



Samantha Halsten  
Jasmin Munos (12)



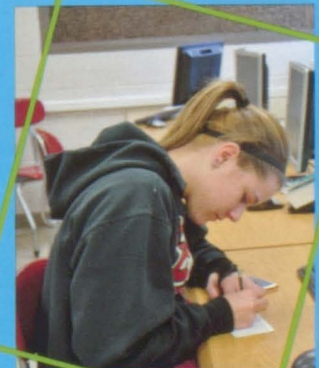
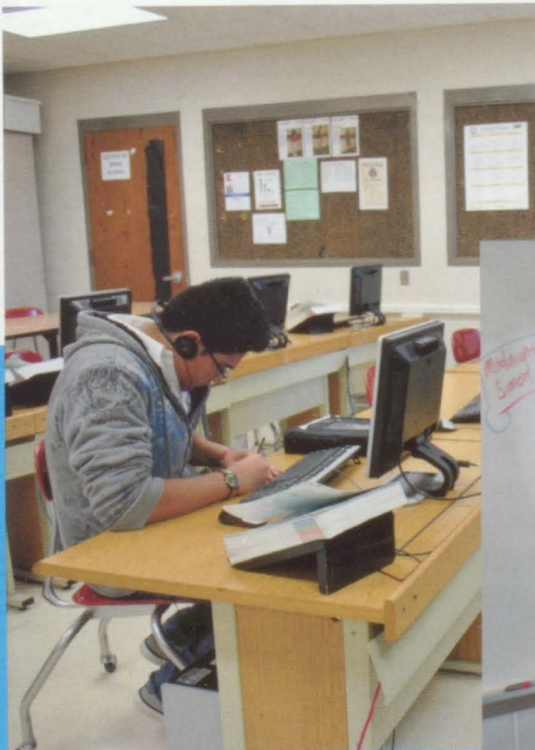
Ryan Lame (9)



Kevin Owen (12)

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Left: Writing his answer, Pablo Ramos (9) finishes his test in financial literacy. Below: Teacher Sam El-Baroudi questions his waiting class for review.



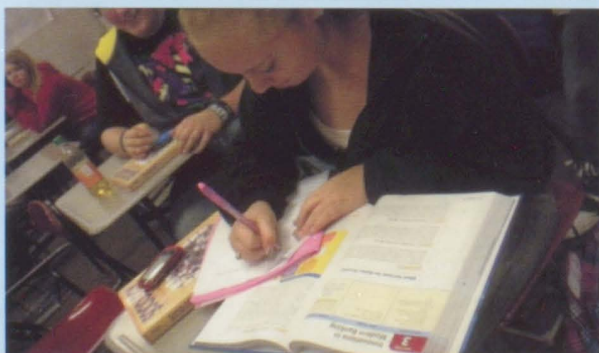
Emma Sigmund (9)



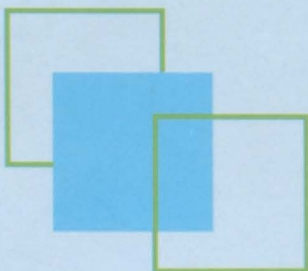
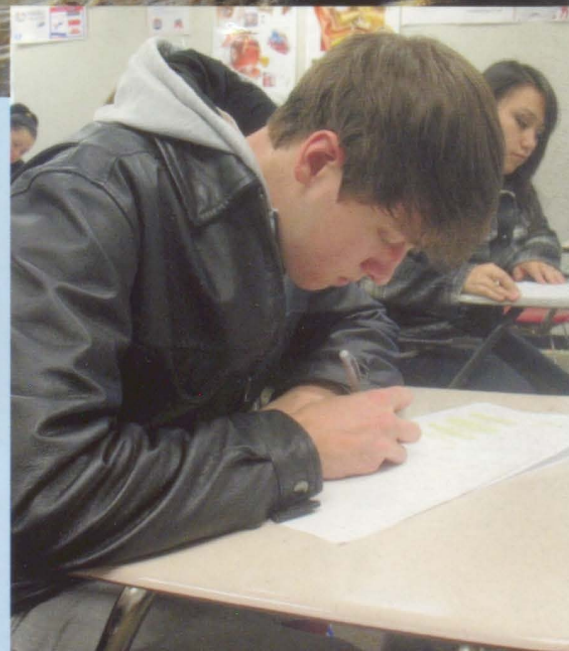
Fascinated by the gorillas at the Omaha zoo, Anel Melendrez (12) has her phone out and is ready to take pictures. The AP psychology classes went to the zoo to observe silver-back gorillas for their language unit.



While filling out a worksheet, Bambi Bickle (11) listens to Mr. Ruby's sociology lesson. Many sociology classes focus on how discussions about how our society differs from others.



Right: Focusing on his work, Jordan Sams (12) reads an article thoroughly in Mr. Mahler's AP psychology class. This is one skill that Mahler wants his students to learn by the end of his course.





# Having AN OPEN mind

● ● ● Story/Layout By: Melissa Craig ● ● ●

When most people think of science they think of chemistry, biology, or physics, not a social science. Psychology and sociology are both popular electives at East High. They give students a chance to learn about people in many different ways.

Sociology and psychology are often linked together. But, they are not the same thing. According to social science teacher Lynn Hoff, sociology is concentrated more on a group compared to psychology, which is more focused on an individual.

In sociology, one will learn about how we think and act in a society. Values, cultures, movements, and historical events are discussed to get a general idea of how people today work.

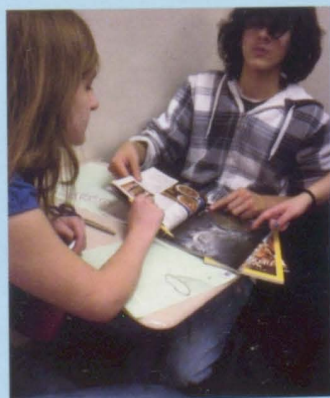
At East there are two psychology courses. AP Psychology taught by David

Mahler and regular psychology taught by Paul Ruby. Both classes include human development, learning, human behavior, unusual behavior, and even mental illness.

Sometimes it's not only the subject that attracts a student to the course, but it can even be the teacher. Mr. Mahler taught regular psychology last year along with one AP course of it. Due to the demand of the AP course, Mahler had to give the regular course to Hoff.

"Mr. Mahler is a great teacher because he makes the material fun and he explains it thoroughly. I like going to psychology because of him," said junior Morgan Green.

While working together on a psychology project, Morgan Cornelison (10) and Justin Canty (10) talk about their class. "It's what I've always wanted in a class," said Cornelison, "all discussion and tests."



Above: During Mr. Ruby's sociology class, Yeltsin Rodriguez (12) follows along in his book. During discussions some students take notes to help them recall the material later on. Working on the same psychology project, Jacob Miller (10) cuts out images from a magazine. Mrs. Hoff often uses projects in her classes as a way to help students get a better understanding of the material.



# Uncovering ANCIENT lessons

Story/Layout By: Marisol Hernandez

You feel like you won't learn anything in English, some think it's just to help students write properly.

"I learned who Pocahontas and Mark Twain really were," said junior Joanna Guerrero. "Before I didn't really know what they did, but Ms. Richards taught is well," said Guerrero.

Not all English classes are just about writing. Mr. Hunter is an English teacher, and he teaches American literature.

"My class is about learning about American authors," said Mr. Hunter.

Not every student likes to sit in an English class and learn about books or how to write, but it's for their own good.

"I like to be in my class because of the people I have class with, and because the teacher is cool," freshman Audi Garcia said

Some English classes do long papers, like Mr. Hunter, who is making the students write a ten page essay due at the end of the semester.

"This paper is going to be a long paper, I am just going to write about random things on each page," said junior Kk Culberson

Right now, a couple of the classes are reading the book "The Adventures of Huckleberry Finn" by Mark Twain. The students will get to write their notes after every chapter.

"Right now the book seems kind of boring to me, but maybe it will get better," junior Hailey Scanlon said.

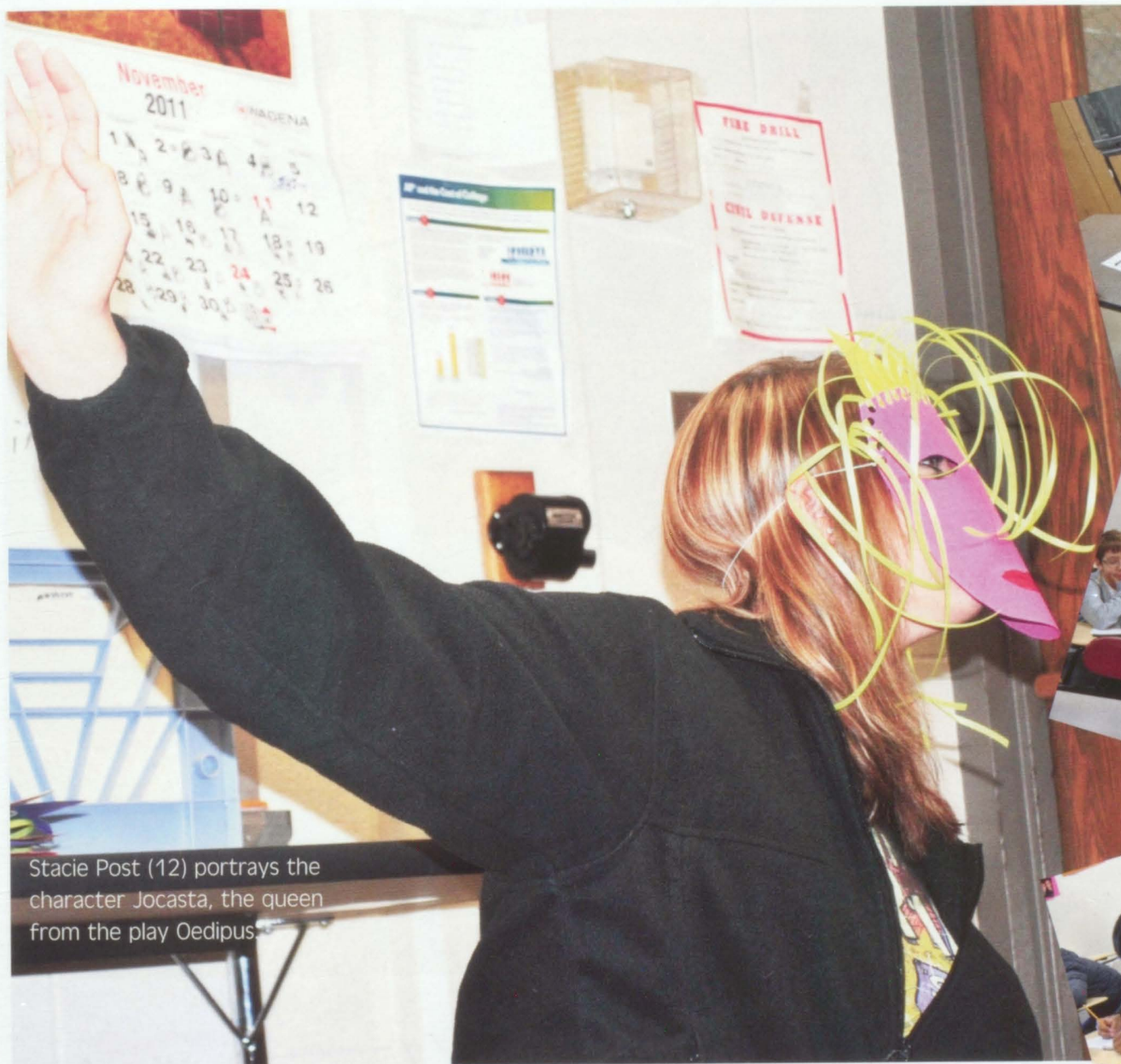
The book is about a young boy who has his adventure, and his dad is an alcoholic who is rude to Huck. His closest friend is Tom Sawyer and they have their adventures through out the book. You don't only read, you get to learn new and interesting things everyday.

*Below:* Sandra Saucedo (11) and Kaine Fiscus (11) read the book, The Good Earth by Pearl S. Buck, quietly in Claudia Richards classroom. During one year of English students read anywhere from 3-6 books.

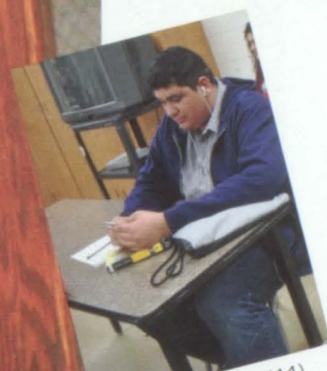
*Right:* Lily VanGundy (12) acting out as one of the characters from the play Oedipus by Sophocles. All senior English classes read the play Oedipus to learn important life lessons.







Stacie Post (12) portrays the character Jocasta, the queen from the play Oedipus.



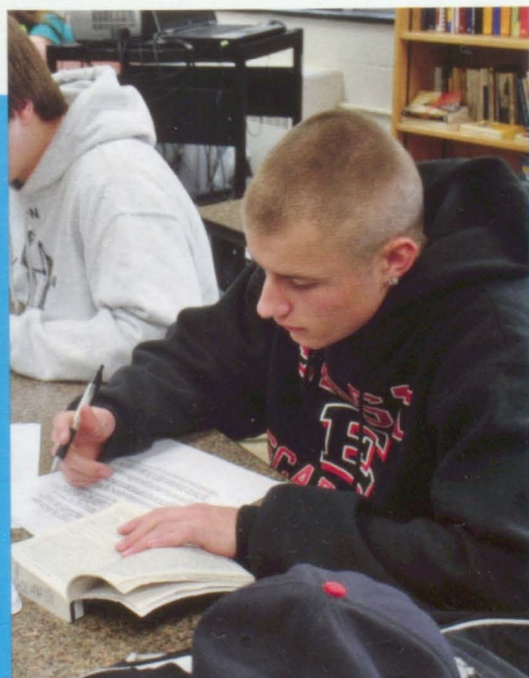
Omar Robles (11)



Michael Nokes (10)



Tramaine Smith (10)



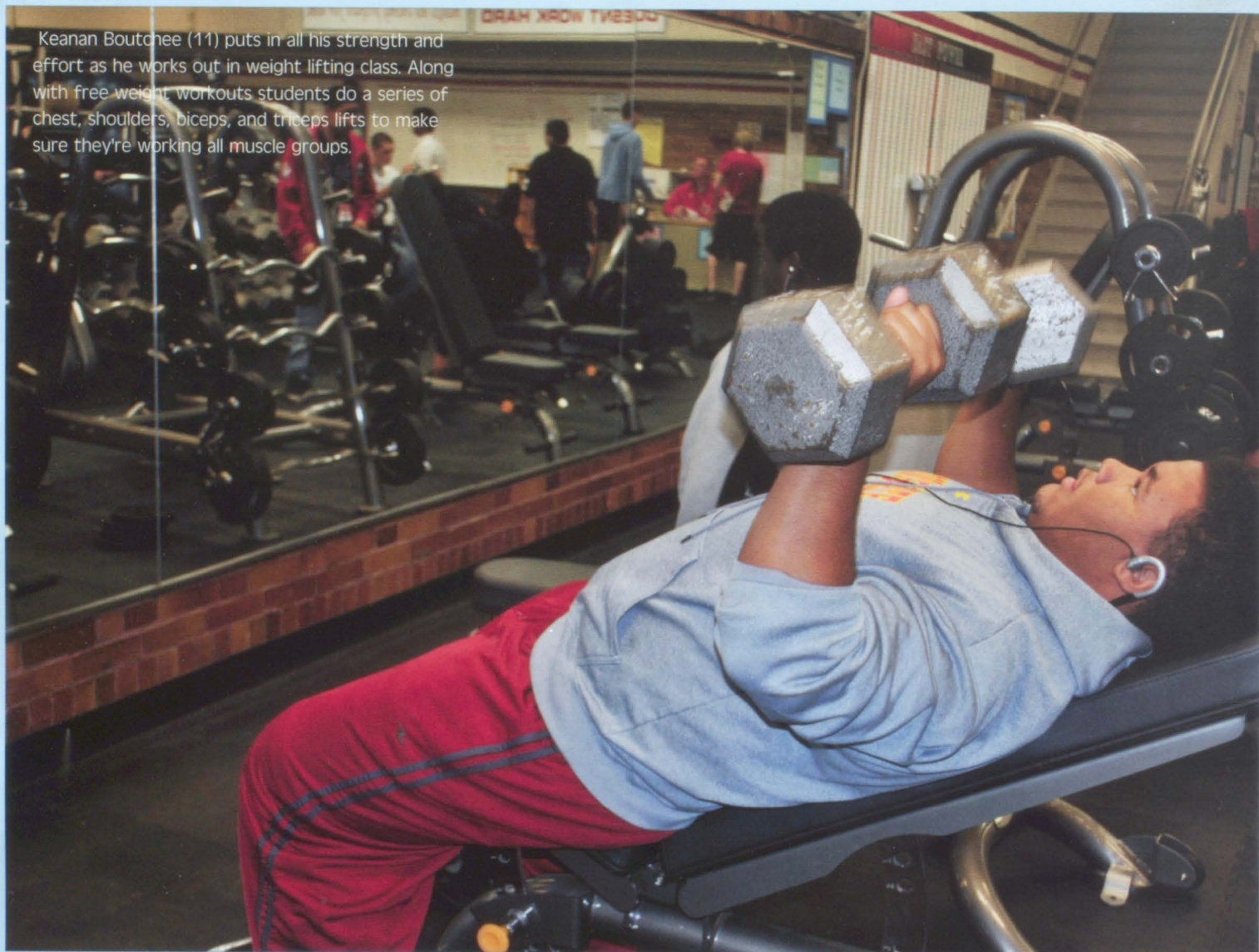
Right: Jeff Schmitz (11) reads the book, The Good Earth while answering a worksheet that goes with the book.

Below: Rocio Rodriguez (12) performs an act from the play Oedipus.

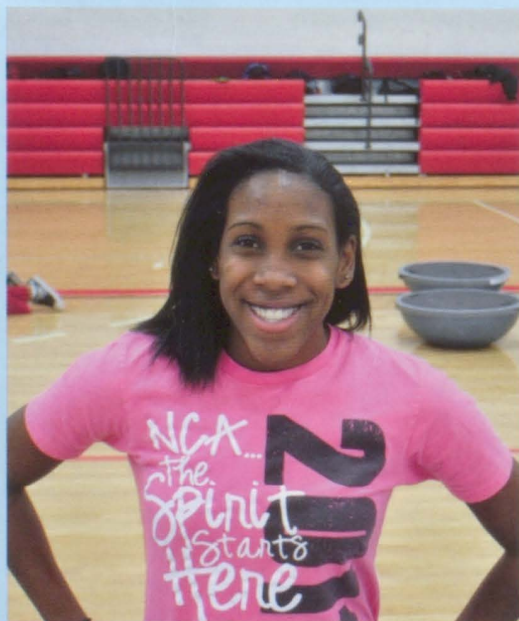




Keanan Boutchee (11) puts in all his strength and effort as he works out in weight lifting class. Along with free weight workouts students do a series of chest, shoulders, biceps, and triceps lifts to make sure they're working all muscle groups.



Do you like switching P.E. teachers halfway through the period?



"I like it because you get to do different activities," said Allison Ellis (9).



"Yeah I like it. It's something different, that's never been done before but I enjoy it," said Sterling Robinson (12).



# Working IT Out

Story/layout by: Diana Fabian

"[Clap, clap] Okay guys, hustle up! It'll be time to switch classes soon!"

This is what many P.E. teachers found themselves telling students halfway through the period this year. Change was needed after a year of getting a feel for block scheduling and welcoming four new P.E. teachers: Stephanie Carroll, Greg Schoon, Joey Townsell, and Destiny Willer. This year students were involved in a greater variety of physical activities in class. Each class would start with their usual P.E. teacher and would switch teachers halfway through the period to perform different physical activities. This was done to vary the exercise and physical activity students received; in return they would be in better shape and health.

"I feel like kids need fitness and time to have fun and do sports. Most schools do fitness, it's not just us," said Willer the team games and activities teacher.

All the P.E. teachers were grouped into teams and switched accordingly. Schoon, who is in charge of weightlifting switched classes with Terrie Fenstermann, the yoga/ fitness teacher. Townsell, the fitness teacher, switched classes with Willer. Carroll spends most of her time with Willer teaching team sports and activities.

"I didn't really like alternating teachers because it confused me. Sometimes I forgot where I was supposed to go but it's wasn't that bad. However, I wish more activities were offered at East on a

regular basis such as dancing competitions and skating," said sophomore Breonna Carter.

P.E. teachers always make sure the students get the most out of workouts each class period by introducing new activities and workouts. This year Willer decided to do some modern dancing with all the P. E. classes. She taught students a few dance moves and had them follow along.

"I liked the dancing. I thought it was really fun. The rhythm and beat made you move a lot. We looked like puppets trying to copy each other's moves," said junior Jazmin Ramirez.

Despite the changes and drawbacks that these may have caused, both students and teachers seem to agree that the P.E. department is changing and improving for good.

"Students at East high have a lot of options to choose from such as weightlifting, yoga, TRX's, stretches, abdominal work outs, and activities increasing cardiovascular fitness as well as traditional P.E. I hope our P.E. department continues to grow and prosper," said Schoon.

No doubt there have been many changes to P.E. but the staff and students are continuing to make the best out of them by working it out.

"Although some students might not like switching teachers because they don't like change, there are many benefits. It's like students are getting the best of both worlds," said Willer.



Left: Students warm up as they get ready to shake it and bust some moves. This year all students had the opportunity to practice and learn various modern dance moves during P.E. class.



Above: After a long and arduous workout, Fenstermann guides the weight lifting crowd through a series of stretches.



Left: Determined to win for his team, Anthony Ross (11) kicks the ball during kickball in Willer's P.E. class.



# Putting all THE DETAILS together

● ● ● Story/Layout By: Michael Renteria ● ● ●

If you are trying to fill up a blank spot on your schedule or just wanting to do something new Industrial tech classes are popular electives.

Students at East High like taking industrial tech classes. "[I enjoy] just getting the chance to use all the tools and machines that are in the class and making our own stuff," said Sophomore Michael Nokes

Students in industrial tech classes learn how to safely use wood and metal shop tools. For example, if you want to learn how to weld you can be taught how to use a gas welder or propane torch. You can learn how to use a band saw for cutting wood, with or against the grain. Mr. Hall, industrial tech teacher said "This will be my 20th year at East High School" Jeff just recently named "Tech ed teacher of the year. You can tell Mr. Hall enjoys his job just by seeing how he helps his students out whether it is making up class work or just helping when you ask him," said Michael Nokes .

When Mr. Hall was asked what his class atmosphere was like he said "My class is chaotic at times but it is never a sit down and shut up class" Projects made in industrial tech can be purchased for the cost of your material and taken home.



Luong Mac (12)



Cody Jack (10)





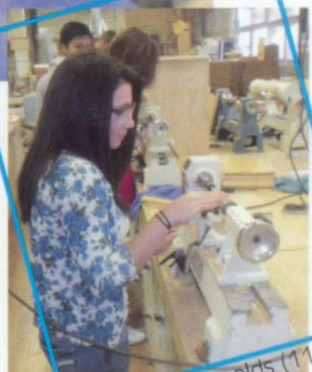
Help! Mr. Hall helps his students get there project on the right track by showing his students how to properly make there pin sets with the right tools.



Luong Mac (12)



Dakota Anderson (11)



Jamie Reynolds (11)



Allen Olsen (11)



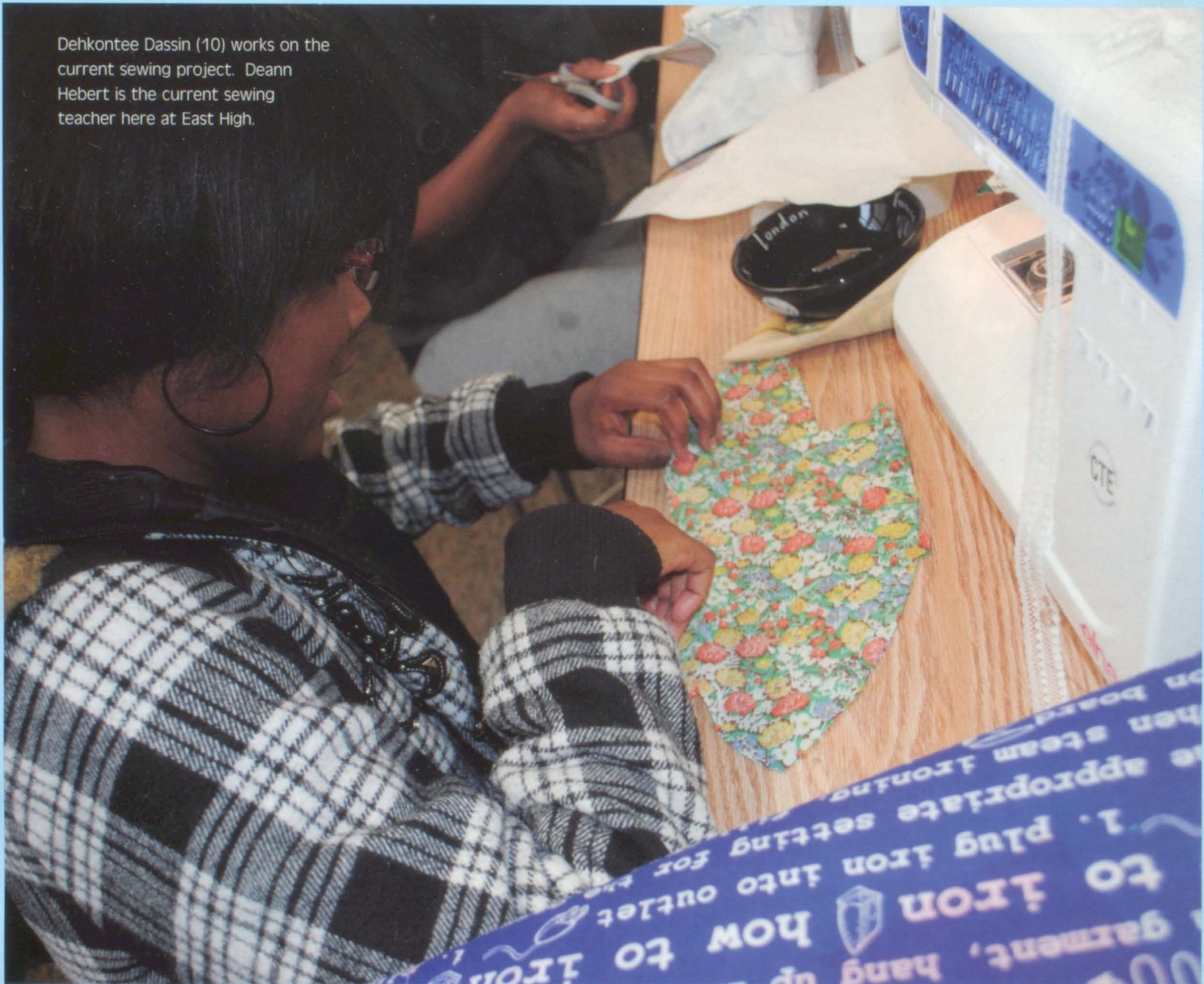
Juan Pina (9)



Hunter Hall (11)

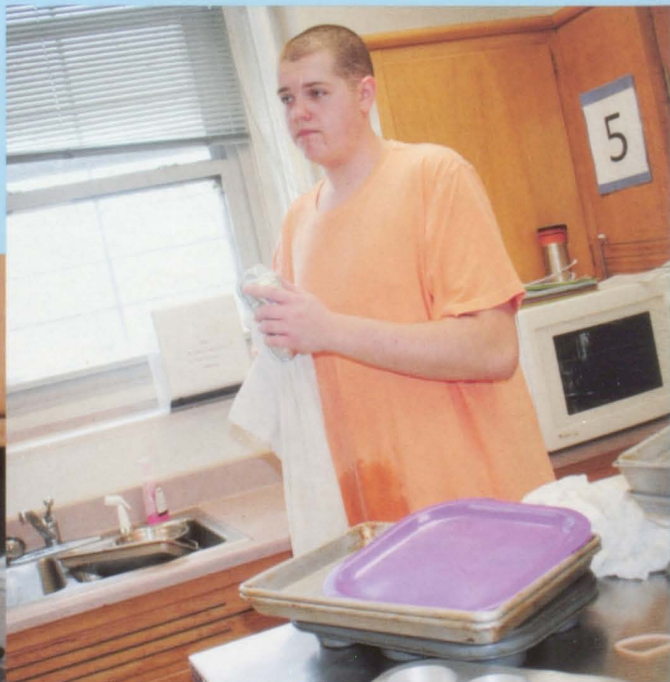


Dehkontee Dassin (10) works on the current sewing project. Deann Hebert is the current sewing teacher here at East High.



Right: FCS: family consumer science is a class for all, Franklin Slaton (11) cleans up after a long class making different kinds of food such as cookies, breads, or tacos.

Bottom: Foods is the most popular of the family consumer science classes, Gage Smith (11) cleans his cooking utensils after rolling out dough for a food project.





# A new kind of FUN & CREATIVE science

● ● ● Story by: Houa Vang Layout By: Riley Fisher ● ● ●

Do you ever think of the future? Not what you are going to do or be, but preparing yourself for the future? One of those things you may think about is being healthy.

Having a healthy diet and learning about being healthy is important. Personal development and health class teaches students about having a better overall well-being and how to live a healthy lifestyle. To be healthy, nutrition and foods class talks about the concepts of nutritional facts of foods and maintaining a healthy eating style.

"(We learn) about nutrition, science, what salt does, what ingredient does stuff. (The class) teaches you methods of cooking and healthy lifestyle," junior Alisha Keointavong said.

Creativity comes in during fashion runway class, taught by Whitney Link, who also teaches personal development and health.

"You really learn to be creative. Think outside the box and bring creativity in what (you) do," Link said.

Being creative and wanting to be a fashion designer, sewing class can bring you one step closer to that goal.

"I have always wanted to sew. I want to be a fashion designer (when I grow up)," sophomore

Dehkontee Dassin said.

Being creative and putting your effort and time in on what you do is priceless.

"Everything you do is a one of a kind thing. You can do whatever you want; you can make it personal," sewing teacher Deann Hebert said.

Dealing with relationships is also useful in the future. Relationships, also taught by Link, touches up on about dating violence, family and friends relations, marriage, and so many more.

Another topic is about the human being. Child development class discusses their current or future life.

"(They get) lots of useful knowledge about themselves; how to be a good parent, how to prevent pregnancy, how the fetus/child develops, age-appropriate activities, etc," child development teacher Jamie Newel said.

Planning the future is a positive thing, but for now, living in the present is what counts. Be proud of what you do.

"I hope they feel like they're successful and they can do lots of things," Hebert said.



*Left:* Sewing is a fun elective, that students like Marranda Knuths (10) take to learn life skills that may come in handy later in life.

*Bottom:* Sewing takes math and science skills that common students learn through there many years in school. Dana Drew (10) decides how many yards of fabric she needs to complete her next sewing project.





# Get prepared FOR YOUR future

● ● ● Story/Layout By: Haley Larson ● ● ●

It pays to get good grades, literally. Students who participated in Upward Bound (UB) this year earned a monthly payment just for submitting their grades.

"In UB, all we have to do is have our teachers fill out a grade report, and then we get a check from Central College for \$35," said senior Carmen Silva-Trejo.

It sounds easy, but UB students don't simply get paid to go to school.

"UB is a lot of things, but its core goal is to help high school students prepare for college," said senior Arnold Sengsirivanh.

In Upward Bound, students participate in a summer program provided through Central College in Pella. They travel to the Central campus, where they live in the dorms for almost six weeks. While at the school, the participants take classes, similar to summer school.

"At the UB summer program, we can take tons of classes, ranging from Spanish to math," said senior Kiet Le.

Students participating in the summer program can get paid as well. For every week completed, a student gets a check for \$20.

"Not only is UB a helpful free program, you get paid! It's like a job that doesn't feel like a job," said Le.

Though the money is nice, it's not the only thing that makes Upward Bound worthwhile.

"UB is very beneficial. It really helps to prepare you for college. I know now what to expect my freshman year at college, which I think will make things a lot stressful for me next year," said Sengsirivanh.



UB students Austin Hatfield (12) and Arnold Sengsirivanh (12) practice planking on a boat in Chicago. Planking on E was a popular pastime for UB students.



Students relax at a UB get-together. The program gave participants a lot of time to just chill out and make new friends.





Brennan Lawrence (12), Kiet Le (12), and Alexander Hensley (12) flaunt their feminine sides at Upward Bound on gender bender day. "It was fun dressing up like a girl and acting crazy. Everyone had fun and it gave you the chance to be yourself," said Hensley.



Music was a great way for students to spend their free time. Playing the guitar, Sophie Backham (11) strums a tune on a beautiful summer night.



The six-week Central College experience was a lot like school and school dances. Students got to participate in dances without the stress of getting ready and dressing up.



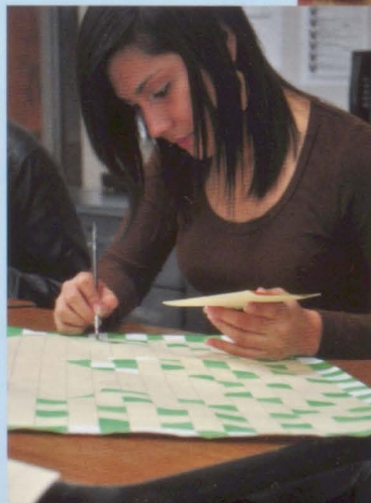
Miriah Smith (10) works on a portrait project in Jason Soliday's class. This assignment was inspired by the artist Chuck Close, who was known for painting complex grids of photos. Students had to bring in an image that was of value to them and get creative.



*Far left:* Alshouse creatively attempted to get her point across to AP art student Kami Cardines (12) about an opportunity to work with printmaking. AP students use their imagination when creating art work because they are not tied to specific assignments.

*Middle:* Stephanie Camacho (10) works on her project in Soliday's art class. Her artwork was inspired by a photo of her and her brother.

*Far Right:* Vacengleng Vang (10) diligently works on his project in class.





# Design YOUR OWN masterpiece

Story/Layout By: Jessie Vance

East High is known for its outstanding art department. There was a new addition to the art department, Mirium Alshouse. Alshouse has taught art for 20 years at nine different locations across the metro area. She has also been a curriculum coordinator for six years.

"Art is so high energy. I'm not done when I go home. I am always grading art and working on personal art in my spare time. I gain personal satisfaction knowing that I have changed a student's life even if it's just a small thing," said Alshouse.

The first class that art students took on their creative adventure had to do with exploring famous artists and learning basic techniques. With these basic techniques in the first two years of art a student could excel onto a higher level of art.

"Nature scenes are my favorite to draw because when you just look at it you imagine the way the birds are flying and the way the grass is blowing. It's just a really a way to calm you down," said senior Ricardo Saucedo.

Art is not just coloring and drawing. There are many forms of art such as mixed media which can be making collages or altering books to the heart's content. There is also sculpting, acrylic painting or line art.

"I love being around kids and connecting with them on their level instead of preaching to them what they are to do. Art is creative and giving them a little bit of direction helps free flow their own ideas," said art teacher Jason Soliday.

AP art has been offered for two years. This is a class for more advanced students who would like to further their experience with art. Over the whole year a student's portfolio should consist of 24 pieces. This class requires rigorous work. The student's pieces are nationally evaluated and scored by judges. They must receive a three or a four on the AP scale to receive that credit.

"I love the freedom this class gives me. I set my own rules, but in the end I have to have a good portfolio to send off to college," said senior Ireland Allen.



*Far left:* Kelly Tiengkham (10) smiles as she is working on her art project. The finishing piece is supposed to be a photo of her grandfather, who is a special person that is close to her heart.



*Middle:* John Mburu (12), an AP art student outlines one of his many works in dark ink. *Far Right:* Ireland Allen (12) paints her next piece. What inspires her to create art is the emotions she feels. "Whatever it is; sadness, happiness or being mad. The only way I can express it is if I am painting or drawing that way I can get it all out and see it for myself," said Allen.





# Find THE PERFECT shot

● ● ● Story/Layout By: Emalie Cipale ● ● ●

For many students photo class is a way to show their unique perspectives and creativity through the lens of a camera.

"I always liked taking photos, but I wanted to make my skills better and learn how to take pictures in different ways," said freshman Daykota Shelton.

Photo is not only a class to show creativity, but to also learn different photo techniques. One technique they learn is how to put two different pictures together. They also learn how to take pictures from different angles. Learning the rule of thirds is also a very important part of photography.

"Photography is my way of seeing things that other people don't. I can interpret things in any way I want. It is a great way to show off my creative side," said senior Julia Sigmund.

Photo is a semester long class and during the semester they do a wide range of projects. They do ones in the fall about the leaves changing, school spirit, repetition, lighting and black and white. As the year goes on they do ones on adding color, motion, ABC photos, nature and a photo where they can take something out or add in something into a photograph.

"My all time favorite project we did this year was when we did the blending picture. I could make myself look like I was talking to myself and it was really funny," said senior Michael Green.

Jolleen Weller has been the photo teacher for two years now. She enjoys teaching photo because she is not a teacher that likes to sit behind a desk or in front of a class all day and talk. She wants to be able to get up and be hands on. She wants students to learn how to take photos not just snap shots.

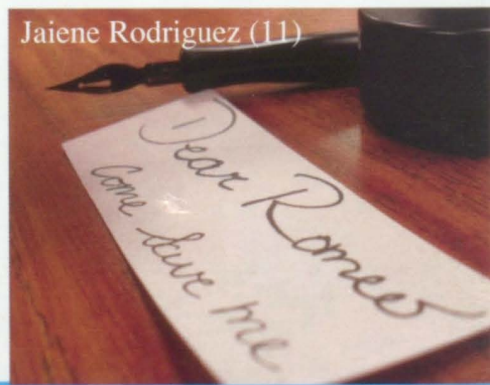
"With everyone taking pictures on their phones nowadays, I want students to learn that if they take a little extra time to put more details into a photo it will turn out so much better," said Weller.



Madison Delk (10)



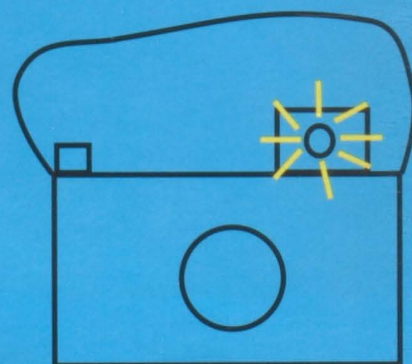
Bree Brown (12)



Jaiene Rodriguez (11)

## Tips to get a great photo:

- Remember rule of thirds
- Take your camera everywhere you go
- Use the long zoom
- Kill the flash







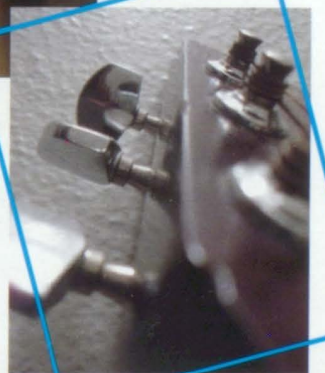
Lauren Holmes (11) shows her photography skills with this photo. Her favorite part of photography is that she can portray different perspectives of student life and the world.



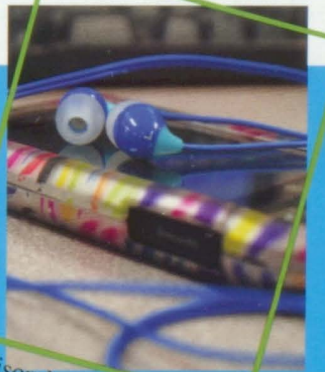
Baden Medearis (11)



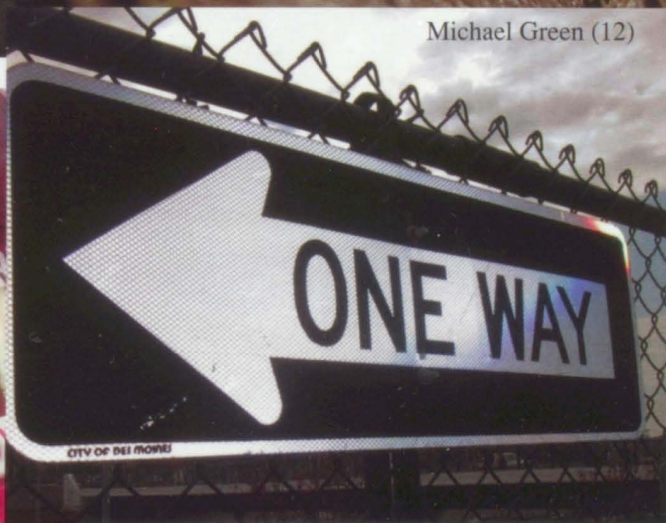
Eric Fenimore (10)



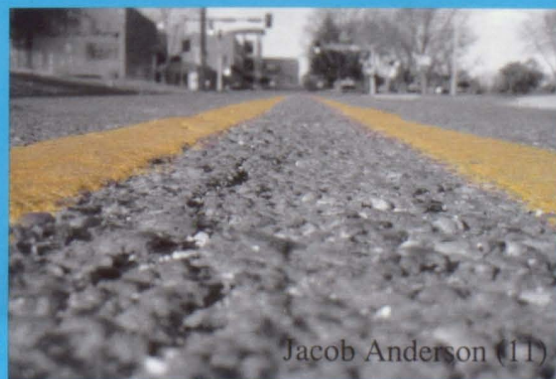
Anna Sparks (10)



Allison Marchesano (9)



Michael Green (12)



Jacob Anderson (11)



Taylor Weesner (11)



During play rehearsal, Stephanie Nowels (12), Jozie Butler (11), Paige Groves (12) and Gillian Randall (12) run through their lines one final time as Pink Ladies.



Below: Michael Lettington (10) performs a choral reading in Jamaal Allan's intro to theater arts class. The purpose of this reading is to help kids learn how important projecting your voice is. Right: Sierra Tate (12) introduces her reading, which was a young children's counting book.





# Now presenting AN EHS production

Story/Layout By: Jessie Vance

In his first full year as the theater arts teacher and play director, Jamaal Allan has transformed the performing arts department in just a short amount of time.

"Moments I've enjoyed are being able to help students realize their full potential," said Allan, "I also enjoy interesting more students in the performing arts department as a whole and not as tiny pieces here and there."

This fall's play was the musical number, *Grease*. This play was a hit with everyone involved. They had a pit orchestra who accompanied all the songs sung in the play. The leads were played by senior Yeltsin Rodriguez, as Danny Zuko. There were two Sandy's, sophomore Sarah Bennett and junior Jozie Butler.

"I was originally casted as a chorus girl and became an understudy for Sandy. Performing two out of three nights was very rewarding to me," said Bennett.

Being in the production of this play was a lot of hard work. There were forty or more students participating. Performing in the play gives students a confidence boost and a way to make it their own. It took a lot of determination and focus to memorize lines and choreography over an eleven week period both during and outside of school.

"I liked the fact that most of us didn't know each other and we set our differences aside to be a family," said junior Vanessa Williams.

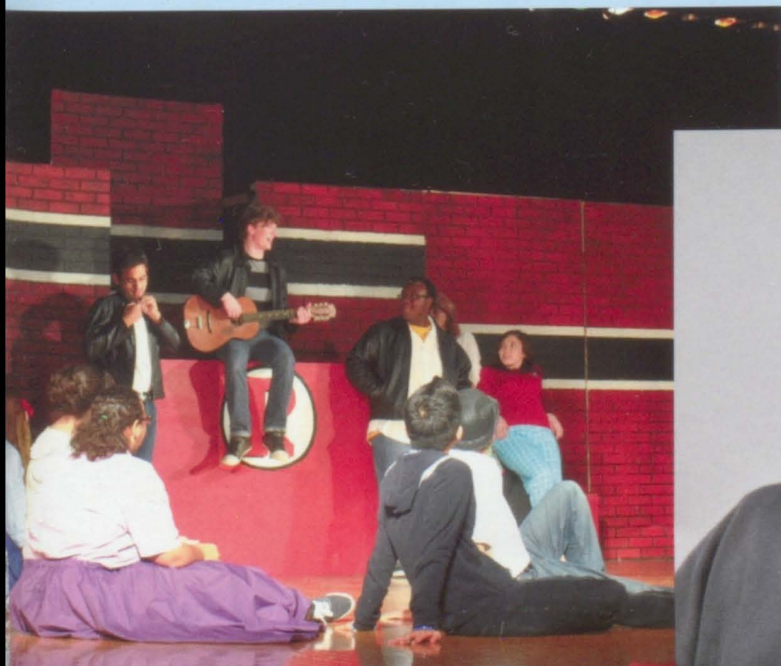
Plays are not the only action taking place. There are many students participating in drama classes throughout the year. Activities in this class show people what exists in the performing arts world. Students learn what it's like to be a good audience member and students who would prefer to act learn many ice breaker tips helping them feel more confident.

"To see a student be able to step out and create bonds is the best thing that I see students gain from this class," said Allan.

For future students there are many ways to get involved in the performing arts department, whether it be on stage or behind the scenes. Teachers that instruct Intro to Theater Arts are Jennifer Medina, Ron Borstad and Claudia Richards. As a substitute for a speech credit, students can take this class for a full year.

"I think without being in theater arts before trying out made me put everything I had into the play, instead of going through the motions," said sophomore Hunter Stapes.

*Far Right:* The cast of *Grease* listens on as Jacob Biegger (11) who played Doody, sings a song in the opening act of *Grease*. *Middle:* Terry Carter (10) smiles as he hears his recorded broadcast he and his partner collaborated on. *Far left:* Denny Rodriguez (11) participates in a "How the Grinch Stole Christmas" reading.





# Academics: keep studying



## National Honor Society

*Row one:* Jessica Kincaid, Ngoc Cao, Hannah Bailey, Kayla Cam and Houa Vang. *Row two:* Caitlynn Bruscher, Carmen Silva-Trejo, Brennan Lawrence, Lindsey Smith, Anna Flickenger, Jasmin Munoz, Philip Bui, Sidney Cam, Wade Williams. *Row three:* Kalsa Parker, Matthew Mendenhall, Alexander Hensley, Tenea Fabray, Joseph Bahnsen, Merredith Layman, Aaron Hosman, August Stangl, Amber Smith and Jay Rowat.



## Scarlet Mentors

*Row one:* Gladys Espitia, Yessica Iraheta, Maria Ceballos, Anel Melendrez, Sky Dale and Maricela Lozano. *Row two:* Yesenia Vargas, Itzel Maceda, Barbara Hernandez, Caitlynn Bruscher, Kaleigh Nichols, Hailey Rusk and Elizabeth Ouverson. *Row three:* Kierra Osborn, Lindsay Helm, Sierra Tate, Alexes Cummings, Chelsie Warren, Jesse Brookshire, Melissa Deerr and Devin O'Connor.



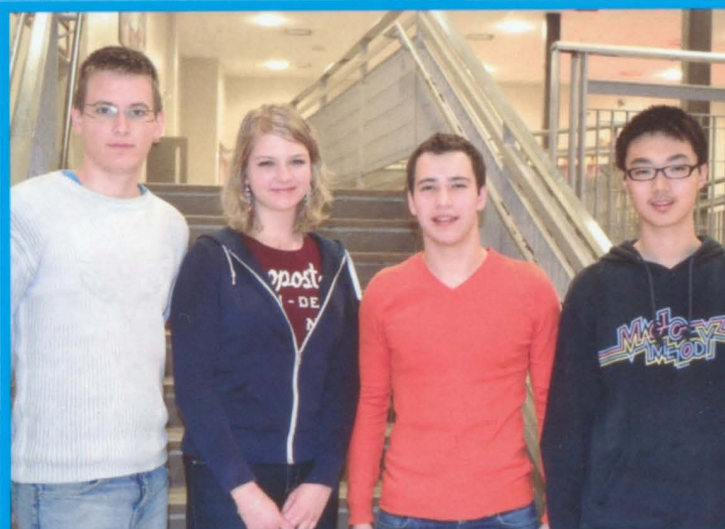
## Science Bound

*Row one:* Erik Ortega-Marquez, Jazmin Torres, Iridian Marquez-Lopez, Julia Casas, Janet SanElias, Carolina SanElias, Delia Ceballos and Alejandra Quintana. *Row two:* Bryan Ortiz, Maria Ceballos, Kevin Landaverde, Demarcus Dameron, Jamar Fisher, Oscar Tavera, Sarahi Trejo, Sam Clay, Kelsey Butts, Natyia Cameron and Jasmine Turner. *Row three:* Lowell Long, Amy Jacobson, Greisy Murillo Caserez, Emily Villarreal, Jeffrey Rangel, Miguel Guerrero, Adrian Torres, Berthalsia Velazquez, Rocio Rodriguez, Demarkus Horton, David Ortiz, Chukwuebuka Kemdirim, Arturo Marquez, Jennifer Bakevich, Juan Pina, Kennedy Lily and Apple Amos.



## Exchange Students

Nebojsa Markovic (*Serbia*), Caroline Kasper (*Germany*),  
Zufar Gatiyatov (*Russia*) and Jiefeng Wang (*China*).



## Library Aids

Row one: Jacob Waters, Snezana Vojvodic, Shiloh  
Corral and Lloyd Frank Row two: Elissa Haugh,  
Christian Lopez and Cameron Young. Row three:  
Joshua Hague.



## Upward Bound

**CENTRAL COLLEGE:** Reannan Barlow, Emily Beattie, Angela Lo, Tuesday Mui, Caitlin Royse, Jeilah Seely, Nickie Nguyen, Caitlin Searcy, Sophie Backham, Justine Buttrey, Miranda Daughenbaugh, Lydia Dyer, Amanda Hatfield, Ricardo Lewis, Ga Na, Devin O'Connor, Alejandra Pina, Kalen Reed, Michael Sells, Battee Seyou, Julia Aguilar, Ashley Baumgardner, Vanessa Contreras-Colunga, Alexander Hensley, Alec Inrachavongsa, Diana Inthaboune, Edemir Joyas, Erika Kommavongsa, Brennan Lawrence, Kiet Le, Rodolfo Mendoza, Stacie Post, Stormy Rand, Arnold Sengsirivanh, Julia Sigmund, Carmen Silva-Trejo, Lindsey Smith, David Thacker, Elexis Tolson, Sadie Woods and Sonny Yang

**UB MATH/SCIENCE:** Alexandria Nguyen, Michelle Nouchanthavong, Jacquelin Philavanh, Victoria Richardson and Wade Williams

**DMACC:** Mauro DeAvila, Fehim Porcic, Ricardo SanElias, Keyera Sanders, Revay Stewart, Israel Toluwalase and Amanda Tucker

**SIMPSON COLLEGE:** Yasmin Bibian and Robert Hansen





## Project Graduation

*Row one:* Deanna Fox, Edgar Conteras and Duncan Williams. *Row two:* Michael Green, Whitney Stone, Angelica Rodriguez and Carlos Salas. *Row three:* CeCe Lyva, Walter Bernal and Leslie Guadarrama. *Row four:* Josue Murillo, Manuel Delgado, Joanna Villalba, Rafael Contreras and Cynthia Gallardo. *Row five:* Jason Khamlue, Tony Xaysana, Juana Miranda and Welson Sandoval. *Row six:* Quincy Wilson, Jaime Sevillano, Larn Santos-Tecongo and Alier Mamourjok. *Row seven:* Katelyn Vanearwage, Nick Baker, Jason Smith, Adan Mohamud, Yadira Lopez, Austin Hatfield, Shelby Jenkins and Alice Foss.



## Quill

*Row one:* Jessie Vance, Emalie Cipale, Melissa Craig, Brooke Nokes, Lauren Holmes, Andrea Hiatt, Houa Vang, Hannah Bailey and Diana Fabian-Santos. *Row two:* Michael Renteria, Haley Larson, Marisol Hernandez, Riley Fisher, Dillon Hernandez, Taylor Dunn, Marisa Fitzgerald and Ashlee Eaton.



## Scroll

*Row one:* Karla Hernandez, Taylor Bougher and Kara Van Deo. *Row two:* Jacqueline Khamma, Hailey Galloway and Brianna Boner. *Row three:* Erika Kommavongsa, Courtney Custard, Stephenie Gabriel, Lindsey Smith and Katelyn Worple. *Row four:* Christopher Johnson, Riley Bacon and Aaron Hosman. *Row five:* Advisor Ben Graeber and Natalie Niemeyer.



## Top 3%

*Row one:* Ngoc Cao, Jasmin Munoz, Philip Bui and Diana Fabian-Santos. *Row two:* Anna Flickinger, Jayde Sleeth, Caitlynn Bruscher and Kalsa Parker. *Row three:* Jordan Sams, Michael Fitzpatrick, Kiet Le and Lindsey Smith. *Row four:* Phat Truong, Brennan Forrest Lawrence and Yeltsin Rodriguez. *Row five:* Wade Williams, Carmen Silva-Trejo, Haley Larson and Janie Smith. *Row six:* Robert Van Dyke, Riley Fisher, Courtney Custard and Kaylee Putzier.



## Top 15%

Chukwuebuka Kemdirim, Sadie Woods, Tyler Seward, Nicole Underwood, Scott Folsom, Julia Aguilar, Devon Roberts, Theodosia Reed, Christian Sherwood, Miranda Mason, Efren Terrazas, Brandon Hendrickson, Ashley Wallingford, Allison Fitzgerald, Alyssa Espinoza, Melissa Craig, Armando Hernandez-Urzu, Sarah Fitzpatrick, Demarkus Horton, Mackenzie Whittington, Taylor McDaniel, Grant Simpson, Alexis Reber, Donald Mongar, Jessica Kincaid, Gillian Randall, Kayla Cam, Katherine Burns, Matthew Mendenhall, Joshua Meinke, Sonia Limon-Mariscal, Matthew Brouwer, Riley Bacon, Drew Hurley, Marilyn Potter, Melinda Marturello, Jessie Vance, Ashley Simpson, John Spratt, Evan Smith, Megan Bailey, Leanna Thun, Austin Bellis, Justin Leuang, Tenea Fabray, Trevor Higgins, Gay Soe and Melissa Godoy.

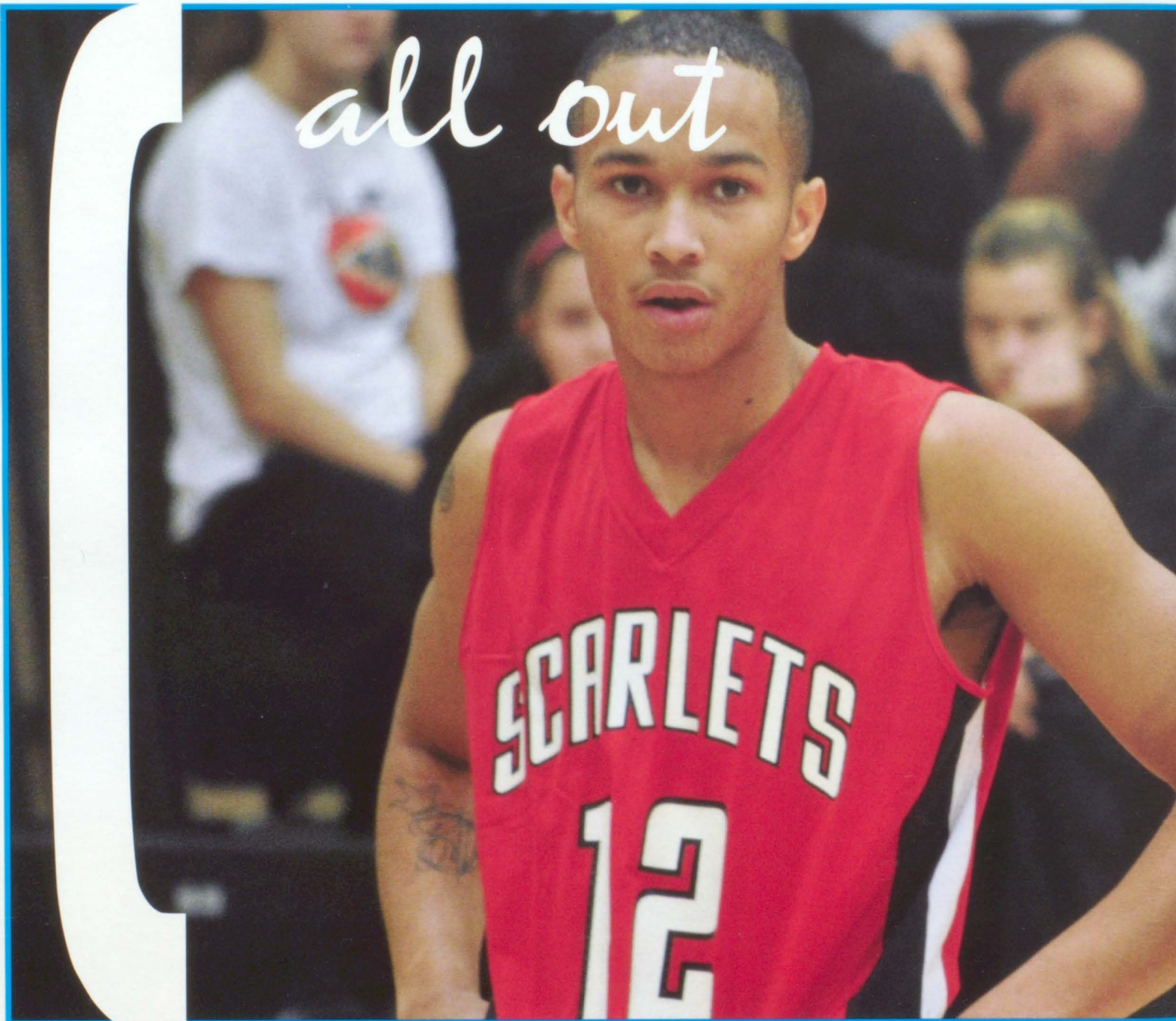
## NCYL

*Row one:* Ngoc Cao, Kayla Cam and Jasmin Munoz. *Row two:* Anna Flickinger, Jessie Vance and Sarah Fitzpatrick. *Row three:* Lindsey Smith, Brennan Lawrence, Emalie Cipale and Jessica Kincaid. *Row four:* Brandon Long, Haley Larson, Courtney Custard and Chukwuebuka Kemdirim.






*all out*



**Hard work pays off.**

Kriston Long (12) looks on as an Ankeny opponent shoots a free throw. The East boys' started their season with a preview at the Kiwanis' Jamboree, held at Southeast Polk High School.






*Every year, hundreds of East students participate in sports. Whether they play freshman or varsity, every athlete gives 100%. Participants partake in two-a-days, late night workouts, and grueling conditioning in hopes of being the best. Last year, two teams fulfilled the ultimate high school sports goal: winning the state tournament. This year, different teams went back to work to try and defend their championships and obtain new ones.*

*Many kids take part in sports for fun, which is supposed to be the point of playing anyway. Participating in sports can provide athletes with lifelong friends and lasting leadership skills. Not everyone was blessed with athletic talent, but everyone can go out and learn to be a teammate.*

*Now, away from the clichés, the underlying reason behind playing a sport is the desire to win. Nobody enjoys going and playing just to get blown out game in and game out. But winning isn't only reflected in scores and state titles. Winning can mean something different for everyone, whether it comes in the form of scoring your first goal on the season, or congratulating someone who just scored a basket.*

*Sports can teach all of us priceless lessons about the value of team, effort, and having a good time.*





# Setting and serving

Story by: Houa Vang and Layout by: Haley Larson

Six girls on each side of the net. The ball is served with a powerful smack as the East High girls get prepared for a pass or bump. The setter gets ready for the ball to be set and a dynamic spike occurs. Bam! The ball hits the opponent's side of the court. The team wins their first point.

"The highlights of the season were of course our wins and watching the girls grow as players. The girls on the JV team just plain and simple love the sport of volleyball," said JV coach Jamie Newel.

The JV and ninth grade team came together throughout the season. Learning new techniques and basic skills, making complete passes and serves, improving their defense with blocks and saves, and communicating with one another, the team battled throughout and worked together to win.

"All of it was hard. You just have to practice, practice, practice. (The skills) don't come easily; you have to gain it," said sophomore Carly Callison.

Sophomore Mimi Knight-Beery said she had fun learning all of the techniques. The team could have worked on some things but overall, they did good coming together as a team.

Instead of just working hard and learning new moves, having fun was on the same agenda.

"It was great and fun. We were all laughing and we didn't get bored from the sport. Everybody who played enjoyed it. We all had a positive attitude and did our thing," said freshman Sabrina Douglass.

The JV team did well during their season with a better record than last year. Long hard practices and determination seemed to be the answer of winning the games.

"It's something you really have to love," said Callison. "You have to put effort in to succeed in it."

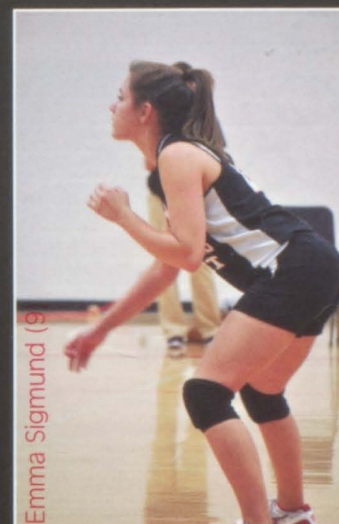
**Carly Callison (10) gets in position on defense to return the ball. This is Callison's first year of volleyball.**



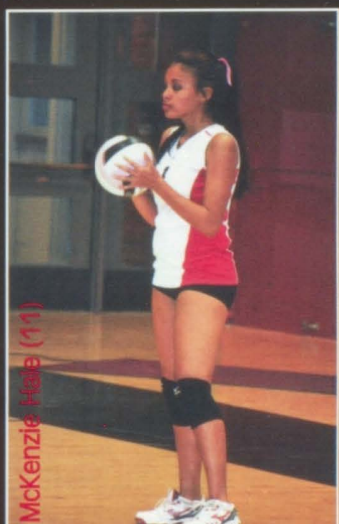




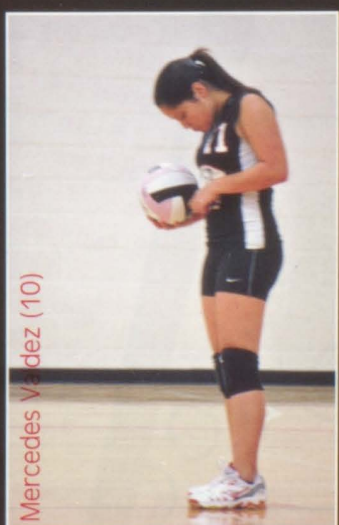
Emma Sigmund (9)



McKenzie Hobb (11)



Mercedes Valdez (10)







East defends against rival Hoover. The Scarlet's defense was strong in most of their matches.



Renee Hurley (11), Haley Stoll (10), and Anna Flickinger (12) defend against Hoover.

# Spiked

*Story/Layout by: Haley Larson and Marisol Hernandez*

Junior Christina Syhavong steps onto the court with a different jersey on than the rest of her team. She is the libero, one of the most aggressive, best servers, and top defenders on the East varsity volleyball team.

"As libero, I have a lot of responsibility. I'm always expected to perform both defensively and offensively," said Syhavong.

Volleyball isn't just a one-girl sport, though. With six players on the court per team, volleyball takes a larger roster with a lot of competent team members.

"I feel like we had a good team this year with a deep bench. We could substitute freely because we had a lot of great players," said sophomore Rachel Boothroyd.

Though their record didn't reflect it, the varsity squad felt like they had an overall successful season.

"I think that the girls did a really good job this season," said head volleyball coach Allison Markun.

Finishing the regular season 4-27, East was matched up with Indianola for their regional game. With similar records, the girls didn't feel like a win was out of their reach. They ended up losing to the Indians 3-0, which was a disappointing end to a good season.

"Like most of our losses, the loss to Indianola was a close one. It's a bummer that our season had to end, but I'm not unhappy with our season at all," said senior LJ Putzier.





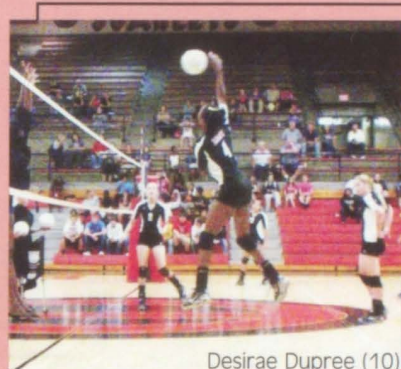


### In position.

Putting herself in position, **Maggie Long** (10) gets ready to volley. Long missed much of the season due to a knee injury.

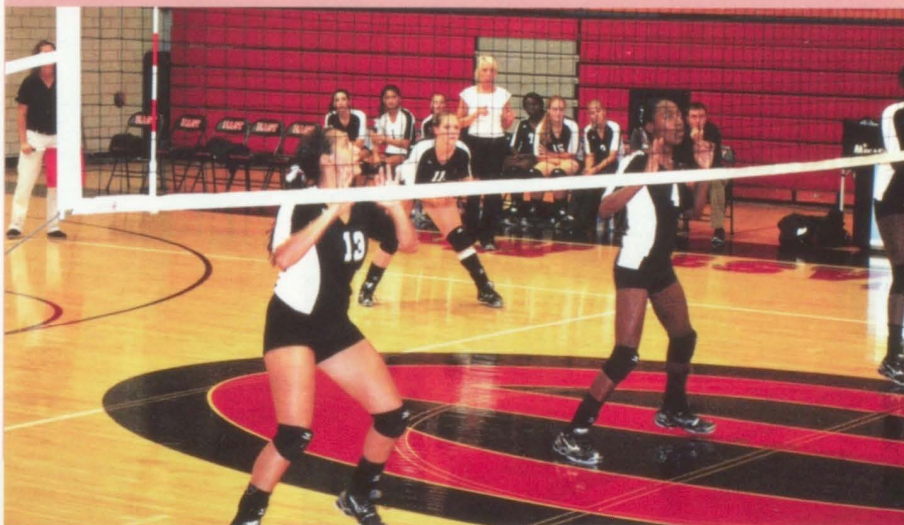
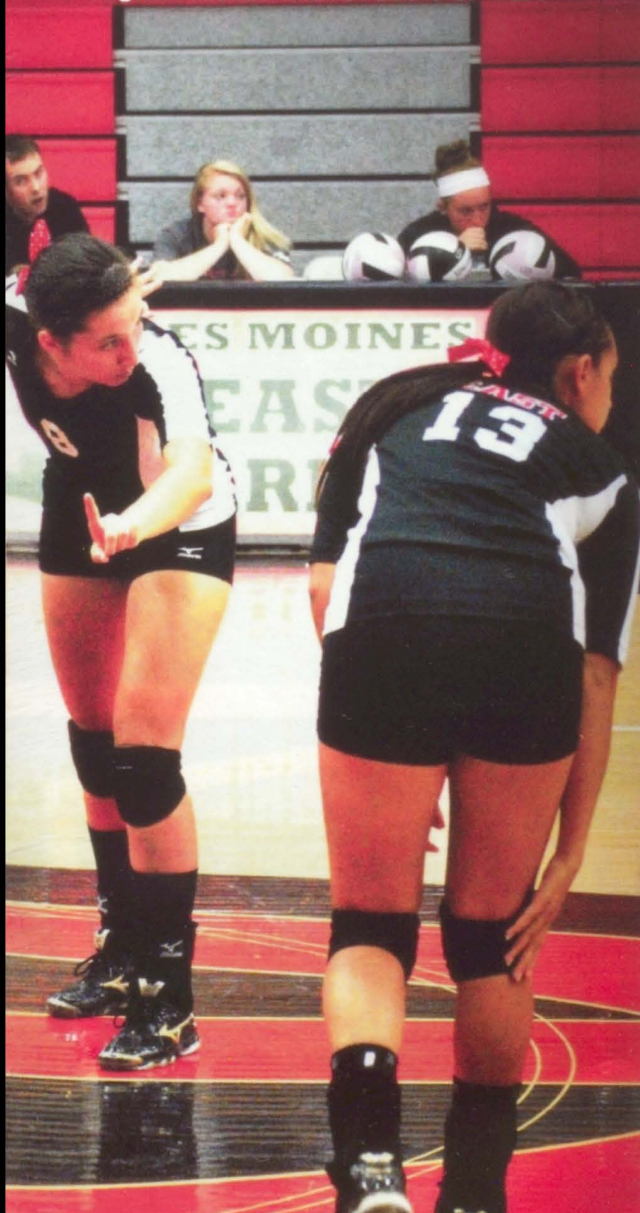


Christina Syhavong (11)



Desirae Dupree (10)

Preparing for the serve **Anna Flickinger** (12), **LJ Putzier** (12) and **Desirae Dupree** (10) get down and ready. East finished the regular season with a record of 4-27.

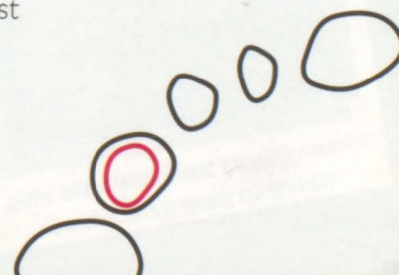


### Refuse to lose.

Defending their lead, **LJ Putzier** (12), **Desirae Dupree** (10), and **Nya Deng** (12) prepare to volley against Ankeny. Dupree led the team in blocks.

### Over the net.

**Hanna Hoskins** (11) prepares to serve against Hoover. Hoskins led the team with 18 aces during the regular season.





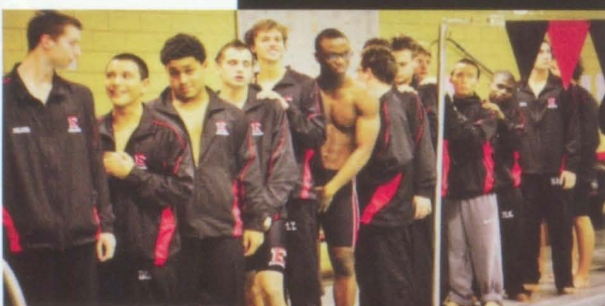
“

If you go out there, to all the practices and work hard, you will continue to get faster.”

Brandon Leach (11)



James Boland (10), Luke Martin (11), Brian Chang (10), Jacob VanGundy (11), Cesar Aguilar (10), Blake Sunkle (10), Dakota Lyddon (10), and Moussa Kuyateh (9)



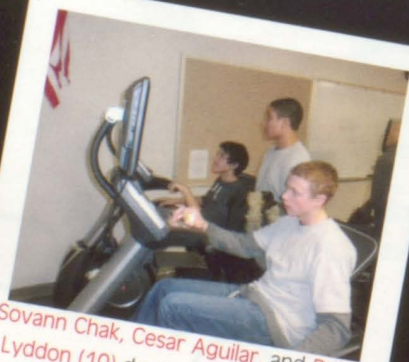
“David (Ortiz) is the God of the team. If Aubrey (Roland) is around, he is going to mess you up. We are all very close on this team.

Lane Galvin (10)

”



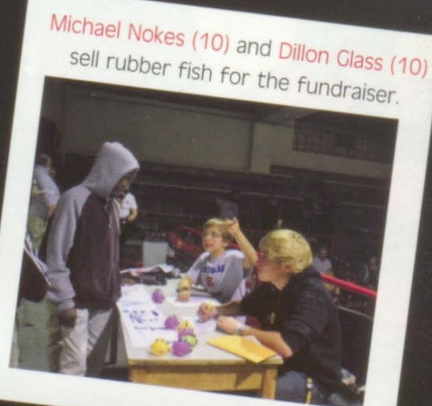
**Ecstatic after their win against Hoover, the team, along with coaches, were thrown into the pool to celebrate the big win on senior night. The boys won the meet 92-78.**



Sovann Chak, Cesar Aguilar, and Dakota Lyddon (10) do the “mind” bikes while waiting to leave for Ottumwa.



The seniors helped with the fundraisers that were held every home meet to help raise money for new lane lines.



Michael Nokes (10) and Dillon Glass (10) sell rubber fish for the fundraiser.



# Diving to new depths

Story/Layout by: Hannah Bailey

It's too close to look away. This one relay will determine who will win the meet. **Junior David Ortiz** has 50 yards left and is neck-and-neck with his opponent. They are on the last turn and the opponent has a slight lead. Suddenly Ortiz's kick gets faster and his turnover rate increases. They are just feet from the wall. With one final surge of energy, Ortiz hits the wall one millisecond ahead of the competition. The East High boys' swim team just won the Ottumwa meet.

This past season, the team had multiple meets like this.

"Meets are my favorite part of the season," said **junior Jeromy Bacon**. "The adrenaline before and during the race is the most exciting part. When you have to put everything on the line and you get to see how fast you have gotten in just a few weeks or days sometimes."

Starting Nov. 7, the boys began difficult and intense practices with 43 swimmers, the largest team in a long time.

"I was very surprised when we ended up with 43 boys, and we actually could've had a few more, but we had to turn a few away because it was the 4th week of the season when they decided to come out," said **Coach Dustin Cassler**. "Although there was a lot of inexperience on our team the newcomers improved throughout the season and I only look for us to build on this improvement next year."

One of the new swimmers to the team this year was **sophomore Blake Sunkle**. Sunkle missed the first month of the swim season because he was in the East High production Grease. Once he continuously went to the practices, he saw drastic time drops at swim meets. Sunkle swam the 100 yard backstroke at districts and got a personal best time.

"Towards the end of the season we, the team, became really close," said Sunkle. "This season was really fun, especially when the coaches let us throw them into the pool after the Ottumwa and Hoover/North meets. I will definitely swim again next year."

Swimming isn't just about racing the person in the lane next to you; it is also about beating the clock and your best times.

At the regional meet on Feb. 6, the team had 21 out of 26 personal best times. **Senior Aubrey Roland** dropped three seconds, getting him on the Top 5 Times board, which tracks all-time swimming times in EHS history, for the 100 backstroke.

"I was really excited when I got my time," said Roland. "I just hope I stay up there for a while before I get knocked off. I am the first black kid on the board."



Michael Renteria (11) swims the 100 backstroke



Hunter Hall (11) swims breaststroke for the medley relay.



The relay team huddles before a home race.



# Putting for perfection

Layout by Dillon Hernandez



After the snow melts, springtime athletes at East High School prepare for their upcoming seasons. From soccer to track, the 2011 girls' golf team slid below the radar and had a very successful season.

In varsity golf, six golfers are able to participate at a time. The girls would shoot 18 holes of golf, and the top four scores would then be tallied and counted.

"Our expectations were to keep all scores under 500 at our 18-hole meets," said head coach Lowell Long.

"I improved so much from last year. I was averaging in the 130's and by the end of this year, I ended up shooting a 99. My goal for next year is to break 90," said junior Kayla Foreman.

Golfing is more of a skilled sport than an athletic sport. To become successful, one must practice, and practice often. That is indeed what

the Scarlet golfers do. Every day, practice is held either at Grandview or the Des Moines driving ranges.

"Practice was okay, but the car rides were definitely my favorite," said Foreman.

Overall, the 2011 golf season went pretty well, but according to Coach Long, "we still need to be consistent."

Story by: Riley Bacon

Golf is often an overlooked sport, but requires intense concentration and judgment. It requires a certain strategy and mindset. Golf is a sport of patience and a select few have mastered it.

"We lost a lot but it was a fun time with everyone," said junior Joe Riesterer.

The East High boys golf team has had an up and down season. They were a young team with only one senior, with a majority of the

team being sophomores.

"This year went pretty well and having more young kids then older kids didn't affect me very much" said sophomore Lucas Roberts.

There were many bright spots in the season.

"We started with the CIML tournament and defeated Lincoln who usually wins and moved up to third place in the conference," said head coach Maurice White.

Two of the Scarlet golfers medaled the CIML tournament, Lucas Roberts and sophomore Tyler Aswegan.

There was a lot of accomplishments this year because there were many hard working players. They are looking forward to many more good years of golf.

Story by: Dillon Hernandez

## Fore.

Far right: After a perfect swing Tyler Aswegan (10) looks to see how far and straight the ball went.

## Birdie.

Middle left: Perfect putt, Kara Clipperley (11) stares down a putt she needs to make to improve her round score.

## Perfect form.

Middle right: Showing perfect form Mackenzi Smith (11) hits a perfect drive for a good start to the hole.

## Chip in.

Far Right: Looking to get close to the hole Joseph Bahnsen, (11) is focusing on a good chip.





# You got served

Senior Preston Mila awaits his opponents serve. He knows it's coming and it's not going to be easy. He's returned the other serves but this one is different. This serve is match point, and with Mila behind everything is riding on his return.

"When I'm about to receive a serve nothing is going through my head, I'm in the zone. I try to predict where my opponent is going to place his serve," said Mila.

Each season the boys are ranked on their skill level, and the top ten are on varsity. The top six play singles and the last four in the top ten play doubles.

The way to move up in the rankings is to challenge someone on your own team. For example if you are the number 6 varsity player and you want to become number 3 you must challenge the person ranked number 3. If you win you take number three and everyone else gets pushed down. If you lose you stay where you are in the rankings.

"When you accept challenges there pressure because if you don't win you drop, they can get really intense," said senior Arnold Sengsirivanh.



Story by: Lj Putzier

Layout by: Mikey Renteria

Doubling the record of wins was an accomplished goal for the 2011 girls' varsity tennis team. The accomplishment came from heart and soul showed by many underclassmen leaders, including junior Sophie Backham.

"She's a quiet leader. She's not someone who is going to speak up, she is going to lead by example," said Coach Samy El-Baroudi. The girls have already set a new goal for the 2012 season; double in wins- again and with a team showing growth and experience, the team doesn't see this as a hard task.

"It's hard to try and motivate your team when you're down, but when you think about winning and getting farther than you have before, it's really rewarding," said Backham.

"Last year, we had more single talent. This year, we had team talent," said El-Baroudi.

The tennis team not only grew from hard work, but also from making friends and growing as a team.

"The girls and I had tons of fun laughing and joking around at practices and meets. The team had many new players so we worked hard on fundamentals. It paid off winning our meets against Hoover and North," said senior Diana Inthaboune.

El-Baroudi said the last years' tennis team would get behind and not fight back in meets compared to this year's team that did the opposite.

"The team really pushed, and did our best. I'm excited with the way the 2011 team did and I'm hoping we can excel even more than what we did this year for next year's season," said Inthaboune.

Story by: Brooke Nokes

"I like to just get together with some of my buds and mess around, it's fun to do because there isn't any pressure from coach," said senior Zakk Dunn.



Shane Sullivan (12)



Sophie Backham (11)

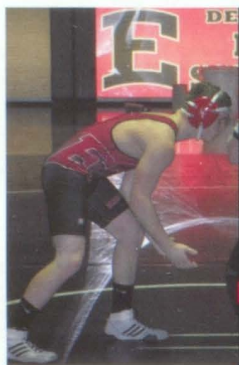


Anna Flickinger (12)



Zackary Dunn (12)

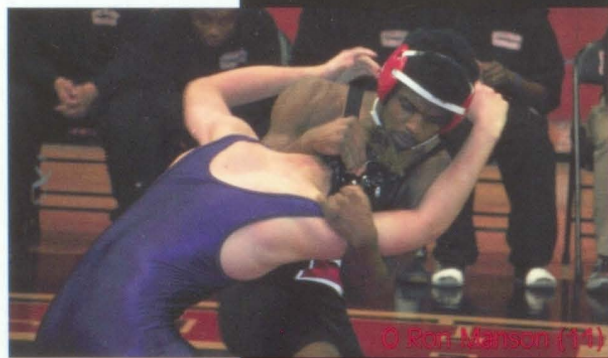




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I feel great about breaking the single season freshman win record. I think that I had a successful season because of my hard work and dedication.

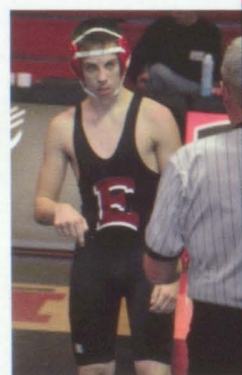
Joshua Davis (9)



Oscar Manson (14)



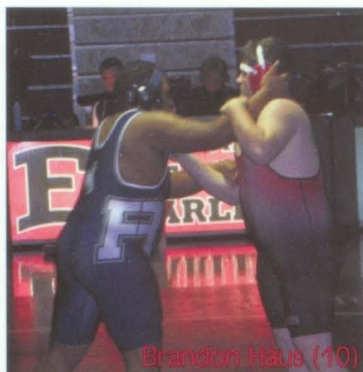
Alexander Hensley (12)



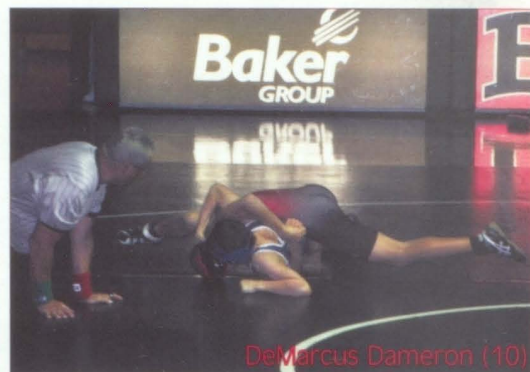
The season was tough, but it was fun at the same time. I love wrestling; it is a challenge and I like competition. That is why I kept coming back. I never let my team down. I am already anticipating the next season.

Joshua Arroyo (10)

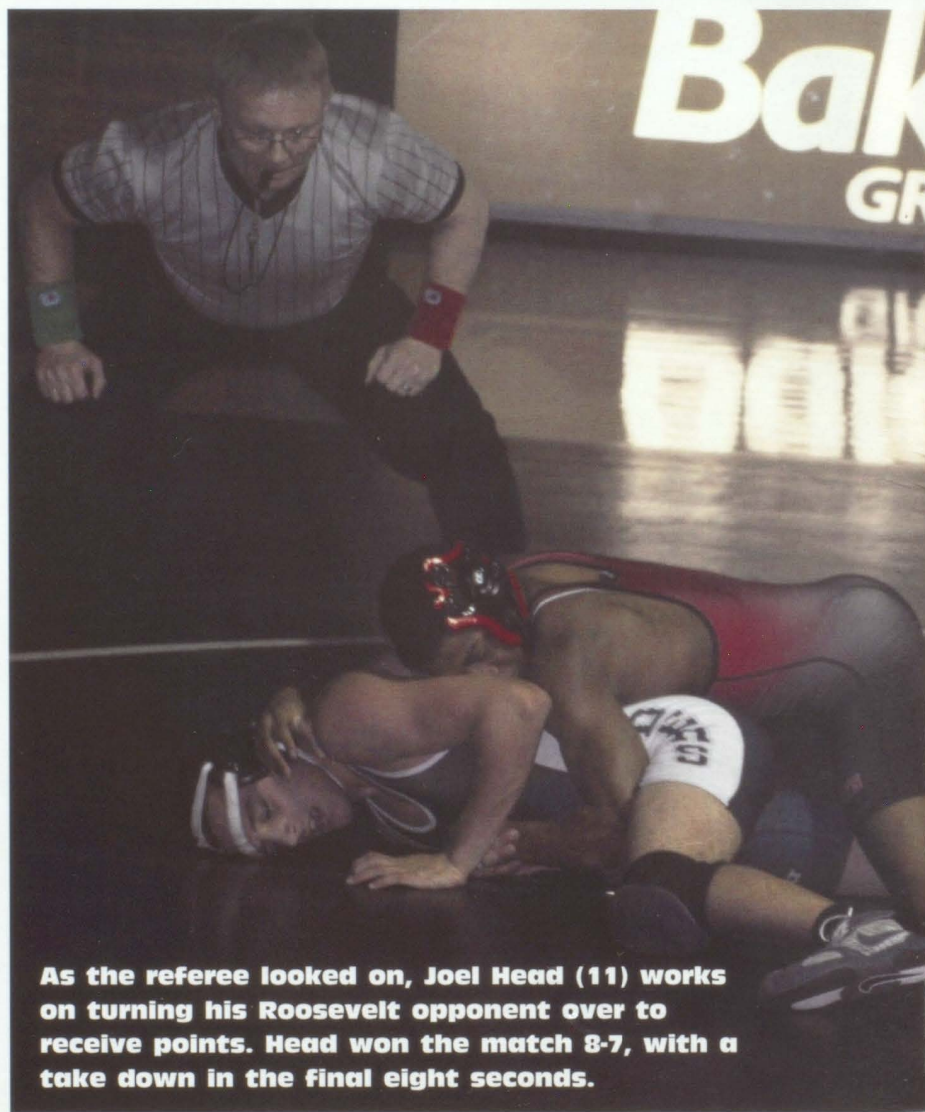
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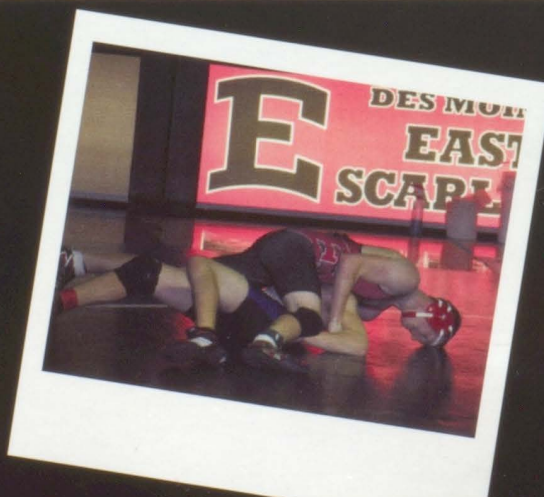
Brandon Haus (10)



DeMarcus Dameron (10)



As the referee looked on, Joel Head (11) works on turning his Roosevelt opponent over to receive points. Head won the match 8-7, with a take down in the final eight seconds.



## All Hail the Mighty Scarlets.

*Far left:* Trying to break the hands of a Waukee opponent, Prince Yorke (9) works hard to stand up. *Left:* Attempting to earn potential back points is Chase Reynolds (11). Two points are awarded when a wrestler is on his back for three seconds and three points are awarded when a wrestler is on his back for five seconds.



# Pin 'em to win it

Story/Layout by: Jessie Vance

As each weight class's top three places are announced, one eager wrestler has made it into the top two to advance onto the state tournament. As the 160 pound weight class placeholders are called, freshman Joshua Davis waits calmly and is called to step onto the podium. Districts were held in Knoxville on Feb. 11 and were full of excitement for Scarlet fans.

"I didn't expect to make it as far as I did this season, but I did and it was a great feeling. I am glad to have accomplished many good things this season," said Davis.

The 2011-2012 season brought the East High wrestling team one step closer to their goals: Break the losing streak and change the attitude of the program. A fresh attitude was brought in to achieve those goals by head coach James Giboo. Giboo has been a teacher at East for eight years and stepped up to fill the vacancy when it opened after the retirement of last year's head coach.

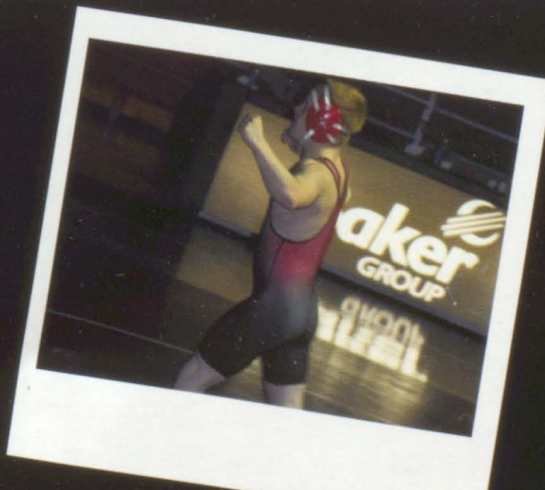
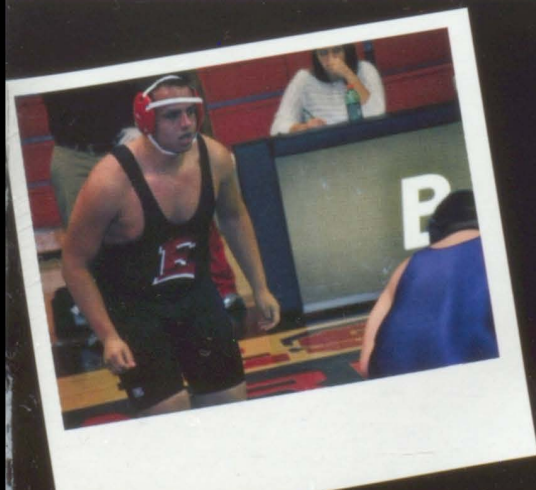
"I was about done competing myself and I wanted to give back to the kids. I wanted to prove I could build a program up because some people doubted me and I fed off of their doubts," said Giboo.

Along with a new coach, the boys' improved their record from the previous year by improving to 4-17 compared to last years disheartening record. A dual that stands out was against the North-Hoover squad. The boys hit them with a score of 55-18 to take the victory home. Sophomore DeMarcus Dameron started off the winning streak with a pin in 32 seconds.

"My guy was fighting hard and he was going to slip out of my hold. I just put all my weight on him with his shoulders barely off the mat and it worked," said Dameron.

As the season came to a close, the team said farewell to four hard working wrestlers: Aaron Coyle, Alexander Hensley, Zachary Lewis and Chance Scott. All seniors ready to take the next step of their lives: college. Leaving a sport as a senior always has its bittersweet moments and for these guys that stands true.

"I only wrestled for two years and I wish I would have gone out sooner as wrestling was something I really enjoyed," said Lewis. "I'm going to miss wearing that red and black East singlet and the coaching staffs I had both years."



## Eyes on the Prize.

**Far left:** Circling back into the center of the mat, **Kall Watson (10)** eyes his opponent and getting ready to take him down. **Left:** Celebrating a victory, **Chance Scott (12)**, raises a fist as he walks back to the bench to be congratulated by his team and coaches.





# Determination and teamwork

Story/Layout by Hona Vang

Athletes come in all shapes and sizes. Athletes play in a variety of sports. Though there are many different sports here at East, only bowling, basketball, track and field, and swimming are participated in by the Special Olympics team.

Special Olympics is an athletic competition for students with disabilities. Enjoying the time to participate in a competitive sport, the athletes are spending their time with new friends.

"It's just for fun; [to] have social interaction. Not a lot of these students are involved with anything. (We're) getting them to develop relationships and try out some sports," said **Randy Nordaker**, a coach for 25 years.

Special Olympics is just like any sport. Students try out and are able to pick any sport. Instead of competing against other schools, there are 12 areas in which they play against.

"It's fun (basketball). It helps me with a lot of my nerves," said **sophomore Paige Eshelman**. "It helps (make) my sportsmanship better and it helps me to stay more positive."

With a broken hand last year, she couldn't participate. She tried out this year and became a member of the Special Olympics.

"It teaches you teamwork," said **sophomore Jacob Michael**. Michael learned to properly pass a basketball this year.

Special Olympics isn't just about competing and being the best, but taking the time to get to know others and do things you've never done before; plainly just having fun.

"It gets kids out of school. It's fun and parents get involved too. Kids don't get a chance to do this. It's great when a parent comes in and says how wonderful Special Olympics is for their child," said Nordaker.





## It's bowling time

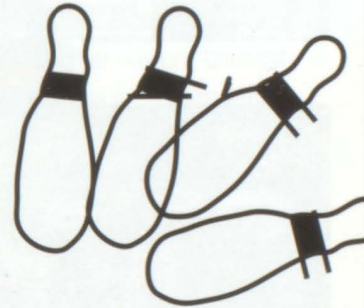
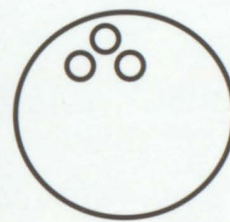
(Left to right)

Smiling at the camera, **Austin Meyers (9)** shows off with his bowling ball. Meyers had a fun time bowling with the team and being in Special Olympics. "You can do special things for other people and stuff and you can actually do anything you do out there and you try your best. There is no way to fail if you don't try," said Meyers. Meyers won first place.

"It was fun. I did okay," said **Shiloh Corral (11)**. Corral got third place.

First timer for the Special Olympics, **Austin Lee (10)** made it to state. "I got third in state. I was surprised," said Lee. Lee's favorite memory that night was when his dad had a big smile on his face.

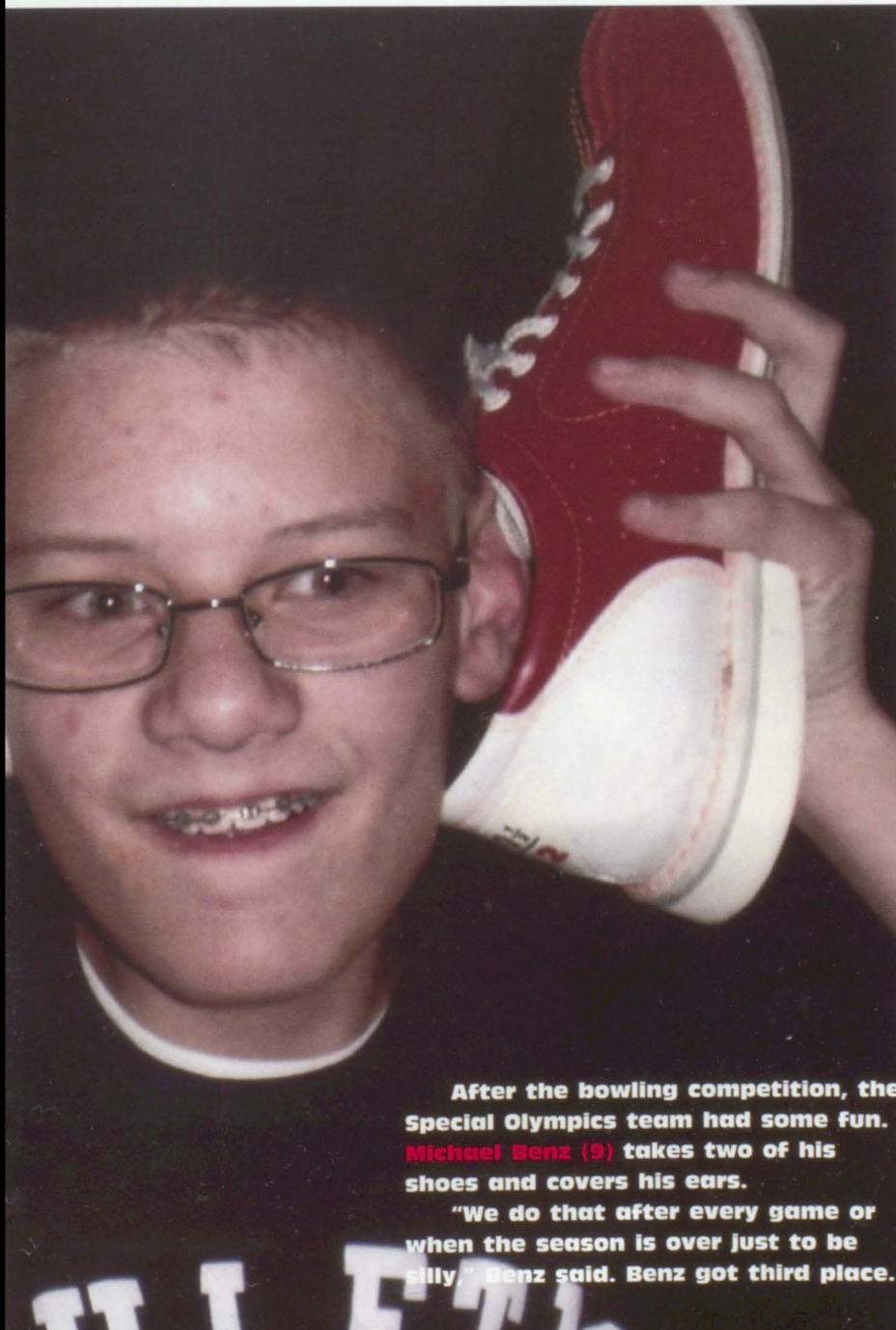
Making friends is never too late. Close friends **Taylor Williams (11)** and **Robert Adler (11)** pose for the camera. Williams won first place in his game. "My face was really outgoing and plus my face was so excited that I won."



**"Let me win, but if I can not win, let me be brave in the attempt." -Special Olympics oath**

11 athletes participated in districts on Oct. 20, 2011 at AMF Bowling. Five individuals, **Rob Adler (11)**, **Shiloh Corral (11)**, **Austin Lee (10)**, **Austin Meyers (9)**, and **Cameron Young (12)** qualified and went to state on Nov. 19.

"They did great; really good. I enjoyed it. They cheered each other on even if it's an individual one. Once they were done, they would run across to the others to support," said Nordaker.



After the bowling competition, the Special Olympics team had some fun. **Michael Benz (9)** takes two of his shoes and covers his ears.

"We do that after every game or when the season is over just to be silly," Benz said. Benz got third place.

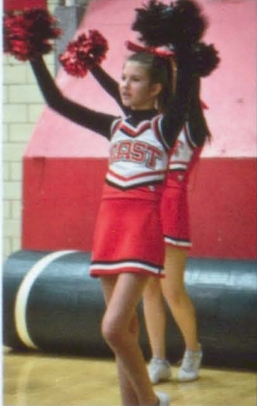


The Special Olympics athletes pose in a group picture at districts.





East's freshman cheer team pose for a funny picture at Iowa State University's cheer camp over late July.



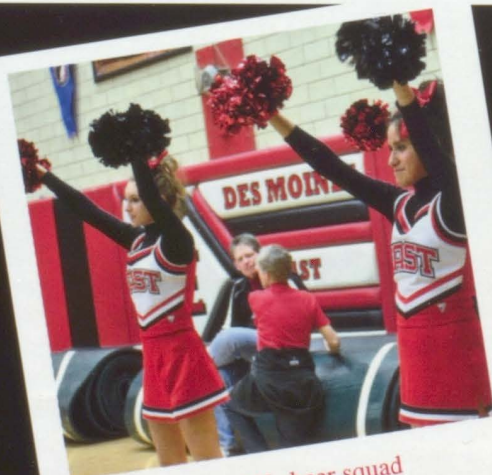
Kalyx Heuermann (9) cheers on the JV basketball boys. In the fall, Heuermann cheers for the freshman football team.



Many of the girls on the winter cheer squads are new to cheerleading. "We've taught them a lot, they are doing great with catching up," said Sophomore Wendy Morales.



East JV squad at Cheer Camp



East JV cheer squad



# Spirit fingers

Story/Layout by: Lauren Holmes

In the spotlight of the student body stands the always peppy spirit driven girls of East High. The ninth and JV cheer squads might not have the huge crowds like the Friday night varsity games, but confidence on these two teams is what drives them.

"The feeling of excitement and attention is such a thrilling experience at our first game," said Allison Ellis (9).

For some this year's football season and the ninth or JV basketball season was their first as a freshman. Without fears each game was a step up to new and bigger experiences.

"My girls are my little babies and mean everything to me; even though they are crazy and wild they always know how to make themselves inspirational," said JV coach Brittany Syvixay.

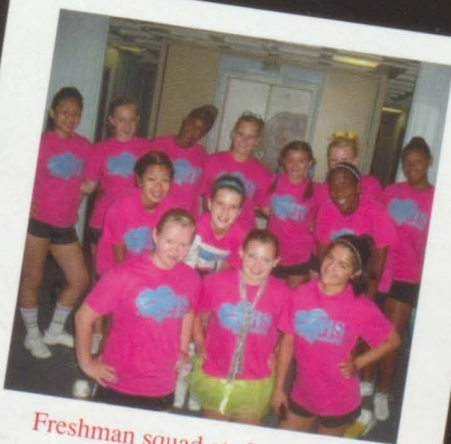
Coming into each season whether it is football, basketball, or wrestling the girls meet new people joining the team. Many new faces appeared in the winter sports season bigger and a more diverse team.

"Getting to know the different and unique people on my squad was a big perk to being a cheerleader; I wanted to know that I was a part of the school and part of showing school spirit," said Lauren Hamilton (9).

Cheer camp, held in late July for both teams was a big experience being in front of judges, new people and dealing with the overwhelming nerves.

"Camp was fun and challenging at the same time, we learned a lot and worked our butts off everyday, we left there feeling accomplished," said Angelica Freeman (9).

"Camp is a big bonding session, we get together with other cheer squads and have fun doing what we love; but my favorite part about camp was playing funny games like Little Sally Walker and Peel the Banana with new friends and my team," said Ashley Herrington (10).



Freshman squad at cheer camp

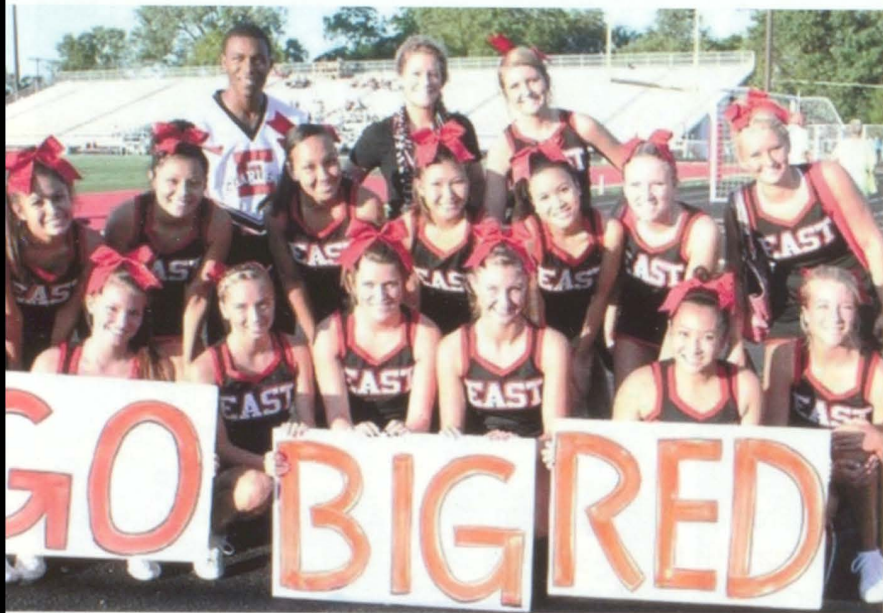


JV squad cheer camp stunting

## Stuntin' Is A Habit

"Stunting was a new thing to me and I was scared but now it's easy," said Freeman. East High cheerleaders are a lucky group, some high school cheer squads are ground bound. Which means they can't stunt.





# Go Big Red

Story/Layout by: Brooke Nokes

It's a cold Friday night at the Drake stadium; the varsity football team warms up for the game as the cheerleaders warm up their jumps and stunts.

"Cheerleading makes your spirit bright, and warm even when it's cold outside," said senior Dominique Stone.

Although many believe that cheerleading isn't a sport, others will disagree. Cheerleading takes just as much time and dedication as any other activity. It still requires physical activity, but in a different way.

"I live and breathe cheerleading, it's my life and passion. I plan to do big things in the future with cheer, especially being a college cheerleader at Iowa State University," said junior Lauren Holmes.

With the new season of football, the cheer season also came with many changes. There were two separate tryouts for the season, one for football and one for the winter season. In winter tryouts, girls hoping to make the squad, have the opportunity to cheer for boys/girls basketball or wrestling.

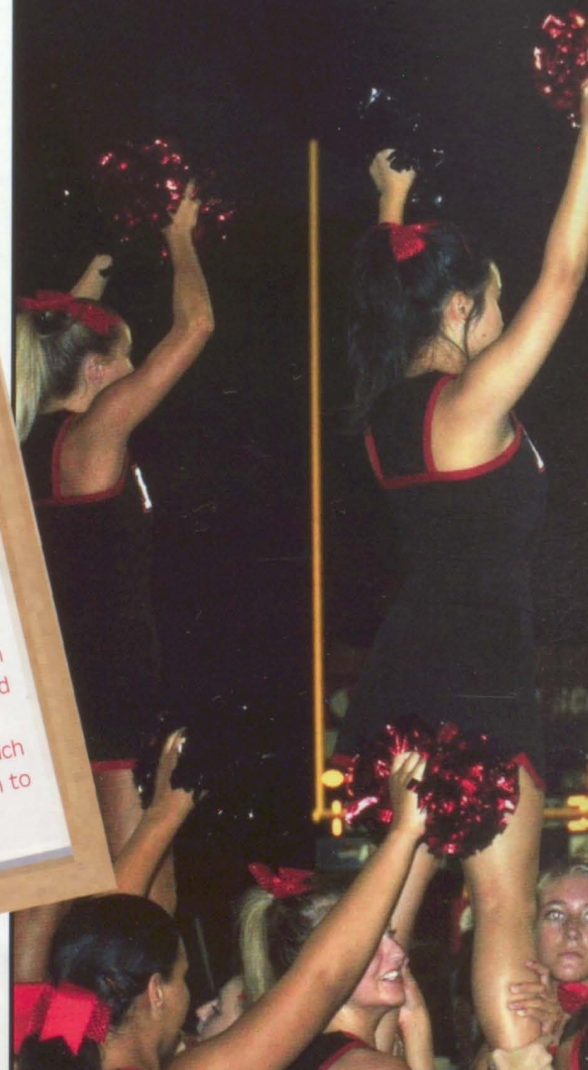
"I didn't get the chance to try out for football and I know a ton of girls that didn't even know about tryouts. Having separate tryouts gave me the chance to cheer for a winter team," said junior Kayla Foreman.

Another conflict with the season was deciding whether or not to do competition. With the stress of doing the homecoming dance in a short amount of time, the squad decided to perfect the homecoming dance and skip out on doing competition.

"I wish we could have done competition to show everybody how much our squad has grown, but the extra time we had from not doing it helped us perfect our homecoming dance," said senior Diana Inthaboune.

The head cheer coach, Lindsey Tomlinson, decided to only coach football season this year, and the winter cheer squads had a new addition to the team; a new winter coach, Brook Parsons.

The team flyers stand in solid preps while spiriting towards the football team for the kickoff.





## Go, Fight, Win!

Left: Side bases Sarah Bohmke (10) and Alexis Nguyen (11), help back base Merideth Layman (11) put flyer Kara Cipperly (11) into a stunt.



## Spirit in Our Hearts.

Left: The varsity squad posed for a picture on their last day of NCA cheer camp that takes place at Iowa State University. The team won a few awards, two for tumbling and motions.



## Cheer Them On.

Above: The cheer team and football players cheer for other sports during the homecoming assembly, as cheerleaders wait for their performance. Every year, the senior football players and senior cheerleaders do a dance together, getting pumped for the game.



## Strike a Pose.

Above: The football cheer team huddles together to take a team photo before a game against Lincoln. The Scarlets played Lincoln for the regional game.







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"I love track. It's a way for me to relieve all my stress. Whenever I need to get something off my shoulders, I go for a little run."

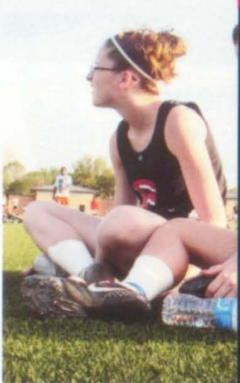
Paige Blair (12)



Albrea Winfrey (11)



O Ron Manson (12)



"Last year I decided I would try, though I'm clumsy, to run hurdles. I made it over. I loved the rush it gave me when I ran. I'm going to miss everyone when I graduate this year."

Hailey Boman (12)

”



**Brandon Long (12) puts his all into the last high jump of his final run. Although this is Long's first year in track, he succeeds to shave minutes of his time. "Track was a great way for me to get in shape for football season, I also learned that I really like the sport," said Long.**

## Bolt, Dash, Sprint

Bridgett Frazier (10) prepares for the run by taking time to prepares for the intense strain soon to be on her muscles. All East High runners take the time to stretch before their initial run.



Blake Cunningham (12)



# Endurance is key

Story by Courtney Custard and Layout by Riley Fisher

Coach Adam Jack stopped the timer in his hand. After an hour of practice, the exhaustion showed on the faces of the athletes, but not in their effort.

Jack looked at the shuttle hurdle team and said, "Congratulations boys, you just dropped your time to 15 seconds."

Seniors Blake Cunningham and Brandon Long, junior Abu Sama, and sophomore Rico Gafford breathed a sigh of relief as they finally accomplished their goal. Their new personal best.

Many boys on the track team showed their flying colors as they accomplished new personal bests and decreased their times.

Alum Connor Kouri qualified for the state meet in the 400 meter dash with a qualifying time of 50.3 seconds, while junior Craig Taylor qualified for the meet in the long jump with a leap of over 20 feet.

Another group that showed extreme talent was the 4x100 team who qualified for the Drake Relays in April 2010. This impressive relay was led by three returning athletes: juniors Sama and Taylor and sophomore Mark Fleming. Kouri was the fourth member of the team.

"The Drake Relays was different from any other track meet," said Taylor. "There were a lot of people and I was very nervous and jittery."

The season consisted of 12 meets. The team only had two seniors, Kouri and David Cordero, making this season a learning season for many of the young members on the team.

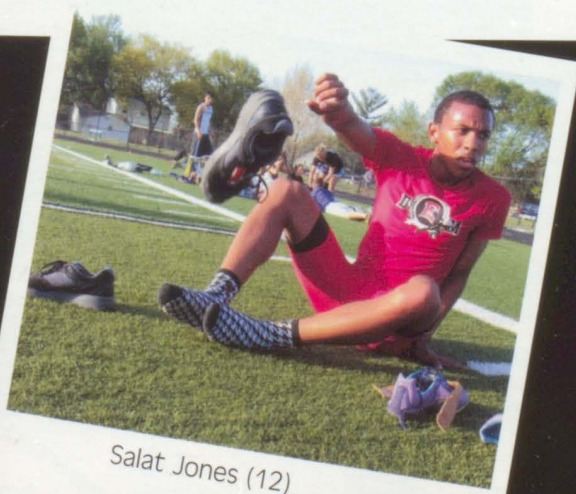
"The track team was very young this year, but a lack of effort was definitely not present in these boys," said Jack.

Others members of the team participated in the shot put. Seniors Justin Leuang and Kyle Thomson agreed that the task was not an easy one.

"This wasn't the best year for our shot put," said Leuang. "We struggled a lot, but I still liked participating in the event."

With all the young members on the team, the boys are already excited and preparing for next year.

"The practices are short, but intense," said Cunningham. "Track is hard, but it's fun and I think everyone should give it a try."



Salat Jones (12)



## Blot, Dash, Sprint

After an intense day of running Craig Taylor (11) takes a time to relax and stretch out his muscles. The most important part of any sport is stretching muscles, giving the runner a smaller chance of injury.



## 1,2,3 say cheese!

Right: The winter guard team made sure to make it an occasion to remember by dressing up for their team picture. Back row left: **Hoskins Casey (10)**, **Jonnie Bishop (10)**, **Brittany Jones (10)**, and **Alyssa Bishop (9)**. Middle row left: **Heather Odom (9)** and **Cassidy Rhoades (9)**. Front left: **Chelsea Gallagher (10)**, **Kristel Hill (12)**, and **Samantha Glick (10)**. Not pictured **Destiny Rattray (10)**.



## Building Bonds

Story/Layout by: *Diana Fabian*

It's the end of fall and winter's just around the corner, for many students this means more time to relax. However, for those in winter guard it means the reinforcement and improvement to develop the skills acquired in color guard.

"Winter guard helps them reinforce and continue to develop their skills during the winter. Winter guard allows them the opportunity to get apart from band," head coach Michelle Eggleston said.

This season was coached by Michelle Eggleston along with new assistant coach, Sidney Williams. The team was determined and focused, finishing the season with a division one rating during the state competition.

"I was really proud to get a division award at state because we had six new people on the team. It requires a lot of hard work and dedication so it's a challenge, but you get to work with the team so it's a lot of fun," sophomore Samantha Glick said.

This year brought several changes from the previous season. Along with a new assistant coach there were six new members to the team, including many underclassmen. Helping others and showing cooperation amongst each other proved to be a challenge at first, but the team was able to put differences aside and prevail.

"It started out to be a challenging season because we had our difficulties, but we were able to set our difficulties aside and make the best of every situation," freshman Alyssa Bishop said.

Despite having only freshmen and sophomores with the exception of one senior on the team, the players put in all their time and effort to do their best this season.

"At first I hated it because usually you have upperclassmen as captains, but for winter guard we had sophomores as captains. I was the oldest but all the captains were sophomores; it was as if my opinion didn't matter. It was a new experience but it turned out to be fun and exciting," senior Kristel Hill said.

The season was full of hard work, learning, cooperation, having fun, and gaining confidence. This along with focus and personal responsibility were required to memorize the choreography and the beat and tempo of the music.

"I'm really proud of the team because I think we've gone a really long way since the beginning. It was challenging teaching all the new people because good hand and eye coordination are needed for winter guard. It turned out to be a really fun and crazy experience. Now it feels like if we're all one big family because we all bond together and do something we enjoy doing," sophomore Chelsea Gallagher said.





Student: Heather Odom

Grade: Freshman



**The winter guard team puts in all their strength, dedication, and effort as they perform during their state competition in November.**



## Q & A

winter guard

91

Q: Why did you join winter guard?

A: I joined because it has been like a family tradition. I thought it was cool when they did it and I want to do it too.

Q: What is it like to be a freshman on the team?

A: It's hard because people expect you to learn the drills and get the hang of things fast, while perfecting your skills at the same time.

Q: If you could change one thing in winter guard what would it be? Why?

A: Having constant changes to the drills and routine. Sometimes they change the drills 20 minutes before the competition.

Q: What's the most challenging thing about winter guard?

A: Having to remember everything and being constantly nervous.

Q: What do you enjoy most about winter guard?

A: Being a part of something that requires teamwork.

### \*\* Athlete Profile \*\*

This year was sophomore's Chelsea Gallagher's (pictured left and below) first year as team captain. I'm really proud of my team. It's been fun teaching them and I've gotten to know each girl better," said Gallagher.

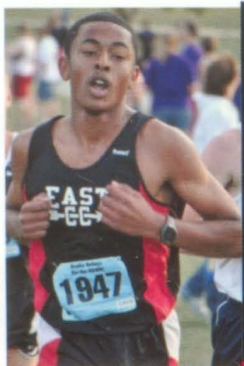


### Commitment.

Many of the winter guard players show their dedication and devotion like senior Kristel Hill (left), by putting in time and effort to perfect and practice their skills.







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Before every race I always have to go to the bathroom. Even if I didn't eat anything.”

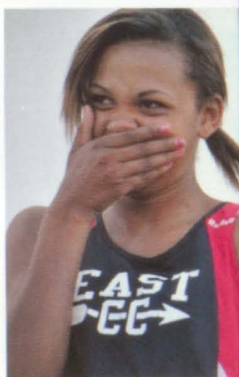
Cameron Devan (11)



Coaches Luke Bolander and Mel Green Sr.



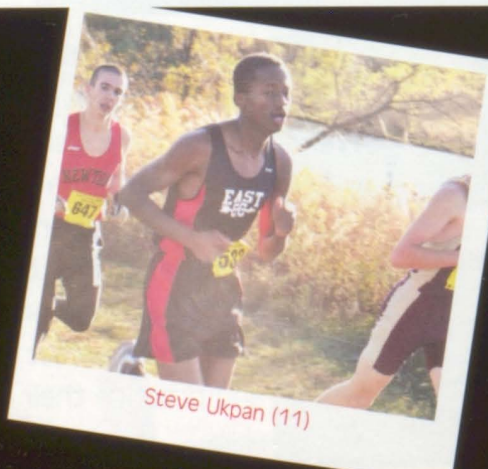
Houa Vang (11), Anastacia Brown (9), Roichelle Marble (10), Kaitlyn Vance (9) and Meredith Layman (11)



“I like our team. We are really close and always have fun together. The only person who gets made fun of is Mikey (Thomas) and he doesn't even care.”

Anastacia Brown (9)

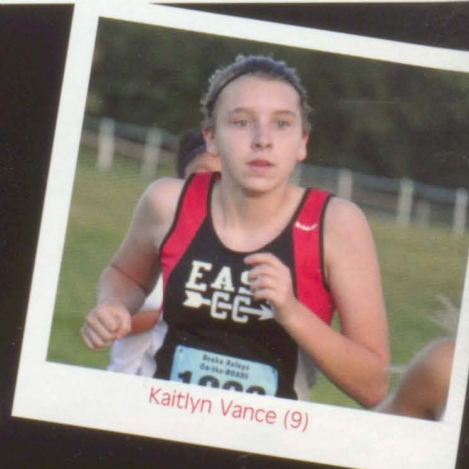
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Steve Ukpan (11)



Zachary Gronewold (12)



Kaitlyn Vance (9)



# Go the distance

Story/layout by: Hannah Bailey

While most East High students were snoozing this past summer, the cross country team was building their endurance. Every morning this summer, Monday through Friday, the team pulled themselves out of bed to be at practice at 7 a.m., to go run an average of 34 miles a week.

This fall, the cross country team showed a great deal of improvement. The season started off well, with everyone trying their absolute hardest. Each meet consisted of each runner trying to beat their personal times.

"The real satisfaction comes as I am enjoying watching these individuals grow and mature into fine young adults," said seventh year coach, **Mel Green Sr.**

The team consisted of 20 athletes, both new and old. **Freshman Brittany Gronewold** was one of ten newcomers.

"I was really nervous about joining cross country. I thought I would be the only freshman. I even asked my brother to join with me," said Gronewold.

This year the team grew very close.

"I really enjoyed getting to know everyone. We became a family. We were closer this year than we were last year," said **senior Michael Thomas**.

Joining this family was new girls' coach **Luke Bolander**.

"I was really excited when I found out I had the opportunity to coach," said Bolander. "Coaching is what I want to do, especially here at East."

Bolander was a part of the graduating class of 2005 and ran on the track team for three years.

"Having Luke as our coach was a lot of fun. He added a positive energy to the team. He was almost like a big brother to us all," said **junior co-captain, Houa Vang**.

Overall, the cross country runners improved endurance, times, miles per week, and worked incredibly hard.

"Cross country is a sport that takes a lot of dedication and practice. It is a lot of fun," said **junior co-captain Grant Jones**.



Running for his best time, **Salat Jones (12)** strides to do his best in the Valley Invitational. Jones finished 5th in conference. Jones' best time this season was a 16:38.

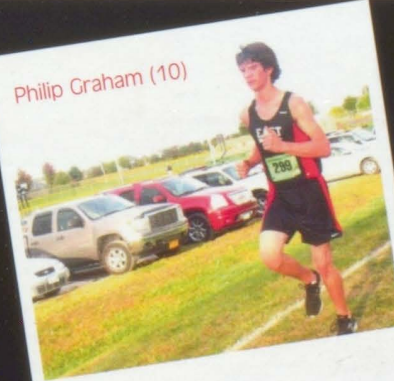
Hunter Hall and Ricardo Lewis (11)



Roichelle Marble (10)



Philip Graham (10)







## Line-up.

Above: The sophomores line up to face Roosevelt. They won the game 23-22. It was the only win of their season..



## Celebrate.

Teammates congratulate Junior Kahn (10) on his touch down. The game came down to the final minute.



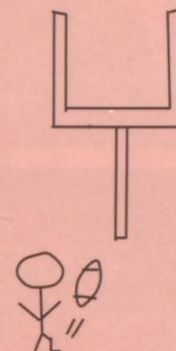


Throwing the ball to his teammate, **Jaylin James (9)** makes a pass. James made many plays during the team's game against Lincoln on **October 21st.**



## Rush.

Below: Freshmen players give it their all during their game against Hoover on October 6th. Hoover won the game 30-7.



# Striving to succeed

Story/layout by: *Melina Craig*

A crowd sits on the bleachers watching the action on the field. The chilly Thursday evening has them bundled up in their jackets. They keep their eyes on the players dressed in red and black. The crowd may be small, but they are there to support the East freshman and sophomore football players.

This year both teams played some good games. The freshmen team won two games total out of the season. The first was against Marshalltown and the second against North. When they played Roosevelt they lost by three points after going into overtime, making it a very close game. "It took a lot of practice and turning our failure into success," freshman player Moussa Kuyateh said, "which lead to those big plays and a victory."

The sophomores managed to win their game against Roosevelt by one point. The win was the first and only out of the season. "This year's team wasn't the best," said sophomore Matthew Bruce, "but they had heart and always fought the whole way through."

Even though the teams managed to keep their spirits up. Some even had words of advice to share. "You shouldn't give up on something you love," said Anastassia Duff, the only girl on the sophomore team, "East accepted me on the team, even though I'm a girl, it shouldn't matter as long as you're doing something you love."

Another person who had advice to give his players is Clinton Gadbury, the freshman coach. His words not are not only for the ninth grade players, but for many athletes who face similar situations. "When an athlete continues to support their teammates the best they can, work hard every day and finally are able to contribute to the team in game situations is what I as a coach am most proud of," Coach Gadbury said, "Working through adversity and never giving up develops character and a strong work ethic for the rest of that person's life."

## Run.

Sprinting down the field, **Moussa Kuyetah (9)** holds onto the ball. Kuyetah made many plays during their game against Lincoln.





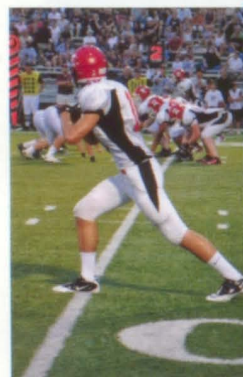


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"Bouncing back from our four losses wasn't easy. But our seniors stepped up and told us to go hard."

Abu Sama (11)

Kyler Krogman (11)



"My favorite game has to be our win against Ottumwa. They thought they were going to come down here and smack us."

Brandon Long (12)

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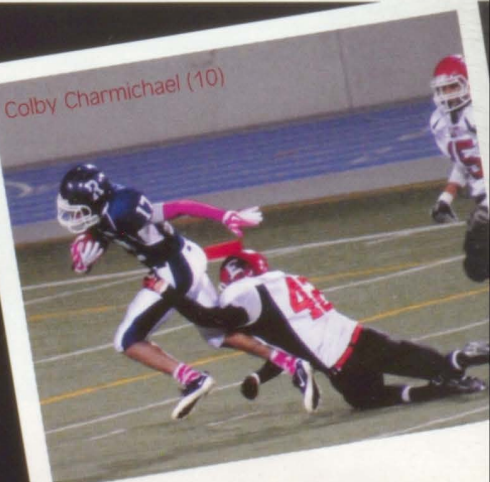
After a long run on the defensive line senior Kyle Thomson squats down to get a hard earned drink. The defensive line held the Ottumwa offense to only 3 points on a field goal. "D-end is a hard position to play because you have to read the pass or run plays and find a way to stop it," said Thomson.

## Ready, set, hike.

"Lets go O," said senior Justin Nichols. The fans get excited as the quarterback comes up behind the center preparing to score a touchdown. "The excitement of the game is the best part," said Nichols.



Colby Charmichael (10)





# Determination

Story/Layout by: Brooke Nokes and Riley Fisher

It's the middle of September and the East High varsity football team is out on the field practicing despite their 0-4 record.

"It was really difficult practicing after losing four games. Knowing you're a losing team makes it tougher, but we worked through it. I had work after every game, so I had to see our losses in the newspaper. It felt horrible," said **junior Davontae Buckner**.

Coming back from four losses, the team had a four game win streak climbing to a 4-4 record.

After showing hard work and leadership, the seniors on the team helped keep the team motivated throughout the season.

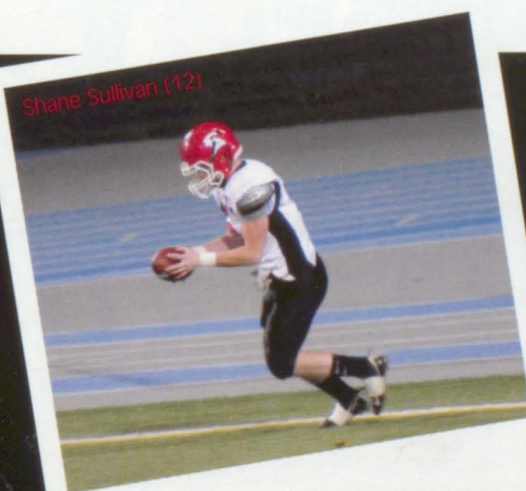
"This years seniors will be difficult to replace due to their hard work ethic. These seniors showed up to every weight lifting session and continued to succeed in academics as well," said head coach Greg Schoon.

The majority of the team had one objective set for the season, with most reaching for the same goal.

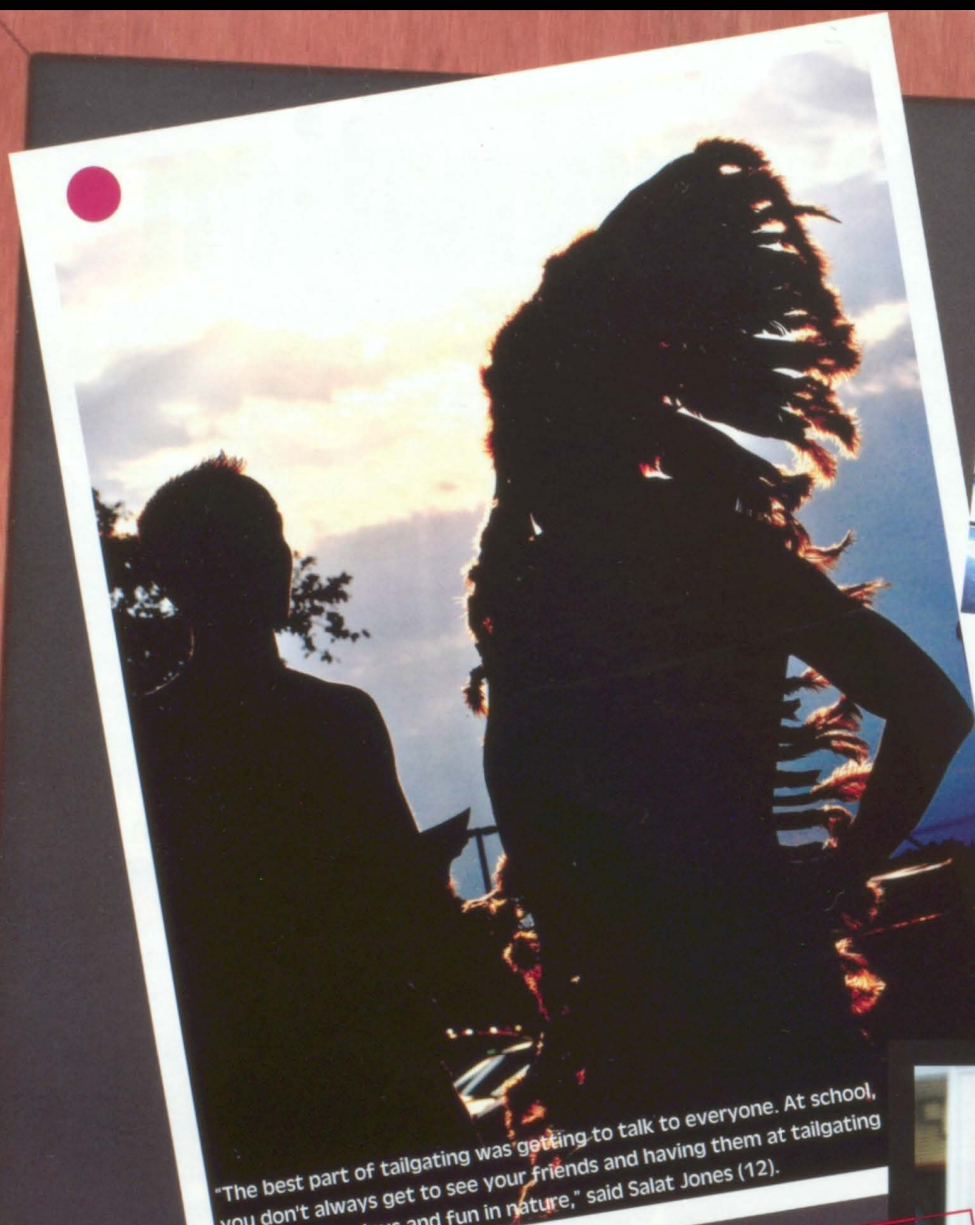
"Our biggest accomplishment is being undefeated in the conference," said **senior Aaron Coyle**.

Although they reached their goal, one moment especially stood out to the team: beating Ottumwa in the homecoming game. East lost to Ottumwa the previous year with a score of 27-7. They redeemed themselves this year with a 10-3 victory.

"My favorite moment of the season is the homecoming game because Ottumwa beat us before, and they talked a lot of crap about how they were going to beat us again," said **junior Cameron Slothouber**. "It was especially memorable because they had 'the best running back in the state', Ben Kramer, but we shut him down."







"The best part of tailgating was getting to talk to everyone. At school, you don't always get to see your friends and having them at tailgating made it gregarious and fun in nature," said Salat Jones (12).



Tailgating has been a tradition at East for as long as anyone can remember. Students show their pride by grilling, body-painting, dressing in red and black, and cheering on EHS football!

# Tailgating

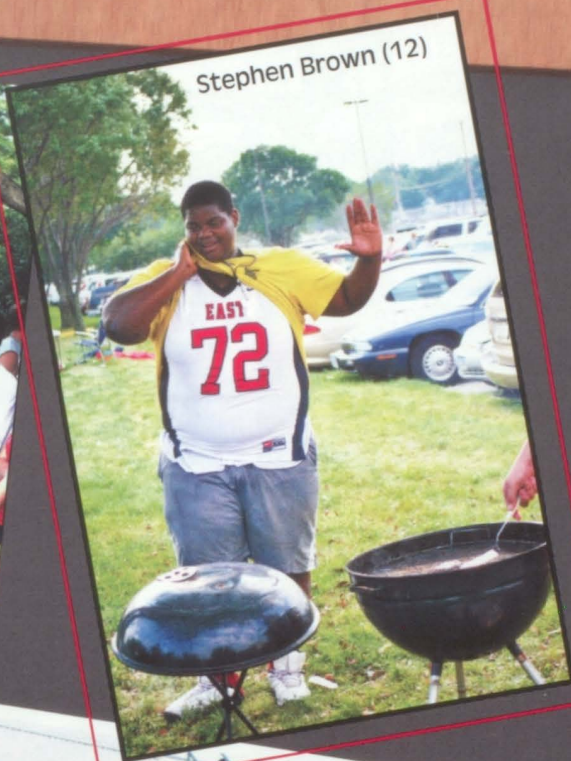


Esmeralda Maria-Mendoza (12), Emily Weihs (12), Gillian Randall (12), Melissa Craig (12)

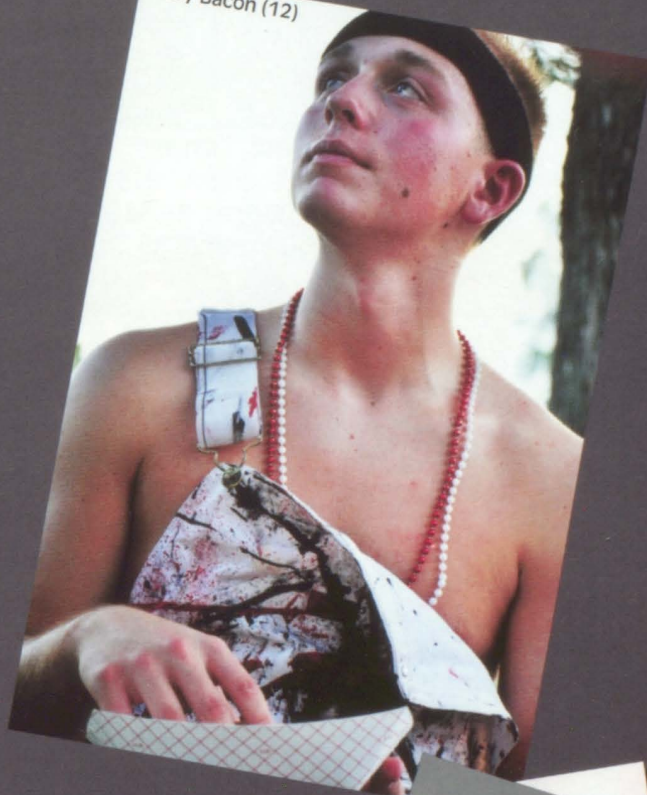




Stephen Brown (12)



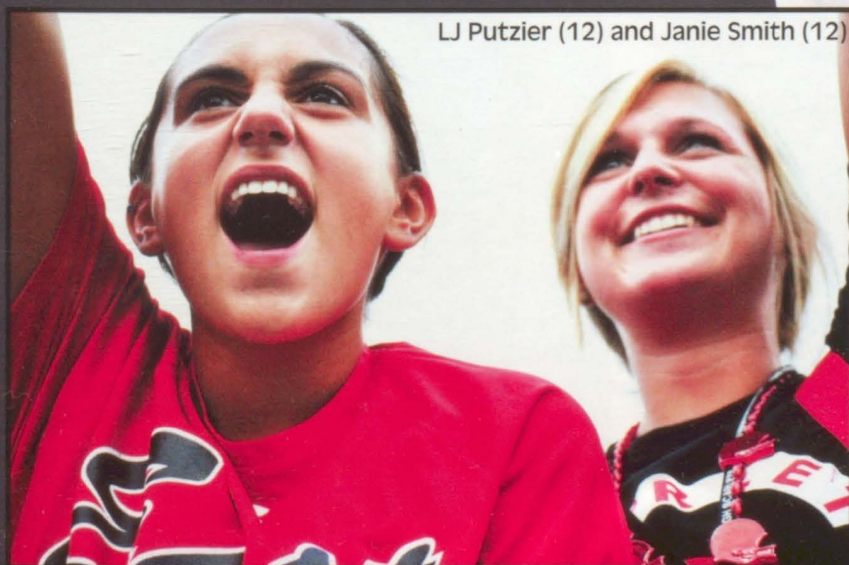
Riley Bacon (12)



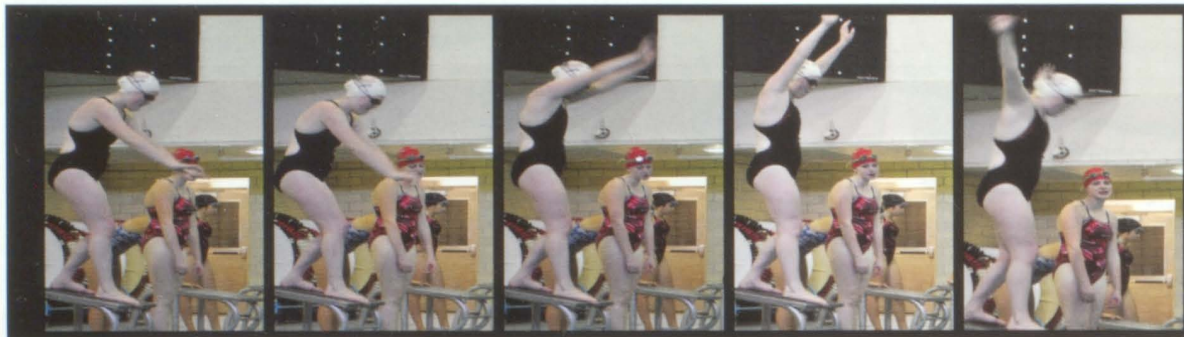
## Tailgating Must-Haves

- grills
- FOOD!
- Couch(es)
- music
- Body paint
- SCARIET PRIDE!

LJ Putzier (12) and Janie Smith (12)







### Profile:

Name: Abbey Mendenhall  
Grade: Junior  
Age: 16  
Events: Breast and Free

### Best Times:

100 Breast: 1:13.51  
100 Free: 59.34  
50 Free: 25.86

**History:** On the top five board for the 100 breast, 100 free and 200 medley relay



### Breathe and glide.

Hard work and determination sets a good mind for a swimmer. Kristina Smith (9) works out during practice giving all she's got. "Work hard in practice if you want to get faster. You got to work hard," Smith said.

# Swimmers on your mark

Story/Layout by: Hona Vang

Beeeeep! A light flashes. Deep breaths are taken. Hollering and roaring spectators look on. As splashing begins, arms appear from the water. Strong kicks propel bodies forward. East High swimmers are on the chase to win a race.

This year the girls' swim team was unique. Many inexperienced swimmers joined this year; this helped rebuild a young team with 10 new members. One who improved her diving was **freshman Hailey Olmstead**.

"It was hard to dive at first. **Lily VanGundy** (one of the senior captains) would help me. Now, it's easier," Olmstead said.

Another new swimmer was **junior Caroline Kasper**, a foreign exchange student from Germany. Kasper said she is having fun with the swimming team.

"I like it. The team is so cool. They're like a family," said Kasper. Making improvements, working hard, showing up to practice, and having fun makes a swimmer successful. Another is setting school records.

"We improved a ton. I would still like to get some new school records," head coach **Erin Lowe** said in a mid-season interview.

The team finished in fifth place in the CIML on Oct. 20 and resulted in an eighth place finish at Regionals on October 29. The team had a 92 percent drop time. Two swimmers broke the records this year. **Junior Abbey Mendenhall** placed top five in the 100 freestyle and **junior Hannah Bailey** broke the school record in individual medley with a record of 2:25.63.

"I was so excited that I broke the record. It was a huge satisfaction because I've been working for this since last year," Bailey said.

A goal all swimmers have is beating their personal record (PR).

"It is a bit of a challenge to beat my time. It's a mental and physical issue. 'I have to beat my time.' You got to have that mind set," **sophomore Alexis Hackett** said.

Family is a big part of swimming. Girls' swimmers are known for being an encouraging family, both by other schools and at East.

"I am very proud of their sportsmanship, encouragement of teammates and other teams we swim with; we've been told that they love to swim against us because we're the nicest group," assistant coach **Eric Galvin** said.

Four seniors will be leaving the team and will be missed next year. "I definitely improved. I couldn't swim a 50 lap but now I swim a 500," said VanGundy. "All the girls are all really hard workers and are capable of doing great things."

The team will always remember making jokes, long practices, hanging out in the locker rooms, and having their PRs. The swimmers will continue to lead as a team and compete next year.

"We need to take it one day at a time," Lowe said. "Continue getting better and faster. We'll be a phenomenal team."







### Set and prepare.

On the verge of jumping off the block, **Alexis Morris (9)** prepares for the 200m free relay. "I felt very pumped up before the race and I was amazed with my results and my team!" said Morris.



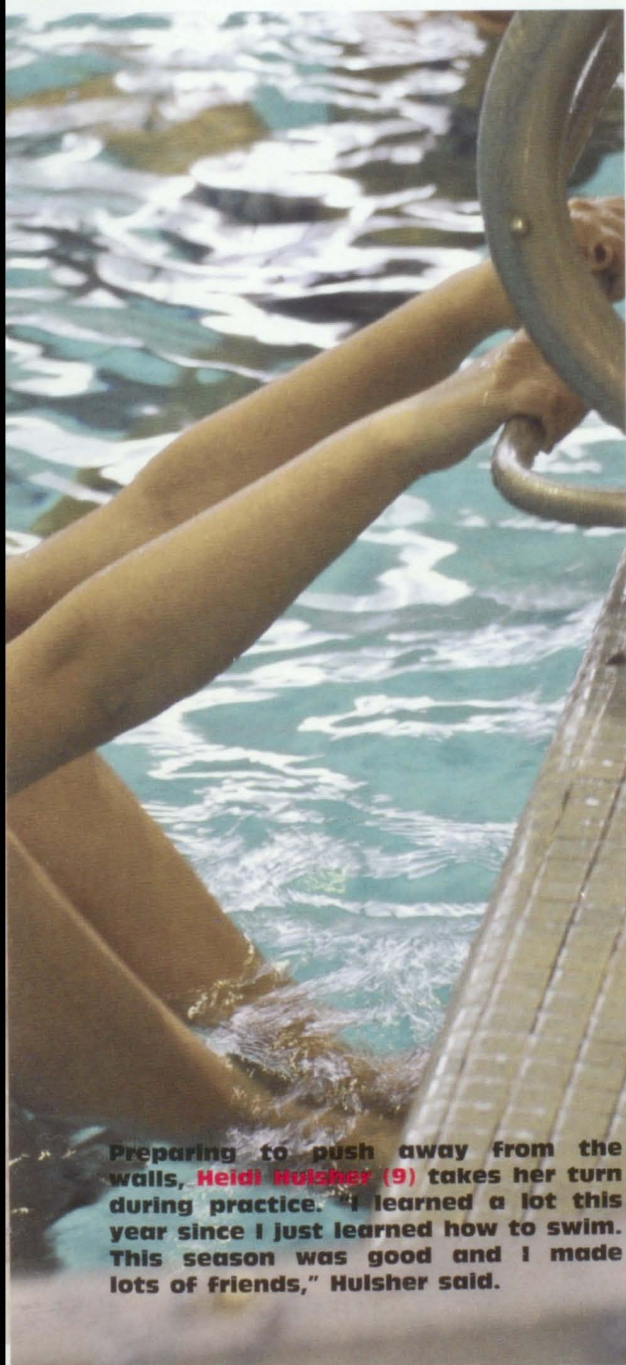
### East High pride.

Ready and pumped up, the girls cheer for their teammates at Perry. "I feel that everyone tried their hardest and [performed] their personal best," **Brianna Proctor (11)** said. "It feels great knowing that their hard work and our cheering helped them do their best."



girl's swimming

101



Preparing to push away from the walls, **Heidi Hulsher (9)** takes her turn during practice. "I learned a lot this year since I just learned how to swim. This season was good and I made lots of friends," Hulsher said.



### Got game.

Timer has beeped, **Millie McKeever (11)** swims the 100m back at regionals. "I was nervous and excited. I dropped two seconds," McKeever said. If McKeever dropped one more second, she would have made the board for top five.



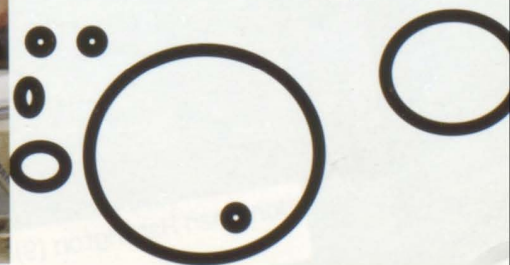
### Take a breath.

Breathing in and out of the water, **Lily VanGundy (12)** practices for her 20 minute warm-up. "Well first of all, it gets the body used to the freezing cold. It also helps stretch out your muscles and gets you ready to swim," said VanGundy.



### Compete and accomplish.

Getting ready at the starting blocks, **Melissa Godoy (12)** prepares for her 200m free relay. "I was proud of myself and the team, but I was also sad my season was over," Godoy said. "I have improved a significant amount since the beginning of the season; I made a choice to swim faster and I became faster."



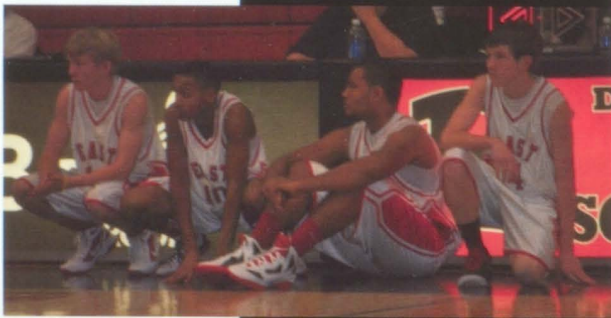




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We have great speed and shooters which really carry our team.

Tyler Vail (10)



We have improved a lot throughout the year it started by executing the plays.

Jason Jeffries (9)

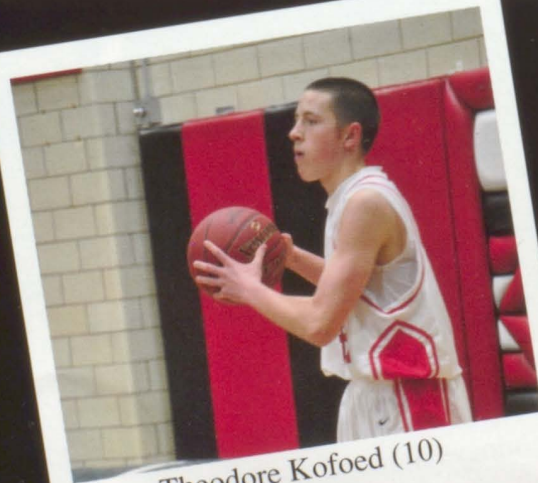
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**At the start of the game Mattingly Stone (10) prepares for the tipoff against North. Stone goes up for tipoff for every game.**



Jonathan Harrington (9)



Theodore Kofoed (10)



# Young Talent

Story/Layout by: Dillon Hernandez

It's 8 o'clock and you're running out in front of the bleachers for screaming fans. It's the first game of the season. You've been practicing for this moment for weeks now and it is the time you show everyone what you've got.

"In the first game, I was nervous but I scored my first points and that was very exciting," said freshman Jason Jeffries.

The first game is one of the most adrenaline pumping games of the season. It is also very important because it sets the tone for what the rest of the season will be like.

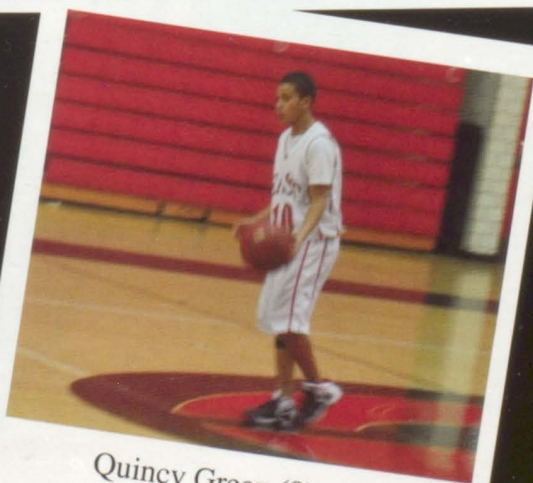
For the sophomore team there has been some nail bitters and they have been both on the losing and winning ends.

"The most exciting moment was when Matt hit the game winning free throw against Fort Dodge with a couple seconds left," said sophomore Tyler Vail.

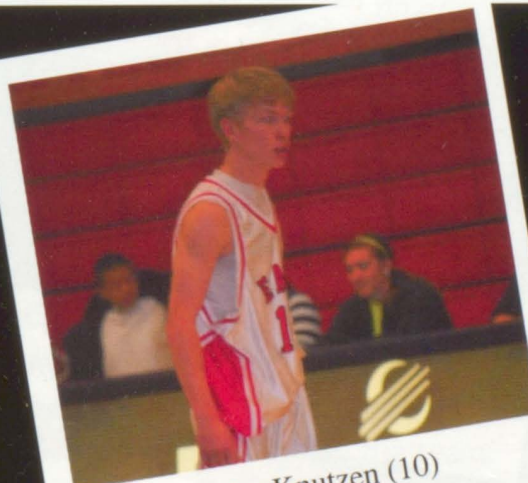
Exciting moments are apart of the game and are what keep the fans coming back for more. It keeps them on the edge of their seat, yelling, and cheering.

"Close games help them build character and they learn a lot from it, like how to finish a game," said sophomore head coach Carlos James. James has been a coach here for four years and is also varsity assistant coach.

The point of your freshman and sophomore years is for you to prepare yourself for varsity and be the best you can be. The coaches try to get you ready to play at varsity, and prepare you for the future.



Quincy Green (9)



Skyler Knutzen (10)





# Shooting for the Stars

Story/Layout by: Lauren Holmes

Before the game buzzer sings, the East Varsity Boys Basketball team is doing warm up drills and getting in the game time mind set. The crowd is dressed in Scarlet Pride game day attire, anticipating the starting tip off at 7:45.

Last minute motivation speeches from Coach Jamel Crawford and team captains Travis Cavan, Brandon Long, and Zakk Dunn ready the team for the night's game. The team gets into position on the court, the buzzer sounds for the tip off, and the clock starts the game count down.

"I feel good when I'm on the court playing basketball. I want to win," said Bedipeny Wom (11).

Inspirations drive them to play the sport of basketball, from famous NBA players, to family or best friends, this team pushes to be their best. The majority of the team has played basketball since they were sixth graders at their middle school.

"Kobe is my basketball inspiration because he is just the man, he has five rings," said Ivan Nery (12).

There have always been things to work on over the years for the boy's varsity team, the team works on achieving their individual goals.

"The hardest thing we all struggle with is we play too hard on defense and get tired, and give up too easily when we are behind," said Le'Andre Glover (11).

At the end of the game the boys celebrate good team work even when they lose, the team sees each game as a stepping stone to glory, they never give up.





## Jumpin' to new heights.

*Far Left:* Setting up for a three point shot, Malique Ziegler (10) hits it with ease. Ziegler is the team's starting guard. *Middle:* The team the starting tip off against the Hoover Huskies. *Right:* Defending the ball as he drives against a Huskie opponent is Brandon Long (12). Long is looking for a quick two or a pass.



**Being pressured by North High School opponents, Travis Cavan (12) dribble drives the lane to set up a shot. Cavan is a team captain and has played for East for three seasons.**



## Built Scarlet tough.

The East boys play tough defense as North opponents swing the ball around the horn. It is key to play help side and communicate with your team.



## Layin' it in for two.

Bedipeny Wom (11) goes soaring in the air for a lay up against a Polar Bear opponent. This is Wom's second year playing on the team.





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I'm going to miss seeing everyone laughing and having fun during practices because that's what a team and dancing is all about. It's about working hard but having fun in the process.

Caitlynn Bruscher (12).



I was at state in the middle of our jazz dance when my leg buckled underneath me. It was a nightmare. I was unable to finish the season, but steppers is a huge part of my life, so I still went to all the practices and performances to support them. I can't wait to continue next year.

Darian Delaney (11).

”



**The Steppers team showed 100 percent dedication and determination as they strove to have fun and perfect their moves by practicing five hours each week at Grand View, East High's hallways or gym.**

## Ready to get it pumpin'.

The steppers made sure they put some rhythm into the winter assembly as they busted out their dance moves.



The steppers were all smiles for a group picture.





# Dancing to the rhythm

Story by: Marisol Hernandez & Layout by: Diana Fabian

When you hear a good song that you like, it makes you just want to get up and dance. When the East Steppers step out on the floor and dance in front of a huge crowd of students during an assembly, they're having fun. The Steppers dance at all of the assemblies and they compete multiple times throughout the year.

How do the Steppers come up with their creative dance moves and themes? Dance captain, **senior Alexis Cummings** comes up with most of the dances.

"I like being the head captain, its fun to come up with most of the moves. Throughout the year I ask some of the girls to help with the choreography," said Cummings.

Steppers don't only dance at the school assemblies; they compete at other places too.

"Every year we compete at state at Wells Fargo, and Regionals at S.E.P. This year we're competing at another competition at Adventureland," said **junior Lindsay Helm**.

This year they landed in third place at the State Competition- Novelty, the Regional Competition-jazz in first place, and a superior 1 Choreography award.

The Steppers aren't like cheerleaders. Cheerleaders cheer and chant during their dance while Steppers dance, and have themes with their dances. Just like the cheerleaders, Steppers dance at all school assemblies.

Steppers practice after school on Tuesdays; they practice out in the hallway once basketball season starts, and the team needs the gym.

"On Wednesday we practice after school at Grand View's fitness room," said **sophomore Rachel Eckardt**.

The girls are like one big dancing family. They like to go out and have fun together, but like any other family; they need time away from each other too.

"Last year we had six seniors graduate, so we took on a lot of new girls. That is the most seniors we have had in a long time," said **coach Christi McWilliams**.

Some of the girls have been dancing all their lives, and others have just started to dance.

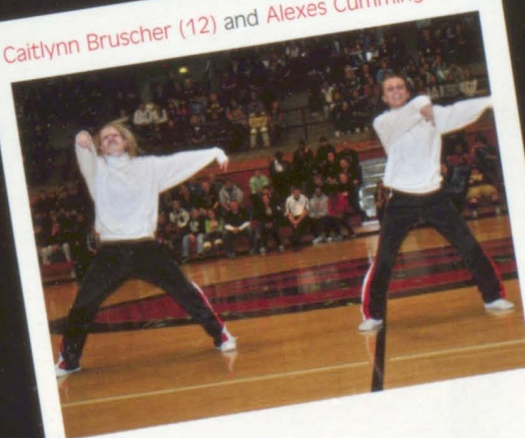
"What I loved about this year is the new talent we brought. I also love the Spunky personalities some of these new girls have, it makes practice fun," said McWilliams.

## Forming team bonds.

Being part of the steppers means more than just dancing. It's all about working as a team and bonding like the steppers did in July during dance camp.



Caitlynn Bruscher (12) and Alexes Cummings (12).

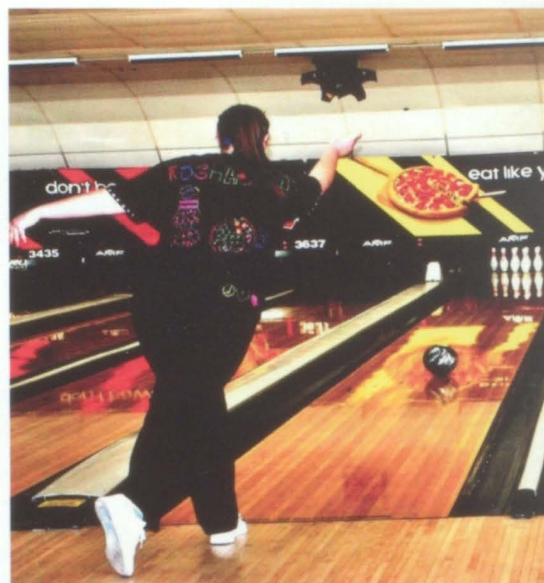






## Fun and games

(Above-left): Having fun before practice, seniors John Sprat and Austin Robertson play pool before practice. (Above-right): Following through after her throw, junior Kerri Kochheiser anxiously awaits for the pins to fall.



# Head pins and turkeys

Story by Houa Vang. Layout by: Hannah Bailey

In the baseball field, umpires say: "Three strikes and you're out." But to the bowlers, three strikes and you're a hit.

Bowlers use these main things: a ball with three holes, ten pins, and a wicked arm to throw.

"It takes a lot of work. Your arm gets really sore," junior Kyrie German said.

People go bowling just for fun but here at East, bowling is a sport.

"It's competitive. Anything can be competitive," junior Tobias Tyler said.

It may seem that all the bowlers do is just throw the ball. But it's more than that. It takes technique, time, hard work and strategy.

"I would like to see how your arm feels after throwing a 15-pound ball 100 times," senior Benjamin Bolten said.

Before the meets start, bowlers have their own way of preparing.

"I put powder on my hands; it keeps my hand dry to get better grip on the ball," Bolten said.

Some bowlers have their own way of competing and their own use of technique.

"I take my time. [When playing] I bend my pinky; I am the only one who does it," German said.

Learning and adjusting to new techniques help bowlers perform better.

"Good balance and fluid arm swing. Have a nice follow through. That is what I try to focus on," Tyler said.

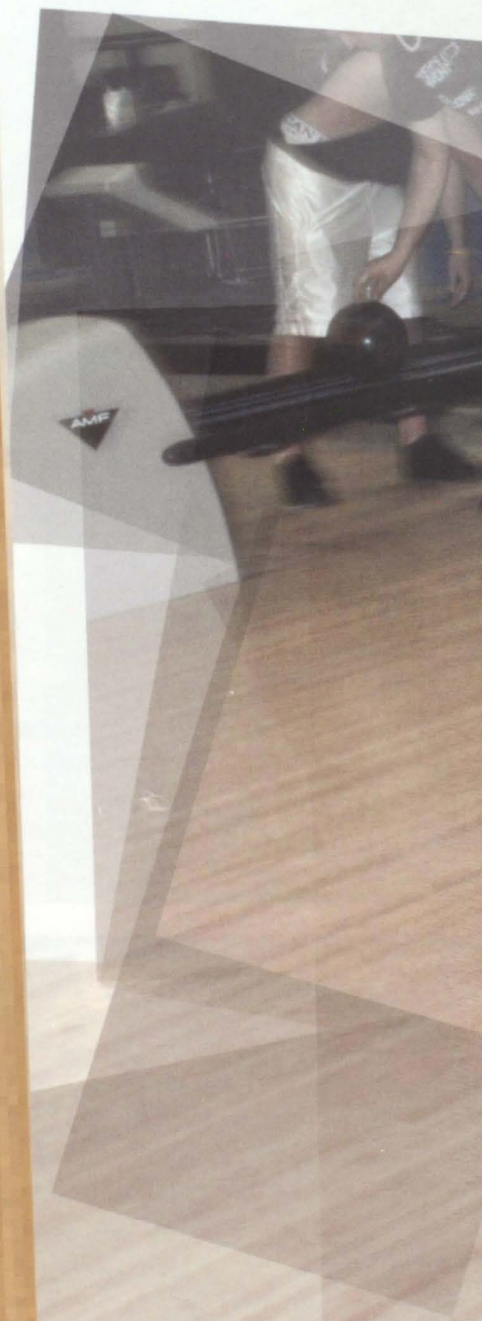
Practicing twice a week, repeating throw after throw, and most of all, having fun is the successful way of a bowler.

"Have fun with it. Don't worry too much about winning," junior Kerri Kochheiser said.

With the season finished, next year bowlers intend to improve.

"I am most proud of the girls this season," Coach Doug Davis said. "They were brand new and every one of them improved their average from the beginning of the season."

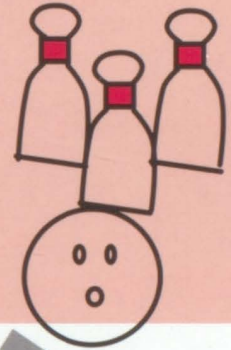
"We had a really good season this year. We hope to do the same thing next year," Tyler said.





**Supportive teammates**

(Left): Working on his follow through technique, senior Cephus Wright, perfects his throw. (Right): Being congratulated for a job well done, senior Kyrie German, high fives her teammates.



Practicing his bowling technique at practice, John Sprat (12) aims for a strike. Sprat's best score this season was a 286.



Sports: Swimming, Cross  
Country, and Track

*Grant Jones (11)*

Freshman Year: 09-10

Age: 17

"I liked being on varsity teams as a freshman because I learned a lot from the upperclassmen. I started all three of those sports freshman year and was on varsity from the start."



Sport: Basketball

*Shareece Burrell (10)*

Freshman Year: 10-11

Age: 15

"Playing varsity was kind of intimidating at first because I thought they were going to bully me, but by the end of the season it was fun. My favorite part was winning the state championship and getting a championship ring. The best part was being like a family. No one could replace the people on that team and it will never be the same."

Sports: Basketball  
and Baseball

*Malique Ziegler (10)*

Freshman Year: 10-11

Age: 15

"Playing with older players was a little intimidating at first but it got better and it helped to learn the game from more experienced players."



Sports: Basketball and Soccer

*Tal Neilly (10)*

Freshman Year: 10-11

Age: 15

"I think I had a better experience playing with varsity, it was challenging and intimidating because you know other players have more experience in the beginning but it helped me get better."



# Moving Up

Story/Layout by Taylor Dunn

As freshman athletes, students always have the opportunity to try out for their varsity squads, but only very talented athletes actually get the chance to be a part of the team. These are just some of the students who got this chance.

## Sport: Cross Country

"Cross Country takes a lot of training, especially when you are younger and trying to keep up with better runners. But because you are trying to prove yourself you improve a lot more."

*Kaitlin Vance (9)*  
Freshman Year: 11-12  
Age: 14



## Sport: Baseball

"I liked playing varsity because of the higher competition level and because you learned a lot from the older players. At the beginning of the season it was a little intimidating but after I got to know the players it was fun."

*Conner Enecks (9)*  
Freshman Year: 11-12  
Age: 14



## Sport: Wrestling

"It felt really cool to be on the top squad. It was cool because I was the youngest on the team but I was still one of the best. It's also nice because you're thinking if I'm this good now, I can only get better."

*Matthew Schmitt (11)*  
Freshman Year: 09-10  
Age: 17







East celebrates a goal against rival Ottumwa. The Scarlets went on to score four more in the match.



Sophomore Da Char Lin

# Playing to win

Story/Layout by: Haley Larson

Senior Jose Contreras walks onto the field after the National Anthem with a lot of personal pressure on his shoulders. He knows that he has two regular season games left to break the East boys' soccer single season goal record. He has 13 goals, and he needs one more. Could this away game against Roosevelt be the game? Now the only record he has to beat is his own. Contreras scored one goal against Roosevelt and, for now, holds the record for most goals scored in one season with 14.

"I'm pretty proud to hold the record, but I would really like to beat it my senior year. Maybe I'll score 15 next year," said Contreras.

Contreras wasn't the only player with impressive stats this season. Freshman Carlos Smith ended the season with ten goals and led the team with seven assists. Freshmen made a great impact on the East boys' soccer team this year.

"We were a team in transition this year. Last year we graduated eight senior starters and 11 seniors in total. We basically started new this year and were still successful despite our youth," said head coach Derek Lounsberry.

Five freshmen started every game this year, and seven made the varsity squad. The team will also return many starters for the 2012 season.

"We were so young this year, and were still able to have a winning record. I'm looking forward to next year because now we know how to play with each other better," said senior Cristian Camacho.



Aiming toward the goal, Jose Contreras (12) takes a shot against Ottumwa. Contreras scored on the play, helping East seal a 5-1 victory.





### Fighting for position.

Battling hard, Carlos Smith (10) advances down the field. Smith scored 10 goals for East on the season.



### Cross and finish.

Captain Cristian Camacho (12) plays the ball in to his teammates in a conference win against Lincoln. In soccer, most goals are scored off of assists.



### Poised and ready.

Attacking down the sideline, Jok Ruot (12) calls for the ball. Ruot had a goal and an assist on the season while playing midfield for the Scarlets.



### Ready to play.

Evan Mom (11) pushes the ball past his Ottumwa defender. East's victory against the Bulldogs was one of their three conference wins.





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"Making varsity was my biggest goal to achieve during the season. The season was fun but challenging," said Robbins.

Austin Robbins (10)



Christian Lippold (10)

"It was awesome to just hang out with all of my friends and play the always fun game of baseball all summer. The season was a great success," said Lippold.

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Great improvements and setting goals are just a small part of the preparation for the next season," said coach Rourke.



Riley Bacon (12)



Tyler Aswegan (10)



# Moving Up Determination

Story/Layout by: Lauren Holmes

Motivation drove these two teams to new heights in the 2011 baseball season. Players were being moved up to the sophomore and varsity levels in the middle of their season. There was some getting to know the new teammates and how to play team baseball.

"There was a core group of players that wouldn't let the changes shake them. They were determined to do the best job they could and keep each other going all year. That is what they did; we just kept working and ended the year with a successful season," said sophomore coach **Martin Luft**.

The sophomore team ended the season with a 17-13 record while still maintaining good sportsmanship.

"Getting rid of the games they lost is a key goal," said Luft.

The boys placed second in the conference with a 12-5 record. So close to the number one title but the next season they all plan to make it big goal.

"Baseball was good this summer. We had times where we struggled but everyone put our losses behind us and we went out there and won some games. Our sophomore team won more games than we lost so I'd call it a good season of baseball," said sophomore **Tyler Aswegan (10)**.

Easts freshmen team wrapped up their summer with a record of 25-6-1. With many losses they plan to kick it into high gear in practice and dominate at games.

"We work harder than any other freshman team. We knew we were prepared and just a little bit of an edge mentally can make a big difference," said freshman coach **Scott Rourke**.



**Michael Roby (11)**

Batter Up.

Swing, and it's out of the park. East High 9th and 10th grade baseball teams this season swept away most competition with great records and their competitive edge.





# 1, 2, 3, you're out!

*Story/Layout by Taylor Dunn*

In the beginning of May students are getting excited for the end of the school. The varsity baseball team however, is just getting their season started.

They played four to six games a week through the end of July. They finished the season with a 13-23 record.

"We had a lot of younger players and we are looking forward to many more good years of baseball with them," said head coach Brian Luft.

This season was difficult and took a lot of effort because there were 12 underclassmen, including two eighth graders, and only six upperclassmen. They had a lot of younger players trying to prove themselves to the upperclassmen.

"I worked hard and tried to improve myself," said sophomore Robert Hansen.

There was a lot of controversy because they had such a young team, but they played well, and with all their hearts at every game.

"All of the underclassmen worked hard and earned their spots," said Luft.

Senior Shane Sullivan played outfield for the first time in his life this season.

"It was different playing outfield. I didn't like it at first but I moved past it and did what I needed to do for my team," said Sullivan.

The Scarlets baseball team had an up and down season but came out on top and are looking forward to many more good seasons of baseball.





**Signs.**

Left: Preparing to discuss pitches, Coach Brian Luft, Colby Carmichael (10) and Dillon Hernandez (11) walk to the pitcher's mound.

**Swing.**

Middle left: Getting in his batting stance, Riley Bacon (12) waits for a pitch.

**Win.**

Middle left: Celebrating a good game, Blake Cunningham (12) and Robert Hansen (10) do a hip bump in midair.

**Communication.**

Far left: The baseball team gathers to discuss the game.



Waiting for the pitch to be called, Robert Hansen (10) gets ready to pitch.

**Save it.**

Above: Fighting to save the ball, Colby Carmichael (10) falls to the ground.

**Hit it out.**

Right: After hitting the ball, Shane Sullivan (12) is about to run to first base.







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"I loved the road trip to Fort Dodge because I was with my team and having a great time."

April Brown (11)



caption!!!



"My favorite road trip memory is when we went to Perkins at 5 a.m. for team bonding."

Samantha Fitzgerald (9)

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**Pitching is where the power is. Margaret Long (10) delivers a pitch to a batter during a home game.**



### Huddle up.

"I guess we're all like a big family," said Andreson. The girls huddle up for a pre game pep talk from there coach Heller.

### Batter up.

Up to bat is Margaret Long (10). "Batting is one of our teams strong points," said Long.



# Swinging to achieve

Story/Layout by: Andrea Hiatt

Junior Baylee Anderson walked up to the plate and stared down the player who could make or break this game: The pitcher. Is she going to throw a screwball? A curveball? Change-up? Anderson doesn't know so she mentally prepares herself for what's coming her way.

"Expect the unexpected," said sophomore Haley Stoll and the unexpected is exactly what JV head Coach Thana Heller prepares the girls for.

"I go over situations in my head to mentally prepare myself and then I stretch and warm up properly," said Anderson. "I guess it depends on the situation. If we're ahead then it really doesn't matter but if we're behind, you have to get on base or you're going to let your team down"

"The highlight of the season was that we really got better as the season went on. We had a point where we won nine games in a row. The lowlights are that we lost consistency near the end of the year," said Heller.

The JV softball team had an impressive season with a 15-5-1 record. They won games against some of the best JV teams in the area including an impressive seven to zero win over Southeast Polk.

Junior varsity is used as a transition from ninth to varsity level, because of that, the coaches prepare their athletes through practice, "I'm harder on the girls and I challenge them every practice to get them ready for the varsity level," said Heller.

With the challenges of being a JV player, there were also some positives that came out of this learning experience. The competition also drove the girls to do better.

"I love the adrenalin rush," said Stoll. "I also really love the team work and making new friends."



## Strike a pose.

Posing in this picture are teammates Alex Blair (9) and Samantha Fitzgerald (9)



East fans celebrating the Championship after the final out against Ankeny in Fort Dodge.



Megan Belcher (11)

# Achieving the dream

Story/Layout by Heather Fulford and Riley Fisher

Being the number one team to beat in the state wasn't always easy to practice for. The girls on the 2010-2011 softball team worked harder than ever. At the end of every game, they left their all on the field and in the end it all paid off when the girls won the state championship.

"In every practice we worked our hardest and gave it our all," said senior Paige Blair.

Leading up to the state tournament, Coach Bob Ligouri's softball team knew they were not taking any place but first. Through tough workouts, hours of practice and plenty of tears, the girls finally achieved what they had been working so hard for.

"Ever since I got on varsity, everyone talked about state," said senior Jessica Grochala. "It's something I've always wanted to do because not everyone gets to go and we went and won. It was a great experience."

As the last out was made, Ligouri stayed back and watched as his players basked in their victory. He described the feeling as 'incredible joy'; knowing that all the effort and hard work the girls had put in on the field had finally paid off when they beat Ankeny 6-3 on July 22nd for the 4A state title.

"It was so neat for me to see them, their families, our students that were there, and alumni just celebrate," said Ligouri, "I think that is what I enjoy in coaching the most - seeing our athletes really work hard and see that hard work make their dreams come true."

#1





## Team relationships.

"A catcher and pitcher should have the best relationship on the field and we do," said pitcher **Riley Fisher (12)**. "Mere always knows how to keep me relaxed, we pick a food topic to talk about during stressful times and then I'm stress free." Catcher **Meredith Henrickson (12)** and Fisher have worked together through out all of their four years of high school.



## Scoring.

Base Running is a very important concept in the sport of softball. **Paige Blair (12)** waits patiently, spotting the ball, determining when to run home. Blair has nine stolen bases scoring 27 runs on the season.



"Accepting the State Trophy would be like accepting the Nobel Peace Prize," said Senior **Courtney Custard (12)**. The girls' received the trophy while realizing their dream just came true.



2011 State Champions!



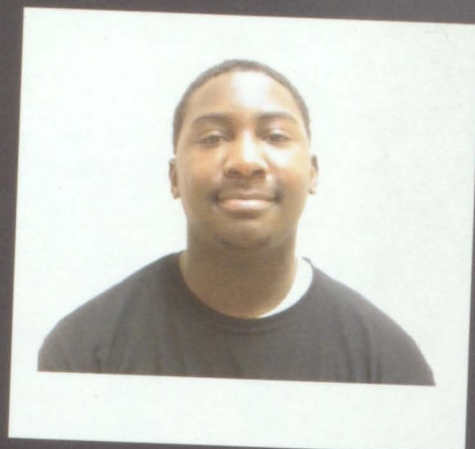
## Tension in the air.

Putting many hours of practice into play, infielder **Jessica Grochala (12)** and outfielder **Allison Fitzgerald (12)** go after a fly ball during the championship game at the State Softball Tournament.



"I don't wash my compression pants, every time I don't wash them, I crack heads."

*Kevin Brown (11) Football*

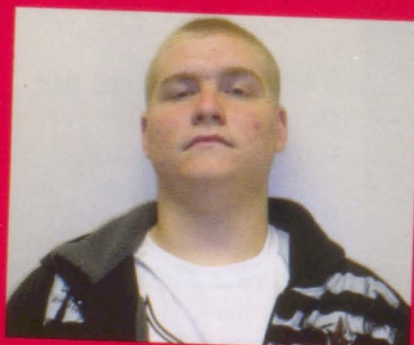


"I keep a red power ranger with me at every meet."

*Gabriel Smith (10) Boys Swimming*

"I eat gummy worms and listen to my song before each meet, it's 'Shot For Me' by Drake."

*Theodora Reed (11) Girls Golf*



"I never eat with my right hand before a bowling meet because I then won't be able to grip the ball."

*John Spratt (12) Bowling*



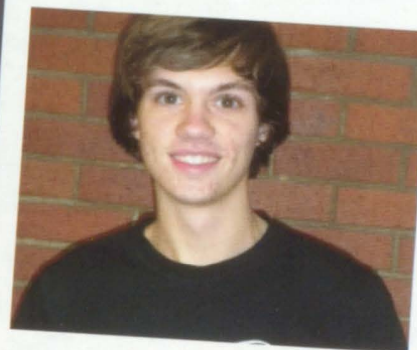
# Superstitions

Story/Layout by Haley Larson

Athletes have had superstitions as long as there have been sports. They have good luck charms, different beliefs, and unique rituals to get them through competitions. What kind of superstitions do East athletes have?

"I jump up to stretch my legs twice before every race."

Michael Thomas (12)  
Track/ Cross Country



"I motivate myself by listening to the pod and hitting up the dougie."

Breonna Carter (10) Softball

"Yo Me Persinava," (I make a cross figure on my body and face. This is a Catholic belief.)

Rosa Ventura (12) Girls Soccer





## Communication.

Soccer is more than physical input or kicking. It involves communication among teammates. Leading the team to success, the team's communication led them to regional finals.

## Suspense.

Hearts pounding, hands sweating, anxiety fills **Paige Larson (10)**, **Carmen Silva-Trejo (12)**, **Amanda Rush (alum)**, **Jessie Vance (12)**, and **Katelyn Worple (12)** as they watch a free kick come their way.



# Breaking records

Story/Layout by: *Diana Fabian*

Improvement and accomplishment-this describes the 2011 girls varsity soccer team. It was a season full of changes and surprises. Not only was it **Guy Kesavadhana's** first year as head coach, but it was also East High's first soccer team to win a game at regional's and advance to the regional finals.

"We were better this year-record wise, at possessing the ball and overall we went farther as a team," said coach Guy Kesavadhana.

The girls were able to finish with an overall record of 9-8 this season compared to their 7-9 record last year. Beating Southeast Polk twice, once in the regional's semi-final game, and making it to the regional finals was one of the biggest accomplishments for the team this year.

"I felt like the season went really well. It was the most productive and we did better than other years. Beating Southeast Polk was one of the best games ever. It felt good to beat them. We also made it to regional finals, which was pretty awesome," said senior **Jessie Vance**.

Although the team accomplished a lot together, there were several individuals who showed their full potential in their plays. Senior **Haley Larson** scored 20 goals and lead class 3-A in total goals scored prior to the state tournament.

"It felt pretty cool. Statistically we did better than any other East girls' soccer team has ever done before. Making it to regionals made people realize that we're a lot better than they expected," said Larson.

Junior **Christina Syhavong** also stood out as she made 75 saves during her first year as goalie.

Meanwhile, the girls JV soccer team proved to be just as successful, finishing the season with a 5-5-2 record. This was one of the best records JV has put out in a long time. Like the varsity team, the JV team welcomed their new head coach, **Oscar Meza**.

"This season was more fun than last season. Mr. Meza did a great job of changing things up and helping us get better," said junior **Lucero Velazquez**.

"I think we had a great season. Mr. Meza did a great job motivating us," said sophomore **Zaira Aleman**.

The JV team showed commitment, cooperation, improvement, and teamwork as they surpassed every expectation coach Meza, had for them.

"This season was a big challenge because in the past girls didn't put in as much effort because it was just JV, but as the season went on I saw more commitment and willingness to reach the varsity level," said Meza.





**Endurance.**

Tired and exhausted, Haley Larson (12), goes all out as she heads for the goal. Larson scored 20 goals and lead class 3A in total goals scored prior to the state tournament.



Player: Christina Syhavong

Grade: Junior

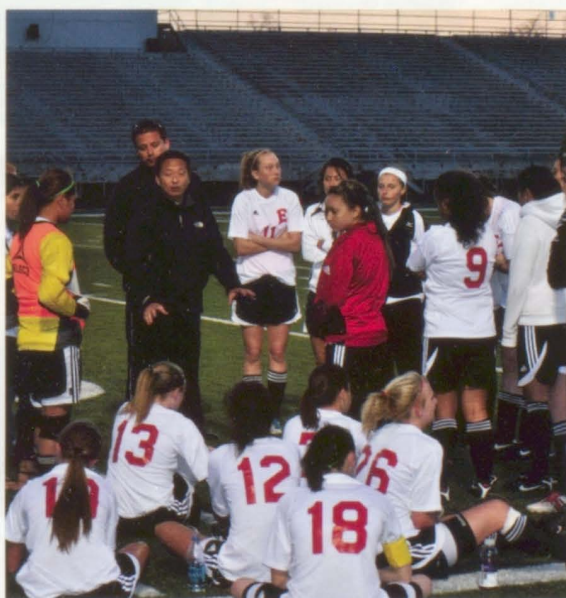
Position: Goalie

Years in position: 1st year

Accomplishment: Syhavong made 75 goalie saves during her first year as goalie. "I feel both surprised and happy knowing that I saved so many goals during my first year."

**United we stand.**

(Above) Huddling in close before every game, the girls varsity soccer team does this once again as they play vs. Hoover. The ending score being 2-0.

**Coachable moment.**

Soccer can be exhausting but Coach Kesavadhana continues to push the girls to reach their ultimate best.

Emotion takes over Jessie Vance (12) as she directs **Katelyn Worple** (12) towards the goal during the match against Lincoln.

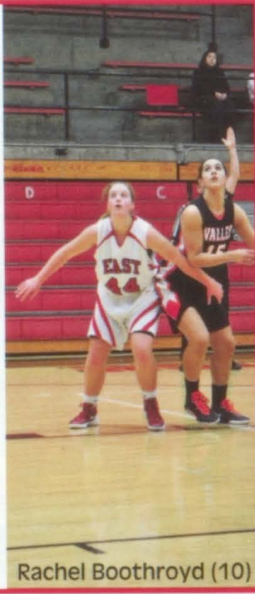




Getting positioned, the freshmen girls' basketball team blocks out against Valley.



Kelsey Butts (10)



Rachel Boothroyd (10)



Ashley Miner (9) and Katelynn Cox (9)



Holding her follow through, Kaitlin Stalkup (11) knocks down a free throw for the Scarlets. East went onto lose the game to Valley.



Freshmen defend against Valley



Courtney Fudge (9)



# Compete

Story/Layout by: Haley Larson

Following a two-loss season last year, this year's girls' JV basketball team had high expectations to live up to. With the same coaching staff as last year, the team looked to improve on lessons learned last season, and achieve another winning record.

"Before the season started, I went to open gyms, conditioning, and participated in summer tournaments to help prepare for this season," said sophomore Kelsey Butts.

The girls' pulled through many tough games, and different girls rose up in each game to lead the team to close victories.

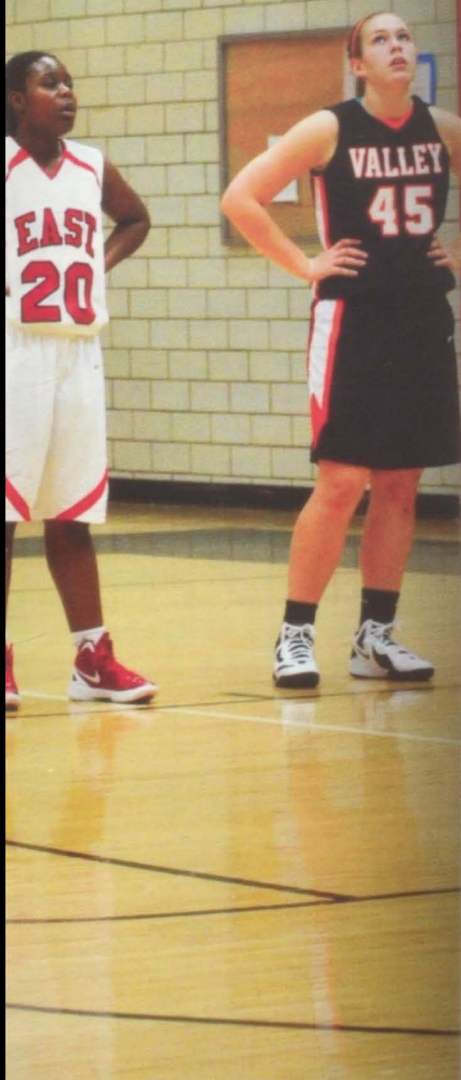
"A lot of girls stepped up in our games this year. Some of our main leaders were Desirae Dupree, Rachel Boothroyd, Haley Stoll, and Keesha Gaines," said sophomore Kierra Gully.

Playing for the freshman basketball team is a chance for 9th graders to get prepared to play at the varsity level. Cassady Carmichael came into this season ready to use this opportunity.

"Freshmen basketball is good way to tell if you're ready for JV and eventually varsity," said freshman Carmichael.

Though the team struggled with inexperience, the season ended with many players feeling like they had improved.

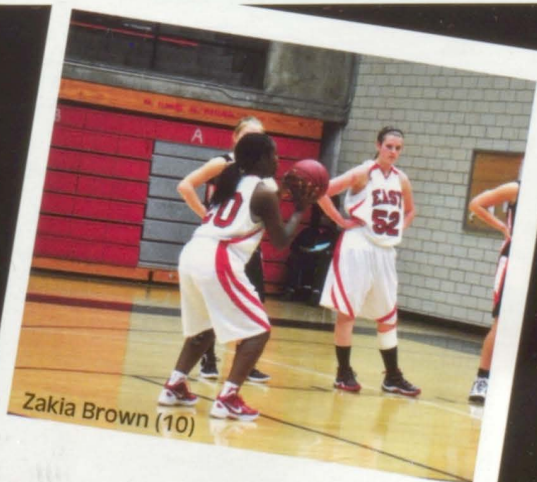
"I feel like I'm way better than I was in 8th grade. I learned a lot this year and I think I'm ready to play next year," said freshmen Ashley Miner.



Kaylon Nicks (9)



Desirae Dupree (10)



Zakia Brown (10)



Haley Stoll (10)





After grabbing the rebound from her opponent, Artichala Wise (11) goes up for a put back.

# Starting over

Story/Layout by Taylor Dunn and Dillon Hernandez

It is 6:15 on a Friday night and you step on the court for the first game of the season after winning the state championship last year. The team has a new starting five and a brand new group of players.

"We're like the underdogs this year because we lost all our seniors last year and people thought they were the whole team," said sophomore Aricca Daye. "We're still a good team and we're going to have to prove that to everyone."

A key element to a great basketball team is to have good bonds between players on and off the court. The Lady Scarlets have worked very hard on this.

"We look out for each other like sisters, it's just good to know you have people there for you all the time," said sophomore Zakia Brown.

This year has been a year of change for the Lady Scarlets. The biggest change is that the team is so young. The team is completely made up of sophomores and two juniors, Darby Poller and Artichala Wise.

"Being one of the oldest is hard because so many people look up to you and you have a lot of pressure to set a good example," said junior Darby Poller. "It helps that all the girls are so talented, so they don't need a lot of help."

Having no seniors has proved to help and hinder the team at certain moments.

"Obviously the lack of experience isn't good, but we have so much room to grow," said sophomore Desirae Dupree.





"Hard work beats talent when talent doesn't work hard."

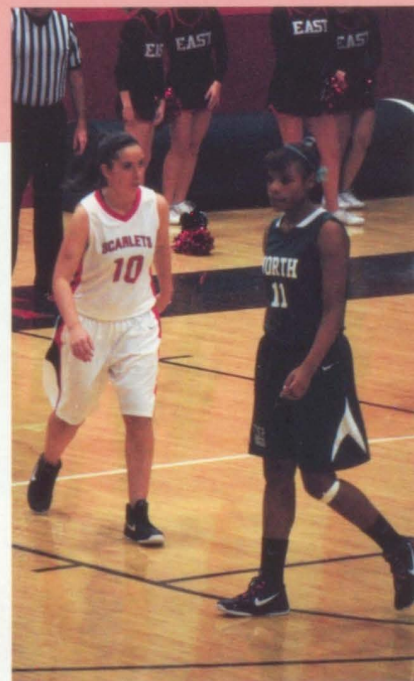
Left: On December 16, the team breaks after a timeout.

Middle: As she fights to get around her defender, **Aricca Daye** (10) drives to the basket to get a hard earned bucket.

Right: While shooting an open three-pointer **Paige Larson** (10) looks for a perfect release.



Head coach Sam Powell instructs the girls on their plan of attack during a timeout. During an intense game these few seconds are precious.



Above left: Being intensely guarded by a Polar Bear opponent, **Shareece Burrell** (10) looks to swing the ball to an open team member.

Above right: Looking to cut to receive a pass, **Tal Neilly** (10), swiftly moves to get by her opponent.



# Sports:

*How students stay in shape!*



## Freshmen Football

Row one: Raekwon Lowery, Javier Guerrero, Marcus Aschan, Josh Pedraza, Sage Torres, Salvador Fernandez, Thomas Quaye, Corey Dewitt, DJ Rife, Khaleen Williams, Quincy Green, Caleb Miller. Row two: Prince York, Alfred Moseray, Josh Davis, Ted Beveridge, Jaylin James, Chris Harsh, Austin Furgison, Jonathon Fredericksen, Moussa Kuyateh, Brandon Parsons, Alex Fernandez, Kolten Whitmore, Jamar Fallin. Row three: Tanner Holder, Jason Jeffries, Ray Carter, Alex Contreras, Julio Harris, Coach Chris Draper, Coach Clint Gadbury, Coach Jamie Fitzgerald, Manager January Philavanh, Enrique Rivas, Seth Ayersman, Robert Cain, Jose Mendoza.



## Sophomore Football

Row one: Matthew Bruce, Josh Dunigan, Dallas Groom, Luke Dawson, Anastassi Duff, Demarcus Dameron, Alexander Vockings, Diedric Johnson, Ryan Kramer. Row two: Jonathon Hill, Ben Swanson, Triston Flaten, John Fudge, Kendrew Panyanouvong, Isaiah Castellano, Ariante Williams, Brian Rivera. Row three: Joshua Arroyo, Coach Neil Donahoe, Coach Troy Tyler, Coach DJ Roland, Kevin Peterson, Dillon Glass. Row four: Junior Kahn, Jacob Haag, Tyrus Riley, Dillon Strait, Arturo Marquez, Miguel Morales, Jordan Reynolds, Mark Fleming. Row five: Kalil Watson, Cameron Owen-Dorsey, Nathaniel Campbell, Mattingly Strine, Jonathan Butler, James Boland.



## Varsity Football

Row one: Abu Sama, Donte Brown, Aubrey Roland, Joel Head, Aaron Coyle, Jewel Head, Josh Hague, Darrion McCaughey, Cameron Slothouber. Row two: De Rico Lowery, Tyler Starnes-Fry, Adrian Perez, Nereo Garcia, Michael Roby, Kyler Krogman, Anthony Flaten, Marrico Gafford. Row three: Brandon Lane, Zachary Lewis, Coach Jason White, Coach Carlos James, Coach Greg Schron, Coach Derek Summy, Coach Dave Summy, Craig Taylor, Jeremy Bos. Row four: Tyrell Smith, Chae King, Gage Allison, Shane Sullivan, Alexander Hensley, Chase Reynolds, Joshua Brawdy, Jamal Lowery. Row five: David Sowder, Austin Bellis, Tobias Tyler, Austin Robertson, Keanan Boutchee, Colby Carmichael, Jensen Hastings, Zackary Dunn, Justin Leuang. Row six: Kris Long, Xavier James, Kyle Thomson, Blake Cunningham, Drew Hurley, Brockdyn Catron, Brandon Long, Taylor Mitchell, Davontae Buckner, Cole Myers.



## Cross Country

Row one: Vacengleng Vang, Kaitlyn Vance, Houa Vang, Katelyn Gregg, Brittany Gronewold, Ben Lein. Row two: Ricardo Lewis, Salat Jones, Roichelle Marble, Meredith Layman, Anastacia Brown, Zachary Gronewold, Grant Jones. Row three: Cameron Devan, Michael Thomas, Coach Mel Green Sr., Coach Luke Bolander, Hunter Hall, Philip Graham.



## Girls Swimming

Row one: Kristina Smith, Josie Miller, Kayla Hill, Melissa Godoy, Jessica Moreno, Hannah Bailey, Heidi Hulscher, Tahlia Hauptly, Alexis Hackett, Hailey Scanlon, Stephanie Nowels. Row two: Alexis Morris, Hailey Olmstead, Millie McKeever, Brianna Proctor, Cassandra Douglass, Lily VanGundy, Coach Eric Galvin, Abbey Mendenhall, Caroline Kasper, Kessiah Taylor, Coach Erin Lowe.



## Boys Swimming

Row one: Jensen Hastings, Luke Martin, Austin Vorasith, Eric Quintanar, Brandon Leach, Thomas Quaye, Moussa Kuyateh, Michael Nokes, David Ortiz, Kuley Karlar, Cesar Aguiler, Zech Reeder, Angel Ramirez, Blake Sunkle, Jeromy Bacon. Row two: Grant Jones, Jacob VanGundy, Dillon Glass, Jonathon Moreno, Michael Kendall, James Flickinger, Alexis Morris, Hannah Bailey, Jessica Moreno, Abbey Mendenhall, Sovann Chak, Dakota Lyddon, Zufar Gatiyator, Hunter Stapes, Gabriel Smith, Michael Osman. Row three: James Boland, Nebojsa Markovic, Brian Chang, Hunter Hall, Junior Kemdirim, Aubrey Roland, Michael Renteria, Luke Bolander, Dustin Cassler, Jerry Wilson, Conadenon York, Michael Thomas, Austin Young, Cameron Devan, Kent Keil, Gerald Palmer, Lane Galvin.







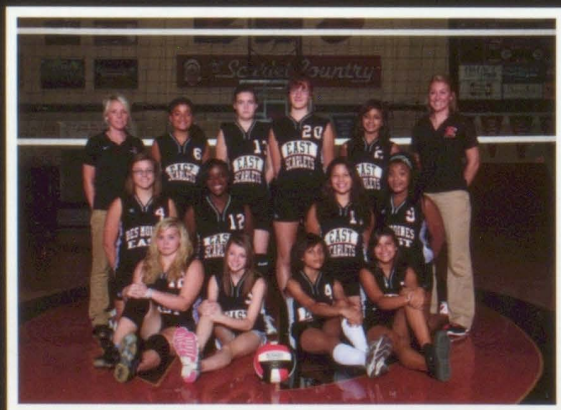
## Girls Bowling

Row one: Christine Walker, Heather Stilson, Lynsay Andrews, Kristel Hill, Rosemarie Scheel, Cassadee Flor. Row two: Crystal Jasper, Brittany Jones, Amber Smith, Coach Doug Davis, Kerri Kochheiser, Kyrie German, Jama Clayton.



## Boys Bowling

Row one: Richard Butler, Luke Fisher, Scott Williams, Donald Mongar, Baden Medearis, Austin Ahl-Jones. Row two: Michael Roby, Tobias Tyler, Dylan Rangel, Coach Doug Davis, Jeffery OBrien, John Spratt, Cephus Wright. Not pictured: Riley Bacon, Benjamin Bolten, Reio Cason, Joseph Riesterer.



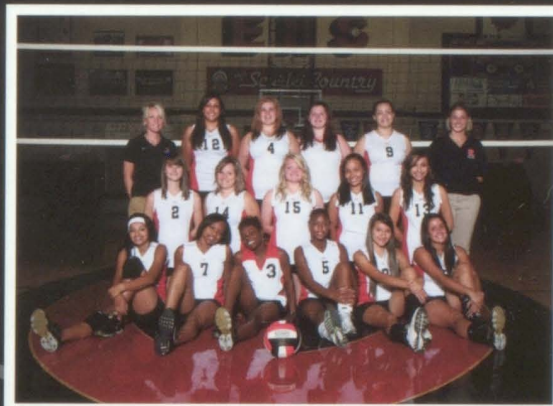
## Freshmen Volleyball

Row one: Tierney Kokke, Alex Blair, Mariah White, Abigail Collins. Row two: Emma Sigmund, Shaeyeaquela Bassette, Mercedes Valdez, Chaleigh Dainty. Row three: Coach Ali Markun, Whitney Gualco, Kaitlyn Tam, Sabrina Douglass, Jailene Rodriguez, Coach Whitney Myers.



## JV Volleyball

Row one: McKenzie Hale, Romazia Turner-Brown, Earlexus Drake, Marcresha Jenkins, Jazmin Torres, Maritza Knight-Beery. Row two: Nicole Battin, Lynsay Andrews, Sarah Bombkhe, Eva Fabray, Carly Callison. Row three: Coach Ali Markun, Sierra Tate, Victoria Richardson, Sara Grylls, Brittney Oliver, Coach Jamie Newel.



## Varsity Volleyball

Row one: Jayde Sleeth, Becca Novak, Christina Syhavong, Hanna Hoskins, Kaylee Putzier. Row two: Margaret Long, Desirae Dupree, Zakia Brown, Anna Flickinger, Kathryn Garcia. Row three: Renee Hurley, Rachel Boothroyd, Coach Ali Markun, Haley Stoll, Nya Deng.



## Freshmen Girls Basketball

Row one: Cassady Carmichael, Courtney Fudge, Shaeyeaquela Bassette, Chamira Washington. Row two: Anastacia Brown, Orlandrea Bickham, Carolina Rivera, Ageth Wom, Jericha Mack, Jasmine Turner. Row three: Shelby Beavers, Coach Raymond Jackson, Cassidy Gilkey, Kaylon Nicks.







## JV Girls Basketball

Row one: Desirae Dupree, Kierra Gully, Kathryn Garcia, Kelsey Butts. Row two: Keesha Gaines, Haley Stoll, Zakia Brown, Shondrea Winfrey. Row three: Coach Deidre Howard, Kaitlin Stalkup, Nyakouth Chuol, Rachel Boothroyd, Kessiah Taylor, Coach Mike Anderson.



## Varsity Girls Basketball

Row one: Keesha Gaines, Desirae Dupree, Darby Poller, Aricca Daye. Row two: Shareece Burrell, Paige Larson, Tal Neilly, Roichelle Marble, Haley Stoll. Row three: Rachel Boothroyd, Coach Deidre Howard, Coach Mel Green, Sr., Coach Sam Powell, Coach Mike Anderson, Artichala Wise.



## Freshmen Boys Basketball

Row one: Duop Deng, Quincy Green, Booker Jacobs. Row two: Tohamed Fowler, Jonathon Fredericksen, Jonathan Harrington, Luke Pedraza. Row three: James Williams, Jeremy Bentley, Coach David Schwendinger, Jaylin James, Jason Jeffries.



## Sophomore Boys Basketball

Row one: Tyler Aswegan, Brandon Young, Skyler Knutzen, William Jackson. Row two: Colby Carmichael, Edgar Perryman, Theodore Kofoed, Marrico Gafford, Lucas Roberts. Row three: Mattingly Stone, Coach Carlos James, Coach Jamie Fitzgerald, Cameron Owen-Dorsey.



## Varsity Boys Basketball

Row one: Travis Cavan, Tyrus Riley, Salat Jones, Ralph Nery, Malique Ziegler, Bedipeny Wom. Row two: Leandre Glover, Blake Cunningham, Dillon Hernandez, Zackary Dunn, Xavier James, Shawn Jarrett. Row three: Simon Joseph, Jeffrey Erickson, Coach Jamel Crawford, Coach Ken Morton, Davontae Buckner, Brandon Long.



## Girls Golf

Row one: Hannah Bailey, Madison Delk, Kara Cipperly, Kayla Foreman. Row two: Mackenzi Smith, Sierra Tate, Coach Lowell Long, Rachel Boothroyd, Shelby Slater. Not pictured: Kathryn Foster, Margaret Long.







## Wrestling

Row one: O'Ron Manson, Vaceleng Vang, Anthony Ross, Jewel Head, Aaron Coyle, Demarcus Dameron, Matthew Schmitt, Hunter Patrick, Kevin Le, Jacob Dank. Row two: Craig Taylor, Austin Robbins, Alfred Moseray, Joel Head, Chance Scott, Chance Raleigh, Treston Flaten, Joshua Arroyo, Prince Yok. Row three: Mgr. Jayde Murray, Kalil Watson, Kevin Brown, Coach Scott Bourke, Coach James Giboo, Coach Zach Hamman, Coach Bryant Reynolds, Matthew Modica, Jacques Willis, Mgr. Jessie Vance. Row four: Mgr. Cassandra Burkett, Brandon Haus, Joshua Davis, Zachary Lewis, Makram Arbiat-Ibraheem, Chase Reynolds, Alexander Hensley, Juleo Harris, Alejandro Contreras, Mgr. Shelby Slater.



## C Team Boys Soccer

Row one: Michael Turino, Zech Reeder, Vacengleng Vang, Vincente Salamanca-Ortega, Edgar Camacho, Enrique Rodriguez, Fernando Contreras. Row two: Gerardo Montalvo, Angel Jurado, Coach Jesus San Elias, Coach Jake Beckwith, Jesus Sandoval, Jose Enriquez. Row three: Lane Galvin, Luis Hernandez, Quincy Boone, Victor Leanos, Adan Rodriguez, Victor Jurado, Dalton Lyons, Alune Phaisith.



## JV Boys Soccer

Row one: Juan Arellano, Martin Cervantes, Gay So, Khu So, Ramiro Jurado, Miguel Guerrero, Efren Terrazas. Row two: Jonathon Moreno, Ricardo San Elias, Coach Jaryd White, Jose Gonzalez, Phat Tan Truong, Armando Hernandez. Row three: Tyler Edvenson, Aldo Plascencia, Cesar Chagoya-Chavera, Adan Muhamed, Chukwuebuka Kemdirim, Santiago Torres.



## Varsity Boys Soccer

Row one: Carlos Silva-Trejo, Adrian Olivares, Da Char Liu, Oscar Tavera, Omar Ramos, Prince Tarlue, Jose Contreras, Jonathan Rodriguez. Row two: Gerardo Ceballos, Carlos Ibarra-Smith, Vayeeleng Vang, Manager Mach Chuol, Coach Derek Lounsberry, Coach Jenner White, Daniel Andrade, Kendrew Panyanouvong, Carlos Estrada. Row three: Mani Deng, Jesus Zambrano, Evan Mom, Thomas Teav, Hever Rodriguez, Henry Paye, Nathan Kouangvan, Xavier Rodriguez, Cristian Camacho.



## JV Girls Soccer

Row one: Adriana Bibian, Jessica Moreno, Becca Novak, Megan Whitfield, Goretty Contreras, Jazmin Torres, Gabriela Arevalo-Aguirre, Alysia Vongsaly. Row two: Coach Oscar Mesa, Jade Quang, Kristel Hill, Coach Guy Kesavadhana, Elizabeth Gonzalez, Kelly Tiengkham, Coach Jonathan Lenhart. Row three: Milly Penaloza-Mata, Rosa Zarate, Alejandra Pina, Lucero Velazquez, Mayra Ibarra-Trejo, Caitlin Wicker, Berthalisia Velazquez.

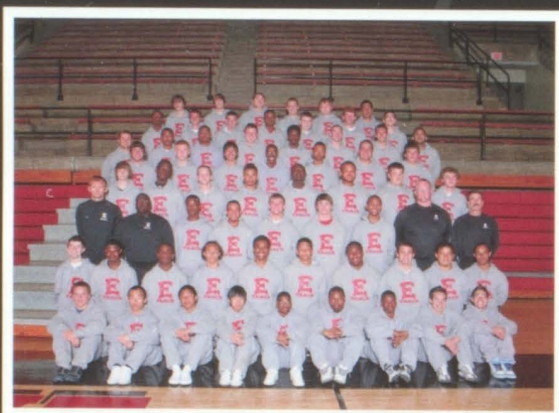


## Varsity Girls Soccer

Row one: Chelsea Kesavadhana, Kathryn Garcia, Amanda Rush, Hannah Cook, Alyssa Denning, Jazmin Torres, Becca Novak, Gabreila Arevalo-Aguirre, Carolina Cruz, Katelyn Worple. Row two: Manager Alexander Hensley, Stephanie Nowels, Jessica Moreno, Coach Oscar Mesa, Coach Guy Kesavadhana, Coach Jonathan Lenhart, Jade Quang, Jessie Vance, Manager Chance Scott. Row three: Mayra Ibarra-Trejo, Carmen Silva-Trejo, Tal Neilly, Haley Larson, Christina Syhavong, Renee Hurley, Paige Larson, Michelle Ortiz.







## Boys Track

Row one: Benjamin Swanson, Austin Vorasith, Jonny Nguyen, Nicolas Vongphandy, Jewel Head, Aaron Coyle, Joel Head, Juan Salas, Jeff Puga. Row two: Brandon Bruscher, O Ron Manson, Tyree Temple, Mark Fleming, Abu Sama, Alfred Wiles, De Rico Lowery, David Cordero, Aubrey Roland, Arthur Randolph. Row three: Coach Adam Jack, Coach Troy Tyler, Marrico Gafford, Donte Brown, Kyler Krogman, Anthony Flaten, Salat Jones, Coach Greg Schoon, Coach Chris Kannapel. Row four: Kyle Holcomb, Terrence Karlar, Jacob Nutt, Tyrell Smith, Kevin Brown, Emmanuel Egbadon, David Sowder, Steven Johnson. Row five: Robert Hansen, Zachary Gronewold, Jessy Khanthaphengxay, Craig Taylor, Ricardo Lewis, Kalil Watson, Jacob Haag. Row 6: Chae King, Cameron Devan, Tobias Tyler, Joshua Brawdy, Terez Taylor, Hunter Hall, Grant Jones, Yeltsin Rodriguez. Row seven: Steve Ukpan, Michael Thomas, Conner Kouri, Davontae Buckner, James Boland, Blake Cunningham, Miguel Morales. Row eight: Michael Sells, Brandon Long, Henry Murillo, Kent Keil, Kyle Thomson, Justin Leuang.



## Girls Track

Row one: Adrienne Slothouber, Annastassi Duff, Anel Melendrez, Kensie Channon, Albrea Winfrey, Cassandra Lemthi, Kpandi Lumeh, Paige Blair, Winifred Charles, Jonnie Bishop, Jakayla Cartwright. Row two: Hadil Ibrahim, Latese Meeks, Monet Jenkins, Bridgett Frazier, Micheala Hale, Alysia Millan, Kona Lumeh, Megan Say, Roichelle Marble, Houa Vang, Nicole Battin, Corshala Williams, Royonah Marble. Row three: Brittney Oliver, Kierra Osborn, Shareece Burrell, Margaret Long, Aerial Boman, Coach Bob Bagley, Coach Ken Morton, Coach Scott Beall, Victoria Richardson, Sara Grylls, Hailey Boman, Alicia Gillette.



## Boys Tennis

Row one: Tyler Barsetti, Reio Cason, Scott Son, Andrew Inrachavongsa, Demarcus Dameron, Arnold Sengsirivanh, Nick Sayavong, Ryan Bradford, Donald Mongar, Kiet Le. Row two: Shawn Jarrett, Shane Sullivan, Sidney Cam, Preston Mila, James Shorter, Jordan Cirksema, Johnathan Straley, Preston Inrachavongsa, Ronte McNeill. Row three: Cole Myers, Evan Smith, Jensen Hastings, Michael Morrison, Coach Trent Smith, Nick Savage, Philip Graham, Zackary Dunn.



## Girls Tennis

Row one: Ngoc Cao, Nickie Nguyen, Leslie Bernal-Perez, Jacqueline Khamma, Diana Inthaboune, Ngoc Nguyen, Sophie Backham, Alisha Keointavong, Prisma Ruacho. Row two: Mariel Bradford, Araynna Reid, Anna Flickinger, Coach Samy El-Baroudi, Coach Jake Atkins, Sammi Jones, Amanda Jackson, Maddie Willams.



## Freshmen Baseball

Row one: Aaron Gathercole, Jaylin James, Dallas Groom, Quincy Green, Ryan Kramer, Michael Miller, Brandon Beerbower. Row two: Austin Byrnett, Jonathan Butler, Christian Lippold, Lucas Roberts, Seth Ayersman, Jeremy Bentley. Row three: Tyler Vail, Mattingly Stone, Coach Brett Toncar, Coach Scott Rourke, Coach James Giboo, Billy Dawson, Cameron Owen-Dorsey.



## Sophomore Baseball

Row one: Alex Underwood, Danny Dawson, Austin Robbins, Baden Medearis, Tyler Aswegan, Tanner Radden. Row two: Tobias Tyler, Michael Roby, Coach Harry Kramer, Coach Marty Luft, Isaiah Green, Gage Allison.







## Varsity Baseball

Row one: Robert Hansen, Connor Enochs, Malique Ziegler, Tyler Thompson, Riley Bacon. Row two: Xavier James, Colby Carmichael, Dillon Hernandez, Austin Bellis, Shane Sullivan, Justin Lippold. Row three: Blake Cunningham, Coach Carlos James, Coach Bryan Luft, Timothy Bolander, Kyle Thomson.



## Freshmen Softball

Row one: Maritza Knight-Beery, Nicole Battin, Alex Blair, Marcresha Jenkins, Katelynn Cox, Cheyenne Lindsey. Row two: Miriaha Smith, Samantha Fitzgerald, Courtney Fudge, Ajah Ballew, Mackenzie Mapes. Row three: Kaitlyn Falcon, Maggie Long, Coach Lowell Long, Coach Jennifer Radley, Emma Smith, Haley Stoll.



## JV Softball

Row one: Baylee Anderson, Paige Blair, Kayla Foreman, Taylor Anderson, Jamie Reynolds, Rachel Carstens. Row two: Margaret Long, Megan Belcher, Courtney Fudge, Samantha Fitzgerald, Katelynn Cox, Maritza Knight-Beery. Row three: Haley Stoll, Shelby Slater, Coach Thana Heller, Coach Jennifer Radley, April Brown, Kerri Kochheiser.



## Varsity Softball

Row one: Courtney Custard, Jessica Grochala, Heather Prettyman, Ashley Prettyman, Jamie Reynolds, Paige Blair, Megan Belcher, Allison Fitzgerald. Row two: Stacie Brown, Kaylee Putzier, Taylor Anderson, Haley Young, Taylor Allgeier, Meredith Henriksen, April Brown. Row three: Janie Smith, Coach Tyler Collins, Coach Thana Heller, Coach Jennifer Radley, Coach Jerry Collins, Coach Matt Murillo, Coach Bob Ligouri, Riley Fisher.



## Girls Basketball Cheer

Row one: Caitlin Luongvan, Marcresha Jenkins, Diana Inthaboune, Kayla Cam, Natalie Flores, Jozlynne Dawson. Row two: Jazmin Torres, Lauren Hamilton, Sarah Bohmke, Alexandria Nguyen, Kara Cipperly, Allison Ellis, Zoe Beasley. Row three: Kelly Tiengkham, Carly Callison, Heather Seward, Brook Parsons, Meredith Layman, Alexis Delgado.



## Boys Basketball Cheer

Row one: Amanda Douglas, Tatiana Penate, Yasmin Bibian, Ashley Herrington, Sarahi Trejo, Julia Casas. Row two: Jade Peters, Summer Mills, Cindy Barrera, Shiree Richardson, Trinh Do, Ellie Youngwirth. Row three: Nikki Gilbert, Brittany Cook, Heather Seward, Brook Parsons, Jade Quang, Kalyx Heuermann, Meshell Kyles.







## Wrestling Cheer

Row one: Stephanie Camacho, Brooke Nokes, Wendy Morales, Shyann Lowery. Row two: Victoria Sleeth, Alexandra Campbell, Kayla Foreman, Sandra Alvarez. Row three: Mackenzi Smith, Elizabeth Golberg, Heather Seward, Brook Parsons, Natalie Lynch, Vanessa Rodriguez.



## Fall Freshmen Cheer

Row one: Shiree Richardson, Jozlynn Dawson, Amanda Douglas, Caitlin Luongvan, Lauren Hamilton. Row two: Angelica Freeman, Kalyx Heuermann, Summer Mills, Makayla Duong Saravia. Row three: Maty Krogman, Zoe Beasley, Coach Lindsey Tomlinson, Allison Ellis, Meshell Kyles.



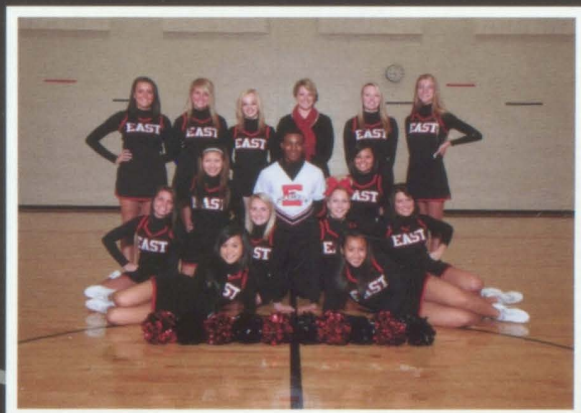
## Fall JV Cheer

Row one: Wendy Morales, Ashley Herrington, Yasmin Bibian, Cindy Barrera, Ellie Youngwirth. Row two: Sarah Bohmke, Sarahi Trejo, Alexandra Campbell, Fatima Fadel, Jade Quang, Natalie Lynch. Row three: Brittany Cook, Elizabeth Golberg, Coach Lindsey Tomlinson, Mackenzie Mapes, Emma Smith.



## Fall Varsity Cheer

Row one: Kayla Cam, Diana Inthaboune. Row two: Jayde Murray, Chloe Baker, Lauren Holmes, Stephenie Gabriel. Row three: Alexandria Nguyen, Dominique Stone, Brooke Nokes. Row four: Kaitlin Cortez, Tara Edvenson, Kara Cipperly, Coach Lindsey Tomlinson, Dezaray Nair, Meredith Layman.



## Steppers

Row one: Stephanie Nowels, Haley Bodensteiner, Alexis Cummings, Caitlynn Bruscher. Row two: Lindsay Helm, Rachel Eckardt, Amber May, Darian Delaney. Row three: McKenna Boldt, Cierra Cantrell, Abby Larsen, Francis Hill.





# Jessica Grochala

*Committed to Grandview University*

**Sport:** Softball

"I'm going to Grandview to get a great education, but I also love their softball team."

**Personal expectations:** Pass my classes, meet new people, eventually become an All-American

**"I'm excited to have a new start next year!"**



Sports have always been popular at East, and the school has had it's fair share of successful teams. Successful teams are made up of experienced players, and EHS has had it's fair share of those, too. With so many talented athletes, many are bound to take their skill to the next level; college. Who are some seniors this year that are doing just that?

## The next level



Layout by Haley Larson

"I can't wait to see everyone at my games next year, have your popcorn ready!"



## Blake Cunningham

**Committed to Grandview University**

**Sport:** Football

"I chose GV because it felt like a good fit and I can see myself being successful there."

**Personal expectations:** Develop into the best player I can be, eventually become an all-conference player

**"I'm not nervous for next year, I'm excited for the challenge."**

**#10**



sign up



**Swinging to victory.**

Brittany Jones (10) performs at a halftime show at East. Color guard was a fixture at every Friday night home football game

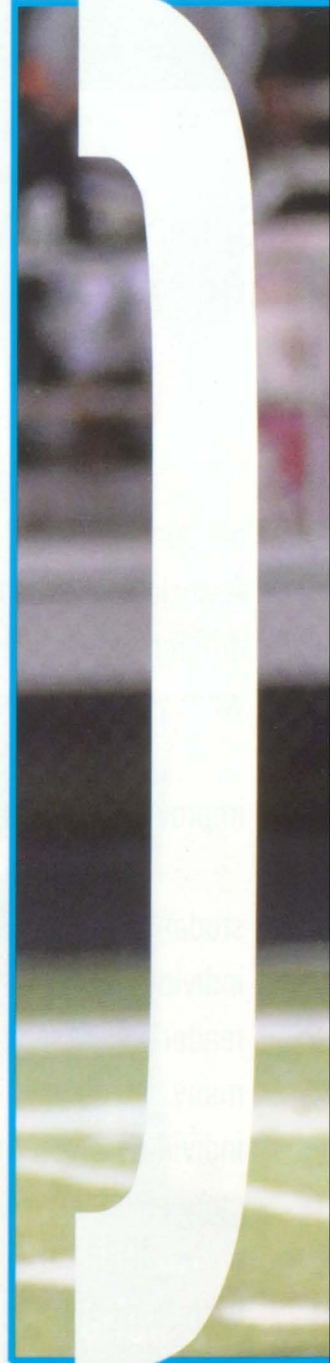
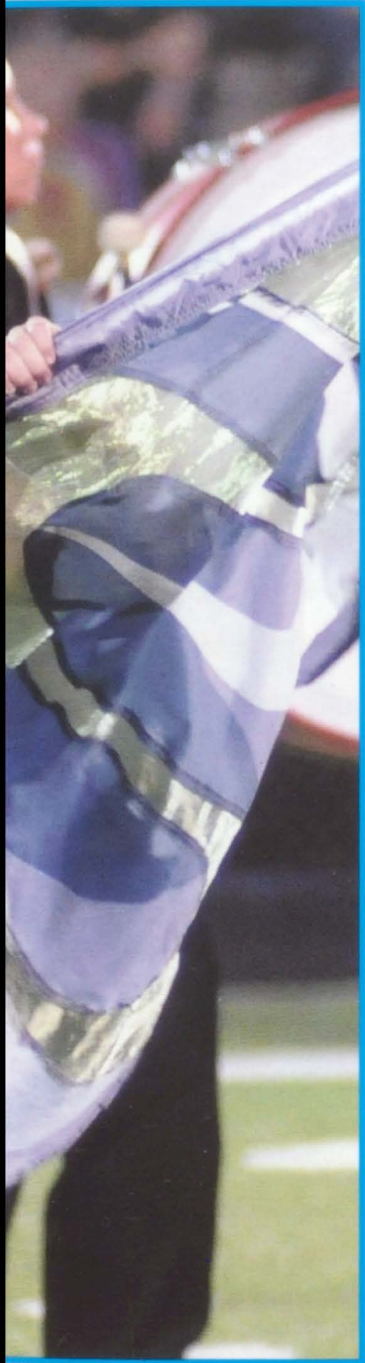


*Getting involved at East is an outlet for many students. It gives them a sense of worth and a time to have fun while helping others.*

*There are many organizations fitting all types of personalities and leading them to their future goals. For many students, it is a way to feel involved with the school and to leave their mark.*

*Not only is the school, parents, and students within the halls of East big on organizations, but a major contribution comes from the East High community. The East alumni are the largest alumni group in the nation.*

*A few choice organizations you could be involved in are student government, pep "E" club, Japanese culture club, and the newest addition, Yu Qi Oh club.*







Madison Delk (10)



Fatima Fadel (10), Katie Williamson (10), and Jasmin Munoz (12)



Gillian Randall (12)

# Speech, drama, acts, and talents, *Act it,* sing it, *Speak It!* IHSSA students do it all.

Layout/Story By: Marisa Fitzgerald and Ashlee Eaton

For a group full of different acts and talents, it all goes together. IHSSA (Iowa High School Speech Association) is a collection of different people doing different things. IHSSA is open to anyone, no matter what you're interested in.

"I was in musical theater and now I'm in improving," said junior Brianna Boner.

There are two main categories in which students have the opportunity to choose, large and individual. The large group consists of choral reading, reader's theater, ensemble acting, musical theater, and many more. They also have an individual group. The individual group has dramatic acting, musical theater, storytelling, improv, radio news, and poetry.

IHSSA started after Ginger Johnson worked with Ruth Ann Gaines in the drama department. When Gaines retired last year, Johnson wanted to go on with IHSSA.

"It gave me more freedom. It lets me do both speech and drama," said Johnson.

Students enjoy many different aspects in

IHSSA.

"My favorite part about being in IHSSA is having a support system, it's a lot of fun, and I have made many friends," said sophomore Casey Hoskins.

Practices for competitions are a part of working in IHSSA. The kids work hard to perfect and have fun with their plays. Johnson pushes her kids to do their best.

"I am mostly proud of my students for their creativity and their becoming of a team," said Johnson.

Competitions are when all the team's hard work pays off. Students can earn a 1, 2, 3, or 4 rating. If they earn a 1, the students are allowed to move on to the state competitions. For groups who have earned a 1 in the district competition move on to state at Ankeny High School. There they have the opportunity to move on to the all-state competition at the Ames ISU center. To make it to that level is what the students work their hardest for.





Michael Osman (10) and Kiet Le (12) perform "A Crazy, Wonderful, Mad Dream" at EHS Performing Arts Night on Jan. 20.



Sarah Fitzpatrick (12) and Meredith Layman (11) start setting up for a concert. Both Fitzpatrick and Layman are also involved in Scarlet Singers.





*ringing bells*

Notes flowing. Bells ringing.  
Songs performed. Students  
smiling. Handbells begins here.

*create the**sound of music*

Layout/ Story By: Marisol Hernandez

What's that jingling noise coming from the room upstairs you ask? It is the handbells group playing their tunes with bells. Handbells may look easy, but it can be made hard by not paying attention to when it's your turn. If you're listening to the handbells playing it probably just sounds like a bunch of bells going off, but if you listen closely you will hear a song in the background.

"I love being in hand bells. To me it's just really fun," said junior Brianna Proctor.

The handbell students meet every morning before school starts to rehearse. They practice between 6:50 a.m- 7:30 a.m. That gives enough time for them to reach their classes before the bell.

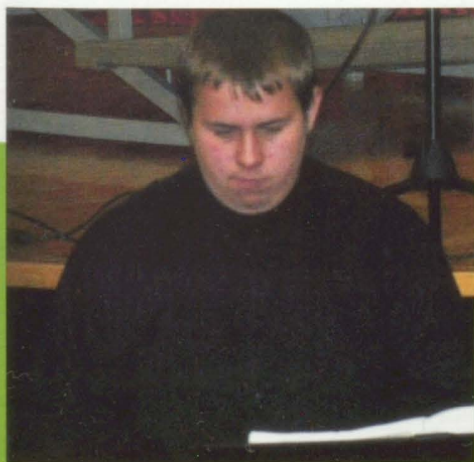
"I always get to school early so I can do things and then I am able to get to rehearsal on time," junior Meredith Layman said.

Handbells is not an easy task to perform. It appears like all you have to do is ring the bell when it's your turn. There are many more components to be remembered than just the two bells in front of you. Bells have to be carefully chosen so sounds can flow together smoothly.

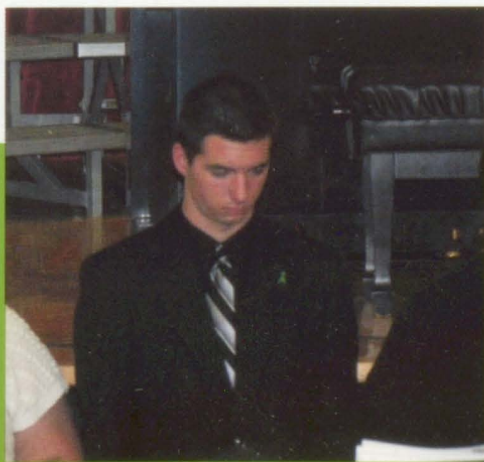
"At First I thought it was going to be easy, but I was wrong," said senior Michael Fitzgerald.

East is the only high school in the Des Moines school area with a handbells club. Hoyt and Goodrell Middle schools are the only other schools where handbells is offered.

There are several students who participated in handbells during junior high and were able to carry on their interests in handbells at East.



Joshua Rounds (12)

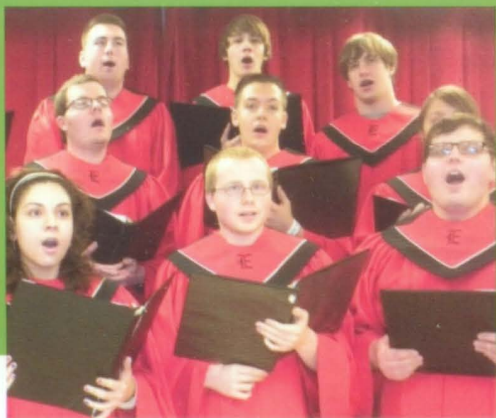


Gerald Palmer (12)



Brianna Proctor (11)





# Striving for absolute perfection

"EHS choir, we sing to be heard."

Layout/ Story By: Taylor Dunn

It's concert night and you're standing in front of a huge crowd of people, waiting to sing and hoping your audience likes what they hear. If you're in Chamber Choir you're pretty used to this.

This choir is not just your average singing group. It's the most elite group at East High. This is a group of the best of the best of all the other groups. The class is something you audition for and only the highly advanced singers make it.

There's one thing about choir, any choir, that you will notice. It's almost always a tight-knit group.

"We're like a big family, we all have each other's backs even when we're not really getting along," said senior Justin Nichols.

Chamber Choir helps you let go of a stressful day and gives you a good break.

"It's nice having a class with no homework and all your friends," said senior Jasmin Munoz.

If you ask someone who's in the choir what they don't like about it they find it hard to think of anything to say.

"The only thing I dislike about Chamber Choir is when we don't know the music by concert day. It makes everything extremely

stressful and we don't do as well as we could," said sophomore Rachel Eckardt.

Chamber Choir performs at every vocal music concert and rehearses in class every other day.

They had a Christmas performance at Merle Hay Mall and toured middle schools during December to promote the choir program.

All of the students that are in Chamber Choir are also in another singing group so they could be memorizing up to 10 songs or more at a time. This is why members say you have to be dedicated and love what you're doing to take part in this group.

"You have to practice hard and make sure you're keeping track of everything you're doing, it gets hard but it's worth it," said senior Nicklas Williamson.

Traci Squires has been the vocal music instructor at East for ten years, and loves what she's doing.

If there's anything you should know about Chamber Choir it's that they are a group of students that practice hard and all have a passion for singing.



While practicing notes for their spring concert Gillian Randall (12) sings her heart out. Randall has been in choir for four straight years. Randall is also involved in scarlet singers.





Jasmin Munoz (12) and the team practice their Time Warp performance before hitting the dance floor for their Homecoming presentation on September 30.





# Sing like

The best way performers get over their stage fright is to imagine the audience in their underwear.

# No one

# is listening!

Layout/ Story By: Lauren Holmes

Here at East High there are many different groups of talented kids.

This year Scarlet Singers can pump up any crowd with their fun new dances and catchy song selections.

On practice days the group and choreographer plan the song choices and dance numbers than practice them to perfection.

"Doesn't seem like we do any kind of hard work," said Kathryn Foster (9).

The students that are a part of Scarlet Singers have passions and dreams to be put on stage and shine their brightest. They all feed off of the energy of the crowd's excitement.

Missing school classes on occasions could be a bite too big to swallow at times. Just like any school organization or sport, it takes commitment.

"Make up work and staying after school help keep my grades up when I miss classes," said Michael Osman (10).

Each team member steps up and shows their talent to the world of East High and showing support for East's organizations and groups could mean the difference between great and just ok.

"We all are a big performing family, we share a lot of interests and support each other," said Devon Roberts (12).

Students all around East High want to shine and open up the worlds eyes to show themselves off. That chance to soar starts right here at East.



**Right:** The group practices their voices and dance routines, they hire a choreography coach to teach them the dances that they perform, **Middle:** The team not only perform at assemblies but also at concerts at East's Scarlet Lounge, **Left:** Caitlynn Bruscher (12) dressed as a ghoul for her performance in Time Warp.







Angel Monetti (10)



An Nguyen(12)



Devin O'Connor and Brianna Proctor (11)

# *must love* Classical *performances*

Endless notes, more sheet music leads to great success. Simply wonderful and worth the practice.

Layout/ Story By: Jessie Vance

With over 60 students in orchestra, Jennifer Luft enjoys spreading music to other kids and helping them grow. She has been at East for more than seven years and runs an encouraging environment.

"Playing an instrument helps students set group goals as well as individual goals and to work towards them. They also learn to manage their time wisely," said Luft.

The group also takes annual trips to the mall to perform Halloween and Holiday songs. They perform five to six pieces each time. Scarlet lounge was another place to catch these talented performers.

"I enjoyed playing 'The Nutcracker' in a Holiday performance. There's just something magical and wonderful about performing during the holidays," said senior cellist Katherine Burns.

Burns has been interested in orchestra for more than eight years. She was introduced to classical music in elementary school during an assembly. Here at East she has expanded and grown, accomplishing one of her goals. That would be receiving a one, the highest division rating at the Iowa High School Music Association competition.

"I pointed out that I wanted to play the biggest instrument because I wanted to be cool and here I am now doing so," said Burns.

Not only does orchestra have practice during fourth and eight blocks, the students have rehearsals before performances, sectionals and group lesson to get prepared.

"I enjoy getting kids interested in music," said Luft. "Especially in music that they may not normally like."





Intensely practicing new music are, Dalton Lyons (10) and Anna Flickenger (12). One of the pieces played this year was, "The Legend of Duffy's Cut."



Jacob Wagner (12) concentrates while playing his bass guitar. He has been doing jazz band for four years at East and two years at Hoyt Middle School.





# keeping the rhythm alive

Family atmosphere, great music, and a way to express their own creativity

Layout/ Story By: Emalie Cipale

For more than a few band members at East jazz band is a way for students to express themselves and is a passion that keeps growing.

Most students in jazz band have been playing instruments since the age of 12 and 13 years old. They fell in love in middle school when students were able to play in the band and they kept playing into high school.

"I like being in jazz band because we're like a family who fights together but at the same time can be very spiritually upbeat to each other when someone's down. We do everything in class together as a family from picking songs to helping when someone is lost," said sophomore Madison Delk.

There are four people per instrument in jazz band and at the beginning of the year they pick three songs and learn solos and

learn to master the songs. They compete against other high schools with these songs

Many students choose jazz band because it was a fun way to get involved and it has a different twist to it than other bands at the other DMPS schools.

"My whole family played an instrument so it was just known I would always be playing in high school," said junior Jay Rowat.

The students do many different concerts and completions throughout the year. Many of them are in the middle of the school year because that gives them a lot of time to pick songs and practice till they have them done perfect.

They play in the Scarlet Lounge, alumni dinner, capital square in the winter and they play at hilltop in the spring.

Jazz band students



Bobby Harlan (11)



Jay Robert (11)







# forming bonds through a shared passion

Upbeat tunes and slow jams. Musical talents coming together as one.

Story/Layout By: Melissa Craig

Imagine walking down the hallway of East High School and hearing music coming from a classroom. As you get closer, you recognize that it's the Harry Potter theme song coming from the band room.

At East High School band students express themselves through music. Many of the band students have been playing for years. It becomes more than just a hobby or class to them. It can express their thoughts and emotions. Junior Schey Brown has been playing the alto saxophone ever since she was nine years old.

"You feel as you are playing. If we're playing something that has a melancholy effect you feel sad. If you are playing something fast and angry you lean in and try to keep at it," said Brown.

The band students seem to have a bond that is hard to describe. They act goofy together, have inside jokes, and share the same passion for music. They have their own comfort zone together.

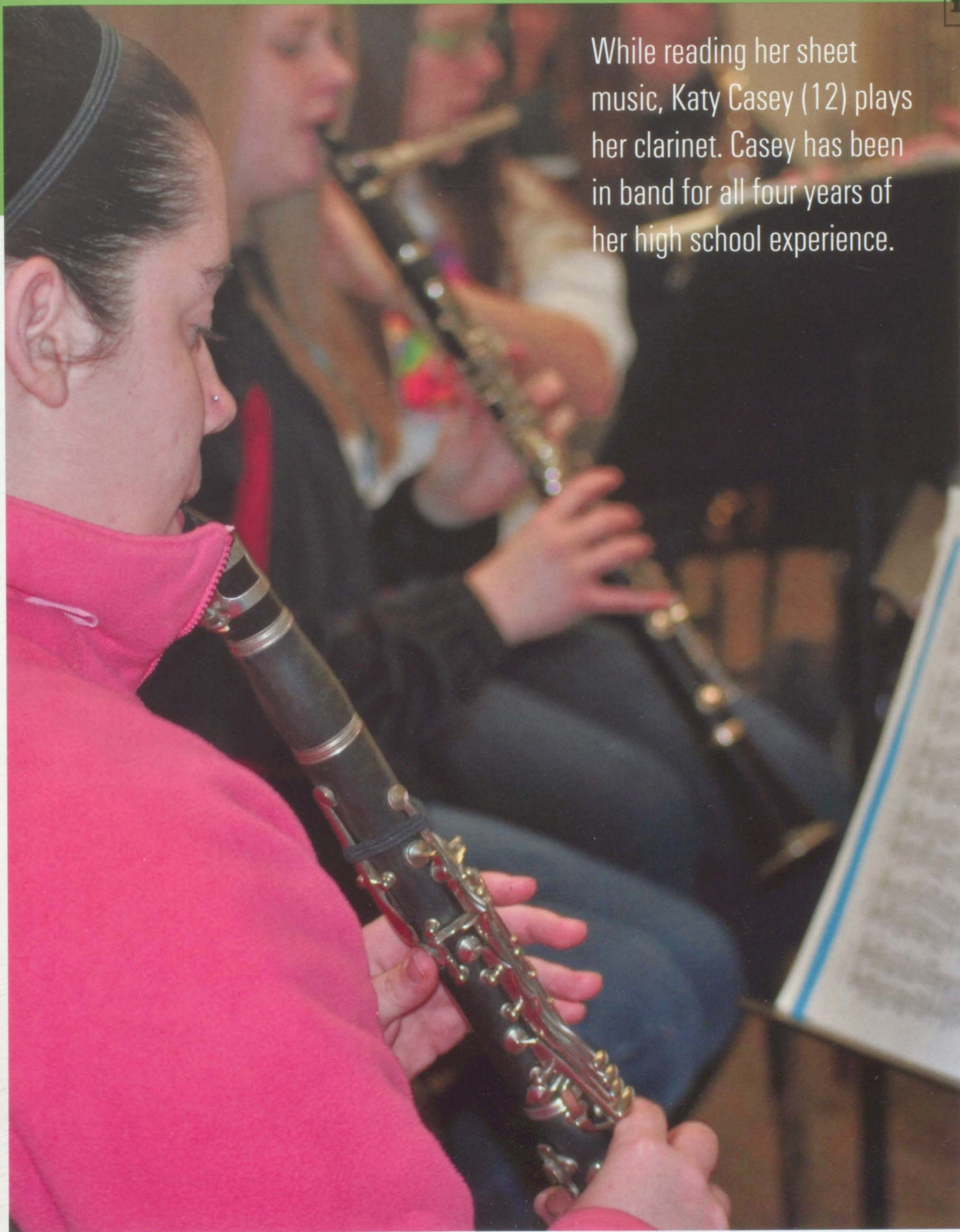
"I feel like I can be myself around everyone in the band, and I'm more outspoken about things", senior Katy Casey said.

The concert band at East has a lot of players with cool characteristics. They are a close-knit group that loves to play many different kinds of music.

"Getting close with the other band members through the four years that I have been playing is a priceless thing that I wouldn't trade for the world", said senior Matthew Mendenhall.

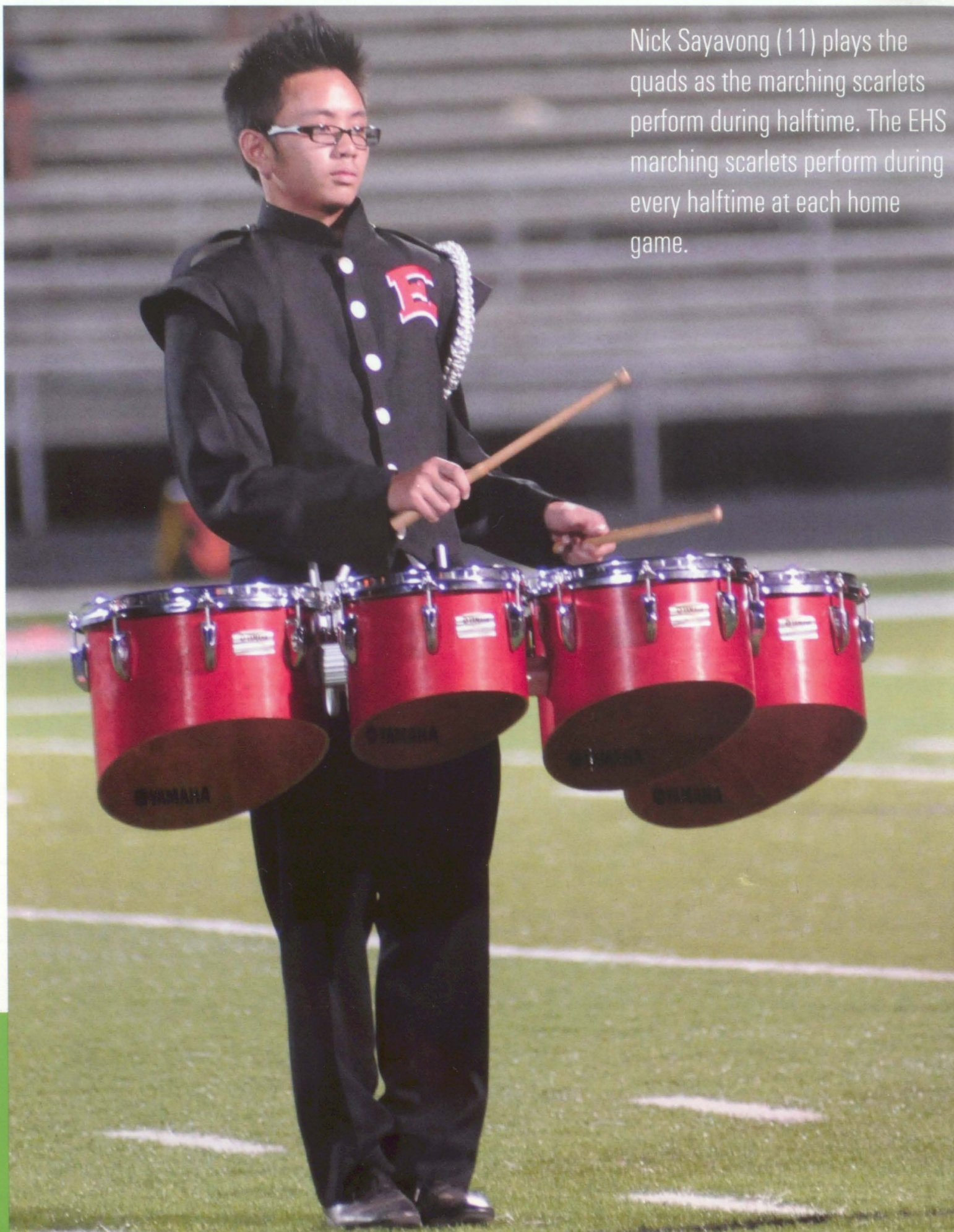


While reading her sheet music, Katy Casey (12) plays her clarinet. Casey has been in band for all four years of her high school experience.





Nick Sayavong (11) plays the quads as the marching scarlets perform during halftime. The EHS marching scarlets perform during every halftime at each home game.





*Give me*

More practice, more performances.  
Totally dedicated and completely worth it.

Layout/ Story By: Heather Fulford

marching band  
*or give me death!*

Halftime at a football game; you're probably going to the concession stands to stuff your face or talking to your friends but what is that you're hearing in the background? That's the East High marching band at work.

"The day of the game we get students up to school by about 4:30, spend some of the time getting into uniforms, then the various instrumental sections of the band warm up together" said band director Scott Davis.

Each "pre-game" the students march out in the infamous "E" formation and start the game with the playing of the National Anthem. Each performance takes tons of practice and lots of effort from everyone involved.

The scarlets start practicing in early August and continue practices in the mornings throughout football season. Marching band is the most visibly seen branch of band at East. Performing at various times throughout each and every home football game, marching band gives the audience more than just music, but a show.

"We memorize all the music and we put marching choreography to the music, creating a show," said senior drumline section leader Tenea Fabray.

All that hard work didn't come naturally of course. Lots of preparation and hard work is put into every routine. Every year before school starts, the marching scarlets take two weeks to hold a band camp in which band members practice long hours each day.

Each practice prepares the students for the climax of each marching band season; competition.

The scarlets made it to two competitions and one state contest. Even though the marching scarlets did not always do exceptionally well, they received a very good rating at state.

"We got a high three rating at state, almost a two, which is probably fairly accurate for where we're at right now" said Davis.



**Right:** Brennan Lawrence (12) perform during halftime versus Ottumwa. The Scarlets perform during halftime at every home game. **Bottom:** The band performs not only at football games but also during pep assembly's which takes place in the school gym. **Left:** The saxophones play an up beat tone for the student section to enjoy during half time.





# [Taking Charge]

Layout By: Brooke Nokes

## Gillian Randall: Senior Class President

Q: What's difficult about being senior class president?

A: I have no free time to do other things.

Q: Why did you want to be president of the senior class?

A: I felt open to ideas more than others would be. I know I could get things done

Q: How does it feel to be president?

A: I'm honored. It's nice to know people know I can handle a big task.

Q: How will this help you in the future?

A: It will help me handle bigger obstacles I may face.

Q: What are you most looking forward to about graduating?

A: All of my free time. I'm also having a new challenge to take on.

Q: What college are you planning on going to?

A: I plan on attending Simpson College.

Q: What other things do you participate in?

A: Speech, choir, NHS, ice skating and I have two jobs.



## Lindsey Smith: NHS President

Q: How will being NHS president help you in the future?

A: It will help me with getting scholarships because volunteering looks really good.

Q: Why did you want to be president?

A: I like to volunteer and trying to get other people involved.

Q: How does it feel to be president?

A: I feel powerful. It is nice to have control of things and know things will get done.

Q: What are you most looking forward to about graduating?

A: I'm excited to get going on the journalism program.

Q: What other things do you participate in?

A: I am a newspaper editor. I also participate in IHSSA, student government, NEHS, and senior board.

Q: What college are you planning on going too?

A: I plan on attending the University of Iowa.





## Jacob Wagner: Drum Major



Q: Why did you want to be a drum major?

A: I really like music and it is my passion. I felt that I was a better fit than others.

Q: How does it feel to be in charge?

A: Pretty good because I know that great things will happen.

Q: What is stressful about being a drum major?

A: You've got to be very responsible.

Q: What are you most looking forward to about graduating?

A: Getting to go to college and just getting away.

Q: What college are you planning on going to?

A: I plan on attending McNally Smith in Saint Paul, Minnesota.

Q: What other things do you participate in?

A: All the different choirs, jazz band, work, music groups outside of schools.

## Lily Van Gundy: Student Government President

Q: How will being a student government president help you in the future?

A: It taught me a lot about the responsibility of making important decisions and how to manage my time.

Q: Why did you want to be president of student government?

A: I knew I was a strong leader and that I'd be good at it.

Q: How does it feel to be in charge?

A: It is very hectic.

Q: What's a difficult about being in charge?

A: Making the tough decisions is the most difficult.

Q: What are you most looking forward to about graduating?

A: Going to college!

Q: What college are you planning on going too?

A: Grand View University

Q: What other things do you participate in?

A: I participate in IHSSA, Project Sewing Machine, and senior board.



## Jessie Vance: Yearbook Co-Editor

Q: What qualities make you good for your position as editor?

A: I'm a leader. I have a vision and I'm able to communicate those ideas clearly and in an organized way.

Q: What's the best part about being in charge?

A: Helping make executive decisions and also being behind the scenes in the production of the book

Q: What's the most stressful part of being an editor?

A: When people don't meet their deadlines.

Q: What made you want to be an editor?

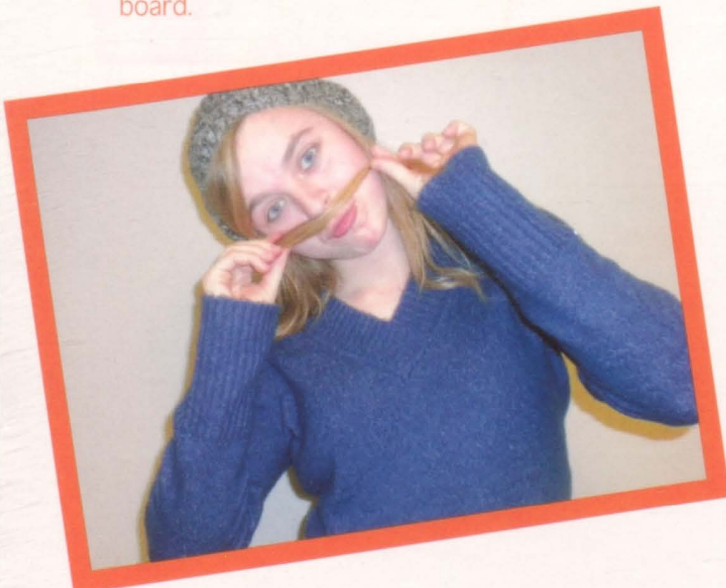
A: I love writing, designing, and being a leader. I just love being creative and showing it.

Q: What's a downfall about being in charge?

A: Probably being behind the scenes. Even though I love it, sometimes you don't have enough time to be involved.

Q: Do you plan on continuing publications into college?

A: Yes, I plan on going to Grand View University and major in English and journalism.





# Organizations:

## Staying involved



### Concert Band

Row 1: Alison Kalwishky, Samantha Scott, Nancy Lovan, Jayde Sleeth, Kevin Feters, Wendy Uribe, Caitlind Brumbaugh. Row 2: Scott Davis, Jesse McGregor, Arturo Silva, Hilary Unzueta-Soto, Christina Do, True Wheeldon, Madison Delk, Cassadee Flor, Megan Loffredo, Heather Odom, Chelsea Gallagher, Katy Casey, Janaya Butts. Row 3: Kristina Smith, Allie Marchesano, Catarina Fiscus, Michael Kendall, Sadie Woods, Michael Lettington, Julianna Wegman, Robert Kokke, Jacob Wagner, Scott Williams Jr., Blake Oleson, Nancy Thepkome, Emily Thomas, Fatima Fadel, Haley Bodensteiner, Seth Hartman, Tyler Helfert, Matthew Olgren. Row 4: Jay Rowat, Zachary Mata, Brandon Haus, Rosemarie Scheel, Theodore Kofoed, Matthew Mendenhall, Jacob Thompson, Tenea Fabray, Kristina Rounds, Nick Sayavong, NAME HERE, Kolton Whitmore, Dana Drew, Matthew Lawler, Patrick Hedgecock, David Bailey, Nicholas Heathcote, Devin O'Connor. *Not Pictured:* Mickey Berger, Jonnie Bishop, Schey Brown, Colby Carmichael, Brandon Crist, Makayla Danner, Kassidy DeBont, Samantha Halsten, Zachary Hockett, Juan Iruegas, Brennan Lawrence, Michael Olgren, Khiesha Little, Destiny Rattray, Alexander Vockings, Samantha Whistler.

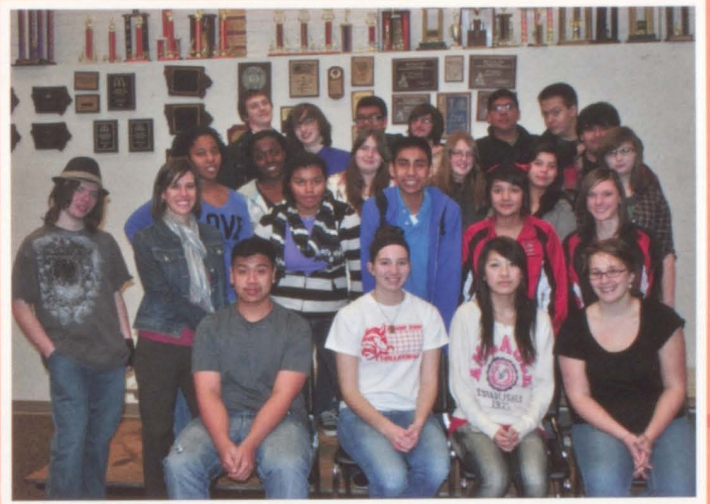
### Marching Band

Brice Bailey, Mickey Berger, Alyssa Bishop, Jonnie Bishop, Haley Bodensteiner, Caitlind Brumbaugh, Janaya Butts, Colby Carmichael, Katy Casey, Kassidy DeBont, Madison Delk, Christina Do, Dana Drew, Mackenzie Drew, Tenea Fabray, Fatima Fadel, Kevin Feters, Catarina Fiscus, Cassadee Flor, Chelsea Gallagher, Samantha Halsten, Seth Hartman, Nicholas Heathcote, Tyler Helfert, Zachary Hockett, DeMarkus Horton, Juan Iruegas, Allison Kalwishky, Michael Kendall, Theodore Kofoed, Brennan Lawrence, Matthew Lawler, Megan Loffredo, Nancy Lovan, Allie Marchesano, Zachary Mata, Jesse McGregor, Matthew Mendenhall, Devin O'Connor, Blake Oleson, Matthew Olgren, Michael Olgren, Kristina Rounds, Jay Rowat, Nick Sayavong, Rosemarie Scheel, Samantha Scott, Arturo Silva, Jayde Sleeth, Kristina Smith, Nancy Thepkome, Emily Thomas, Jacob Thompson, Wendy Uribe, Alexander Vockings, Jacob Wagner, Julianna Wegman, True Wheeldon, Kolton Whitmore, Scott Williams, and Sadie Woods.



## Orchestra

*Row one:* An Nguyen, Anna Flickinger, Ngoc Cao, and Katherine Burns. *Row two:* Shane Wood, Jennifer Luft, Zaira Aleman, Angel Monetti, Natalie Flores, and Abigail Larsen. *Row three:* Masaya Thompson, Makala Thompson, Reannan Barlow, Caitlin Wicker, Alma Chavez, and Lydia Dyer. *Row four:* Ryan Skow, Nathan Worthington, Scott Son, Trevor Abeling, Eyal Sarabia, Benjamin McClure, and Devin O'Connor. *Not Pictured:* Dalton Lyons, Nickie Nguyen, Matthew Bruce, Julia Casas, Apple Amos, Alexandra Banages, Abigail Baumgardner, Ashley Baumgardner, Cassady Carmichael, Morgan Cornelison, Makayla Duong, Abigail Escobedo, Kaitlyn Falcon, Sarah Fitzpatrick, Samantha Glick, Brittany Gronewold, Brittany Jones, Kennady Lilly, Angela Lo, Ruth Phaviset, January Phillavnh, Stacie Post, Stephanie Pray, Shannon Riggan, Joshua Rounds, Andrea Salgado, Jordan Sams, Caroline SanElias, Jeilah Seely, Glynnis Sevillano, Victoria Sleeth, Andrea Squiers, Robert Sullivan, Sarahi Trejo, Houa Vang, Marie Wakefield, Kylie Waters, and Samantha Yang.



## Concert Choir

*Row one:* Lonita Love, Bethany Faux, Mackenzie Drew, Clara Henson, Kelsee Peyton, Fatima Fadel, Emily Beattie, Kerry Graves, Kimberly Mendoza, Krystal Hill, Andrea Hiatt, Caitlin Royse, Juliana Nieto-Guerrero and Heather Reimers. *Row two:* Lacey Davis, Ashley Overton, Amanda Steines, Victoria Sleeth, Brooke Wilson, Jherrez Andrews, Mercedes Reynolds, Kaleigh Nichols, Casey Hoskins, Megan Whitfield, and Amanda Tucker. *Row three:* Angela Lo, Reannan Barlow, Chelsey Kimmel-Kendrick, Sophie Burr, Kaylin Scheel, Caitlyn Brusher, Richard Butler, Ashley Kimbley, Ashlee Eaton, Megan Bailey, Jennifer Fetters and Lanisha Henderson.



## Jazz Band

*Row 1:* Jacob Wagner, Julianna Wegman, Scott Williams Jr., Sadie Woods, David Bailey. *Row 2:* Scott Davis, Devin, O' Connor, Robert Harlan IV, Madison Delk, Anna Flickinger, Jay Rowat, Matthew Lawler, Samantha Halsten, Brennan Lawrence, Brandon Haus, Demarkus Horton, Tyler Helfert, Seth Hartman. *Not Pictured:* Mickey Berger, Jonnie Bishop, Haley Bodensteiner, Schey Brown, Janaya Butts, Colby Carmichael, Katy Casey, Brandon Crist, Makayla Danner, Kassidy DeBont, Catarina Fiscus, Casadee Flor, Chelsea Gallagher, Nicholas Heathcote, Tyler Helfert, Zachary Hockett, Juan Iruegas, Allison Kalwishky, Michael Kendall, Theodore Kofoed, Robert Kokke, Khiesha Little, Megan Loffredo, Nancy Lovan, Allie Marchesano, Zachary Mata, Jesse McGregor, Matthew Mendenhall, Blake Oleson, Matthew Olgren, Michael Olgren, Destiny Rattray, Kristina Rounds, Nicholas Sayavong, Rosemarie Scheel, Samantha Scott, Arturo Silva, Jayde Sleeth, Kristina Smith, Nancy Thepkome, Emily Thomas, Jacob Thompson, Hilary Unzueta-Soto, Wendy Uribe, Alex Vockings, True Wheeldon, Samantha Whistler, Kolton Whitmore.







## Handbells

*Row one:* Sarah Bennett and Sarah Fitzpatrick. *Row two:* Demarkus Horton. *Row three:* Allie Marchesano, Jesse Brookshire, Michael Fitzpatrick, Meredith Layman, and Allison Kalwishky.



## Scarlet Singers

*Row one:* Brooke Wilson, Caitlynn Bruscher, and Stephanie Nowels. *Row two:* Demarkus Horton, Devon Roberts, Joshua Rounds, Jasmin Munoz, Sarah Fitzpatrick, Jacob Wagner, Michael Fitzpatrick, Paige Groves, Gillian Randall, and Matthew Mendenhall. *Row three:* Angela Lo, Blake Steins, and Katie Williamson. *Row four:* Katherine Burns, Jesse Brookshire, Taylor Dunn, Nicklas Williamson, Meredith Layman, Justin Nichols, Benjamin McClure, Hailey Rusk, Michael Williams, and Sarah Bennett.



## Chamber Choir

*Row one:* Paige Groves, Jasmin Munoz, Jacob Wagner, Wade Williams, Sarah Fitzpatrick, and Ann Scheel. *Row two:* Gillian Randall, Amanda Steins, Demarkus Horton, Michael Fitzpatrick, and Katie Williamson. *Row three:* Devon Roberts, John Fudge, Nicklas Williamson, Benjamin McClure, and Morgan Green. *Row four:* Kaylin Scheel, Brianna Boner, Michael Osman, Jacob Biegger, Justin Nichols, and Vanessa Smith.



## Advanced Handbells

*Row one:* Kaylin Scheel and Sarah Fitzpatrick. *Row two:* Joshua Rounds, Demarkus Horton, Tenea Fabray, Meredith Layman, Kylie Waters, and Apple Amos. *Row three:* Michael Fitzpatrick, Christopher Tutje, and Gerald Palmer.

## Prep Choir

*Row one:* Alex Blair, Mariah White, Yulisa Alvarado, Luzy Nieto-Guerrero, Ashley Smith, and Kimberly Clark. *Row two:* Rosemarie Scheel, Jhelesha Franklin, Genesis Santana, Jacob Baysinger, Debra Edwards, and Az'urai Palmer. *Row three:* Alexandria Olson, Krystal Sparks, Teresa Dodds, Tobie Henderson, Tohamed Fowler, Allison Eaton, Ruth McMains, and Kayla Hill. *Row four:* Olivia Cenicerros, Brittney Cummings, Jericha Mack, Anastacia Brown, Sabrina Douglass, Juleo Harris, Cassidy Gilkey, Oralia Ellis, and Apple Amos.



## Student Government

*Row one:* Jessie Vance, Lily VanGundy, Melissa Craig, and Caitlynn Bruscher. *Row two:* Aerial Bowman, Jessica Kincaid, Erika Kommavongsa, Kalsa Parker, Gillian Randall, and Brooke Wilson. *Row three:* Nicole Underwood, Tenea Fabray, Matthew Mendenhall and Jacob VanGundy.







## IHSSA

*Row one:* Arnold Sengsirivanh, Brennan Lawrence, and Philip Bui. *Row two:* Jasmin Munoz, Ashley Weinman, Brooke Wilson, Lily VanGundy, Dehkontee Dassin, Caitlin Searcy, Madison Delk, Fatima Fadel, Lindsey Smith, Caitlynn Bruscher, Alexis Morris, Esmeralda Maria- Mendoza, Kaleigh Nichols, Clara Henson, and Heather Reimers. *Row three:* Houa Vang, Sarah Bennett, Katie Williamson, Benjamin Boeckholt, Michael Williams, Brian Maria, Demarkus Horton, Gillian Randall, Jennifer Fетters, Tenea Fabray, Casey Hoskins, and Sarah Fitzpatrick. *Row four:* Haley Rusk, Nicklas Williamson, Michael Fitzpatrick, Aaron Hosman, Yeltsin Rodriguez, Johnathan Straley, Devin O'Conner, Matthew Mendenhall, Jacob Biegger, and Kassidy DeBont.



## Get Schooled

*Row one:* Salat Jones and Aaron Hosman. *Row two:* Jessie Vance, Alan Dudley, Emalie Cipale and Kristopher Byam.



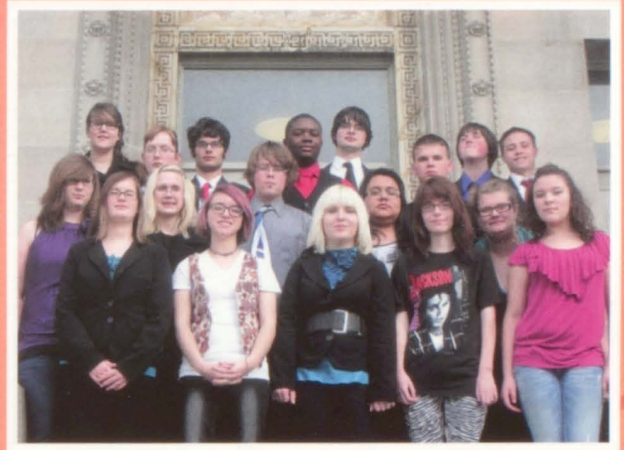
## Senior Board

*Row one:* Diana Inthaboune, Courtney Custard, Haley Larson, Nicole Patrick, Kaylee Putzier, Janie Smith, Anel Melendrez, Maria Ceballos, and Joycelin Calderon. *Row two:* Wendy Uribe, Joshua Rounds, Kiet Le, Nicole Underwood, Jessica Kincaid, Jessica Grochala, Ngoc Cao, Tenea Fabray, Emalie Cipale, Salat Jones, Brooke Nokes, Miranda Mason, Yesenia Vargas, Itzel Maceda, Benjamin Frazier, and Gladys Espitia. *Row three:* Erika Kommavongsa, Demarkus Horton, Gerald Palmer, Arnold Sengsirivanh, Lindsey Smith, Gillian Randall, Jessie Vance, Tyler Barsetti, Melissa Craig, and Kaleigh Nichols.



## Debate

*Row one:* Lydia Dyer, Samantha Scott, Heaven Chamberlain, Alex Martin, Timothy Kirchoff, Kaylea Kozeliski, Wendy Uribe, Sarah Fitzpatrick, Elizabeth Greenwood, Hilary Unzueta-soto. *Row two:* Jessamy Etchieson, Gwendolyn Wakefield, Scott Folsom, Benjamin Frazier, Christopher Tutje, Miles Menninga, Kevin Fетters and Trevor Higgins.



## IJAG

Oscar Alvarez, Aerial Boman, Derek Chapman, Mitae Clayborne, Whitney Culp, Helen Dao, Alexandra Davis, Sharayah Devick, Jeanne Edwards, Sergio Felix, Benjamin Frazier, Katelynn Freeman, Cynthia Gallardo, Aaron Gathercole, Brandon Gerke, Sonya Glass, Jorge Gonzales-Ortiz, Jazmine Heard, Clara Henson, Yessica Iraheta, Robert James, Nicholas Jeffcott, Forrest Jones, Sam Kinter, Luis Lopez, Andrew Martin, Luke Martin, Johnalie Martinez, Juana Miranda and Cody Pollock.

## Mock Trial

Elizabeth Greenwood, Steven Johnson, Trevor Higgins, Miles Menninga, Heaven Chamberlain, Wendy Uribe, Samantha Scott and Megan Bailey.







## Project Sewing Machine

Itzel Maceda, Emalie Cipale, Lily VanGundy, and Jocelyn De Avila.



## Photography Club

Jessamy Etchieson, Marissa Fitzgerald, Anna Sparks and Joleen Weller.



## French Club

Madame Crowe, Gwendolyn Wakefield, Morgan Cornelison, Mackenzie Moore and Barbara Hernandez



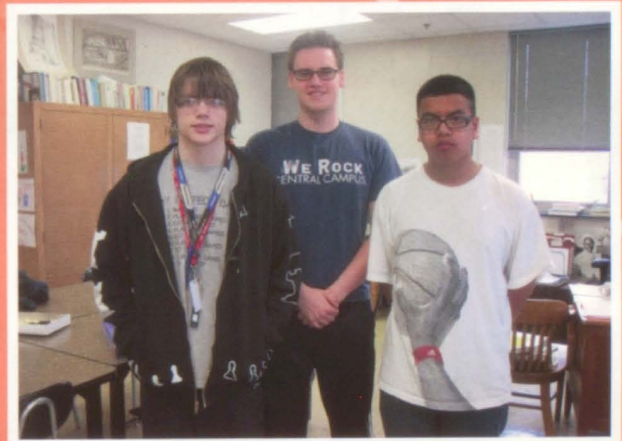
## Art Club

Jessamy Etchieson, Thuan Luong, John Mburu, Sabrina Tiarks, Anna Flickinger, Jason Soliday



## Chess Club

Llyod Frank, Kent Keil and Scott Son.



## 4-H

Heather Reimers, Jose Lupercio, Ruth Phaviset, Kona Lumeh, Denkontee Dassin.







*don't blink*

**Smile on.**

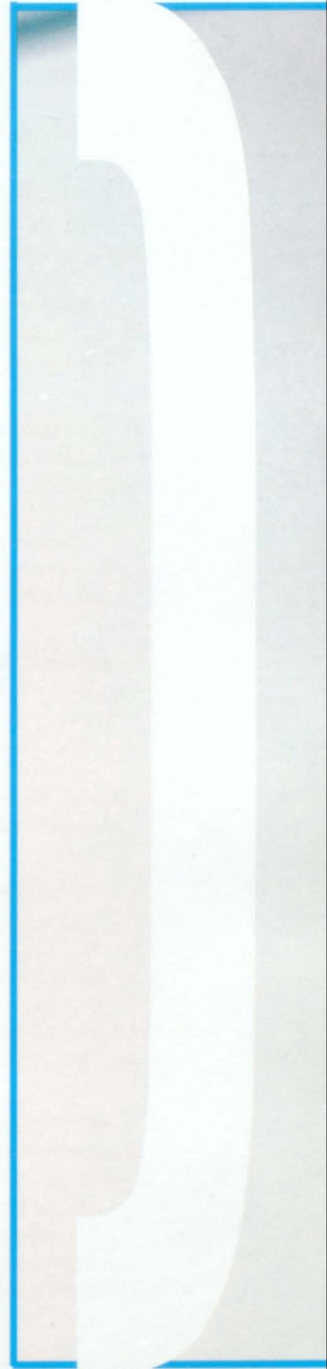
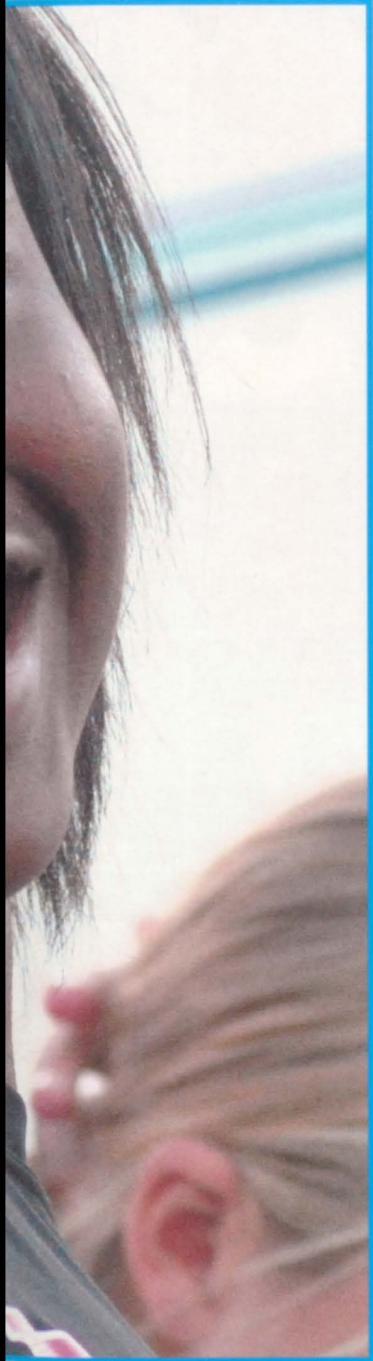
Roichelle Marble (10) shows off her personality with a vivacious smile. Marble is involved in varsity basketball, cross country and track.



Walking in the halls crowded with hundreds of students, it might take you 25 seconds to realize that no one is like you. You may have something in common with someone or have differences, but overall, you have your own personality and character.

There are different faces, color of skin, shapes and sizes. There are different beliefs, perspectives on life, goals and dreams. Everyone has a weakness and a strength. Everyone has the ability to be who they are and become what they want.

But live in the moment; that's why it's called the present. Live your life to the fullest. Don't change for someone and be your own person. Be the person you want to be.





# class of 2015 (Freshman)

Kobe Ablett  
Maisha Adams  
Savannah Adams-Bishop  
Daisy Alarcon  
Anthony Allen  
Sam Allen  
Max Alvarado



Yulisa Alvarado  
Alejandro Alvarez  
Brandon Alvarez  
Cesar Alvarez  
Eric Alvizures  
Oscar Amaya  
Apple Amos



Austen Anderson  
Collin Anderson  
Tristan Andrews  
Martha Arbiat  
Brooke Archer  
Devan Armstrong  
Stephan Arreola



Emilee Arzola  
Lessly Arzola  
Marcus Aschan  
Shynisha Avant  
Angel Ayala  
Marcella Ayala Guardado  
Seth Ayersman



Asianna Baccam  
Alexandra Banegas  
Angel Banegas  
Daisy Barboza  
Donald Barnard  
Mylisa Barnard  
Nathan Barongan



Alicia Barr  
Shaeyeaquela Bassette  
Abigail Baumgardner  
Jonathan Bautista  
Jacob Baysinger  
Jeremy Baysinger  
Talle Beal







Zoe Beasley  
Shelby Beavers  
Alyson Beery  
Kayla Belisle  
Asia Bell  
Jeremy Bentley  
Michael Benz



Mickey Berger  
Giovanni Bernal  
Dajeon Berry  
Krista Berry  
Ted Beveridge  
Ai Bi  
Orlandrea Bickham



Sidney Biondi  
Tyree Birch  
Alyssa Bishop  
Nyakan Bith  
Alex Blair  
Nakeba Blair  
Amanda Boatright



Haley Bodensteiner  
McKenna Boldt  
Jasmine Boothroyd  
Jayda Boyum  
Leann Boyum  
Jesse Brookshire  
Anastacia Brown



Ontriera Brown  
Emily Bunch  
Lawrence Burgs  
Kodie Busch  
Lauren Buttrey  
Janaya Butts  
Lay'Keya Butts



Robert Cain  
Vijay Calderon  
Natyia Cameron  
Tatyana Cameron  
Jacob Campbell  
Cierra Cantrell  
Cassady Carmichael



Timothy Carney  
Kierstyn Carpenter  
Alondra Carrasco  
Jackson Carrillo  
Julia Casas  
Alejandro Castro  
Reana Cavazos

*"Don't wait for something big to happen. Start with where you are,  
what you have, and that will always lead you into something  
greater." - Mary Morrissey*



Delia Ceballos  
Pablo Ceballos  
Jordan Chandler  
Brian Chang  
Christina Chang  
Lydia Chapman  
Mariama Charles



Elizabeth Chavez  
Gustavo Chavez  
Karla Chavez-Perez  
Jordyn Chestnut  
Jonathan Chey  
Kimberly Clark  
Dakota Clarke



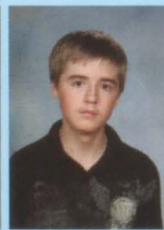
DeMarkus Coates  
Lauren Cockayne  
Taylor Codner  
Anastasia Coleman  
Abigail Collins  
Alejandro Contreras  
Bryan Contreras



Carlos Cordova  
Irania Cordova Perez  
Denzel Cornell  
Diego Corona  
Salvador Coronel-Beltran  
Eduardo Correa  
Francisco Cortez



Desiray Cowles  
Katelynn Cox  
Brandon Crist  
Mariah Cross  
Aris Cucic  
Brittney Cummings  
Tanner Curtis



Chaleigh Dainty  
Alec Dank  
Makayla Danner  
Linh Dao  
Alexander Davis  
Joshua Davis  
Madison Davis



Jozlynn Dawson  
Gina Day  
Claudia DeAvila  
Leonel Delgado  
Daniel Deng  
Duop Deng  
Corey Dewitt



Christina Do  
Teresa Dodds  
Chace Donaldson  
Caleb Dorsey  
Darouth Douch  
Amanda Douglas  
Sabrina Douglass







Antonio Downing  
Xena Dueling  
Makayla Duong Saravia  
Jose Duran  
Tanner Dzon



Allison Eaton  
Nicholas Eddinger  
Debra Edwards  
James Eenhuis



Dalton Eichhorn  
Allison Ellis  
Oralia Ellis  
Christopher Embrey



Connor Enochs  
Abigail Escobedo  
Yahaira Espinosa  
Ariana Fabian-Santos



Corin Fallis  
Alejandro Fernandez  
Amber Fernandez  
Angelica Fernandez



Salvador Fernandez  
Jesus Fierro  
Jamar Fisher  
Samantha Fitzgerald



Cassadee Flor  
Alina Flores  
Tohamed Fowler  
Qyana Fox



Emmitt Fraley  
Kevin Frank  
Jhelesha Franklin  
Joshua Franklin

freshmen

179



- To get good grades
  - To make something out of myself
  - To make new friends
  - To be the best I can
  - To be happy
- Daykota Shelton**



- I want to meet new people
  - Try out for some school activities
  - Pass all of my classes
  - Try harder and not slack
- Nakeba Blair**



- Have straight A's for a whole year
  - Get on the varsity volleyball team
  - Go our for Cheerleading
- Whitney Gualco**

My goals for  
high school are...



- Pass all my classes
  - Play football
  - Get involved in more sports
  - Be on time
- Austin Young**



- Have good grades
  - To get scholarship
  - Keep a 4.0 GPA
  - Become more involved
  - Graduate early
- Hope McGinley**



- Get good grades
  - Have a good reputation
  - Get good attendance
  - Hang out with good friends
  - Have a good year
- Brian Chang**



Jonathon Fredericksen  
 Angelica Freeman  
 Courtney Fudge  
 Austin Furgison  
 Mark Gaddy  
 Rito Galan  
 Haley Gallardo



Angelica Garcia  
 Audi Garcia  
 Maritza Garcia-Rodriguez  
 Melissa Garcia-Rodriguez  
 Ler He Gay  
 Po Gay  
 Queen Gbayee



Ashley Gibson  
 Lindsey Gibson  
 Cassidy Gilkey  
 Timothy Gobb  
 William Godoy  
 Adrina Gonzales  
 Brenda Gonzalez



Gabriela Gonzalez  
 Gilberto Gonzalez  
 Michael Gonzalez  
 Samuel Gonzalez  
 Catrell Green  
 Quincy Green  
 Tara Green



Katelyn Gregg  
 Amanda Grimm  
 Brittany Gronewold  
 Richard Gross  
 Whitney Gualco  
 Adrian Guardiola  
 Jakeline Guerrero



Javier Guerrero  
 Andrea Guzman  
 Andrew Hall  
 Cameron Hamilton  
 Lauren Hamilton  
 Cannon Harrington  
 Jonathan Harrington



Darius Harris  
 Juleo Harris  
 Seth Hartman  
 Tahlia Hauptly  
 DaVonte Hawkins  
 Patrick Hedgecock  
 Lindsie Hedlund



Tobie Henderson  
 Francis Heredia  
 Carolina Hernandez  
 Stephanie Hernandez  
 Kalix Heuermann  
 Briana Hildebrand  
 Francis Hill



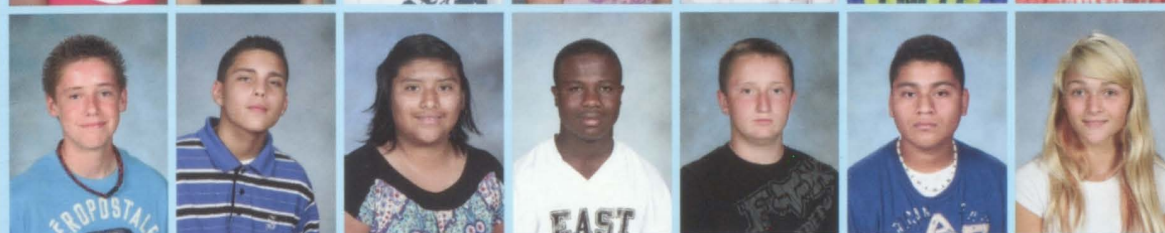




Kayla Hill  
Cynthia Hoang  
Miranda Hodges  
Colten Hofer  
Tanner Holder-Baylor  
Joni Hopkins  
Leylin Hovey



Chamontierra Howard  
Heidi Hulscher  
Jesus Iraheta  
Claudia Jacobo  
Nancy Jacobo  
Booker Jacobs  
Jaylin James



Jason Jeffries  
David Jimenez  
Eleitia Jimenez-Mendoza  
Papice Joe  
Jared Jones  
Kevin Jor  
Mariah Jordan



Camille Juarez  
Alexander Judge  
Daniel Kalar-Goetschius  
Justin Kale  
Allison Kalwishky  
Kuley Karlar  
Joslynn Kaster



Cassondra Kelley  
Kaylie Kelley  
Desirae Kellis  
Destiney Kernes  
Benjamin Khattiya  
Pete Kimmel  
Tara Kimmel



Timothy Kirchoff  
Si Klo  
Jessie Knapp  
Robert Kokke  
Tierney Kokke  
Kaylea Kozeliski  
Madison Krogman



Moussa Kuyatch  
Meshell Kyles  
Keelin Ladurini  
Ryan Lame  
Marianna Landeros  
Abigail Larsen  
Kevin Le



Gordon Lear  
Phoenix Lee  
Zachary Lemon  
Tj Leuang  
Hennesie Lewis  
Fabiola Limon-Mariscal  
Cheyenne Lindsey



Khiesha Little  
Celena Liu  
Emily Lo  
Megan Loffredo  
Cassidy Loomis  
Jazmyne Lopez  
Jennifer Lopez



Natanael Lopez  
Cina Lovan  
Sheila Lovan  
Raekwon Lowery  
Jennifer Lozano  
Jordan Lumley  
Michael Luna



Elier Luna Saavedra  
Tommy Luong  
Caitlin Luongvan  
Kali Lyddon  
Justin Lyon  
Jericha Mack  
Allie Marchesano



Jesenia Marquez  
Reyes Marquez  
Megan Martelli  
Tatyana Martin  
Ana Lucero Martinez  
Tyler Mason  
Katelyn Maxey-Palmer



Araceli Mayorga Amaya  
Carlie McClaran  
Hope McGinley  
Jesse McGregor  
Clarissa Mejia  
Angel Mendoza  
Jose Mendoza



Maria Mendoza  
Austin Meyers  
Juan Meza  
Dylan Michael  
Casey Mikesell  
Caleb Miller  
Erica Miller



Izaiah Miller  
Richard Miller  
Summer Mills  
Ashley Miner  
Colton Mitchell  
David Moffitt  
Dylan Mohne



Orion Moine  
David Money  
Sha Moo  
Andrea Morales  
Claudia Morales  
Alexis Morris  
Alfred Moseray







Aron Mota  
Carrington Mott  
Madeline Muench  
Israel Munoz



Fernando Murillo  
Usiel Murillo  
Greisy Murillo Caserez  
Isaiah Newsome



Anh Nguyen  
Kaylon Nicks  
Jordan Nieland  
Luz Nieto-Guerrero



Tylor Nokes  
Nathan Noland  
Heather Odom  
Blake Oleson



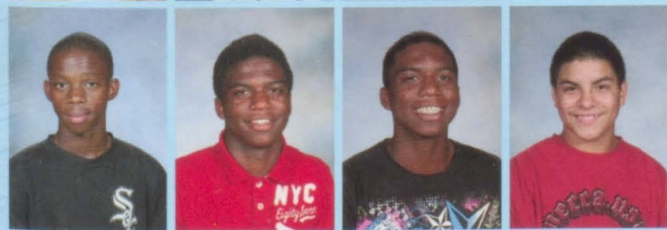
Matthew Olgren  
Hailey Olmstead  
Alexandria Olson  
Steve Olvera



Jaymee Onder  
Leslie Orozco  
Erik Ortega-Marquez  
Bryan Ortiz



Anita Pacheco  
Az'urai Palmer  
Brandon Parsons  
Hunter Patrick



Timothy Patrick  
Darrion Patterson  
Dawon Patterson  
Joshua Pedraza

I would love to play varsity soccer, receive a 4.0 GPA the rest of high school, go to Iowa State for college and graduate from there.



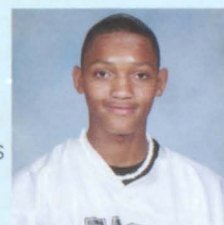
-Erik Ortega-Marquez



I want to get all A's because I never have, be the first in my family to walk across the stage with my diploma and get my credits early to be done with school.

-Erica Miller

I would want to be in charge of a school and the teachers there. I want to be the fastest person in the school, pass all of my classes and make varsity football.



-Juleo Harris

... my high school bucket list is...



I want to meet Lady Gaga and get a tattoo. I want to get over my stage fright and insecurities about my singing and I want to see All Time Low in concert.

-Brooke Robinson

I want to go to Central Campus and take fun classes, be in the East fashion show, be a varsity cheerleader and have a not so ugly ID photo.



-Zoe Beasley



I want to see a unicorn, go on more adventures downtown with my friends and go to Disney World. I also want an A in history and to see a zombie apocalypse.

-Emily Lo



Luke Pedraza  
Cori Peek  
Juan Perez  
Jade Peters  
Tina Pham  
Ruth Phaviset  
January Philavanh



Jonathan Pierce  
Juan Carlos Pina  
Selena Pintor  
Niesa Pottenger  
Katherine Prine  
Xena Pueling  
Nang Pyu



Thomas Quaye  
Alejandra Quintana  
Luis Quintanar  
Nicole Ragan  
Chance Raleigh  
Marcos Ramirez  
Tavirez Ramirez



Pablo Ramos  
Tina Randolph  
Jeffrey Rangel  
Tyler Rangel  
Germil Rankin  
Macy Rettig  
Cassidy Rhoades



Shiree Richardson  
Demajee Rife  
Enrique Rivas  
Carolina Rivera  
David Rivera  
Autumn Roberts  
Brooke Robinson



Adrian Robles  
Carlos Rodriguez  
Claudia Rodriguez  
Danny Rodriguez  
Eddie Rodriguez  
Eduardo Rodriguez  
Enrique Rodriguez



Jailene Rodriguez  
Martin Rodriguez  
Ricardo Rodriguez  
Rosa Rodriguez  
Alberto Rosales  
Brenda Rosario  
Austin Rottman



Sara Routh  
James Rowe  
Shyla Ruby  
Keirsten Rucht  
Miguel Ruiz  
Nely Ruiz  
Jose Ruiz Hernandez







Aaron Rumage  
Andre Russell  
Christian Russell  
William Ryun-Stanley  
Victoria Saengsavath  
Manuel Saenz  
Amizla Sahah



Andrea Salgado  
Nicholas Sam  
Amos Sams  
Dominique Sanchez  
Devonte Sanders  
Salvador Sandoval  
Carolina SanElias



Janet SanElias  
George Sankey  
Genesis Santana  
Karla Santos  
Andres Santos Rubio  
Ana Saucedo  
Jared Sawyer



Rosemarie Scheel  
Tiaunna Schlegel  
Samantha Scott  
Alexander Sears  
Rafael Segovia  
Glynnis Sevillano  
Peter Seyou



Jacobe Shafer  
Bilal Shahid  
Andrew Sheeker  
Montez Sheley  
Daykota Shelton  
Tierney Shieler  
Miranda Shipp



David Sigmund  
Emma Sigmund  
Shareef Silliman  
Arturo Silva  
Zachary Simmons  
Ashley Smith  
Deja Smith



Grant Smith  
Kristina Smith  
Makaiyo Smith  
Ricky Smith  
Derek Snider  
Marco Solorzano  
Alec Somsauath



Carly Soumas  
Eileen Spagnolo  
Damion Sparks  
Krystal Sparks  
Kevineka Spurlock  
Andrea Squiers  
William Steffens



Hunter Stoneburner  
Kaitlynn Stoneburner  
Kalli Stougaard  
Avery Stout  
Justin Straley  
Keenan Streeter  
Alisha Stufflebeam



Robert Sullivan  
Kaitlyn Tam  
Thomas Taylor, Jr.  
Samantha Templeton  
Salvador Terrazas  
Megan Tharp  
AJ Thein



Nancy Thepkome  
Anna Thompson  
Jacob Thompson  
Tor'Zhae Tolson  
Brandon Torres  
Leslie Torres  
Sage Torres



Selena Trejo  
Jacob Tuller  
Alexandra Tully  
Jasmine Turner  
Kiara Tyler  
Hilary Unzueta-Soto  
Edgar Uvalde



Mercedes Valdez  
Jami Vance  
Kaitlyn Vance  
Doua Vang  
Leslie Vasquez  
Manuel Velazquez  
Eric Vides



Emily Villarreal  
Raymundo Villarreal  
Tierra Viola  
Estefania Vizcarra  
Giovanni Vizcarra  
Jordan Vu  
Makenna Wade



Christine Walker  
Jesse Waltz  
Ryan Warner  
Chamira Washington  
Bryan Waters  
Taylor Watson  
Ashley Weinman



Samantha Whistler  
Kennady Whitaker  
Mariah White  
Kolton Whitmore  
Alex Wiles  
James Williams  
Jeremy Williams







Khalen Williams  
Lora Williams  
Easton Williamson  
Heather Winingier



Ageth J Wom  
Christopher Wood  
Taylor Yates  
Izak Yaw



Kayla Yaw  
Prince Yorke  
Austin Young  
Charles Young



Fathi Yussuf  
Javier Zamora

*Not Pictured:* Oscar Amaya-Mayorga, Elisabeth Ballard, Edgar Briceno, Jonathan Brown, Adam Canty, Olivia Cenicerros, Malik Craft, Darrion Crockett, Dah Dah, Marie Dean, James Eenhuis, Nancy Elias, Eleasar Frakes, Marta Gebray, Nikki Gilbert, Rosa Gonzalez, Griselda Guardado, Marie Gutierrez, Daniel Gutierrez-Magdaleno, Nancy Jacobo, Cheyenne, jilek, Kennady Lilly, Sydnee Lowery, Austin Lucas, Jazmin Luna-Perez, Ramon Martin, Anabel Martinez, Juan Mata-Perez, Desiree McGlothlin, Ruth McMains, Rachel McMenamin, Alexis Mims, Matthew Modica, Oscar Naranjo, Christian Ordaz, Franklin Portillo-Hernandez, Niesa Pottenger, Stephanie Pray, Raquel Ramirez, Rogelio Resendez-Perez, Christopher Resendiz, Ivan Rios, Marlana Robinson, Adrian Robles, Trevor Rocha, Edward Rodriguez, Yunny Rodriguez-Banegas, Carlos Rodriguez-Martinez, Flor de Liz Romo, Brittney Ruggles, Amina Sahal, Andrea Salgado, Steven Saysinuan, Sinava Sengchansouliya, Lacey Smith, Ai Thein, Christopher Thoprakane, Christine Walker and Rodieja Walls.

My advice to incoming freshmen is to be mature so juniors and seniors will respect you.

**-Brenda Rosario**



I wish I knew that there are a lot of responsibilities. My advice would be for incoming freshmen to make good choices.

**-Doua Vang**

I wish I knew that in high school it would be more difficult to receive good grades and maintain a healthy relationship.

**-Aron Mota**

*I wish I would  
have known ...*



I wish I knew that high school was way different than middle school. It is harder and more of a challenge than middle school was.

**-Hennesie Lewis**

I wish I knew that finals shouldn't be stressed about and as long as you work hard it should be alright. Just remember the things that are important.

**-Madeline Muench**



I wish I knew that in high school you have to study all the time. Tests are no longer easier to pass unless you have studied for them.

**-David Sigmund**





# [Freshman]

## Class of 2015



Izaiah Miller (15)

Q: If you could put any food on the lunch menu at East, what would it be?

A: Hot wings, chicken alfredo and fried ice cream.

Q: What reality show would you try out for and why?

A: Jersey Shore so I can slap Snooki.

Q: What would you do if zombies took over the world and you were the only human left?

A: Act like it's Call of Duty!

Q: What's your best quality?

A: My ability to make people laugh.

Brooke Robinson (14)

Q: What's your favorite past time?

A: Going to Rob Zombie concerts!

Q: What activities are you involved in?

A: I'm not in any sports, I'm an artist.

Q: What's your relationship status?

A: Still looking for someone my psycho dad will approve of!

Q: Who's your idol?

A: Lady Gaga

Q: What are your dreams?

A: I want to be an artist or a photographer.

Q: Who makes you, you?

A: My best friends, Lydia Chapman and Sam Templeton.

Q: Facebook or Twitter?

A: Facebook.







## Caitlin Luong Van (14)

Q: Relationship status?

A: I'm in a relationship with my cat.

Q: Celebrity crush?

A: Booboo Stewart.

Q: Facebook or Twitter?

A: Twitter.

Q: If you could put any food on the lunch menu what would it be?

A: Pastas of all kinds!

Q: If you could have any kind of candy for the rest of your life, what would it be?

A: Smarties.

Q: Favorite class?

A: Sewing because I'm into fashion.

Q: What's your biggest fear?

A: Bugs and heights.

## Samuel Gonzalez (14)

Q: What would you do if zombies took over the world and you were the only human left?

A: I would try to kill them all.

Q: If you could put any food on the lunch menu at East, what would it be?

A: Enchiladas because they're the best food ever!

Q: What reality show would you try out for?

A: Jersey Shore because I want to go clubbing and party all night!

Q: Do you have any nicknames?

A: Sharky, because of my hair.



## Ricardo Rodriguez (15)

Q: What reality show would you try out for and why?

A: Jersey Shore because it's interesting and funny.

Q: Who's your hero?

A: Lionel Messi.

Q: Who's your celebrity crush?

A: Kim Kardashian.

Q: If you could have any candy for the rest of your life, what would it be?

A: Crunch Bars.

Q: If you could put any food on the lunch menu at East, what would it be?

A: Subway!

Q: Facebook or Twitter?

A: Twitter.





# class of 2014 (Sophomores)

Trevor Abeling  
Habiba Abukar  
Michael Ackelson  
Luga Agostino  
Cesar Aguilar  
Karem Aguirre  
Angelica Alabado



Jaqueline Alcaraz  
Zaira Aleman  
Kayla Aller  
Nicole Aller  
Sandra Alvarez  
Edwin Amaro  
Jherrez Andrews



Lynsay Andrews  
Makram Arabiat-Ibraheem  
Gabriela Arevalo-Aguirre  
Erica Argueta  
Joshua Arroyo  
Tyler Aswegan  
Manuel Avila



Ivan Awardo  
Rachel Ayala  
Connor Bacon  
David Bailey  
Ajah Ballew  
Brieon Barker  
Reannan Barlow



Cindy Barrera  
Lucas Barton  
Nicole Battin  
Kupono Baugher  
Juan Bautista  
Emily Beattie  
Isaac Beckman



Brandon Beerbower  
Arianna Benevento  
Sarah Bennett  
Ricardo Bernabe  
Erika Bibian  
Skylard Bish  
Jonnie Bishop







Zachary Blacksmith  
Humberto Blancas  
Giovani Blanco  
Sarah Bohmke  
James Boland  
Kaleb Bolden  
Daniel Boner

Quincy Boone  
Rachel Boothroyd  
Javionte Brandon  
Damon Breuklander  
Travis Brock  
Mariah Brooks  
Alex Brown

Justice Brown  
Zakia Brown  
Matthew Bruce  
Carlos Buendia  
Cassandra Burkett  
Sophie Burr  
Shareece Burrell

Jonathan Butler  
Jozie Butler  
Richard Butler  
I'Leisha Butts  
Kelsey Butts  
Marquez Butts  
Austin Byrkett

Carly Callison  
Todd Cam  
Edgar Camacho  
Stephanie Camacho  
Victor Camacho  
Alexandra Campbell  
Nathaniel Campbell

Teresa Campbell  
Jennifer Campos  
Justin Cantry  
Colby Carmichael  
Luis Carrillo  
Breonna Carter  
Dylan Carter

Jeffrey Carter  
Terry Carter  
Jakayla Cartwright  
Isaiah Castellanos  
Leonardo Castellanos  
Cristina Castillo  
Sovann Chak

*"There are no classes in life for beginners: right away you are  
always asked to deal with what is most difficult."  
-Rainer Maria Rilke*



Maroline Chayee  
Nyakuoth Chuol  
Sara Clair  
Anthony Clark  
Sara Clark  
Samora Clay  
Timothy Coan



Sarah Coe  
Fernando Contreras  
Goretty Contreras  
Antonio Contreras-Colung  
Brittany Cook  
Austin Corley  
Morgan Cornelison



Robert Cornell  
Allan Corona  
Raechel Cox  
Joshua Creek  
Avery Cross  
Demarcus Dameron  
Dehkontee Dassin



Christopher Davis  
Devin Davis  
Lacey Davis  
Lacey Davis  
Taylor Davis  
Luke Dawson  
William Dawson



Aricca Daye  
Rodolfo De La Rosa  
Anthony De Santiago  
Ethan Deboer  
Cole DeKock  
Alexis Delgado  
Angel Delgado



Madison Delk  
Trey Dentler  
Thomas Deo  
Brock Devaughn  
Andy Diaz-Hernandez  
Joseph Dommer  
Anthony Doss



Brenden Doyle  
Earlexus Drake  
Dana Drew  
Tristin DuBay  
Aaron Duff  
Annastassi Duff  
Alexander Dunagan



Joshua Dunigan  
Tiffany Dunlap  
Desirae Dupree  
Ashlee Eaton  
Rachel Eckardt  
Breanna Elscott  
Jaycob Eisey







Jose Enriquez  
Paige Eshelman  
Jassamy Etchieson  
Aaliyah Evans



Fatima Fadel  
Kaitlyn Falcon  
Raven Fallin  
Maria Fawzi



Eric Fenimore  
Jacob Ferriss  
Jennifer Fettes  
Kevin Fettes



Spencer Fier  
Catarina Fiscus  
Luke Fisher  
Marisa Fitzgerald



Treston Flaten  
Mark Fleming  
James Flickinger  
Julian Flores



Luz Natalia Flores  
Merissa Flores  
Lamont Flowers  
Dillon Foster



Kathryn Foster  
Kierra Fraley  
Bridgett Frazier  
Dre'Shon Frazier



Amber French  
John Fudge  
Jacqueline Fuentes  
Marrico Gafford

sophomores

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"My future goals are to graduate from high school and go on to play division one baseball."

**-Robert Hansen**



"My future goal is to attend Iowa State University to study kinesiology. When I graduate I will pursue a career as a physical therapist."

**-Kelsey Butts**

"My future goal is to be a business woman and own my own shops or maybe be a vet, I'm still undecided."

**-Michelle**

**Nouchanthavong**



*My future goals*

*are...*



"I want to become an English teacher or maybe even a drama teacher."

**-Richard Butler**

"I want to graduate and then go to Iowa State University for architectural design."

**-Ethan Rustan**



"My future goal is to attend Iowa State University and pursue a career in psychology."

**-Rachel Boothroyd**



Keesha Gaines  
Jose Galan  
Chelsea Gallagher  
Lane Galvin  
Alfredo Garcia  
Eduardo Garcia  
Guillermo Garcia



Kathryn Garcia  
Rosa Garcia  
William Garcia  
Jordan Gerke  
Dillon Glass  
Samantha Glick  
Elizabeth Golberg



Audrey Gomez  
Destiny Gonzales  
Alvin Gonzalez  
Gladys Gonzalez  
Yocelin Gonzalez  
Wyatt Crafton  
Philip Graham



Kerry Graves  
Christina Grimm  
Ryan Grimm  
Dallas Groom  
Jordan Gross  
Kierra Gully  
Jesus Guzman



Jacob Haag  
Joshua Haberling  
Markus Haberling  
Alexis Hackett  
Brett Hadley  
Micheala Hale  
Robert Hansen



Samuel Hansen  
Benjamin Harger  
Josie Hargis  
Samuel Harper  
Malik Harrell  
Abdikarim Hassan  
Austin Haus



Brandon Haus  
Jorden Heard  
Nicholas Heathcote  
Samantha Heathcote  
Courtney Hecker  
Ashley Heckinger  
Kayla Heimbaugh



Cortney Helberg  
Jenneatta Hem  
Oscar Henriquez  
Jacob Her  
Andrew Herborn  
Luis Hernandez-Urzua  
Ashley Herrington







Jacob Hicks  
Jonathon Hill  
Jarred Hilt  
Zachary Hockett  
Vanessa Hodges  
Travis Hollingshed  
Carrie Hope



Casey Hoskins  
Caleb House  
DeAnthus Howard  
Latasha Howard  
Mu Hser  
Carlos Ibarra-Smith  
Hadil Ibrahim



Steven Ichelson  
Trystan Irvin  
Cody Jack  
Clayton Jackson  
William Jackson  
Jairo Jaimes  
Turyounah Jarhee



Marcresha Jenkins  
Monet Jenkins  
Jordan Jensen  
Danny Jimenez  
Dedrick Johnson  
Jaya Johnson  
Juwan Johnson



Brittany Jones  
Charles Jones  
Vance Jones  
Melvin Joyas  
Austin Jungers  
Angel Jurado  
Cynthia Jurado-Medrano



Junior Kahn  
Daniel Kara  
Sean Kelly  
Robert Kern  
Brittany King  
Maritza Knight-Beery  
Marranda Knuths



Skyler Knutzen  
Theodore Kofoed  
Ryan Kramer  
Jonathan Kucera  
Tyler Lake  
Shauntre'z Lamay  
Kevin Landaverde



Hunter Lane  
Daniel Lara  
Paige Larson  
Eternity Lawrence  
Victor Leanos  
Austin Lee  
Cameron Lee



Ben Lein  
Michael Lettington  
Kalvin Leuang  
Adrianna Limon  
Omar Limon-Mariscal  
Christian Lippold  
Michael Little-Miller



Da Char Liu  
Angela Lo  
Aaron Loftus  
Devonte Lombard  
Margaret Long  
Erick Lopez  
Janeth Lopez



Lanita Love  
Damian Lozoya  
Jesus Luevano  
Kpandi Lumeh  
Stephanie Lund  
Reno Luong  
Thuan Luong



Zachary Lusk  
Dakota Lyddon  
Natalie Lynch  
Dalton Lyons  
Neeta Magar  
Joseph Magiera  
Cody Mallory



Mackenzie Mapes  
Roichelle Marble  
Arturo Marquez  
Iridian Marquez-Lopez  
Justice Martin  
Jasmin Martinez  
Jessica Martinez



Jorge Martinez  
Raul Martinez  
Sydney Mathis  
Amber May  
Deiontre Mayfield  
Todd McConnell  
Ryan McCulley



Jesse McDonald  
Omar McGhee  
Deontya McMillian  
Brooke McNamer  
Kevin Medrano  
Latese Meeks  
Stephanie Mendez



Brian Mendoza  
Kimberli Mendoza  
Vanessa Mendoza  
Marisol Meza-Lechuga  
Jacob Michael  
Maribel Millan  
Jacob Miller







Benjamin Mills  
Angel Monetti  
Gerardo Montalvo  
Mackenzie Moore



Tyler Moore  
Miguel Morales  
Wendy Morales  
Jessica Moreno



Jer'nica Mozee  
Casey Mozena  
Tuesday Mui  
Holly Muir



Raul Munoz  
Maria Murillo  
Saul Murillo  
Corderious Murry



Kolby Naylor  
Tal Neilly  
Cianna Nelson  
Armon Newell



Nyagai Neyail  
Julie Nguyen  
Nickie Nguyen  
Juliana Nieto-Guerrero



Michael Nokes  
Michelle Nouchanthavong  
Rebetruea Novak  
Jose Nunez



Josue Ontiveros  
Liliana Ordaz  
Gabriela Ordaz Garcia  
Walter Orellana

"It's a big transition from freshman year. We're now preparing ourselves for our final years of high school. It's a lot of maturing."



**-Kendrew Panyonoucong**



"It's a lot tougher than freshman year. This year shows you what it's going to take to get through high school because now it only gets harder."

**-Mackenzie Mapes**

"It's a whole new world. It's more responsibilities and harder than freshman year."



**-Joshua Dunigan**

*The transition from  
freshman year is...*



"It was hard. I struggled my first semester and ended up failing a couple classes cause I thought it would be easy like freshman year."

**-Ja'Kayla Cartwright**

"I am more socialized with the whole school now, instead of being isolated to just my class."



**-Carly Callison**



"It was super scary but exciting being able to be a part of the main building and finally feeling like you're in high school."

**-Courtney Hecker**



Velia Ortega  
Cristal Ortiz  
Michael Osman  
Cameron Owen-Dorsey  
Nicholas Page  
Kendrew Panyanouvong  
Devin Patrick



Michael Patton  
Matthew Pauscher  
Kelsee Payton  
Derek Peek  
Milly Penaloza-Mata  
Tatiana Penate  
Jordan Pephriom



Mario Perez  
Edgar Perryman  
Jessica Peterson  
Vanneda Phengsiaroun  
Jacquelin Philavanh  
Kayla Phillips  
Austin Phongsavanh



Anthony Phothong  
Kasiah Pierce  
Cynthia Pina  
Martha Placencia  
Sebastian Pongxayavong  
Nickolas Pottenger  
Jeff Puga



Jade Quang  
Taylend Quinn  
David Ragan  
Angel Ramirez  
Jose Ramirez  
Omar Ramos  
Krystalann Rand



Selena Rangel  
Da Jae Rankins  
Destiny Rattray  
Zech Reeder  
Felipe Reinoso-Villarre  
Nickolas Renda  
Shannon Rettig



Jordan Reynolds  
Andrew Richardson  
Tyrus Riley  
Kayla Riney  
Brian Rivera  
Kimberly Rivera  
Stefany Rivera



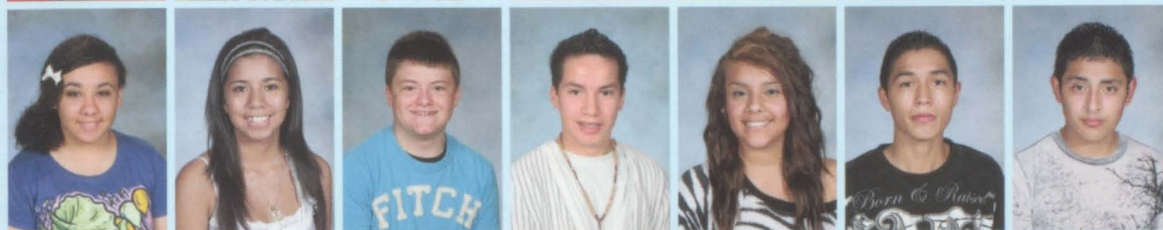
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Joshua Robbins  
Lucas Roberts  
Janey Robles  
Tara Rocha  
Adan Rodriguez  
Chris Rodriguez







Jonathan Rodriguez  
Vanessa Rodriguez  
Xavier Rodriguez  
Michelle Rogers  
Christopher Ross  
Amanda Routh  
Alicia Rowland



Caitlin Royle  
Alejandra Rubio-Hernandez  
Ethan Rustan  
Juan Salas  
Ruth Salgado-Ocampo  
Jesus Sandoval  
Agustin SanElias



Abigail Santos  
Pragya Sapkota  
Prakash Sapkota  
Eyal Sarabia  
Blei Say  
Winna Say  
Kiana Schaff



Ann Scheel  
Kaylin Scheel  
Jacob Secory  
Jeilan Seely  
Malisa Sengchansouliya  
Sinava Sengchansouliya  
Dakota Shelburg



Markel Sheley  
Donavan Siakhasone  
Victoria Sleeth  
Chelsie Smith  
Emma Smith  
Gabriel Smith  
Miriaha Smith



Nicole Smith  
Presha Smith  
Ryan Smith  
Racheal Smithhart  
Richard Smithhart  
Devin Smull  
Maryen Angela Snyder



Scott Son  
Dustin Spaans  
Anna Sparks  
Hunter Stapes  
Michael StClair  
Blake Steines  
Dominick Stevens



Zachary Steward  
Haley Stoll  
Mattingly Stone  
Dillon Strait  
Blake Sunkle  
Benjamin Swanson  
Oscar Tavera



Danaka Taylor  
Ian Taylor  
Kessiah Taylor  
Victorio Terrazas  
Daizsa Thomas  
Emily Thomas  
Juwan Thomas



Makala Thompson  
Sabrina Tiarks  
Kelly Tiengkham  
Carley Toomey  
Jazmin Torres  
Michael Toruno  
Sarahi Trejo



Kaitlin Tripp  
Andy Trotter  
Nancy Truong  
Romazia Turner-Brown  
Christine Tyrrell  
Alex Underwood  
Tyler Vail



Raini Van Gundy  
Kelly Vanchelle  
Elijah Vanderschoor  
Vacengleng Vang  
Dillon VanGundy  
Skiler VanHouang  
Alejandro Vasquez



Marlene Vazquez  
Cynthia Vela  
Alexander Villegas  
Alexander Vockings  
Nicolas Vongphandy  
Alysia Vongsaly  
Jennifer Vongvilay



Gwendolyn Wakefield  
Demarcus Walls  
Kylie Waters  
Kalil Watson  
James Weesner  
Julianna Wegman  
Tabitha Wegner



Austin Wellborn  
Shannea Wells-Young  
David Wessel  
Cheyanne Wiand  
Caitlin Wicker  
Edward Wilkinson  
Alonzo Williams



Ariante Williams  
Corshala Williams  
DeVondre Williams  
Drew Williams  
Michael Williams  
Scott Williams  
Katie Williamson







Cortney Wilson  
Kenneth Wilson  
Domonic Winfrey  
Shondrea Winfrey



Chelsea Wolfe  
Shannon Woltz  
Shane Wood  
Cody Worthington



Cordell Wright  
Samantha Yang  
Bonnie Young  
Brandon Young



Ellie Youngwirth  
Bianca Zamora  
Malique Ziegler

*Not Pictured:* Chichiliya Adum, Ivan Alvarado, Monique Alvares, Ayan Bokicha, Miriam Briceno-Salcedo, Bal Budathoki, Taylor Conway, Roxana Coronado, Dillon Cospers, Steven Culberson, Anthony DeSantiago, Alondra Duran, Htoo Eh, Rufta Gebray, Cletus Goods, Ariez Heard, Lanisha Henderson, Annie Henrich, Juanito Hernandez, Tatyanna Hernandez, Michael Knox, Linzee Lowery, Kyle Marquis, Jorge Martinez, Raul Martinez, Dwashayne Meek, Kimberly Mendoza, Dustin Moad, Tanner Musick, Justice Olmstead-Martin, Leeann Overton, Bobby Palmer, Bhavik Patel, Lakeyha Plummer, Anju Rai, Braedon Scott, Keijuanaky Seales, Jacob Secory, Lah Shee, Tramaine Smith, Megan Tharp, Harley Weldon, Linsy Wilkin, Treisy Yaquian Davila.



"My junior year goals are letter in tennis and to keep at least a 3.8 GPA."

-Scott Son



"I want to get captain of the color guard for my second year and I want to get all A's and B's."

-Chelsea Gallagher



"For my junior year I want to continue my role as a drum major and get a job so I can get a car."

-Madison Delk

*My goals for  
junior year are...*



"For junior year I want to have my colleges narrowed down and have my major and minor decided."

-Aricca Daye



"I want to get straight A's and to wrestle varsity my junior year."

-Alexander Vockings



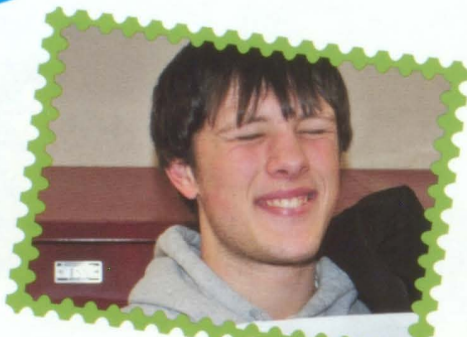
"I want to get better grades and to become a better person overall."

-Samantha Click



# [Sophomores]

## Class of 2014



### Cristina Castillo (15)

Q: What makes you an interesting person?

A: I'm very opinionated.

Q: If you could have any kind of candy for the rest of your life, what would it be?

A: Blow Pops! You get the best of both worlds, gum and candy!

Q: Who is your hero?

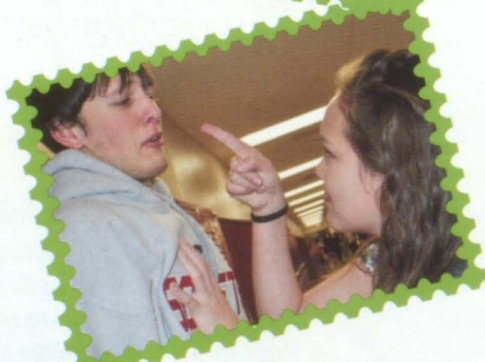
A: My mom!!

Q: Do you prefer Twitter or Facebook?

A: TWITTER!! Follow ya girl. :)

Q: What is your best quality?

A: My butt, eyes and lips. I'm also honest ALL the time.



### Mattingly Stone (16)

Q: What makes you interesting?

A: Because I'm Matt Freaking Stone!!!

Q: Who is your hero?

A: Coach Scottie! (The freshman basketball coach)

Q: What is your best quality?

A: Obviously my huge....thick....long....LEGS!

Q: Would you prefer Subway or Quinzos?

A: Subway, eat fresh....Like Dougie Fresh!

Q: Do you have any nicknames?

A: Stoney, Stoner, Mateo (Mateo Del Dia and Mateo de la noche), and Matty

Q: Whats your biggest fear?

A: Only my girl knows that!







## Jesus Luevano (16)

Q: What would you do if zombies took over the world?

A: Go after them and try to survive.

Q: If you could put any food on the lunch menu at East, what would it be?

A: Whoppers.

Q: If you could have any kind of candy for the rest of your life, what would it be?

A: Snickers, because I like how it tastes.

Q: What would you do if zombies took over the world and you were the only human left?

A: Go after them all and try to survive.

## Kelsee Dayton (15)

Q: What makes you interesting?

A: I think I'm an interesting person because I think differently than most people and I try to be different from everybody else.

Q: Who is your celebrity crush?

A: Well, I basically have the same celebrity crush as every other teenage girl, Robert Pattinson and Taylor Lautner.

Q: What is your favorite class?

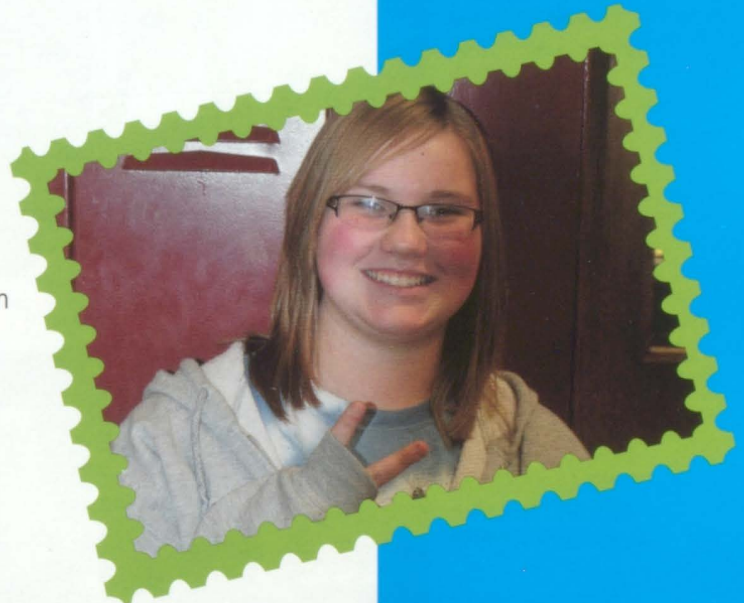
A: Woodworking :)

Q: If you could put any food on the lunch menu at East, what would it be?

A: I would put a healthier, yet amazing tasting food on the menu!

Q: What is your biggest fear?

A: I would have to say.....loosing the people I'm close to.



## Sophie Burr (16)

Q: What reality show would you try out for?

A: Made, I want to be made into a volleyball player.

Q: What makes you an interesting person?

A: I know how to have fun. I'm loud but shy at the same time.

Q: Relationship status?

A: Its complicated.

Q: What is your best quality?

A: Kindness to others.





# class of 2013 (Juniors)

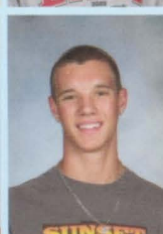
Narayan Acharya  
Tashiana Adams  
Robert Adler  
Liliane Akimpaye  
Jacquelin Alarcon  
Jeremy Alderman  
Cody Allbee



Micheal Allen  
Gage Allison  
Juan Alvarado  
Carla Alvarenga  
Janet Alvarez  
Carina Amaya  
Echo Amos



Baylee Anderson  
Dakota Anderson  
Jacob Anderson  
Jasmine Anderson  
Kaitlin Anderson  
Carl Annicchiarico  
Alexandros Anousis



Jose Arredondo  
Angelo Arreola  
Lesly Artero Canizales  
Andrea Avila  
Mu Ba  
Jacob Baccam  
Sophie Backham



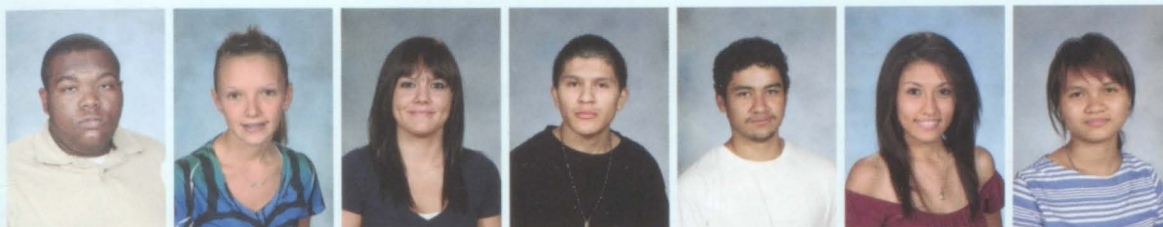
Jeromy Bacon  
Joseph Bahnsen  
Hannah Bailey  
Andrew Baires  
Chloe Baker  
Kylie Ball  
Daniel Banegas



Austyn Banks  
Jeremy Banks  
Johanna Banks  
Manuela Barron  
Kelsey Beal  
Marcus Beattie  
Megan Belcher







Tavean Bell  
Brittany Bemisdarfer  
Savannah Bennett  
David Bernal  
Walter Bernal  
Leslie Bernal-Perez  
Mu Bi



Yasmin Bibian  
Bambi Bickle  
Jacob Biegger  
Kali Biondi  
Travis Bland  
Jobie Boals Watters  
Benjamin Boeckholt



Aerial Boman  
Brianna Boner  
Michael Borts  
Jeremy Bos  
Eric Boston  
Keanan Boutchee  
Ryan Bradford



Tamaiya Bradford-Johnson  
Brandon Brooks  
Annmarie Brown  
April Brown  
Dae'Shaun Brown  
Kevin Brown  
Richard Brown



Schey Brown  
Caitlind Brumbaugh  
Davontae Buckner  
Prakash Budathoki  
Savanna Bullington  
Elizabeth Burgett  
Krystal Burgett



Brianna Burgs  
Justine Buttrey  
Sidney Cam  
Brenda Cambray  
Lesly Canizales  
Haley Cardines  
Kayla Carre



Rachel Carstens  
Reio Cason  
Brockdyn Catron  
Christopher Catron  
Roeles Cavazos  
Gerardo Ceballos  
Martin Cervantes

*"The future belongs to those who believe in the beauty  
of their dreams." - Eleanor Roosevelt*



Jasmine Chak  
Heaven Chamberlain  
Toby Champalath  
Alex Chapman  
Breanna Chapman  
Winifred Charles  
Alma Chavez



Jennifer Chavez-Rivera  
Steffian Church  
Kara Cipperley  
Daniel Clark  
Alejandra Contreras  
Allyson Contreras  
Beatriz Contreras



Maria Contreras-Santos  
Trevor Conway  
Alejandra Cordova Perez  
Shiloh Corral  
Cassandra Couch  
Lawrence Courtney  
Courtney Crist



German Cruz  
Geedmarie Cruz  
Romario Cruz  
Makaya Culberson  
Anthony Curry  
Jacob Dank  
Helen Dao



Miranda Daughenbaugh  
Joseph Davis  
Danny Dawson  
Mauro De Avila  
Keelie Deay  
Kassidy DeBont  
Ashley DeHaan



Darian Delaney  
Cameron Devan  
Brandon Diehm  
Devon Dilley  
Trinh Do  
Alpha Doerue  
Billy Douangsithi



Cassandra Douglass  
Briandra Dowdell  
Kaylene Drayton  
Mackenzie Drew  
Taylor Dunn  
Carly Dycus  
Lydia Dyer



Tara Edvenson  
Tyler Edvenson  
Rickey Ellis  
Devin Enos  
Wyatt Enos  
Jeffrey Erickson  
Johnathon Evans







Eva Fabray  
Jacob Fallon  
Ghufran Fawzi  
Zahraa Fawzi  
Sergio Felix  
Sydney Fields  
Kaine Fiscus



Anthony Flaten  
Andres Flores  
Kayla Foreman  
Karl Frank  
Sheryl Franks  
Odyssey Freeborn  
Savanna Fuller



Stephenie Gabriel  
Hailey Galloway  
Brian Garay  
Daisy Garcia  
Gabriella Garcia  
Heidy Garcia  
Yesenia Garcia



Aaron Gathercole  
Veronica Gbayee  
Freweyni Gebrezabiher  
Hiwot Gebrezabiher  
Grace Gerke  
Kyrie German  
Dale Gibbens



Dylan Gile  
Alicia Gillette  
Sonya Glass  
Katelyn Glover  
Leandre Glover  
Jose Gonzalez  
Kenya Gonzalez



Khassidy Goods  
Isaiah Green  
Morgan Green  
Manuel Guadron  
Joanna Guerrero  
Miguel Guerrero  
Abdi Guled



Bianca Gutierrez  
Elizabeth Hager  
McKenzie Hale  
Hunter Hall  
James Hanson  
Robert Harlan  
Dominic Harrington



Romenek Harrington  
Caitlyn Hartley  
Jensen Hastings  
Jodi Hatcher  
Amanda Hatfield  
Elissa Haugh  
Jewel Head



Joel Head  
Jazmine Heard  
Lisa Heckethorn  
Jessee Heimbaugh  
Tyler Helfert  
Lindsay Helm  
Brittaney Henderson



Clara Henson  
Dillon Hernandez  
Mariana Hernandez  
Marisol Hernandez  
Javier Hernandez-Rodriguez  
Andrea Hiatt  
Angie Hidalgo



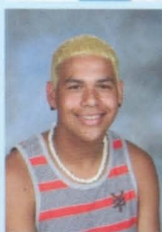
Ashley Hogate  
Kyle Holcomb  
Lauren Holmes  
Sabra Holmes  
Hanna Hoskins  
Aaron Hosman  
Sugey Huchim-Garcia



Verlayia Hudson  
Shara Huffman  
Alexander Huynh  
Justin Huynh  
Phillip Isbell  
Armando Islas-Hernandez  
Xavier James



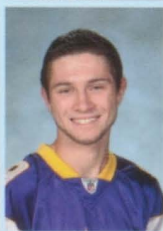
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Crystal Jasper  
Alexis Jenkins  
Brandon Jenkins  
Christopher Johnson  
Hannah Johnson  
Steven Johnson



Grant Jones  
Joshua Jones  
Victor Jurado  
Sean Kane  
Terrence Karlar  
Caroline Kasper  
Jeffrey Kathi



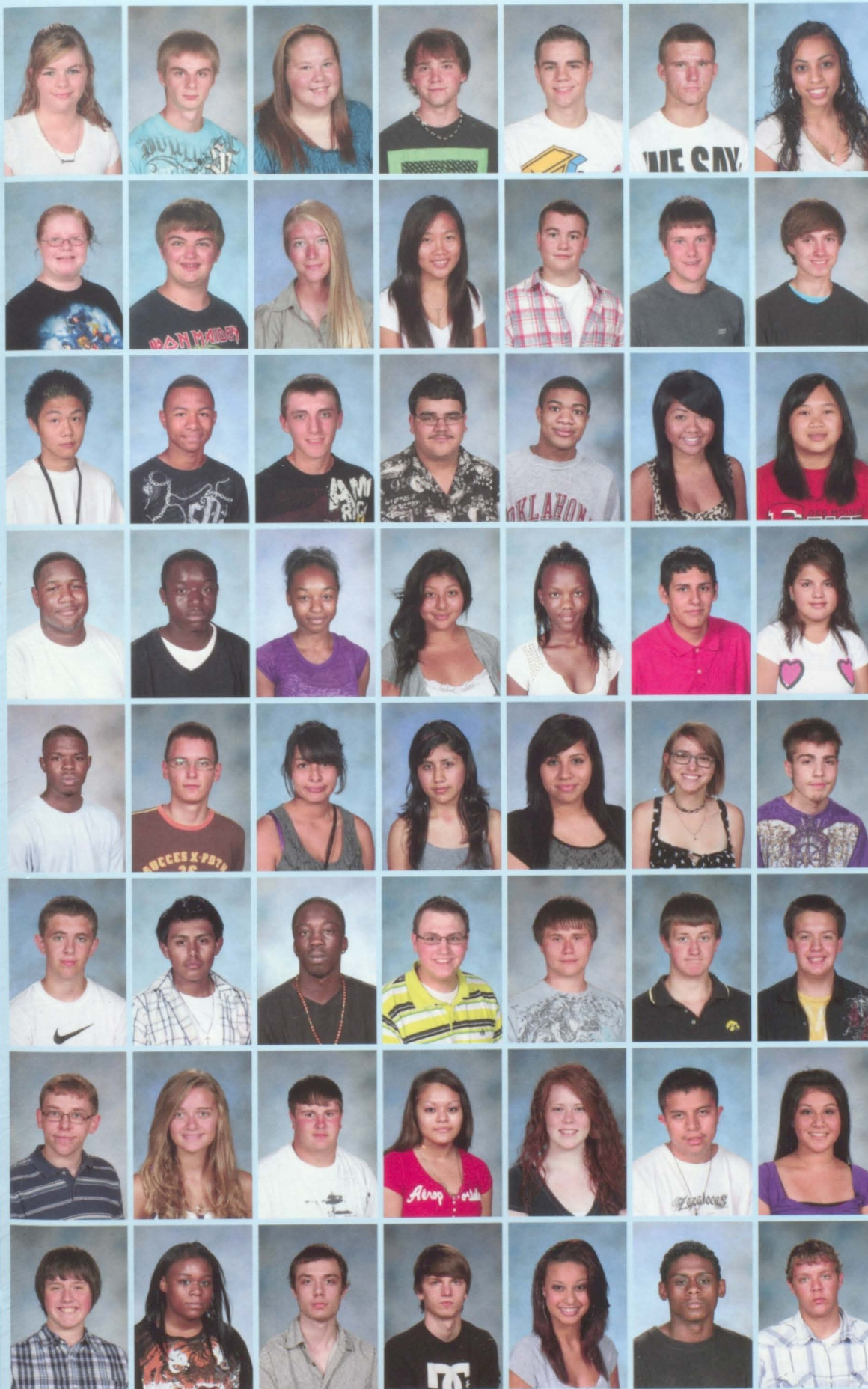
Zachary Kellogg  
Michael Kendall  
Njeri Kennedy  
Alisha Keointavong  
Nichole Kern  
Jason Khamlue  
Julie Khamlue



Jacqueline Khamma  
Jessy Khanthaphengxay  
Julie Khanthavongsa  
Ashley Kimbley  
Chelsey Kimmel-Kendrick  
Theodore Kirk  
Nicole Kirkpatrick







Jasmine Kirkwood  
Adam Knode  
Kerri Kochheiser  
Dylan Kokke  
Austin Kramer-Thompson  
Kyler Krogman  
Jasmin Landeros

Jessie Lane  
Matthew Lawler  
Meredith Layman  
Trang Le  
Brandon Leach  
Garrett Lear  
Joshua Lemon

Anthony Leuang  
Ricardo Lewis  
Justin Lippold  
Christian Lopez  
Daniel Lott  
Briana Lovan  
Nancy Lovan

De Rico Lowery  
Jamal Lowery  
Shyann Lowery  
Crystal Lozano  
Kona Lumeh  
Andres Maldonado Jr  
Dulce Manjarrez-Nunez

O Ron Manson  
Nebojsa Markovic  
Jennifer Marquez  
Olivia Marquez  
Stephanie Marquez  
Alexandria Martin  
Andrew Martin

Luke Martin  
Ramon Martinez-Tovar  
Dantrell Matthews  
Johnathon Mayes  
Victor Mayes  
Matthew McCarter  
Benjamin McClure

Brandon McGill  
Millie McKeever  
Baden Medearis  
Marisol Mejia  
Abbey Mendenhall  
Jesus Mendez  
Yuliana Mendoza-Pintor

Miles Menninga  
Carkessa Merrill  
Joshua Michael  
Ryan Middleton  
Jazmin Miller  
Donald Von Miner  
Taylor Mitchell



Mackenzly Moats  
 Adan Mohamud  
 Evan Mom  
 Kristen Monroe  
 Amairani Montoya  
 Ana Morales  
 Ignacia Morales



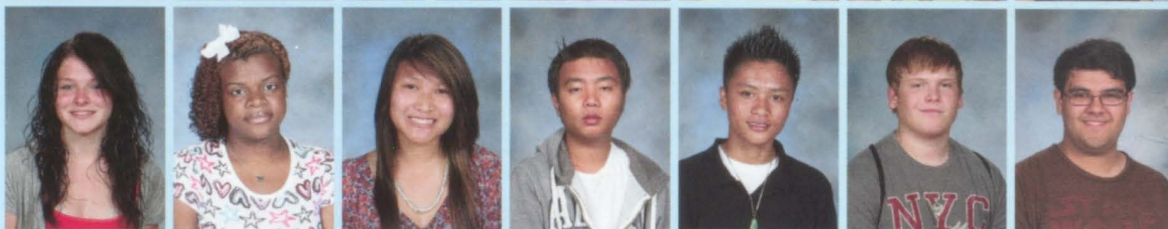
Veronica Moran  
 Jonathon Moreno  
 Roger Moreno  
 Markale Morrison  
 Lah Mui  
 Fernando Murillo  
 Henry Murillo



Destiny Murphy  
 Tyler Murphy  
 Jayde Murray  
 Ga Na  
 Dezaray Nair  
 Carlie Navarro  
 Cherokee Neitzel



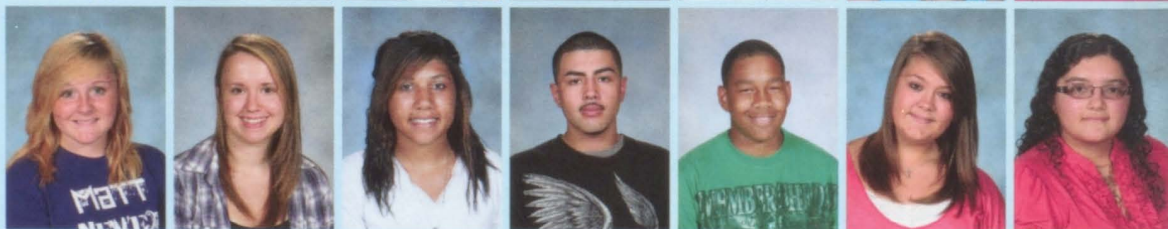
Audrianna Nelson  
 Moneisha Newton-Weber  
 Alexandria Nguyen  
 Hieu Nguyen  
 Jackson Nguyen  
 Zachary Nieland  
 Devin O'Connor



Dumars Oliva  
 Adrian Olivares  
 Breeanna Olmstead  
 Allen Olson  
 Adrian Orozco  
 Guadalupe Ortega  
 David Ortiz



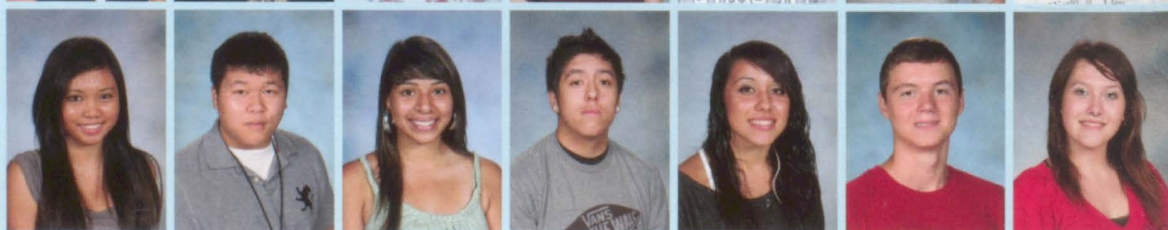
Makayla Ortiz  
 Elizabeth Ouverson  
 Jasmine Palmer  
 Jason Palomino  
 Leon Paris  
 Sharae Parker  
 Michelle Patino



Angeles Perez  
 Derian Perez  
 Gerardo Perez  
 Janett Perez  
 Sabino Perez-Herrera  
 Jordan Peters  
 Alune Phaisith



Brenda Phongphachone  
 Timothy Phongvixay  
 Alejandra Pina  
 Aldo Plascencia  
 Darby Poller  
 Fehim Porcic  
 Brianna Proctor







Lorenzo Prones  
Eric Quintanar  
Tanner Radden  
Jazmin Ramirez  
Karina Ramirez  
Jessica Ramos  
Melissa Rangel



Vanessa Razo  
Clay Reber  
Kalen Reed  
Theodosia Reed  
Alexandra Reid  
Heather Reimers  
Zeare Renfro



Michael Renteria  
Chase Reynolds  
Jamie Reynolds  
Victoria Richardson  
Joseph Riesterer  
Shannon Riggan  
Jasmine Rios



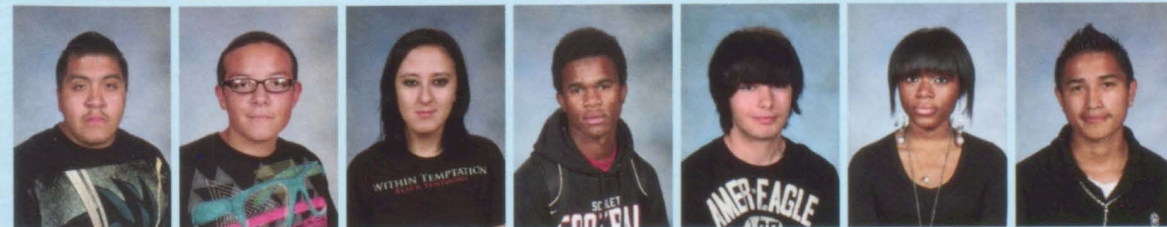
Jenny Rissman  
Ryan Rivas  
Brian Rivera  
Elizabeth Rivera  
Maximiliano Rivera  
Andrea Robbins  
Katelyn Roberts



Austin Robertson  
Mikendra Robinson  
Abraham Robles  
Omar Robles  
Jose Rodriguez  
Marvin Rodriguez  
Sandy Rodriguez



Anthony Ross  
Jay Rowat  
Prisma Ruacho  
Jammie Ruchi  
Hailey Rusk  
Anthony Saengphommachan  
Brenda Saenz



Vincente Salamanca-Ortega  
Anthony Salas  
Melissa Salgado  
Abu Sama  
Jacob Samuel  
Anny Sando  
Raul Sandoval



Javier Santos  
Luis Saravia  
Sandra Saucedo  
Nicholas Sawhill  
Nick Sayavong  
Hailey Scanlon  
Matthew Schmitt



Jacob Schmitz  
Jeffrey Schmitz  
Caitlin Scott  
Caitlin Searcy  
Michael Sells  
Cinthia Sequera  
Battee Seyou



Michael Shelburn  
Jacob Shepard  
Princess Sheriff  
Shawn Shimer  
Kyle Shieler  
Kayla Shoafstall  
James Shorter



Carlos Silva-Trejo  
Ryan Skow  
Shelby Slater  
Franklin Slaton  
Taylor Slifka  
Cameron Slothouber  
Amber Smith



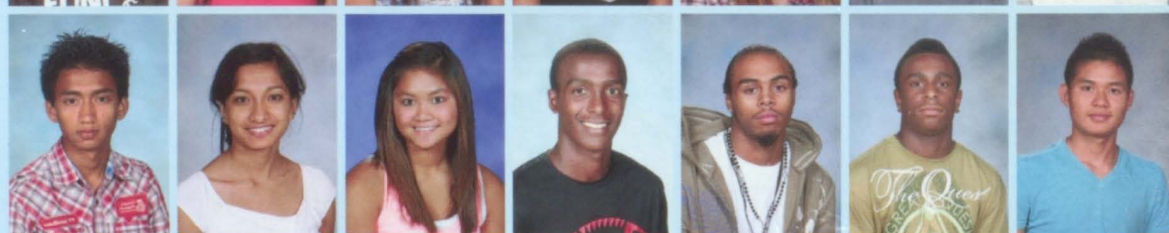
Antoine Smith  
Gage Smith  
Mackenzi Smith  
Tyrell Smith  
Vanessa Smith  
Seth Smothers  
Khu Soe



Kilo Solo  
Daisy Solorzano  
Tamika Soulinthavong  
Jamesha Spurlock  
Kaitlin Stalkup  
August Stangl  
Revay Stewart



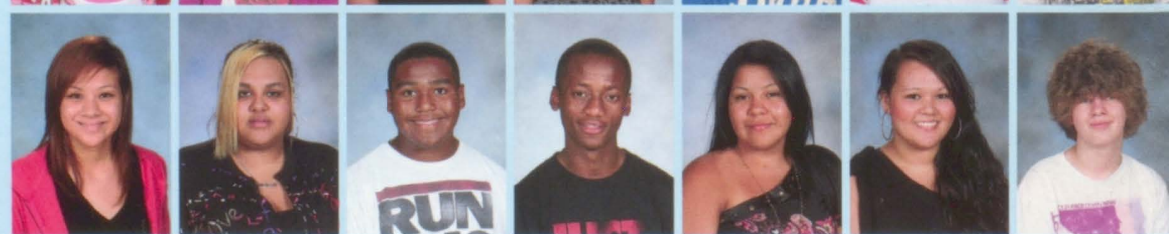
Dil Subedi  
Tulashi Subedi  
Christina Syhavong  
Craig Taylor  
Kabeion Teagues  
Tyree Temple  
Shernay Thathong



Sydney Thomas  
Mariah Thompson  
Masaya Thompson  
Shyana Thompson  
Israel Toluwalase  
Adrian Torres  
Michael Towers



Stephani Tran  
Janeva Trejo  
Tobias Tyler  
Steve Ukpan  
Esmeralda Uribe  
Cristina Valenzuela  
Seth Van Helten







Kara VanDeo  
DaShawn VanDyke  
Houa Vang  
Jacob VanGundy  
Paige Vasey  
Cintia Vasquez  
Alondra Vazquez



Laura Vazquez  
Vanessa Vazquez  
Berthalia Velazquez  
Lucero Velazquez  
Sydney Vestal  
Carmen Vilzamontes  
Andrea Vizcarra



Marko Vojvodic  
Austin Vorasith  
Hen Wah  
Patience Wah  
Thomas Wah  
Ashly Wallingford  
Chanda Ward



Aaron Waters  
Jesmond Waterson  
Taylor Weesner  
Dylan Weir  
Bailee West  
True Wheeldon  
Austin White



Alfred Wiles  
Josie Wilkerson  
Adrianna Williams  
Taylor Williams  
Jacques Willis  
Albrea Winfrey  
Artichala Wise



Bedipeny Wom  
Ashley Woodson  
Nathan Worthington  
Keisha Wright  
Yonnah Yassin  
Yeewah Yelegar  
Mindy Yom



Breann Young  
Breanna Young  
Nakhwo Yussuf

*Not Pictured:* Jose Alvarez, Bethany Castro, Zufar Gatiyatov, Alazara Gebray, Kyle Goff, Alma Gomez-Moreno, Liliana Gonzalez, Solgangy Gonzalez, Francisco Guerrero, Barbara Hernandez, Alesha Hildreth, Vanessa Hodges, Nicholas Jeffcott, Kiara Jones, Nicholas Jordan, Robert Joshua, Alier Mamourjok, Ariana McMains, Christian Mesta, Kevin Mitchell, Ana Moreira-Chavez, Robert Oberreuter, Mario Quintero, Anthony Raitt, Sergio Ramirez, Shane Robey, Michael Roby, Danny Rodriguez, Kortnei Seales, Richard Sigmon, Michael Stougard, Sher Nay Thong, and Monica Zavala-Valdez.



# [Juniors]

## Class of 2013



Jacob Anderson

Q. What would you do if zombies took over the world and you were the only human left?

A. I would go on a rampage and kill them all.

Q. What reality show would you try out for?

A. Nothing on MTV because it is all scripted.

Q. If you could put any food on the lunch menu at east, what would it be?

A. I would put a taco truck in the cafeteria.

Q. What makes you an interesting person?

A. Even the most interesting man in the world told me I was interesting.

Q. Twitter or Facebook?

A. MySpace.

Q. Subway or Quiznos?

A. Jimmie Johns.

Shawn Jarrett

Q. What would you do if zombies took over the world and you were the only human left?

A. I would try to pursue a girl zombie with my charming good looks and make half-human half zombie babies.

Q. What reality show would you try out for?

A. Jersey Shore because I'm tan and buff.

Q. If you could have any kind of candy for the rest of your life, what would it be?

A. Skittles cause I like to taste the rainbow.

Q. If you could put any food on the lunch menu at east, what would it be?

A. Fried chicken I think you know why.







## Elizabeth Burgett (17)

- Q. What would you do if zombies took over the world and you were the only human left?  
 A. I would let them eat me.  
 Q. What reality show would you try out for?  
 A. The Real World because it is my favorite.  
 Q. If you could have any kind of candy for the rest of your life, what would it be?  
 A. Kit Kats.  
 Q. Celebrity Crush:  
 A. Gerald Butler.  
 Q. Favorite Class:  
 A. Art Class.  
 Q. If you could put any food on the lunch menu at east, what would it be?  
 A. Good spaghetti.

## Artichala Wise (17)

- Q. What would you do if zombies took over the world and you were the only human left?  
 A. I would be very sad and become a zombie.  
 Q. What reality show would you try out for?  
 A. The Real World, I love it and turn everyone against another.  
 Q. If you could have any kind of candy for the rest of your life, what would it be?  
 A. Reeses peanut butter cups.  
 Q. Relationship Status:  
 A. Married to Derek Rose  
 Q. If you could put any food on the lunch menu at east, what would it be?  
 A. Chicken Strips with ranch.  
 Q. Subway or Quiznos?  
 A. I love subway but I work a Quiznos.



## Alexander Huynh (17)

- Q. What would you do if zombies took over the world and you were the only human left?  
 A. I would train them to be my slaves and take over the world.  
 Q. What reality show would you try out for?  
 A. Real World.  
 Q. If you could have any kind of candy for the rest of your life, what would it be?  
 A. Starburst  
 Q. Relationship Status?  
 A. Happily taken.  
 Q. Who is your hero?  
 A. Goku





# SENIORS

CLASS OF

*east high*



East High  
Class of 2012



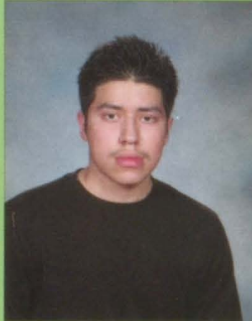


h School  
f 2012



# class of [SENIORS]

**Jordan Abeling**  
Concert Band (9), Football (9-10),  
Marching Band (9)  
**Manuel Acosta**  
**Sydney Adrian**  
**Julia Aguilar**  
**Austin Ahl-Jones**  
Bowling (9-12), Student Gov. (9-12)



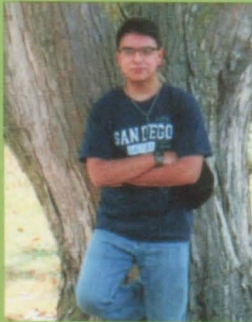
**Tyler Ahmed**  
**Jennifer Alarcon**  
**Irelan Allen**  
**Liset Alvarez**  
AL (11-12), Fashion Show (11),  
Student Gov. (12)  
**Oscar Alvarez**  
Baseball (9), Basketball (9),  
I-JAG (10-12), Soccer (11-12)



**Carina Ambriz**  
**Taylor Anderson**  
Prep Choir (9-11), Softball (9-12)  
**Evelin Andrade**  
**John Andrews**  
**Martin Arredondo**



**Riley Bacon**  
AL (9-12), Baseball (9-11),  
Basketball (9-10), NCYL (11-12),  
NHS (11-12), Scroll (11-12)  
**Andy Bahena**  
**Megan Bailey**  
**Amber Baker**  
**Nicholas Baker**





Travis Bales  
Omar Barberena  
Travis Barr  
Dustin Barrett  
Tyler Barsetti

Matthew Basham  
Travis Bass  
Jordan Bates  
Ashley Baumgardner  
Orchestra (9-12), Track (12), Upward  
Bound (10-12)

Ariana Bautista  
Art club (11), Theater arts (11),  
Japanese Culture Club (10-12)

Devin Bekish  
Austin Bellis  
Zachary Benevento  
Julia Bentley  
Luz Bermudez

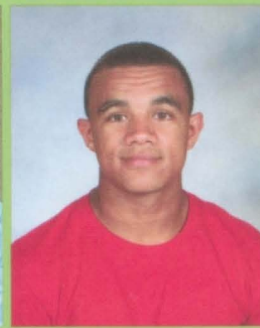
Karen Bernal  
Conner Bixby  
Kasie Blaine  
Paige Blair  
Softball (9-12), Track (10-12)  
Benjamin Bolton

Hailey Boman  
Track (9-12), Upward Bound (9),  
Gear up (9-12), ETS (9-12)  
Jazzmyne Bond  
Taylor Bougher  
Fashion Show (10), Prep Choir (9),  
Scroll (11-12)  
Robert Bowman  
Joshua Brawdy

*"Moving on is simple. It's what we leave behind  
that's hard." - Author Unknown*

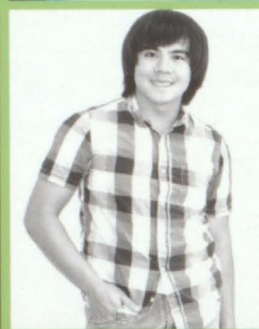


Matthew Brouwer  
Breanna Brown  
Cody Brown  
Donte Brown  
Raeniece Brown



Stephen Brown  
Caitlynn Bruscher

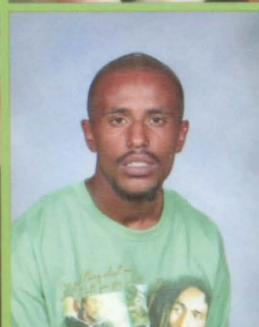
AL (9-12), Mixed Choir (9-12), NHS  
(12), Prep Choir (9), School Play  
(12), Scarlet Singers (11-12), Sr.  
Board (12), Steppers (11-12),  
Student Gov. (12), IHSSA (11-12)



Philip Bui

Football (9-10), IHSSA (11-12),  
School Play (12), NHS (12),  
Valedictorian (12)

Dontrey Bundy  
Katherine Burns



Justus Buttrey  
Alontae Butts  
Joycelin Calderon

Scarlet Mentors (12), Fashion Show (10)

Sydney Caldwell  
Caleb Conner



Alex Calkins

Julio Calvo

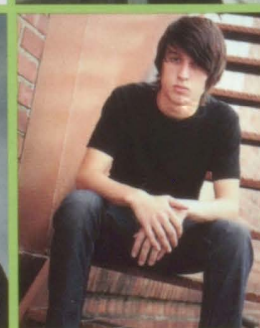
Kayla Cam

AL (9, 11, 12), Cheerleader (11-12),  
Fashion Show (10-11), NCYL (11-12),  
NHS (11-12), Tennis (10),  
Monsoon API Youth Group (9-12)

Cristian Camacho

Ngoc Cao

AD (10-11), AL (9-11), Color Guard  
(10), Fashion Show (10-12),  
French Club (9-10), NCYL (12),  
IHSSA (10-11), NHS (11-12),  
Orchestra (9-12), First Chair (12),  
Pep-E (10-11), Sr. Board (12),  
Tennis (9-12), Iowa Talent Project (9-12)



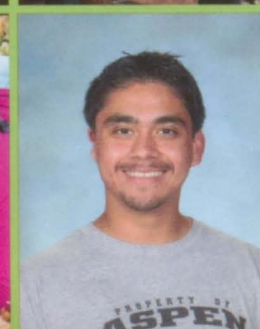
Tania Cardenas

Kami Cardines

Jacob Carlson

Andrew Carroll

Brooke Casey



Katy Casey

Travis Cavan

Maria Ceballos

Fashion show (11), I-JAG (9),  
SB (9-12), Soccer (9-10, 12), Scarlet  
Mentors (12), Gear up (9-12)

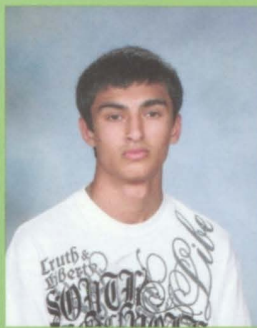
Ricardo Ceballos

Kevin Chanthavong





Derek Chapman  
Fahid Chaudhry



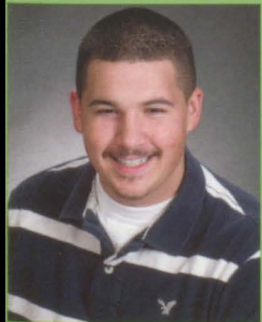
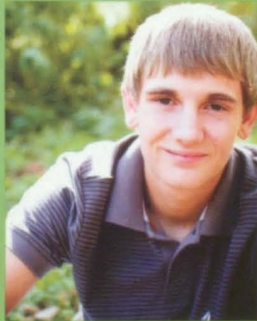
**Mach Chuol**  
**Emalie Cipale**  
AL (11), Fashion Show (11), NCYL (12),  
Quill (10-12), Sr. Board (12), Student Gov.  
(12), FCCLA (9), 150th anniversary  
committee (11), Get Schooled (12),  
Project Sewing Machine (12)



**Tereasa Clair**  
**MITae Clayborne**



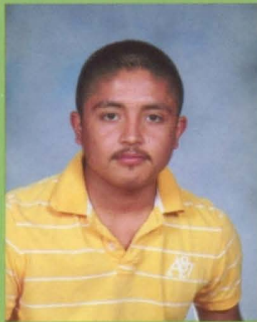
**Jama Clayton**  
**Jeremy Clearwater**



**Matthew Conner Negrete**  
**Allyson Contreras-Colunga**



**Antonio Contreras**  
**Edgar Contreras**



My life has been  
impacted by music  
because it helps  
motivate me to get  
things done.

**-Jordan Sams**



My baby because she  
helped me mature and  
see that school is  
important. I want her  
to grow up and be  
proud of who I am.

**-Cynthia Gallardo**

My life has been  
impacted by friends  
and family because  
they are the people  
that influence me the  
most.

**-Nereo Garcia**



*My life has been  
impacted by...*



My father has impacted  
my life because he  
made me see the  
important things in life.

**-Sandra Fontaine**

My life has been  
impacted by my friends  
and teachers because  
they push me towards  
my goal; graduating.

**-Jaime Sevillano**



My mom, because  
she's my role model  
and has pushed me to  
strive for success.

**-Rosa Ventura**



**Jose Contreras**  
 Science Bound (9), Soccer (9-12)  
**Vanessa Contreras-Colung**  
 Gustavo Correa  
 Rodolfo Correa-Paz  
 Kaitlin Cortez



**Aaron Coyle**  
**Melissa Craig**  
 AL (9, 10), Fashion Show (10),  
 NHS (11, 12), Quill (12),  
 Sr. Board (12),  
 Student Gov. (11-12)  
**Cody Crane**  
 Football (9)  
**Lindsey Cronk**  
**Emma Cross**



**Whitney Culp**  
**Alexes Cummings**  
 Steppers (9-12)  
**Blake Cunningham**  
 Baseball/captain (8-12),  
 Basketball (12),  
 Football/captain (9-12),  
 Track (10-12)  
**Courtney Custard**  
 AL (9-12), NCYL (11-12),  
 NEHS (10-11), NHS (10-11),  
 Scroll (11-12), Softball (9-12),  
 Sr. Board (12)  
**Sky Dale**  
 Fashion show (9-10),  
 School play (10-12),  
 Theater Art (10-12), UB (9-10)



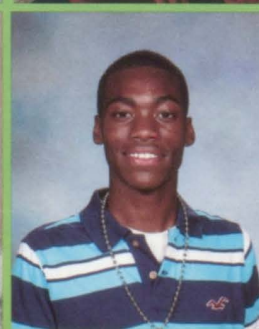
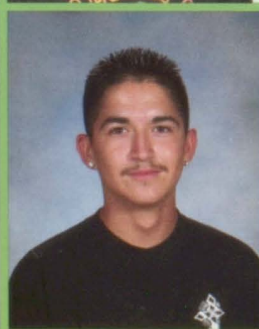
**Curtis Dantzler**  
**Alexandra Davis**  
**Jocelyn De Avila**  
**Jessica DeAvila**  
**Melissa Deerr**



**Angel Delgado**  
**Musa Deng**  
**Nyachudier Deng**  
**Andrea DeSantiago**  
**Sharayah Devick**



**Bob Doan**  
**Aldo Dominguez**  
**Ashlee Doughman**  
**Allen Dudley**  
**Hannalee Dudley**





**Austin Dueling**  
Rugby (11-12)  
**Kristopher Duff**  
**Zackary Dunn**  
**Taylor Dupuy**  
**Jeanne Edwards**

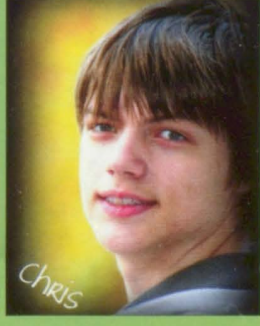
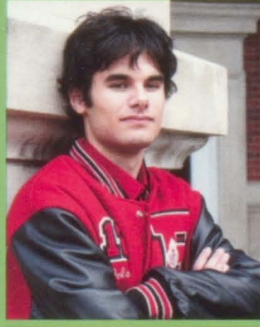
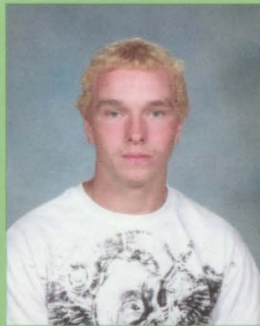
**Evan Ellenwood**  
**Chad Elliott**  
**Karina Esparza**  
**Alyssa Espinoza**  
AL (9-12), Basketball (9-10),  
Equip. Mgr. (11), Softball (9-10),  
Volleyball (11)  
**Gladys Espitia**  
Scarlet Mentors, Senior Board (12),  
ETS (9-12)

**Anabel Estrada**  
**Daniel Everett**  
**Diana Fabian-Santos**  
AL (9-12), Quill (12)  
**Tenea Fabray**  
AL (9-10), Chamber Choir (12),  
IHSSA (9-12), Concert Choir (9-12),  
Equip. Mgr. (9), Handbells (9-12),  
Jazz Band (11), Marching Band (9-12),  
NHS (11-12), Prep Choir (9),  
School Play (11-12),  
Scarlet Singers (11-12),  
Sr. Board (12), Student Gov. (12),  
Theater Arts (11-12), Track (9-10),  
Wind Ensemble (9-11), ETS (9-12)  
**Bethany Faux**

**Summer Ferguson**  
**Justin Fiscus**  
**Riley Fisher**  
AL (9-12), Class Officer (12),  
ETS (11, 12), NEHS (11-12),  
PEP-E (9-12), Prep Choir (9),  
Quill (10-12), Scarlet Mentors (12),  
Softball (9-12), Sr. Board (12),  
Student Gov. (9)  
**Allison Fitzgerald**  
Basketball (9-12), NCYL (11-12),  
Softball (9-12), Sr. Board (12),  
Swimming (11)  
**Michael Fitzpatrick**

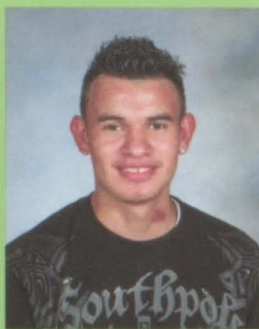
**Sarah Fitzpatrick**  
**Anna Flickinger**  
AL (9-11), Art Club (12), Basketball  
(9), Concert Band (11), Jazz Band  
(9-12), NCYL (11-12), NHS (11-12),  
Orchestra (11-12), School Play (12),  
Tennis (10-12), Volleyball (9-12),  
Wind Ensemble (10-11), Chamber  
Orchestra (10-12)  
**Gregory Filippo**  
**Scott Folsom**  
**Sandra Fontaine**  
Prep Choir 9, School Play 9,  
Softball 11

**Kayla Ford**  
**Alice Foss**  
**Deanna Fox**  
**Lloyd Frank**  
**Benjamin Frazier**  
Debate (10-12),  
Fashion show (10-11),  
I-JAG (9-12), Mock Trial (10-12),  
School play (11), SB (9),  
Sr. Board (12), Student Gov. (9-11),  
Track (9-10), Mock Trial (10-12)





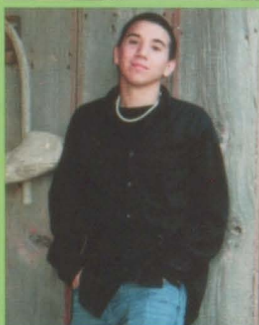
Katelynn Freeman  
Jose Fuentes  
Heather Fulford  
AL (9), Equip. Mgr. (9-12),  
I-JAG (9), Volleyball (9-10)  
Cynthia Gallardo  
Nereo Garcia



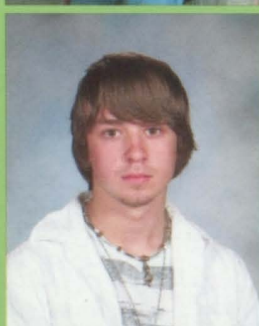
Samantha Garcia  
Brandon Gerke  
Grace Kerke  
Zachary Gibson  
Melissa Godoy



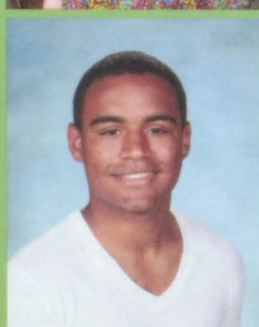
Taylor Gomez  
ROTC (12), Academic Lab (12)  
Cindy Gonzales-Ortiz  
Dali Gonzalez-Garcia  
Felix Gonzalez-Garcia  
Katelynn Green



Michael Green  
Samantha Green  
Elizabeth Greenwood  
Kara Grett  
Jessica Grochala  
Art Club (12), Softball (8-12), Sr.  
Board (12)



Zachary Gronewold  
Cross Country (12), Track (9-12)  
Alexander Gross  
Paige Groves  
KenNita Grutel  
Sara Grylls



Leslie Guadarrama  
Deontazsha Gunn  
Dawn Hadley  
Joshua Hague  
Football (9-12), Soccer (9), Track  
(10), Rugby (11)  
Nicholas Hall



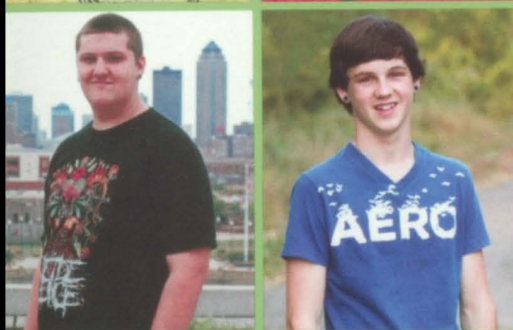




Samantha Halsten  
Cierra Hampe



Raymond Harless  
Omar Hassan



Austin Hatfield  
Austin Hedlund



Dannel Hem  
Brandon Hendrickson



Meredith Henriksen  
Alexander Hensley  
Football (9-12), NCYL (11-12), NHS (11-12), Upward Bound (9-12), Wrestling (9-12)



Jessica Hernandez  
Karla Hernandez

The East High school spirit because it's what makes up the school and it sets us apart from others.

-Joycelin Calderon



I hope our pride and tradition stays the same because "Scarlets are Winners."

-Arnold Sensirivanh

The way the softball program is built because we have amazing supporters.

-Jessica Grochala



What I hope stays the same at East High is...



The senior teachers because they are funny and make senior year bearable.

-Heather Stilson

Mrs. Bierkamp because she is one AMAZING teacher!

-Yanet Santos

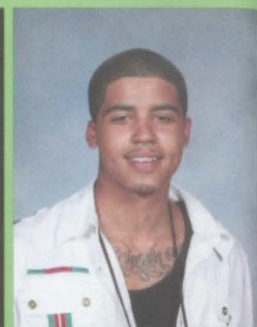


The dedicated staff members because they make coming to school worthwhile.

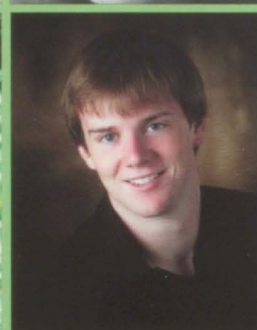
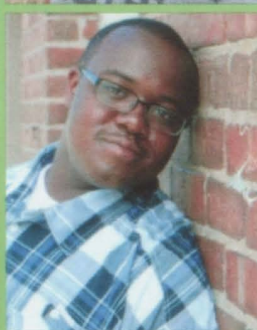
-Jasmin Munoz



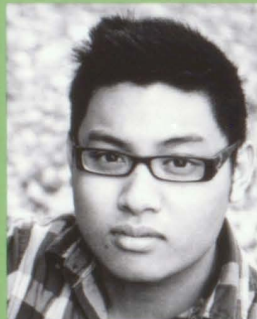
**Leticia Hernandez**  
**Armando Hernandez-Urzla**  
**Trevor Higgins**  
 Debate (9-12), Mock Trial (9-12),  
 Spanish Club (9-10), Track (9, 11)  
**Kristel Hill**  
 AD (10), Bowling (10, 11),  
 Color Guard (9-12),  
 Marching Band (9-12),  
 Mixed Choir (9-12),  
 Soccer (10-12), Track (9)  
**Steven Hollingshed**



**Erika Hood**  
**Demarkus Horton**  
 AL (9-12), Chamber Choir (10-12),  
 Concert Band (9-11), Handbells (11-12),  
 Jazz Band (9-12), Marching Band (9-12),  
 Quiz Bowl (9), School Play (11-12),  
 Science Bound (9-12), Sr. Board (12),  
 Wind Ensemble (9-11), IHSSA (10-12)  
**Vanada Houn**  
**Drew Hurley**  
 AL (9,11), Football/captain (9-12)  
**Phillip Huxford**



**Mayra Ibarra-Trejo**  
 Handbells (9), Soccer (10-12),  
 Volleyball (9-10)  
**Alec Inrachavongsa**  
**Diana Inthaboune**  
**Yessica Iraheta**  
 Fashion show (11-12),  
 I-JAG (10-12),  
 Sr. Board: 12, Gear up (10-12),  
 Scarlet Mentor (11-12), STRIVE: Des  
 Moines Rotary (11)  
**Juan Iruegas**



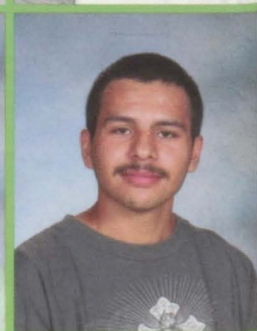
**LaNae James**  
**Robert James**  
**Colton Jensen**  
**Alyssa Jernstad**  
**Darian Johnson**



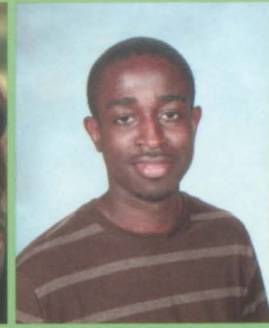
**Michaela Johnson**  
**Alicia Jones**  
**Forrest Jones**  
**Salat Jones**  
 AL (9-12), Basketball (9-12),  
 Cross Country (9-12), Sr. Board (12),  
 Tennis (9), Track (10-12),  
 Mr. East High Pageant (12),  
 Get Schooled (12)  
**Samuel Joseph**



**Simon Joseph**  
**Edemir Joyas**  
**Ryan Joynes**  
**Mark Juarez-Martinez**  
**Ramiro Jurado**

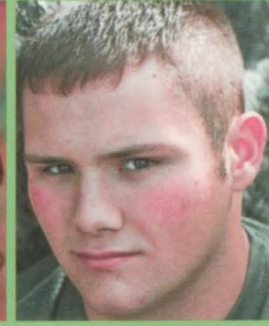






**Victor Kamara**  
**Lovetee Kanneh**  
**Kent Keil**  
**Ericka Kellogg**  
**Chukwuebuka Kemdirim**  
 AL (9-12), ACE (10-12),  
 NCYL (11-12), NHS (11-12),  
 SB (9-12), Soccer (9-12),  
 Swimming (12)

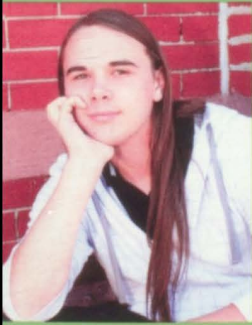
**227**



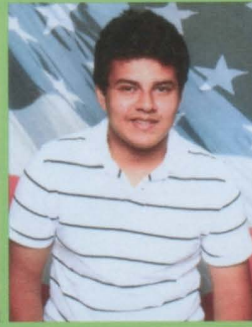
**Zachariah Kempf**  
**Darlene Keointavong**  
**Bryan Kern**  
**Jessica Kincaid**  
**Chae King**



**Samuel Kinter**  
**Amber Knox**  
**Brittany Knuths**  
**Kristina Knuths**  
**Austyne Kobrock**



**Shaylon Kobrock**  
**Erika Kommavongsa**  
 Fashion Show (11-12), Scroll (12),  
 Sr. Board (12), Student Gov. (9-12),  
 Tennis (10-12), Theater Arts (11),  
 UB (10-12), Volleyball (9-12),  
 Project Sewing Machine (12), Youth  
 leadership Initiative (11)  
**Nathan Kouangvan**  
 Soccer (9-12), Upward Bound (9)  
**Michael Kreitz**  
**Wesley Kreutz**



**Sara Ku**  
**Sidhant Kumor**  
**Jasmin Landeros**  
**Teresha Landers**  
**Brandon Lane**



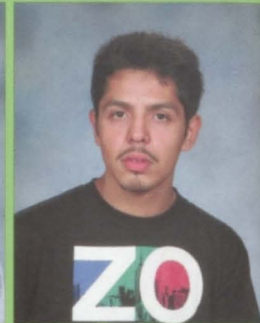
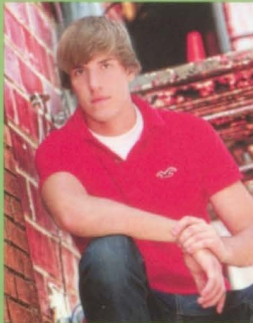
**Haley Larson**  
 AL (9-12), Basketball (9-10), NCYL (11-12),  
 NHS (11-12), Quill (10-12), Soccer (9-12),  
 Sr. Board (12)  
**Michael Larson**  
**Brandon Lautenschlager**  
**Brennan Lawrence**  
 AL (9-12), IHSSA (11-12), Concert Band  
 (9-11), Football (9-10), Jazz Band (10-12),  
 Marching Band (9-12), NCYL (11-12),  
 NEHS (10-12), NHS (11-12), Soccer (11-  
 12), UB (9-12), Wind Ensemble (9-11)  
**Kiet Le**  
 IHSSA (12), NHS (11-12), Soccer (9-10), Sr.  
 Board (12), Tennis (11-12), UB (9-12)



Daniel Leanos  
Jorge Ledezma  
Justin Leuang  
Zachary Lewis  
Zachary Lewis



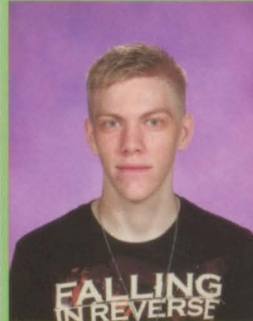
Carolett Leyva  
Sonia Limon-Mariscal  
Brandon Long  
Basketball (9-12), Football (9-12),  
NCYL (11-12), Sr. Board (12), Track  
(11-12)  
Kriston Long  
Luis Lopez



Samantha Lopez  
Yadira Lopez  
Valerie Lorimor  
Maricela Lozano  
Fatmata Lumeh



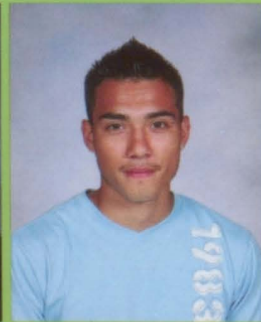
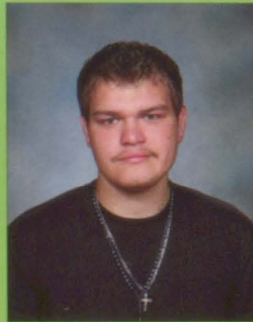
Jose Lupercio  
Luong Mac  
Itzel Maceda  
Tyler Maddex  
Vitaliy Makhmuryan



Matthew Malloy  
Jacob Mann  
Esmeralda Maria-  
Mendoza  
Art Club (11), Sr. Board (12),  
Student Gov. (12), IHSSA  
Mayra Marin-Verduzco  
AL (9), Fashion Show (10-12),  
Science Bound (9-10), Soccer (9-10)  
Johnalle Martinez



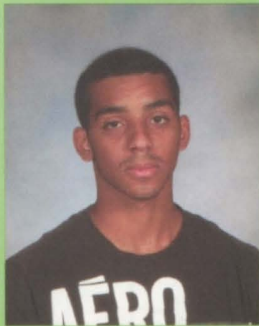
Steven Martinez  
Juan Martinez-Salazar  
Miranda Mason  
Zachary Mata  
Johnathan Mayes







**John Mburu**  
Darrion McCaughey



**Taylor McDaniel**  
Nathaniel McDonald



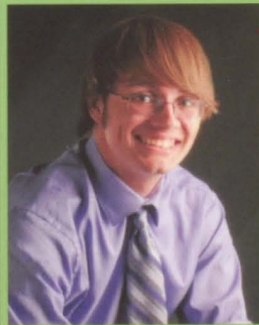
**Ashley McMenamin**  
Joshua Meinke



**Anel Melendrez**  
AL (9), Sr. Board (12), Track (11-12) ETS (9-12)

**Matthew Mendenhall**

AL (9-12), Chamber Choir (12), Concert Band (9-12), Jazz Band (9-12), Marching Band (9-12), NHS (11-12), Scarlet Singers (12), Student Gov. (12), Tennis (12), Wind Ensemble (9-10), IHSSA (10-12)



**Rodolfo Mendoza**  
Shelby Midthun



**Preston Mila**  
Alysia Millan



seniors

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My humor because making people smile is one of the best things you can do for them.

**-Brittney Oliver**



I want to be remembered for my gorilla suit because I think it was something that hasn't been done before.

**-Oscar Alvarez**

My ability to take on a lot of activities because it makes me feel like a superhero.

**-Sarah Fitzpatrick**



*I want to be remembered for my...*



My chocolate donuts because I brought them everyday.

**-Tyler Seward**

My bubbly personality and hair because everyone always commented on my hair.

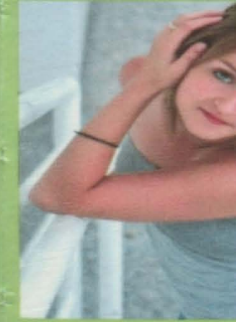
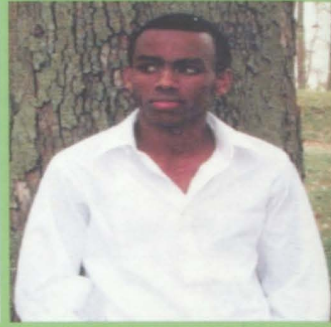
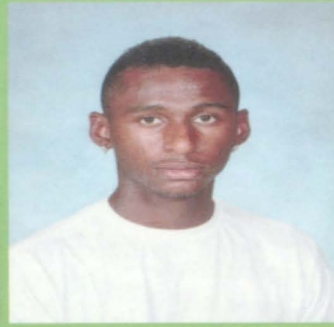
**-Emily Weihs**



My ability to kick myself in the head because not very many people I know can do that.

**-Michael Green**







Kierra Osborn  
Regina Osman  
Ashley Overton  
Kevin Owen  
Gabriela Palacios  
Cheerleader (10-12)

Gerald Palmer  
Kalsa Parker  
AL (9-12), NHS (11-12), Student Gov. (12), Volleyball (10, 11)  
Stephanie  
Pathammavong  
Nicole Patrick  
Angela Pauscher

Adrian Perez  
Blake Perkins  
Vanessa Petersen  
Dustin Peterson  
Ravary Phaviset

Matthew Phipps  
Cody Phommavong  
Shauna Pierce  
Cody Pollock  
Stacie Post  
Orchestra (9-12), Student Gov. (12), Track (12), Upward Bound (9-12)

Marilyn Potter  
Kaylee Putzler  
Skylre Quang  
Francis Ramirez  
Stormy Rand

Gillian Randall  
AL (9-10, 12), Chamber Choir (10-12), Class Officer - President (12), IHSSA (9-12, President 12), Drama Club (10), Fashion Show (11), NHS (11-12), School Play (10-12), Scarlet Singers (9-12), Sr. Board (12), Student Gov. (10-12), Theatre Arts (10-12)  
Arthur Randolph  
Dylan Rangel  
Anthanee Ratsakanh  
Alexis Reber



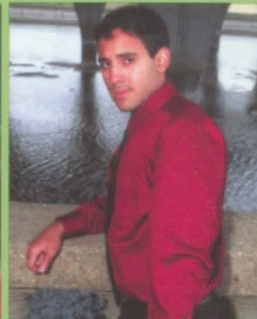
Theodosia Reed  
Jazmyne Reich  
Araynna Reid  
Heather Reimers  
Zeare Renfro



Mercedes Reynolds  
Matthew Rinner  
Chamber Choir (10-11),  
Scarlet Singers (9-12), ROTC (9-11),  
U.S. Army (12),  
American Welding Society (12)  
Rodney Robbins  
Devon Roberts  
Sterling Robinson



Angelica Rodriguez  
Damon Rodriguez  
Richardo Rodriguez  
Rocio Rodriguez  
Yeltsin Rodriguez



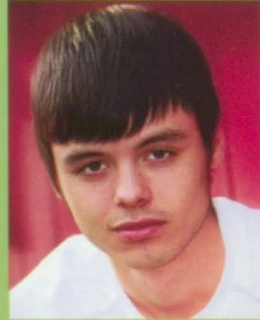
Aubrey Roland  
Joshua Rounds  
Baseball (9-10), Basketball (9),  
Handbells (10-12), Orchestra (9-12),  
Prep Choir (9), Scarlet Singers (10-  
12), Sr. Board (12)  
Kristina Rounds  
Concert Band (9-12), Marching Band  
(9-12)  
Naythan Routh  
Thomas Routh



Christian Royce  
Matthew Royce  
AL (9)  
Jovani Rubio  
Jokthiang Ruot  
Alexa Rusk



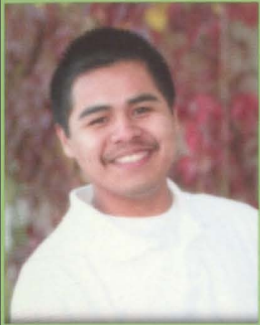
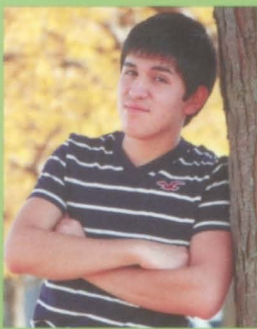
Jesse Ryan  
Jeanda Sakaknarghe  
Carlos Salas  
Jordan Sams  
AL (9-11), Orchestra (9-12)  
Omar Sanchez







**Felipe Sandoval**  
**Ricardo SanElias**



**Larri Santos**  
**Yanet Santos**  
Soccer (10-12), Scarlet Mentors (12),  
ETS (9-12), Gear-Up (9-12)



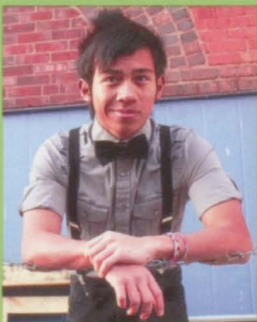
**Riccardo Saucedo**  
**Yariss Sauz**



**Chance Scott**  
Football (11), Wrestling (9-12)  
**Celeste Sears**



**Rene Senecaut**  
**Arnold Sengsirivanh**  
AL (10), Chess Club (9), School Play (12),  
Sr. Board (12), Student Gov. (12), Tennis  
(9-12), Upward Bound (10-12)



**Jaime Sevillano**  
**Tyler Seward**  
Football (9-10)



senior

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To not let little things  
matter and bring me  
down because in the end  
they are just little things  
and will never get  
through if I pay ignore  
them.

**-Yessica Iraheta**



High school has taught  
me to make the most  
out of life because you  
don't get as long as  
you'd like.

**-Jesse Ryan**

How to handle stress and  
meet deadlines because  
homework gives you  
deadlines and depending  
on the amount you have  
it could cause a lot of  
stress.

**-Alexa Rusk**



*High school has  
taught me...*



High school has taught  
me that life is going to  
be harder than high  
school.

**-Austin Hatfield**

To never give up on  
myself and keep going  
because theres so many  
opportunities in life and  
high school helps you  
achieve those  
opportunities.

**-Kaly Wolfe**



High school has taught  
me to be responsible,  
be mature, and to get  
to class.

**-Ce-Ce Leyva**



Thomas Sharp  
Logan Shaw  
Jeremiah Shepherd  
Daniel Shoafstall  
Cassandra Siders



Trista Sierra  
Abigail Sigmund  
Julia Sigmund  
Carmen Silva-Trejo  
Ashley Simpson



Grant Simpson  
Desaree Singleton  
Jayde Sleeth

AL (9-12), Concert Band (9-12),  
Marching Band (9-12), Softball (9),  
Tennis (12), Volleyball (9-12), Wind

Ensemble (11-12)

Jason Slight

Evan Smith

AL (9-10), Basketball (9), Tennis (9-12)



Janie Smith

AL (9-12), Softball (8-12),

Sr. Board (12)

Joshua Smith

Laci Smith

Lindsey Smith

AL (9-12), Class Officer (12, vice president), IHSSA (10-12), Journey (11), NCYL (11-12), NEHS (10-12, treasurer), NHS (11-12, president), Pep E Club (9-10), Prep Choir (9), Scroll (10-12, co-editor), Spanish club (9-10), Sr. Board (12), Student Gov. (12), Upward bound (9-12)

Gay Soe



David Sowder

John Spratt

Radenko Stankovic

Erin Stanley

Tyler Starner-Fry

Football (11-12)



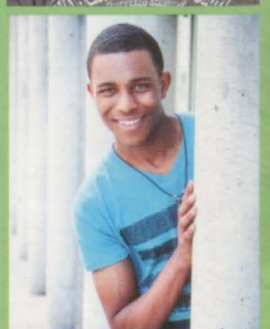
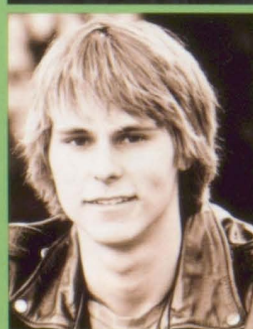
Dylan Steben

Amanda Steines

Donivan Stevens

Heather Stilson

Dominique Stone





Maressa Stonehocker  
Johnathan Straley

IHSSA (11-12), Tennis (11-12)

Shane Sullivan  
Pierre Taltou  
Prince Tarlue

ACE (10), Soccer (9, 12)

Sundayboy Tarlue  
Sierra Tate  
Francisco Tavera  
Chavia Taylor  
Tajia Taylor

Danniell Terrazas  
Efren Terrazas  
David Thacker  
Michael Thomas  
Nicholas Thomas

Spencer Thompson

Kyle Thomson

Baseball (9-12), Football (9-12),

Pep-E (9-12), Track (11)

LeAnna Thun

Zakary Titus

Shaylyn Toelle

E'Lexis Tolson  
Samuel Tombe  
Bradley Treanor  
Christian Trejo  
Guadalupe Trejo

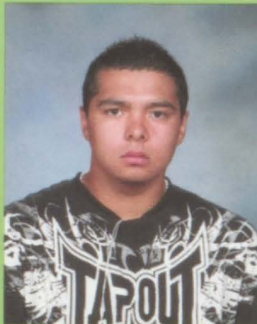
Johnson Truong  
Phat Tan Truong  
Amanda Tucker  
Frank Tully  
Shyreka Turner



Christopher Tutje  
Jeremy Tyler  
Nicole Underwood  
Student Gov. (11-12), Sr. Board (12)  
Wendy Uribe  
Arnoldo Valadez



Christian Valenzuela  
Jessie Vance  
AL (9, 11), Basketball (9-10),  
NCYL (12), Student Gov. (12),  
Quill (11-12), Co-editor (12),  
Varsity Soccer (9-12), Sr. Board (12),  
Wrestling Mgr. (11-12), ETS (9-12)  
Matthew Vance  
Kyle Vander Zyl  
Robert VanDyke



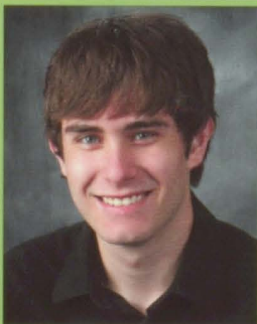
Stephon VanDyke  
Lily VanGundy  
AL (11-12), Fashion Show (10-12),  
IHSSA (10-12), Vice President (12),  
Sr. Board (12), Student Gov. (9-12),  
President (12), Swimming (9-12),  
Captain (12),  
Project Sewing Machine (12)  
Yesenia Vargas  
Fashion Show (10-12), Pep E Club  
(9-12), Sr. Board (12), 4-H (10-11),  
Scarlet Mentors (11-12), Gear Up (9-12)  
Lidia Vasquez  
I-JAG (9, 11-12), Gear Up (9-12),  
Latino Club (9)  
Maria Vega-Perez



Diana Vela  
Rosa Ventura  
Fashion Show: (11-12), Soccer (10-12)  
Nicholas Vernon  
Jenny Vigil  
Maria Viramontes



Snezana Vojvodic  
Jacob Wagner  
Chelsie Warren  
Dylan Warrick  
Jacob Waters



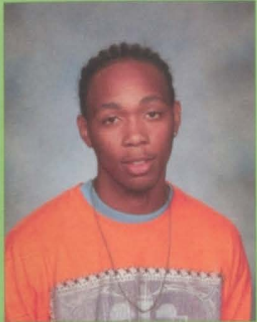
Emily Weihs  
Summer Weinman  
Cameron White  
Markie White  
Megan Whitfield  
Handbells (9), Soccer (9-11),  
Volleyball (11), Concert Choir (9-12)



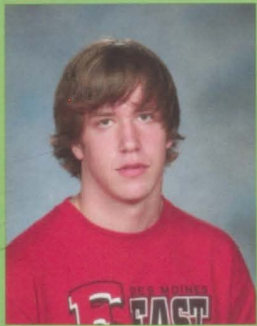




**Mackenzie Whittington**  
**Cody Wilkinson**  
Theatre Arts (11-12)



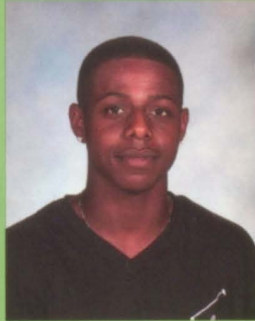
**Duncan Williams**  
**Wade Williams**



**Nicklas Williamson**  
**Dakota Willson**



**Brooke Wilson**  
Mixed Choir (10-12), Prep Choir (9),  
School Play (12), Scarlet Singers (11-12),  
Sr. Board (12), Student Government (12),  
IHSSA (9-12), Scarlet Mentors (11-12)  
**Quincy Wilson**



**Kaly Wolfe**  
OSA (9), Photojournalism (11), School Play  
(11), Theatre Arts (10-12)  
**Sadie Woods**



**Katelyn Worpel**  
AL (9), Wrestling Mgr. (10),  
Scroll (11-12, Co-Editor 12),  
Soccer (9-12), Steppers (11)  
**Anthony Worthington**



My advice to the  
underclassmen is to  
always take a shower  
and use cologne!  
-Austin Hedlund



My advice is to stop  
being immature! It's not  
cute.  
-Anel Melendrez



My advice is to move  
out of the way,  
please. :)  
-Mike Kreitz

*My advice to the  
underclassmen...*



My advice is to always  
smell and look good.  
Holla at the girls, if  
they're single.  
-Adrian Perez



My advice to the  
underclassmen would  
be to keep up on all  
of your work and  
don't get behind.  
-Frank Tully



My advice is to not be  
tardy and to always go  
to class.  
-Alyssa Espinoza



Cephus Wright  
Keisha Wright  
Tony Xaysana  
Sonny Yang  
Conadenon York



Cameron Young  
Nathan Young  
Alexandra Zermeno  
Tiffany Zuniga  
Ralph Ivan Nery

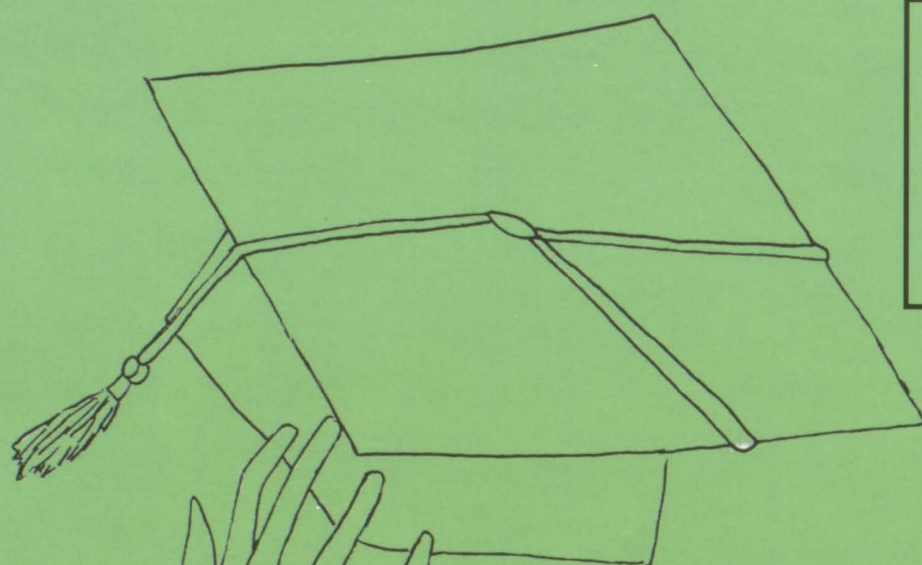


## Graduation

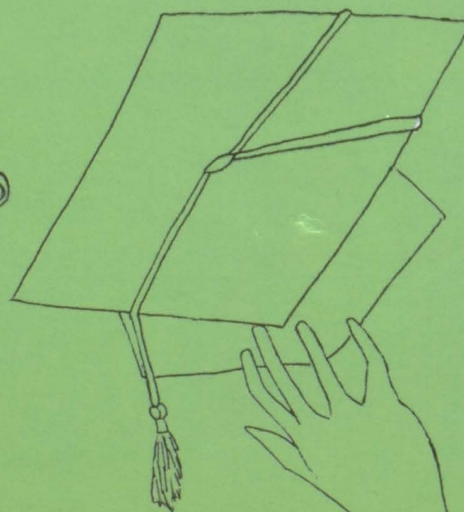
Date: May 26th, 2012

Place: Knapp Center

Time: 3 pm



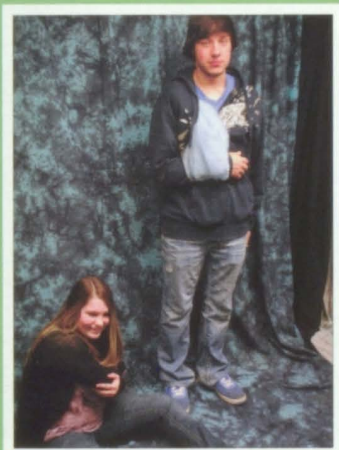
By: Quincy Wilson



By: Jason Smith



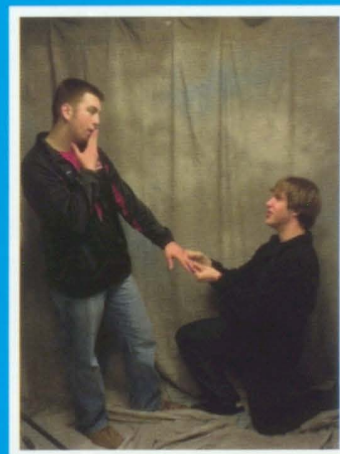
# the best of the senior class...



*Most likely to trip at graduation*  
Cole Myers and Taylor Anderson



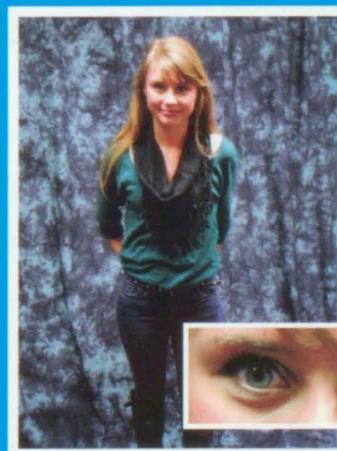
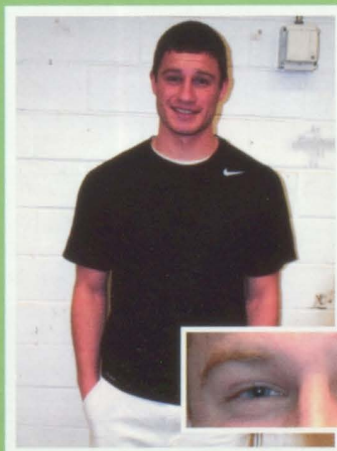
*Most likely to appear on SNL*  
Danniell Terrazas and E'Lexis Tolson



*Most Bromantic*  
Justin Nichols and Nicklas Williamson

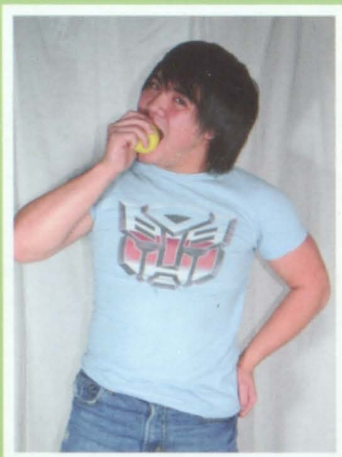


*Tweet-a-holic*  
Riley Bacon and Kenzi Mongar



*Enchanting eyes*  
Austin Bellis and Jessica Kincaid





*Most Likely to be the next Steve Jobs*

Philip Bui and Kalsa Parker



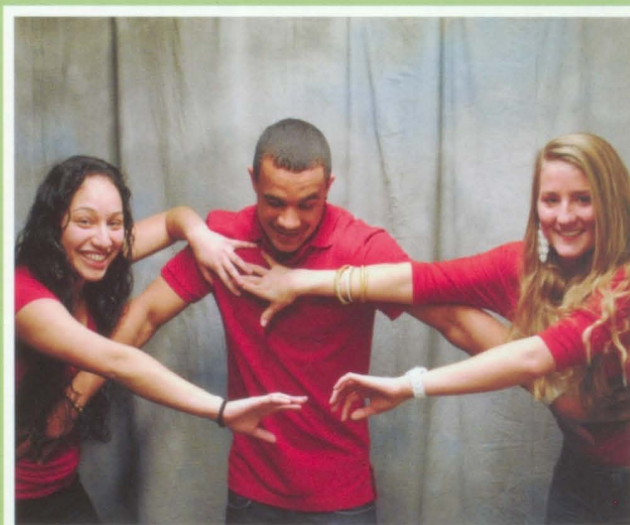
*Next to Work in the Oval Office*

Anna Flickinger and Benjamin Frazier



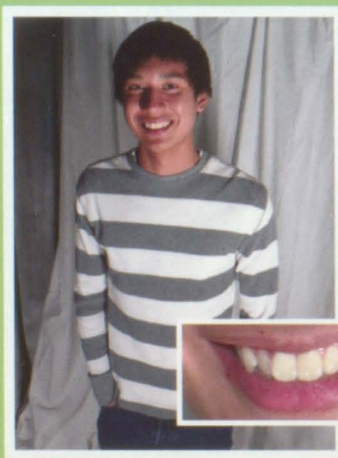
*Rusty Wheels*

Zachary Benevento  
and Stacie Post



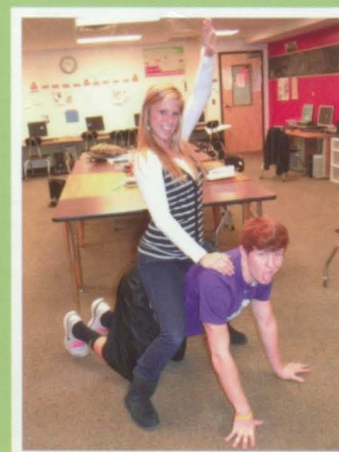
*Most likely to appear on a reality TV show*

Alyssa Espinoza, Donte Brown, and McKenzie Whittington



*Colgate Smile*

Nathan Kouangvan and Carmen Silva-Trejo



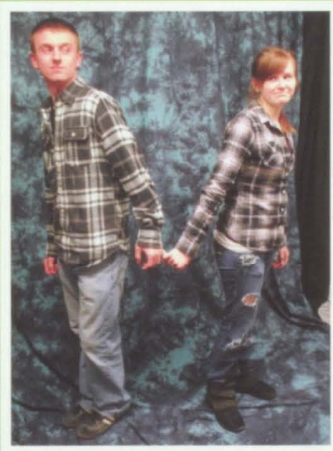
*Most likely to be on the Bachelor or  
Bachelorette*

Allison Fitzgerald and Blake Cunningham





*Next candidate on Project Runway*  
Jose Lupericio and Nyachudier Deng

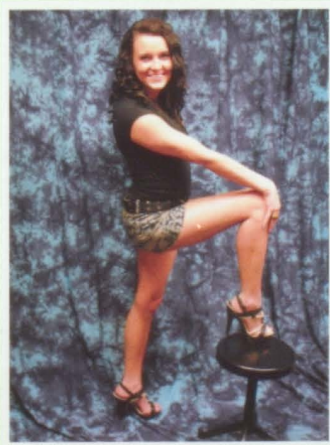


*Clan sweethearts that never were*  
Brennan Lawrence and Lindsey Smith



*Flyest Wheels*

Gillian Randall and Jordan Bates

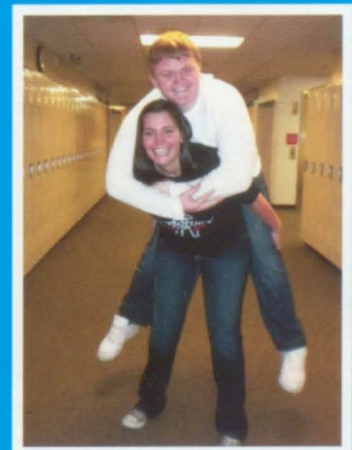


*Supermodel Legs*  
Justin Leuang and Kaitlin Cortez



*Most likely to be on ESPN*  
Jessica Grochala and Aubrey Roland

*Clan sweethearts*  
Kyle Thomson and Riley Fisher



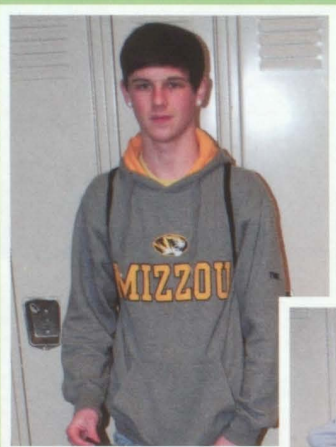


*Most likely to still party at age 35*

Gabriela Palacios and Benjamin Bolten



*The next Picasso*  
Kiet Le and Jama Clayton



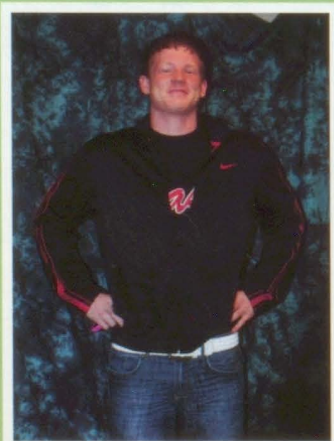
*Luscious Locks*

Austin Hedlund and  
Kayla Cam



*Most school spirit*

Nicole Underwood and Salat Jones



*Most changed from Freshmen year*

Shane Sullivan and Shaylyn Toelle



*Most wag*

Travis Cavan and Heather Fulford





# SENIORS

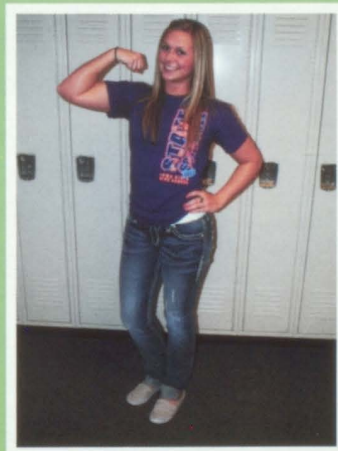
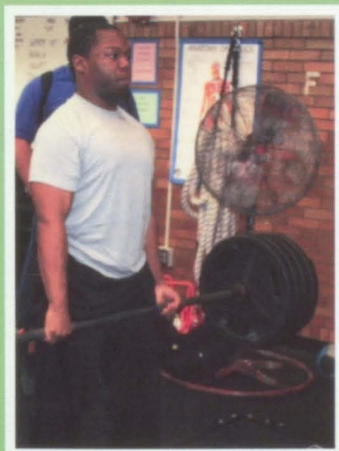
CLASS OF 2012  
east high

"The past is my heritage, the present is my responsibility, the future is my challenge."



*Worst senioritis*

Rene Senecaut and Cassandra Siders



*Most likely to break a world record*

Aaron Coyle and Janie Smith



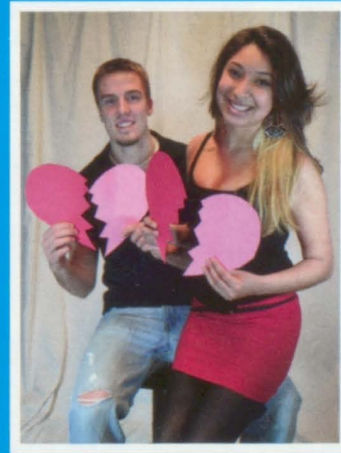
*Best to take home to your Parents*

Arnold Sengsivanh and Jasmin Munoz



*Best Caboose*

Zackary Dunn and Haley Larson



*Class Heartbreakers*

Brandon Long and Joceyln De Avila

*Most Likely to Never Leave Des Moines*

Lily VanGundy and Travis Bass





# senior wills

I, Tenea Fabray, will all my \$w@qq to my sister Eva Fabray.

I, Gillian Randall, will my kissing abilities to Michael Osman.

I, Nicklas Williamson, will mine and Justin Nichols' bromance to John Fudge and Hunter Stapes.

I, Oscar Alvarez, will my purple gorilla suit to be remembered forever.

I, Jessie Vance, will my lucky no. 13, creative talents, and lime green soccer cleats to my little sis Kaitlyn Vance.

I, Haley Larson, will 'Haey Laron' to Riley Bacon.

I, Megan Whitfield, will my great ability of procrastination and still having an A to Sharae Parker.

I, Zachariah Kempf, will my e-side cowboy hat to the school.

I, Yanet Santos, will my awesome attendance to Amairani Montoya.

I, Jayde Sleeth, will my morbidly obese dog to Jay Rowat.

I, Jessica Grochala, will my determination and love of the game of softball to Courtney Fudge.

I, Diana Fabian-Santos, will my Spanish speaking abilities to Joseph Bahnsen.

I, Nathan Kouangvan, will my tan skin and dark hair to Paige Larson.

I, Stephanie Nowels, will my strong will and determination to Hannah Bailey.

I, Anna Flickinger, will my brains and work ethic to Meredith Layman.

I, Yessica Iraheta, will my smarts and good grades to Jesus Iraheta.

I, Melissa Craig, will my luck of getting into Iowa State to Joey Bahnsen.

I, Lily VanGundy, will my swim captain-ism and leadership to Hannah Bailey.

I, Alexes Cummings, will my stepper captain position to my BFFL Lindsay Helm.

I, Krissy Rounds, will my amazing snare skills to Nick Sayavong.

I, Sharayah Devick, will my cowgirl boots to Kara Cipperley.



- I, Brooke Nokes, will my ability to get good grades without trying to Michael Nokes.
- I, Trevor Higgins, will my lucky padfolio to Miles Menninga.
- I, Blake Cunningham, will my muscle mass to Xavier James. (You need it)
- I, Allie Fitzgerald, will my softball cubby to Samantha Fitzgerald.
- I, Courtney Custard, will all of my Scroll issues to Aaron Hosman.
- I, Aubrey Roland, will my pool assassination skills to Lane Galvin.
- I, Yesenia Vargas, will my fashion show planning skills to Alisha Keiontavong.
- I, Jeanne Edwards, will my heart and all my love to Joshua Lee Rounds.
- I, Kenzi Mongar, will my sweet flying skillz to Kara Cipperley.
- I, Chance Scott, will my lucky charms to no one, can't catch me.
- I, Liset Alvarez, will my outgoing and caring self to my little sister Sandra.
- I, Salat Jones, will my ane jokes and bench-sitting to Shawn Jarrett.
- I, Brandon Long, will my amazingly talented wiz math skills to Maggie Long.
- I, DJ Palmer, will my ugly swim suits to Jeremy Bacon.
- I, Lindsey Smith, will my journalistic career goals to Aaron Hosman.
- I, Arnold Sengsirivanh, will my fuzzy yellow balls and tennis skills to Sophie Backham.
- I, Beth Faux, will my acting and singing skills to Hailey Galloway.
- I, Josh Meinke, will my basketball skills to Brandon McGill.
- I, Kaleigh Nichols, will my willingness to make Frobscottle and stupidity in speech practice to Casey Hoskins.
- I, Scott David Folsom, will my incredible speaking skills and ego to Samantha Scott.
- I, Erika Kommavongsa, will my homecoming crown to Caitlin Luongvan.
- I, Brooke Wilson, will my high soprano voice to Mackenzie Drew.
- I, Katelyn Worple, will all my \$0cc3r skillz to Christina Syhavong.
- I, Diana Inthaboune, will my amazing jumps and flexibility to Alexis Nguyen.





Nicole Patrick



Alexa Rusk



Phat Truong



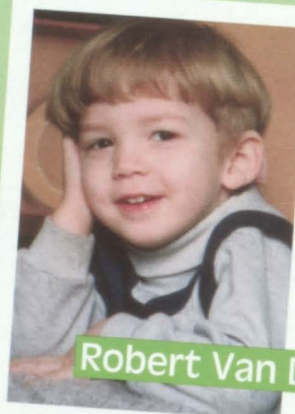
Alexes Cummings



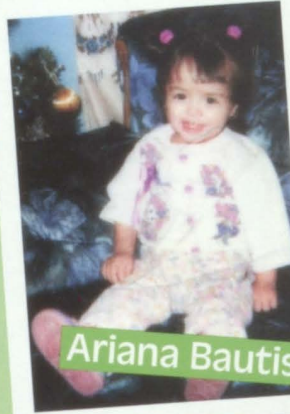
Riley Fisher



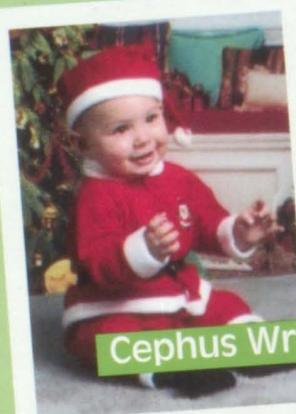
Anel Melendrez



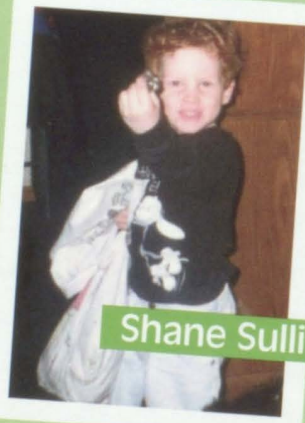
Robert Van Dyke



Ariana Bautista



Cephus Wright



Shane Sullivan



Austin Bellis



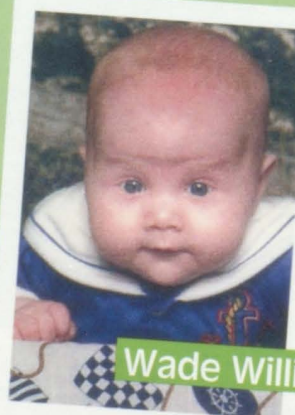
Sharayah Devick



Taylor Anderson



Brooke Nokes



Wade Williams

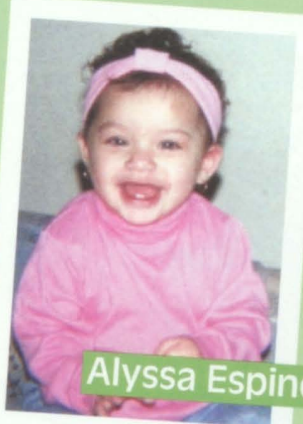


Brooke Wilson





Allison Fitzgerald



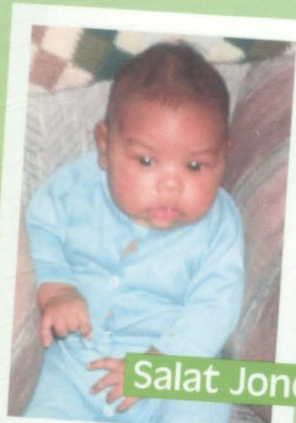
Alyssa Espinoza



An Nguyen



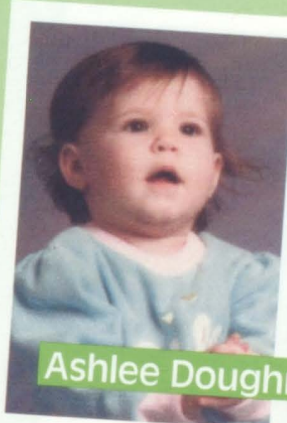
Riley Bacon



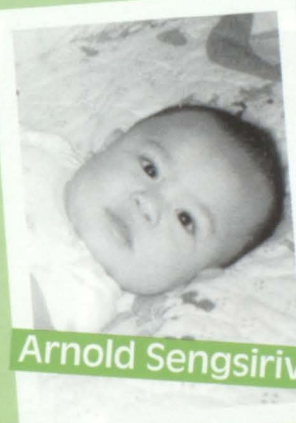
Salat Jones



Sarah Fitzpatrick



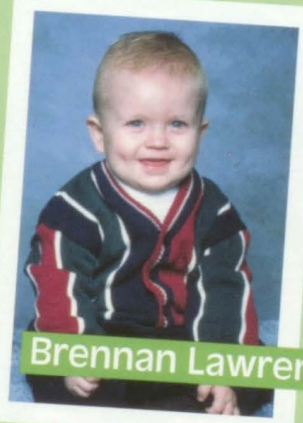
Ashlee Doughman



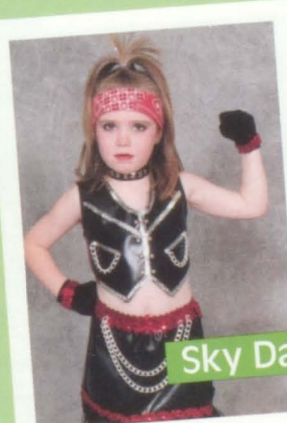
Arnold Sengsirivanh



Bradley Treanor



Brennan Lawrence



Sky Dale



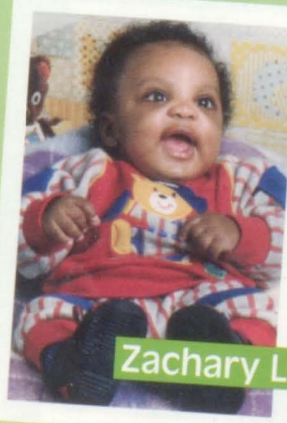
Stormy Rand



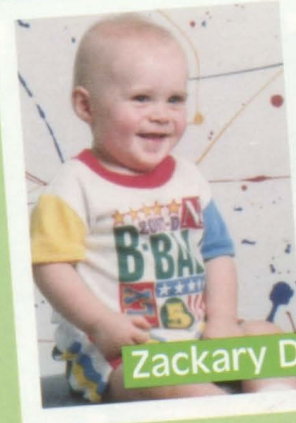
Caitlynn Bruscher



Yessica Iraheta



Zachary Lewis



Zackary Dunn





Keisha Wright



KenNita Grutel



Kiet Le



Kristina Rounds



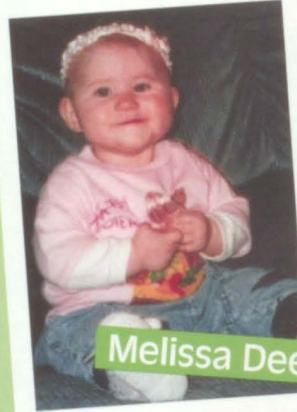
Marilyn Potter



Matthew Mendenhall



Melissa Craig



Melissa Deerr



Dannel Hem



Devon Roberts



Diana Fabian-Santos



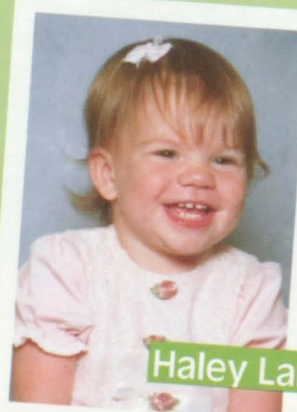
Diana Inthaboune



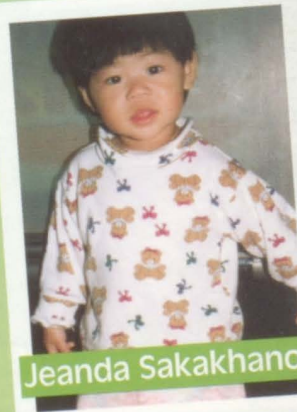
Gillian Randall



Hailey Boman



Haley Larson



Jeanda Sakakhanone





Kristel Hill



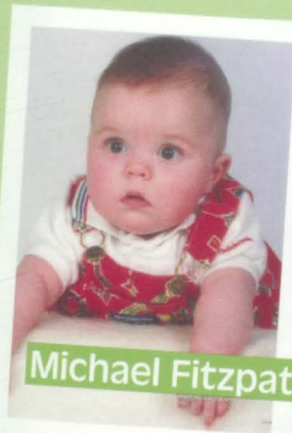
Liset Alvarez



Kaylee Putzier



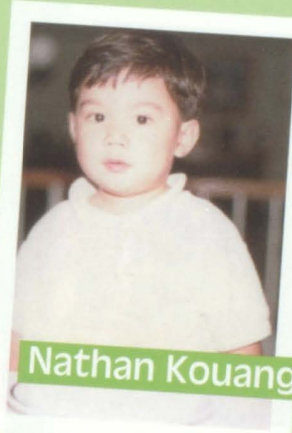
Maricela Lozano



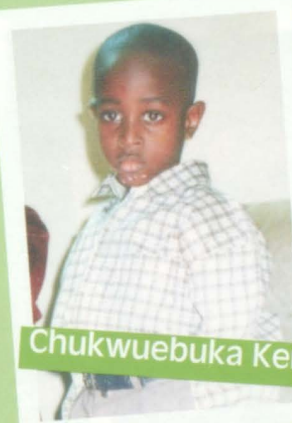
Michael Fitzpatrick



Miranda Mason



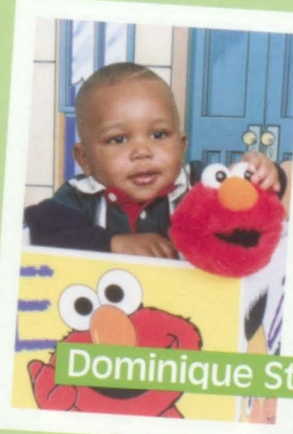
Nathan Kouangvan



Chukwuebuka Kemdirim



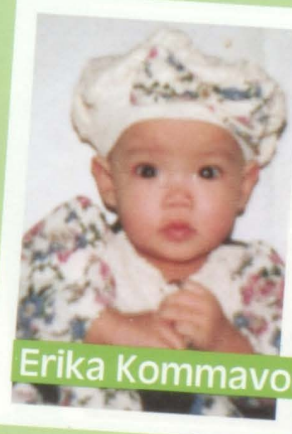
Gerald Palmer



Dominique Stone



Emily Weihs



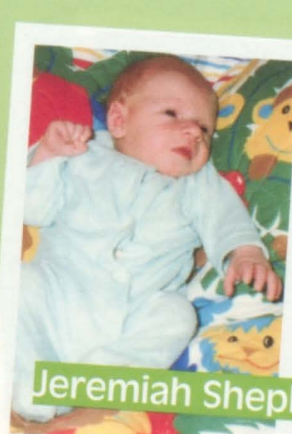
Erika Kommavongsa



Irelan Allen



Jeanne Edwards



Jeremiah Shepherd



Janie Smith





Jessica Grochala



Jessica Kincaid



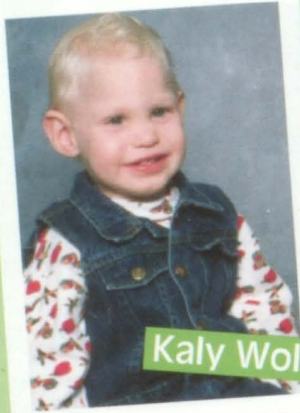
Jayde Sleeth



Jessie Vance



Kaitlin Cortez



Kaly Wolfe



Katelyn Worple



Katy Casey



Mayra Ibarra-Trejo



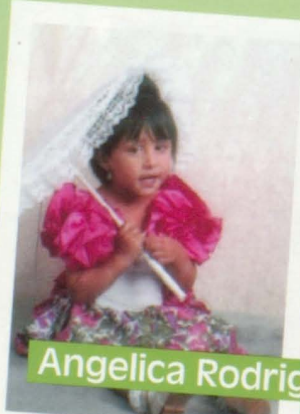
Maria Ceballos



Lindsey Smith



Kyle Thomson



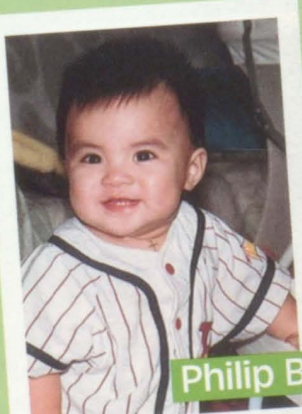
Angelica Rodriguez



Sandra Fontaine



Samantha Lopez

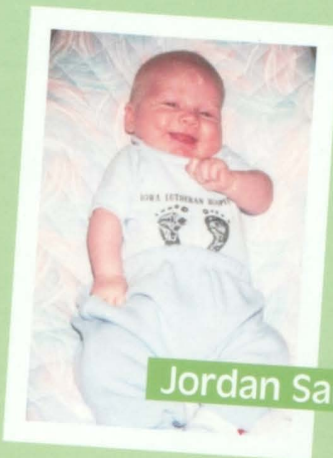


Philip Bui

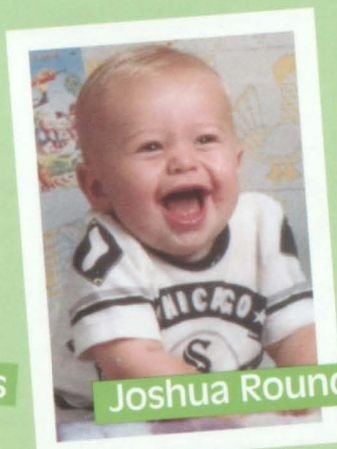




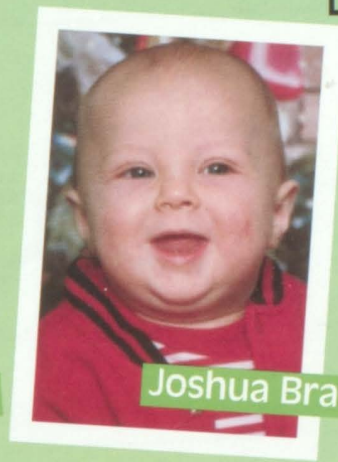
Jordan Niffenegger



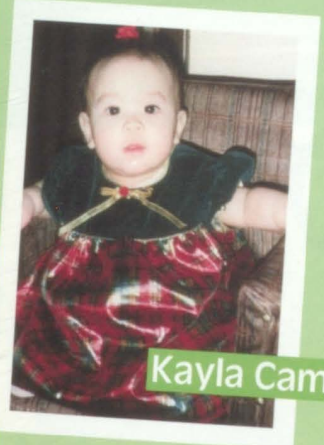
Jordan Sams



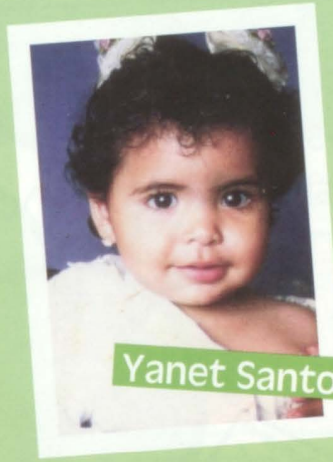
Joshua Rounds



Joshua Brawdy



Kayla Cam



Yanet Santos



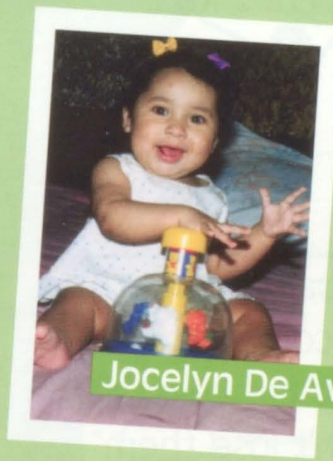
Oscar Alvarez



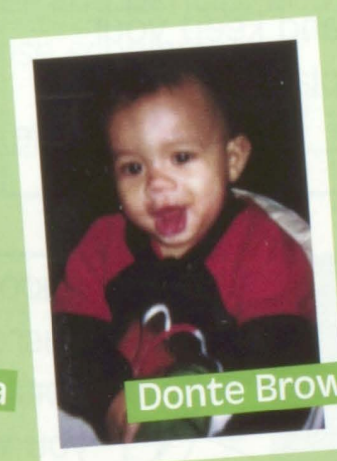
Megan Whitfield



Kaleigh Nichols



Jocelyn De Avila



Donte Brown



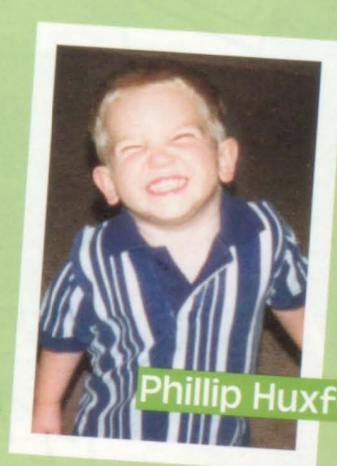
Bethany Faux



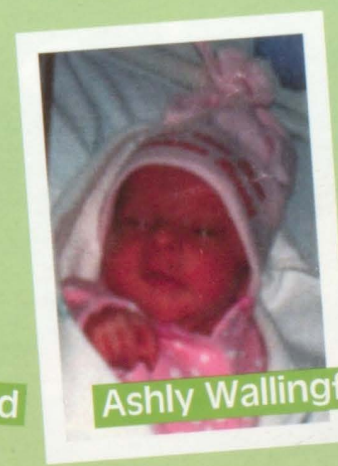
Brandon Long



Chelsea Warren



Phillip Huxford



Ashly Wallingford



What is

# essential

for senior year?



Layout by Melissa Craig



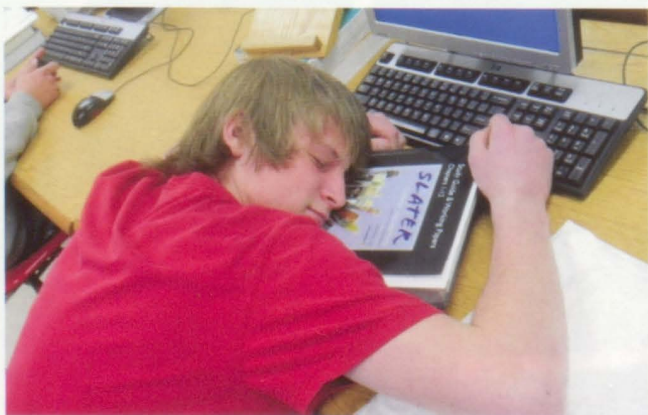
"Highlighters and sticky notes, so you can doodle and keep your planner fancy"

- Sky Dale



"A good backpack with a secret compartment for your car keys, so you won't lose them"

- Lily VanGundy



"Motivation, test taking skills, and a dedicated nap time."

zzz

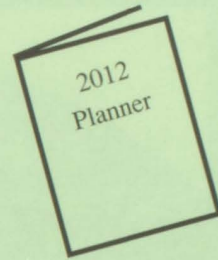
- Alexander Hensley





"Organizational skills, because if you don't have them, you'll never get your work in on time."

- Jayde Sleeth



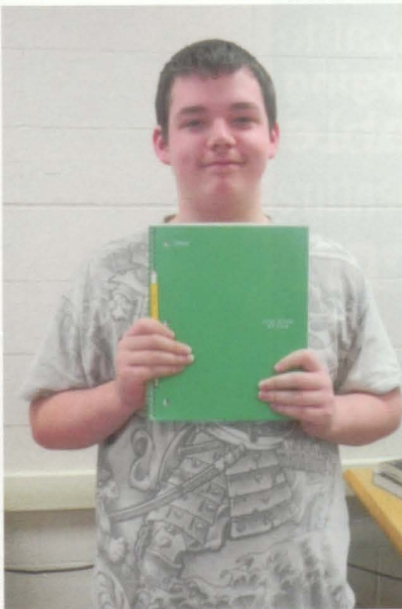
"Release time! It definitely makes the day go by faster!"

- Hailey Boman



"You need paper and pencils, and make sure to get those scholarships! "

- Robert Van Dyke



"Time management and tutors."

- Maria Ceballos

Seniors share what has helped them the most during their final year of high school. It may be something as simple as a pencil, or a skill like being able to take good notes. For all of the underclassmen out there who think that they know what they'll need to survive your senior year, maybe you should check and see if you took these things into consideration. Take it from us seniors, you will need to prepare yourself for your senior year here at East.





# Senior Year In One Word

Layout by: Lauren Holmes

Erika Kommavongsa: Awaited

Haley Larson: Delightful

Alexander Hensley: Lazy

ARAYNNA REID: MONK

Tyler Seward: Awesome

STERLING ROBINSON: MARVELOUS

Lindsey Smith: Stellar Chance Scott: Indescribable

Brooke Nokes: Fabulouuuus

Manuel Delgado: 01100011, 01110010, 01000001, 011000110, 1101011

Darrion McCaughey: Great Keisha Wright: crazy

Shelby Jenkins: Kind

Jessie Vance: Turbulent

Jocelyn De Avila: Recognizable

Mayra Ibarra-Trejo: Occupying

Riley Fisher: Memorable

Esmeralda Maria-Mendoza: Adventure

Cephus Wright: Short

Shelby Jenkins: Kind

Brooks Turner: Wild

Melissa Godoy: Dumb

Nicole Patrick: Long

SKY DALE SPIFFY

Brennan Lawrence: Ridiculous

MAYRA MARIN-VENDUZCO: INTELLIGENCE

Amanda Tucker: Nerve Racking

Courtney Custard: Chaotic



Taylor McDaniel: Unpredictable

Donald Mongar: Interesting

Freston Mila: Fantabulous

**AUSTIN BELLIS: SURPRISING**

**David Sowder: Alright**

JOHN SPRATT: PONDEROUS

Heather Stilson: Busy

JESSICA GROCHALA: BONKERS

Ngoc Cao: Awesomelicious

**BEN FRAZIER: SUCCESSFUL**

SOLEEN CALDERON: UNIQUE

alexis reber: ephemeral

**David Thatcher: Simple**

Paige Groves: Inexpungible

**EMALIE CIPALE: BITTERSWEET**

**Tenea Fabray: Moderate**

Melissa Craig: Different

**DIANNA FABIAN: CRAZY**

Matthew Medenhall: Tiring

**BROOKE WILSON: INSPIRATIONAL**

**Kalsa Parker: Homework**

Gillian Randall: Hectic

Mackenzie Whittington: Blurred

Caitlynn Bruscher: Momentous

CARMEN SILVA-TREJO: POR FIN

**Philip Bui: Yolo**

Gladys Espitia: Fantastic

Jovi Mom: Fun

Wendy Uribe: Fantabulous

ZACK BENEVENTO: COOL

Brandon Long: Clutch

**Yessica Iraheta: Eye-Opening**

**Ramiro Jurado: Cool**

**Anel Meledrez: Unforgettable**



# (Faculty)

Jamaal Allan  
Mirum Alshouse  
Lacy Anderson  
Rhonda Anderson  
Brenda Ashley  
Bob Bagley  
Jennifer Bakevich



Mary Barton  
Jacob Beckwith  
Robert Best  
Annette Bierkamp  
Lacey Bleich  
Jennifer Blumberg  
Vicki Bonnett



Holly Borgheiinck  
Ron Borstad  
Sally Bowden  
Rich Bright  
Kathy Brown  
Ken Burgess  
Antaysia Cameron



Bob Carmichael  
Stephanie Carroll  
Dustin Cassler  
Amanda Christenson  
Kathy Clausen  
Terance Cooley  
Christine Costello



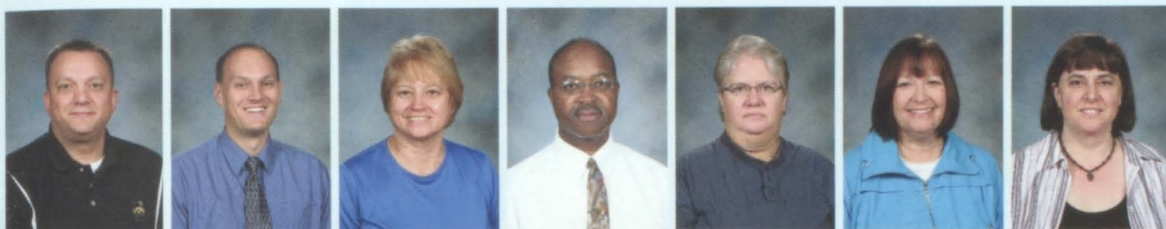
Sherri Coulson  
Karen Cross  
Kathy Crum  
Kim Davenport  
Scott Davis  
Rebecca Dawson  
Sally DeGoey



JoAnn DeHaan  
Sally Dehnert  
Adaee Duncan  
Chris Dunham  
William Eggers  
Samy El-Baroudi  
Lora Evans







Geoff Farrell  
Lyle Fedders  
Terrie Fenstermann  
Phil Ferguson  
Lisa Fitzpatrick  
Diane Fleming  
Heather Frank



Josh Frey  
Keri Frommelt  
Clinton Gadbury  
James Giboo  
Ann Ginther  
Ryan Gladson  
Sid Gordon



Ben Graeber  
Diane Graham  
Shawna Green  
Amanda Gregory  
Lynette Grooters  
Jacob Habhab  
Jeff Hall



Melinda Hamann  
Zach Hamann  
Aimee Hannan  
April Harper-Gill  
Pamela Harshbarger  
Deann Hebert  
Don Heese



Connie Hewitt  
Ann Hiveley  
Christopher Hodo  
Lynn Hoff  
Susan Hook  
Andy Howard  
John Hoyt



Erick Hunter  
Carol Hyslope  
Angela Jackson  
Amy Jacobson  
Chuck Joelson  
Steve Johns  
Ginger Johnson

*"The dream begins with a teacher who believes in you,  
who tugs and pushes and leads you to the next plateau,  
sometimes poking you with a sharp stick called truth."*

*- Dan Rather*



Mike Johnston  
Chris Kannapel  
Dawn Kasper  
Julie Keith  
Aaron Kelly  
Dan Ketchum  
Kris Kiernan



Brian Koch  
Kathy Koenig  
Roxanne Kucharski  
Amy Lane  
Erin Lantz  
Nick Lenk  
Sharon Link



Whitney Link Myers  
Lowell Long  
Carol Lortscher  
Derek Lounsberry  
Stayce Lounsberry  
Brian Luft  
Dave Mahler



Gregory Marshall  
Melissa McGrannahan  
Lisa McLean  
Michelle McPherson  
Jennifer Medina  
Oscar Meza  
Ann Mincks



Linnea Morris  
Brenda Navin  
Laura Negrete-Reinders  
Kelly Neiber  
Linda Nemmers  
Jamie Newel  
Natalie Niemeyer



Randy Nordaker  
Tracy Patrick  
Deb Peterson  
Teresa Peterson  
Ryan Pirtle  
Ric Powell  
Ericka Ramirez



Jennifer Rebel  
Claudia Richards  
Carrie Romo  
Paul Ruby  
Elizabeth Sanders  
Greg Schoon  
Ashley Schryver



Karen Scott  
Gitanjali Singh  
Kim Smith  
Gail Soesbe  
Jason Soliday  
Vidal Spaine  
Traci Squires







Mary St. Clair  
Chad Street  
Carolyn Strickler  
Afton Strosahl  
James Thacker  
Joey Townsell  
Kym Traczyk

Erin Valerio-Garsow  
Somkong Vong  
Bill Waller  
Timothy Walljasper  
Jennifer Weir  
Joleen Weller  
Mary Westover

Jill Wibben  
Whitney WikertKuecker  
Destiny Willer  
Allen Williams  
Jennifer Williams  
Linda Woodard  
John Ytzen

*Not pictured:* Sarah Baker, Jennifer Blumberg, Vicki Bonnett, Kristopher Byam, Jane Ciarfella, Amanda Crowe, Kim Davenport, Rebecca Dawson, Amy Elliot, Michelle Harwood, Tom Hildreth, Carlos James, Sarah Kelley, Jennifer Luft, Thana Heller, Terri Long, Lyn Marchant, Ken Morton, Jennifer Myers, Erin Neumman, Kayla O'Connor, Shawn Sanford, Diane Sheil, Ruby Sitterle, Jennifer Stalder, Dana Strother, Deb Ryan, Linda Saddoris, Ezra Sillas, Tracy Tensen, Andrea Thompson, Maurice White, and Penny Zaun.

## Retiring Teachers of 2012:



Carolyn Strickler, Scott Davis, and Linda Saddoris



# [Faculty]

2 Teach is  
+ 2 Touch lives  
4 Ever

## Stephanie Carroll

What reality show would you try out for? **Bachelorette**

Who is your hero? **My mom** because she's always been there for me and my sisters.

Jimmy John's or Quizno's? **Jimmy John's.** They have the best bread!

Quote you live by? **"Do the small things and the big things will come."**

Describe your best memory of being at EHS? **Winning an 'Inspiring Teacher' award at the Get Schooled presentation. It was not something I expected to win.**

If you could be any character in fiction, who would you be? **The long-haired Princess Rapunzel from the movie 'Tangled' because it's one of my favorite movies! (:**

If you could go back in time and live through any event, what would it be and why? **My senior year of high school and change the way things went with my friends and sports.**

If you could live anywhere else for the rest of your life, where would it be and why? **Hawaii. It's so gorgeous.**

What's your favorite movie of all time and why? **My Sister's Keeper** because the journey the characters took was incredible and inspiring.

If you could pick any song to sing on karaoke, what would it be? **"Wannabe" by the Spice Girls**



## Brian Koch

What is the last book you read? **Star Island by Carl Hiaasen**

If you could live anywhere else for the rest of your life, where would it be and why? **I'd live somewhere where I wouldn't want to vacation, but if I had to choose a place to live, I'd live near the Rocky's in Colorado so I could ski.**

What reality show would you try out for? **The Amazing Race** because I'd love to go around the world.

If you could pick any song to sing on karaoke, what would it be? **"Cracklin' on Rosie" by Neil Diamond** so I could do my Neil Diamond voice. (:

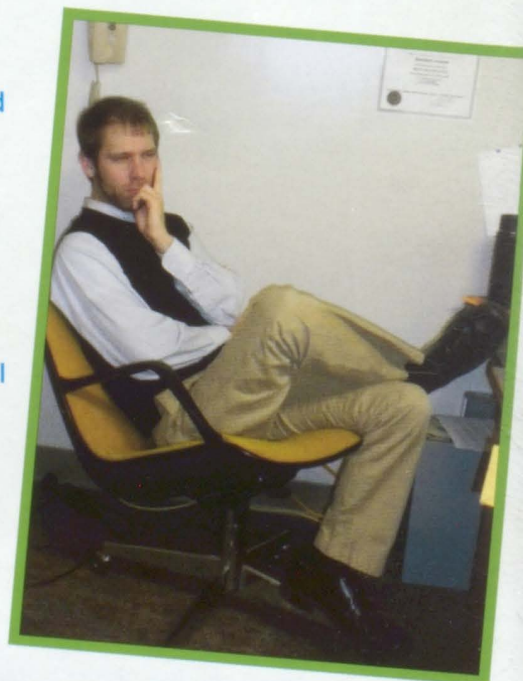
Jimmy John's or Quizno's? **Quizno's.** Jimmy John's mustard is gross.

What makes you an interesting person? **I can do funny voices and accents. I can also walk on my hands!**

Quote you live by? **"90% of life is just showing up."** Quote by Woody Allen

If you could be any character in fiction, who would you be? **Indiana Jones** because he's a professor and he goes on cool adventures. Plus he wears a lot of brown and that's earthy like me.

What is your favorite movie? **The Third Man (1955).** A black and white film. There's this really great chase scene that gives it suspense unlike movies today with all the special effects.





## Nicolas Lenk

Name someone famous you admire. **Ghandi. His quote, "You must be the change you wish to see in the world," drives my desire to help students become highly influential and helpful adults to our society.**  
 If you were a superhero, who would you be? **Captain Hindsight**  
 What childhood memory are you most fond of? **When I was four and I finally understood the meaning of sarcasm. (:**

Coke or Pepsi? **Coke**

Describe yourself in three words. **Bearditude, handsomeness and sarcasm**

If you could have dinner with a famous person, would it be? **Tycho Brahe because he cataloged the entire night sky for the king and queen and also threw elaborate parties.**

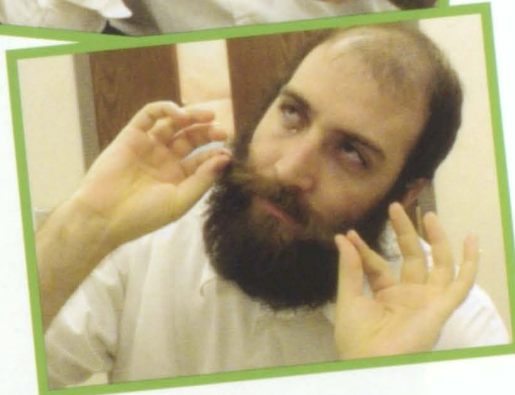
What cartoon character do you relate to the most? **Double D from "Ed, Edd and Eddy"**

If you had to be trapped in a TV show for a month, which should you choose? **Star Trek: The Next Generation**

There's a movie made about your life, what Hollywood star would play you? **A young Tom Hanks. Back when he was doing his comedies.**

Tell me about a country you would like to visit. **I've been to 40 countries already and Tonga is next on my list for my South Pacific adventures.**

What fictional character would you like to be for a day? **I would like to be Captain Jean-Luc Picard.**



## Jennifer Weir

Where would you go if you had a time machine? **Ancient Mexico because I would love meet the Aztec people.**

If you were a color, what would you be and why? **Blue because it's calming and reminds me of the sea.**

Coke or Pepsi? **Pepsi**

If you could have dinner with a famous person, who would it be and why? **Barack Obama. I have a lot of respect for him because he has a really tough job. He is a man of integrity and full of wisdom.**

There's a movie made about your life, what Hollywood star would play you? **Olivia Newton John**

What types of music do you like most? **Mostly Spanish and French. I also enjoy the band Pink Martini, Neil Young and Van Morrison.**

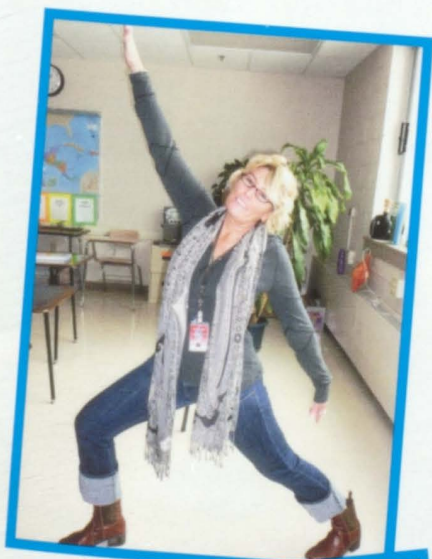
Tell me about a country you would like to visit the most and why? **Machu Picchu in Peru because I've never been there.**

If someone wrote a book about you, what would the title be? **Nadaremos or Just Keep Swimming**

What is your favorite childhood memory? **Every summer my family went to Chicago and we visited museums and the downtown area. It was always the same, but I just loved it as a kid.**

If you could be any one age again for one week, what age would you be and why? **25 because I had lots of energy and so much enthusiasm towards life.**

If you could meet any one person from history who would it be? **Abraham Lincoln**





last chapter

**AE supports for success.**

Annie and Erick, the Anderson Erickson Dairy cows, are wrapped up for the chilly winter weather. AE Dairy has been supporting East High for over 40 years.



Each year, the East Side community comes together to raise money to support East High. Alumni donate around \$127,000 in scholarships every year to promising East High students. We have many generous donations from local businesses such as Hy-Vee, Anderson-Erickson Dairy and Baker Group. We also have many local businesses that donated to reward students for going to class while East was participating in the Get Schooled competition, a national competition to improve attendance at low attendance schools around the country. East High placed first regionally and second nationally.





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Reggie Crabbs



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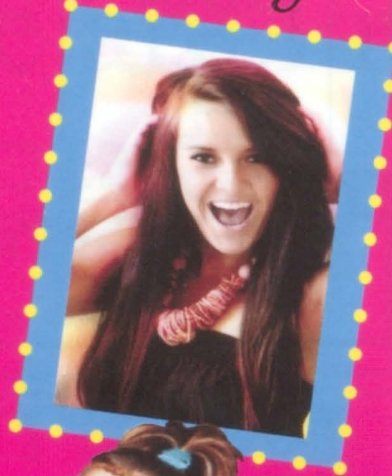
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# Kaitlin Cortez

I am so proud to say you are my daughter. Watching you grow into such a beautiful girl through the years has been such a joy. I have no doubts that you will be successful in whatever it is you choose to do with your bright future. Your attitude & determination that you hold is always going to get you far!

All my love,  
-Mom-



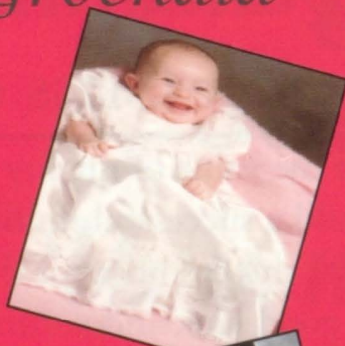
Class of  
2012

# Jessica Grochala

I wish you the strength to face challenges with confidence, along with the wisdom to choose your battles carefully. I wish you adventure on your journey and may you always stop to help someone along the way. Listen to your heart and take risks carefully. Always remember how much you are loved and how proud we are of you!

Love,

Mom, Dad, Brittany,  
Nick, and Kevin



Class of  
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Dr. Steven Fuller, DDS

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# Kristel Hill

Congratulations Kristel,  
We are very proud of you.  
You have grown up to be  
a very beautiful young lady.  
I wuv yoo!! <3 You have  
accomplished a lot in high  
school. Now it is time to  
see the world.



2012



Love ya,  
Mom, Dad & Kayla  
Grandma & Grandpa  
Aunt Kim & Boys  
Uncle Robert





## Matthew

We have enjoyed watching you grow into a fine young man. Always remember- you can accomplish anything you put your mind to. We are so proud of you. Can't wait to see what the next chapter holds for you.

We love you,  
Mom.Dad.Ryan.Alex



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## ★ Allison Paige Fitzgerald ★

We hope you will become all that you can be  
We believe in your untiring path to excellence  
You have shown the heart of a champion  
and we know you will continue to make us proud.

We love you!

Dad, Mom, Lea, and Samantha



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# Jessie Lynn Vance

Class of 2012



Jessie,

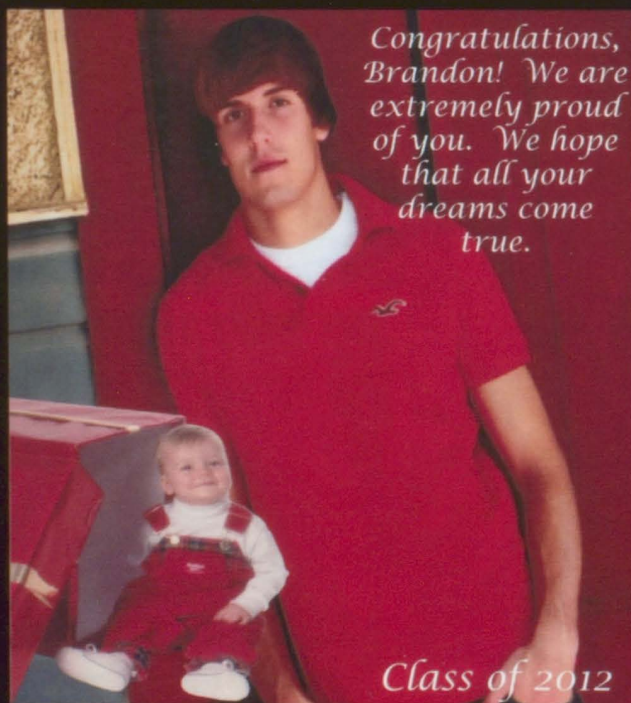
We love you so much and wish you the very best in life. We know you will succeed if you put your mind to it. We will continue to support and love you throughout this next phase in your life. Go Get 'Em Girl, Love Mom, Dad & Katie



# Brandon Long

"Go confidently in the direction of your dreams. Live the life you have imagined."

- Henry David Thoreau



Congratulations, Brandon! We are extremely proud of you. We hope that all your dreams come true.

Class of 2012

All Our Love, Mom, Dad, and Maggie



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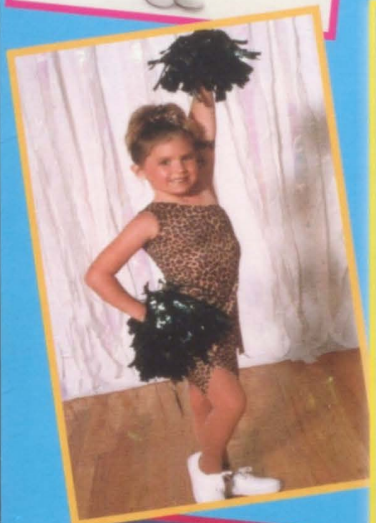
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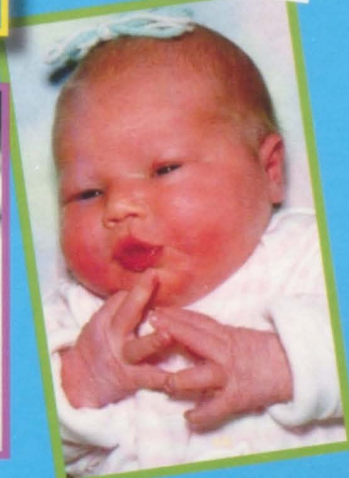
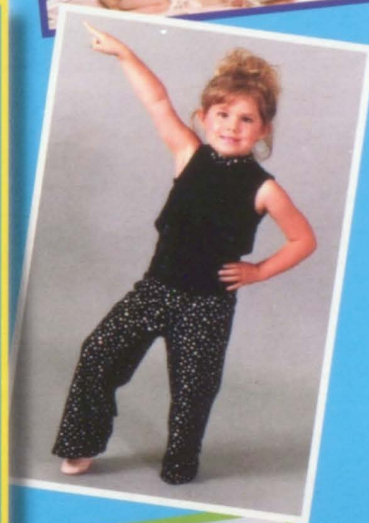


# Congratulations Nicole!

"Class of 2012"



I hope your dreams take you...to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.



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-Mom, Dad, Brad, and Alex-



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Melissa,

You have gone from this adorable, shy little girl with a big heart to a beautiful, outgoing young lady with an even bigger heart. You're the kind of daughter and sister anyone would love to have.



We are so proud of you and know you can do anything you set your mind to. Remember to always follow your dreams and don't give up.

Love,

Dad..Mom..Mike..Amber



## Katelyn Desiree Worple

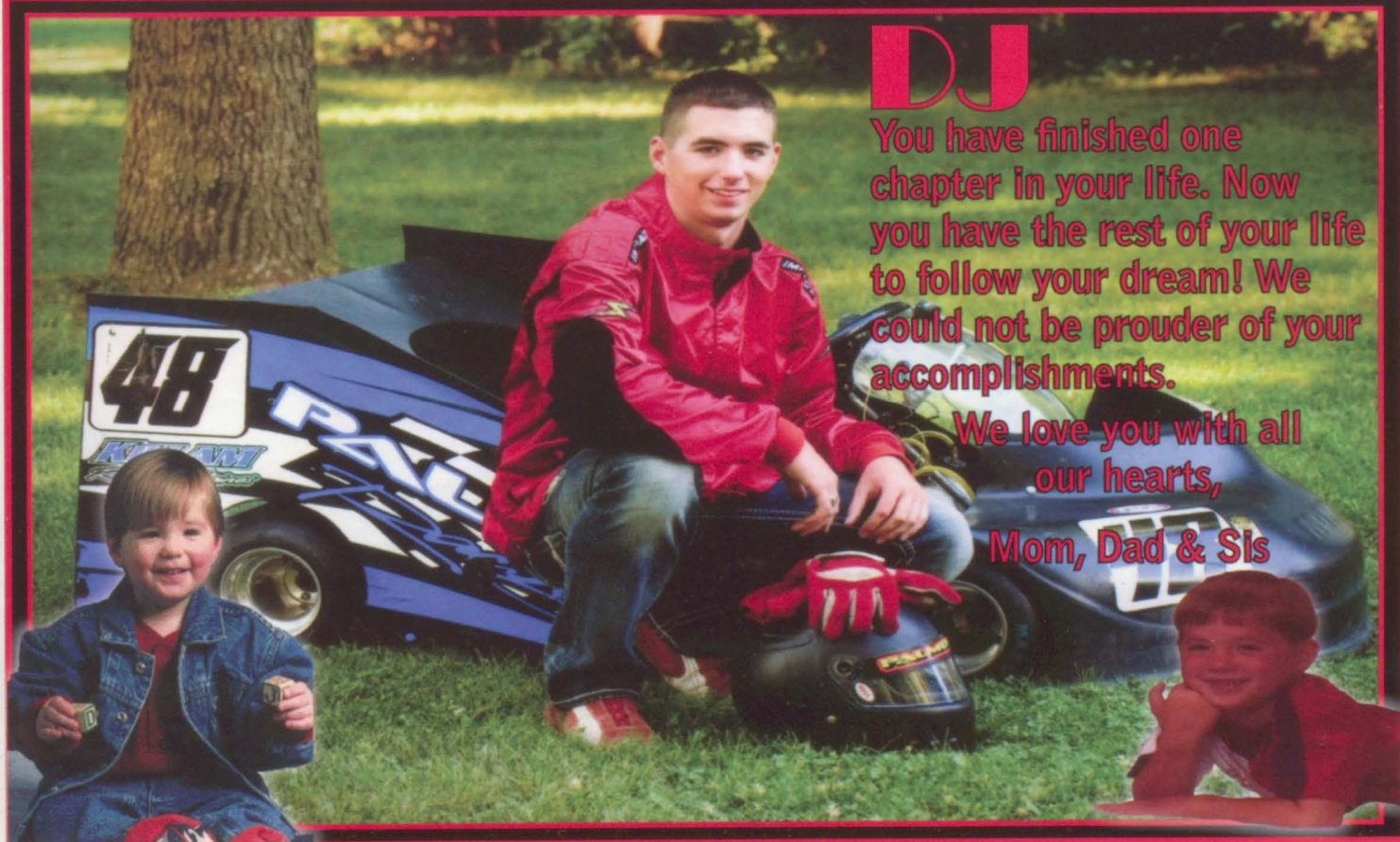


We know you will go confidently in the direction of your dreams. Always live the life you have imagined. Congratulations!



With love,  
Mom..Daniel.  
Savannah

Class of 2012



# DJ

You have finished one chapter in your life. Now you have the rest of your life to follow your dream! We could not be prouder of your accomplishments.

We love you with all  
our hearts,

Mom, Dad & Sis





Congratulations to  
**Robert James**  
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 your hard work over the years.  
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Best of luck to you.



*Congratulations, Seniors!*

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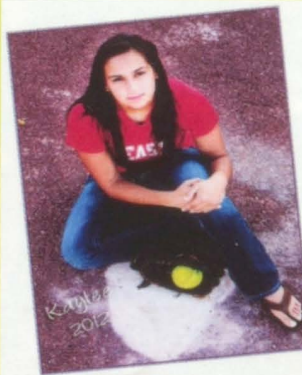
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## **Goodrell Middle School**

*"Go confidently in the direction of your dreams..."*



**Kaylee  
 Marie  
 Putzier**

*LJ,  
 We are so very proud  
 of you! You have  
 made being your  
 parents an easy job.  
 You are a smart and  
 focused young lady.  
 We know that you  
 have a great future  
 ahead of you.*

## **Class Of 2012**

*Always remember  
 the great things in  
 life really are worth  
 the hard work that  
 it takes to achieve  
 them.*

*Congratulations!  
 Love,  
 Mom & Dad*







# Brooke



Brooke, Baby T, seems like only yesterday you were starting preschool now you're graduating high school. You have grown into a very beautiful young woman, and we are so proud of the person you have become. Keep your head held high and keep reaching for your dreams. Never give up.

Love, Mom.Dad.Shelby.Shyan. K.J.

2012



2012

*Congratulations to all former  
Hoyt Middle School  
students in the  
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## Stephanie Jo Nowels



Congratulations!  
We are so proud of  
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Love,  
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 Lily

**Class Motto**  
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**Class Colors**  
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**Class of 2012**

# Congratulations

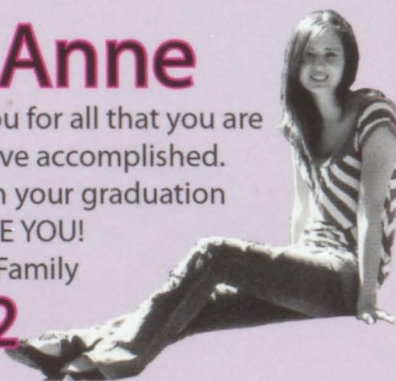


**Senior board**

## Alexa JoAnne

We are so proud of you for all that you are  
 and all that you have accomplished.  
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 ~ Your Family

**Class of '12**



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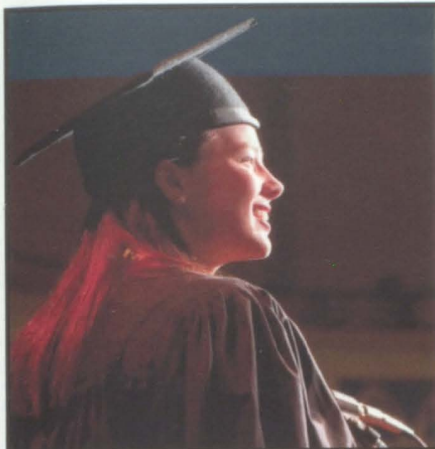
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**Brooke Waunetta Nokes**

**Brooke**

It has been such a pleasure watching you grow from a shy little girl to the confident and beautiful young lady you are today. Congratulations!

Love, Dad



**Brooke**

I am so proud of the beautiful young woman you have become and am excited to watch you continue to grow as you start the next chapter in your life. Always follow your dreams, keep your mind open, and your heart true.

Love, Mom



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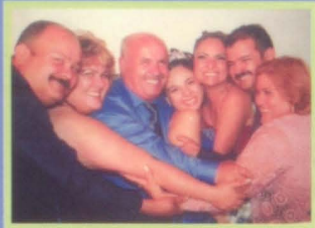
## Jasmin Marie Muñoz

Las etapas de la vida cambian a la par de nuestra existencia, llega la hora de ir a la Universidad para hacer una carrera y llegar alto. Ten las ideas claras, porque toda tu vida dependerá de este paso, es tan grande el que siempre triunfa, como el que jamás se desalienta, lo que cuenta no es la cantidad de horas que dedicamos a tal o cual trabajo o tarea, sino la calidad del trabajo que desempeñamos en esas horas, aunque nadie ha podido regresar atrás y hacer un nuevo comienzo, cualquiera puede recomenzar ahora y hacer un nuevo final.

En hora buena por este otro pedazo que has alcanzado con la ayuda de Dios, que Dios te guarde y te de la sabiduría para tomar las mejores decisiones de tu vida.

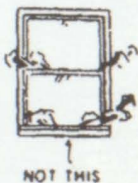


Tu familia que te quiere  
y desea lo mejor para  
ti.  
Familia Muñoz

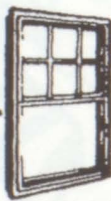


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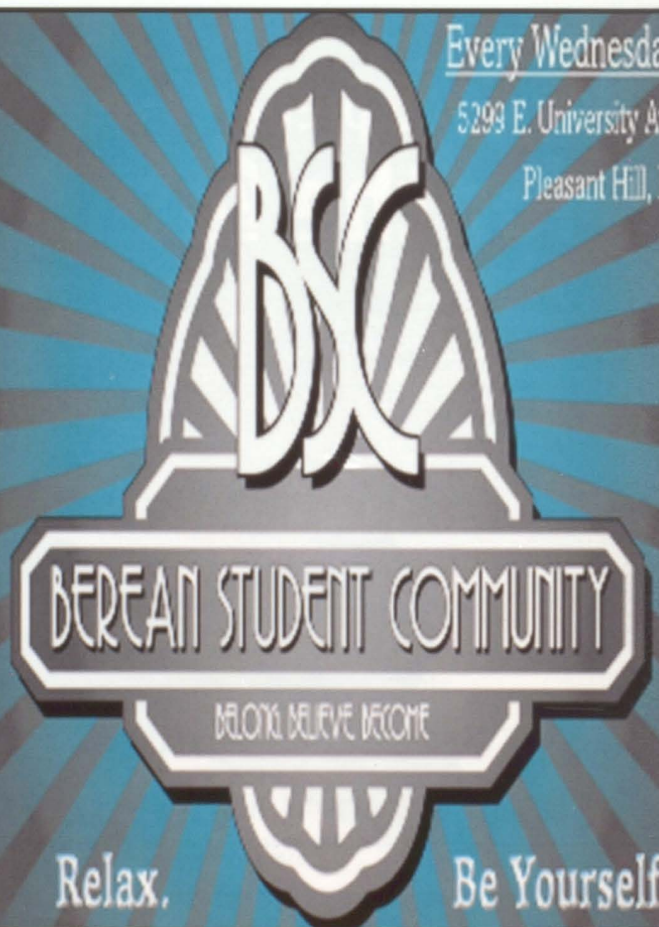
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# HALEY LARSON

# Melissa A. Craig



Congratulations on a job well  
done! We are so proud of you and  
all of your accomplishments. We  
are especially proud of the way  
you grew from a sweet little  
baby girl into a beautiful young  
woman.

*Love,  
Mom, Dad, and Annie*

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# East High Student Government



Lily VanGundy - President  
Gillian Randall - Vice President  
Melissa Craig - Secretary  
Grant Simpson - Treasurer (not pictured)  
Nicole Underwood - Public Relations



# Riley Danielle Fisher



For my wonderful daughter:

It seems like only yesterday when you were running around Grandma and Grandpa's yard in a little frilly dress looking for Easter eggs (why is it you hate frilly dresses again??). Now I see a very beautiful, caring, and independent young lady who never gives up no matter how hard the task or how little a reward you may get. I could not be a more proud parent than I am when I look at you every day. You have a smile that brings instant joy and laughter, one that I will miss as you embark on your own adventure at ISU next year. I'm excited for you to begin the next chapter of your life and know that you will have much success in anything you do. Remember that you are a strong young lady and nothing can stand in your way to having everything you want.

Love always, Mom  
P.S. Don't forget to text me when you get up every morning!!!  
(Just kidding)



Amanda



Ashton



Seth



Morgan



Kenna



Alyana



Rylee



Devin



Rochelle



Jason



Amanda



Jen



Jeremy



Grandma Witzke

## Congratulations!

### EHS Theater Arts Seniors

### -Class of 2012-



Grandma Cipale



Another person

## Congratulations Emalie!

We are very proud of the beautiful, smart and talented young woman you've become. We look forward to watching you grow and accomplish great things in your future. You are sure to do great things!

WE LOVE YOU!

Mom Dad

Ashton, Morgan, Seth

Kenna, Alyana and Rylee

Devin and Rochelle

Jason, Amanda, Jen, Jeremy

Grandma Witzke and Grandma Cipale



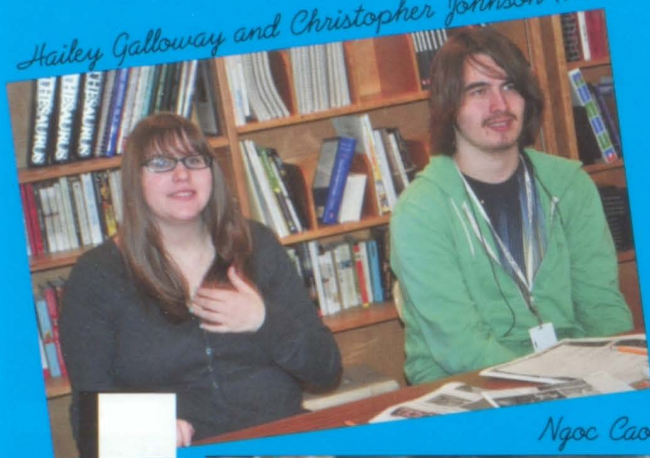
# emalie

Class of 2012





Hailey Galloway and Christopher Johnson (11)



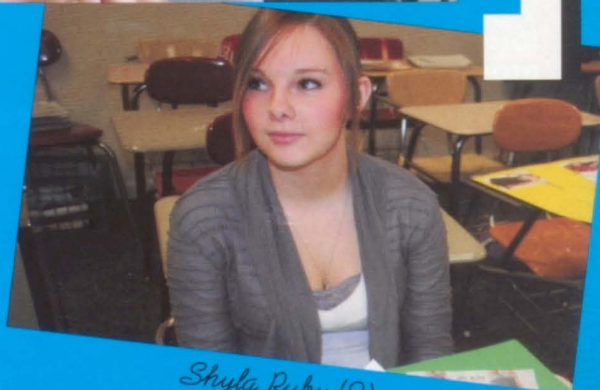
Allison Ellis (9)



Ngoc Cao (12) and Natalia Flores (10)



Erika Kommaavongsa (12)



Shyla Ruby (9)

# Farewell



Dear East High,

The 2011-2012 school year was filled with many changes. Principal Steve Johns was the man behind the positive ideas in his first year at East. He started the year with a clean slate while the students and staff followed his lead.

This year was about freedom to express who you are as a person. Freshmen were given the chance to be back in the main building after three years of being in the Walker Building. All classes being in the same building created equality. Along with new opportunities, came open campus. With this opportunity comes much responsibility.

Mr. Johns pushed for better attendance. Students showed great initiative by participating in a fun challenge to boost attendance and morale. Students were encouraged by many to get to class so they could see the premiere of Mission Impossible: Ghost Protocol at Wynsong Theater in Johnston. 1200 students attended this event and 19 students achieved perfect attendance. Our attendance was boosted by two percent.

With this year being filled with so much positive change, Seniors who are opening the next chapter of their lives will be filled with the good memories of East High. Finally stepping into a new world, seniors will begin to make new memories to fill in yet another book.

As for everyone else, this was a year of growth and learning. High school is all about finding out who you want to become. Many students filled a blank notebook of theirs up with notes, homework, assignments, but most importantly their fondest experiences at East High. Never forget the memories made here because this is the place that helped build and guide you into being successful with your own, **Blank Slate**.

See you next year East High!



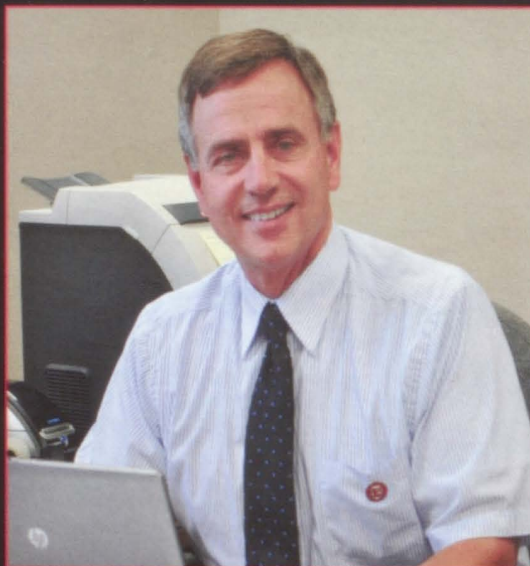
## Dear East High School Class of 2012,

As I compose this letter, preparations for your graduation ceremony are being finalized. At this point, you may not fully appreciate the impact this day will have on your future. It is important in the next few weeks to fully absorb what it means to be a member of the class of 2012 and begin taking the strides toward the next chapter in your life.

The final days of your high school life and friendships that your years will begin to evolve, and some may say goodbye. Friendships will scatter around the globe, and the world. Be assured and the strong East High School

This next chapter of your life, but remember to be true to the motto "For the Service of the Community" of the pride that all who remember when they reminisce your parents, teachers, community and patrons of the community and funding for you to have a

Lastly, remember to thank the individuals who have made your high school journey more prosperous will be active members of the East High School community. Your generation is one of great hope. Pay forward this hope to others, as others have given you hope during your days as an East High School student.



tenure at East High School are wind-torn, but have held you steadfast throughout. These friendships may follow you. The seasons will change and these friendships will remain. The community, the state, the nation, and the world that the memories you have made, traditions, will forever bind you. Your life will take you places near and far, but remember to be true to your Eastside home and live "For the Service of the Community". The motto is the foundation that has traveled the halls before you about East High School. Remember the community, East High School Alumni, who devoted their time, support, and inspiration for your memorable high school career. These inspirations in your life. These memories will make your journey more prosperous will be active members of the East High School community.

Sincerely,  
Mr. Johns



Calaphon

## Quill staff

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Natalie Niemeyer- Adviser  
Ben Graeber- Assistant Adviser  
Steve Johns- Principal  
Chris Betts and Marc Havnen- Herff Jones  
Representatives

### SPECIAL THANKS:

Anna Flickinger for designing cover art  
Mitch Stubbs for sports team photos

The Herff Jones yearbook plant in Edwardsville, Kansas produced 700 copies of the 2012 *Quill*. The 300 page book was completed on March 15, 2012.

17 staff members put together the spring-delivery book on 80 pound gloss paper. The cover work was printed on white litho stock. The cover was custom designed by an EHS student. End sheets are printed with a 4-color process on white Vibracolor paper stock, different front and back. The pages were printed using an offset color press, smth-sewn, and round and backed.

The cover was designed by *Quill* staff and Herff Jones representative, Chris Betts. The majority of the copy in the book is in Sans.

The book was produced digitally and all pages were submitted on the internet using 19 Dell PC computers and the applications Microsoft Word, Adobe Photoshop CS4 and Herff Jones eDesign.

Books were sold all year for \$60.



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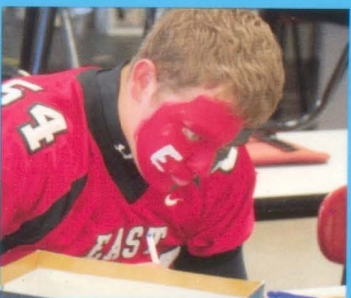
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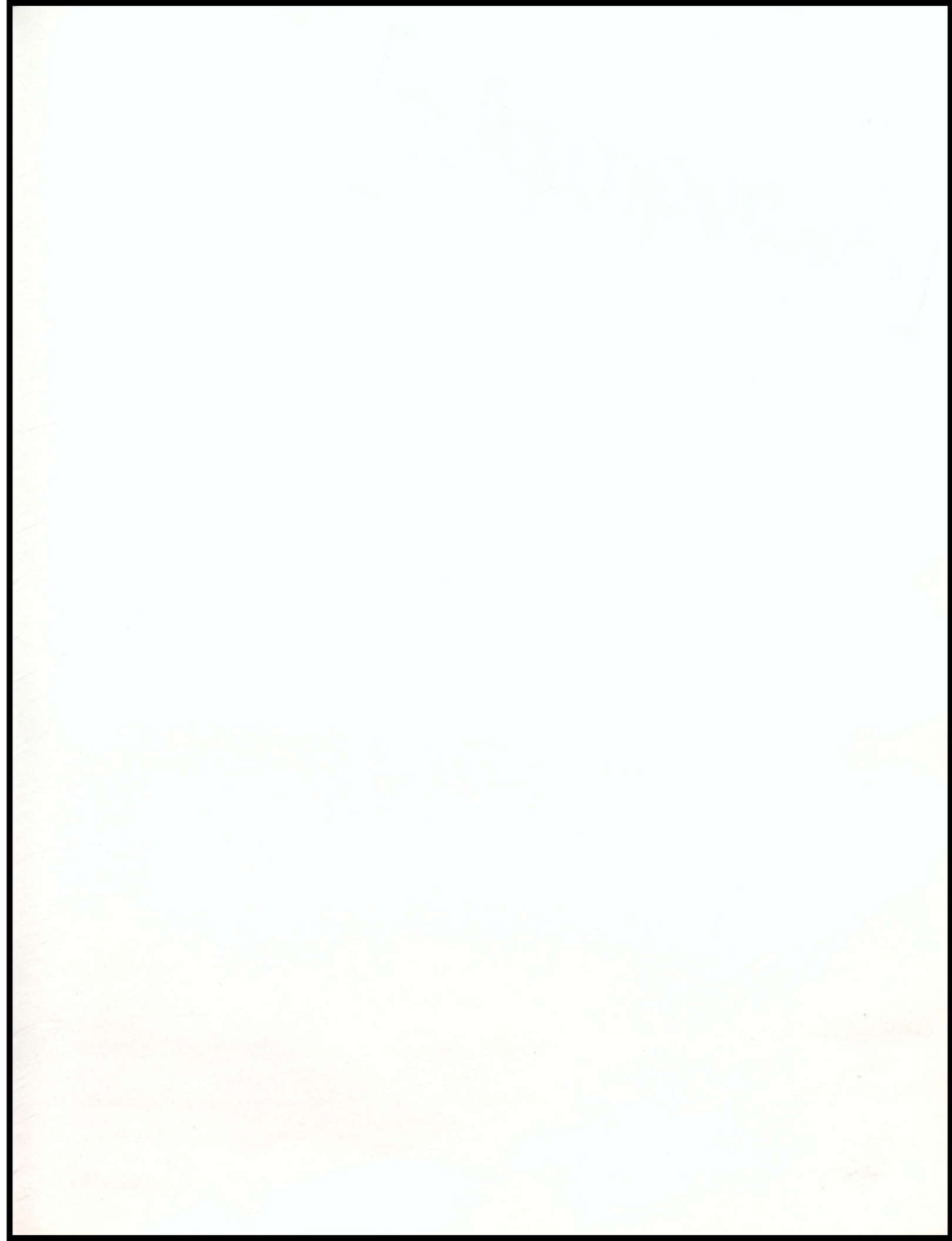
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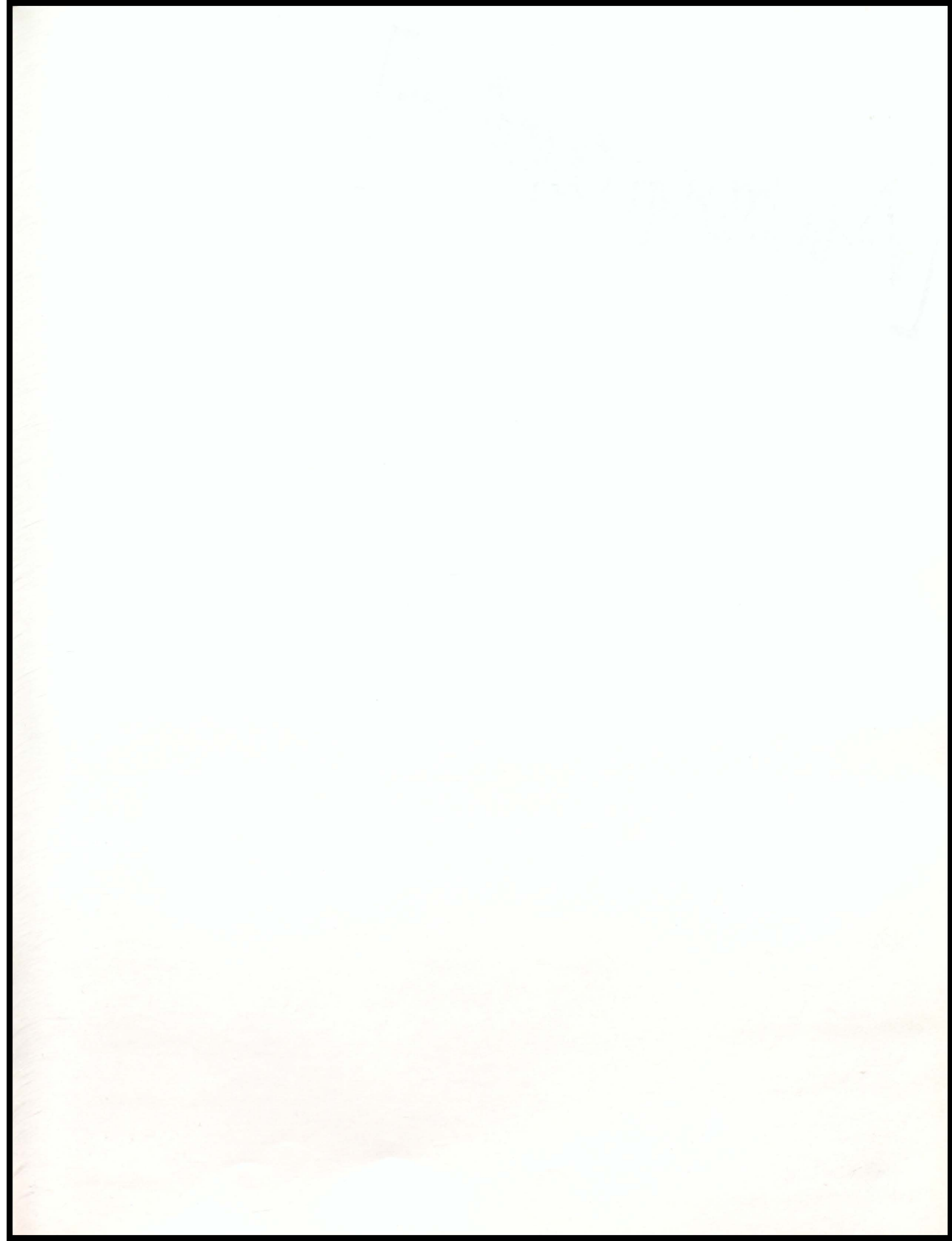






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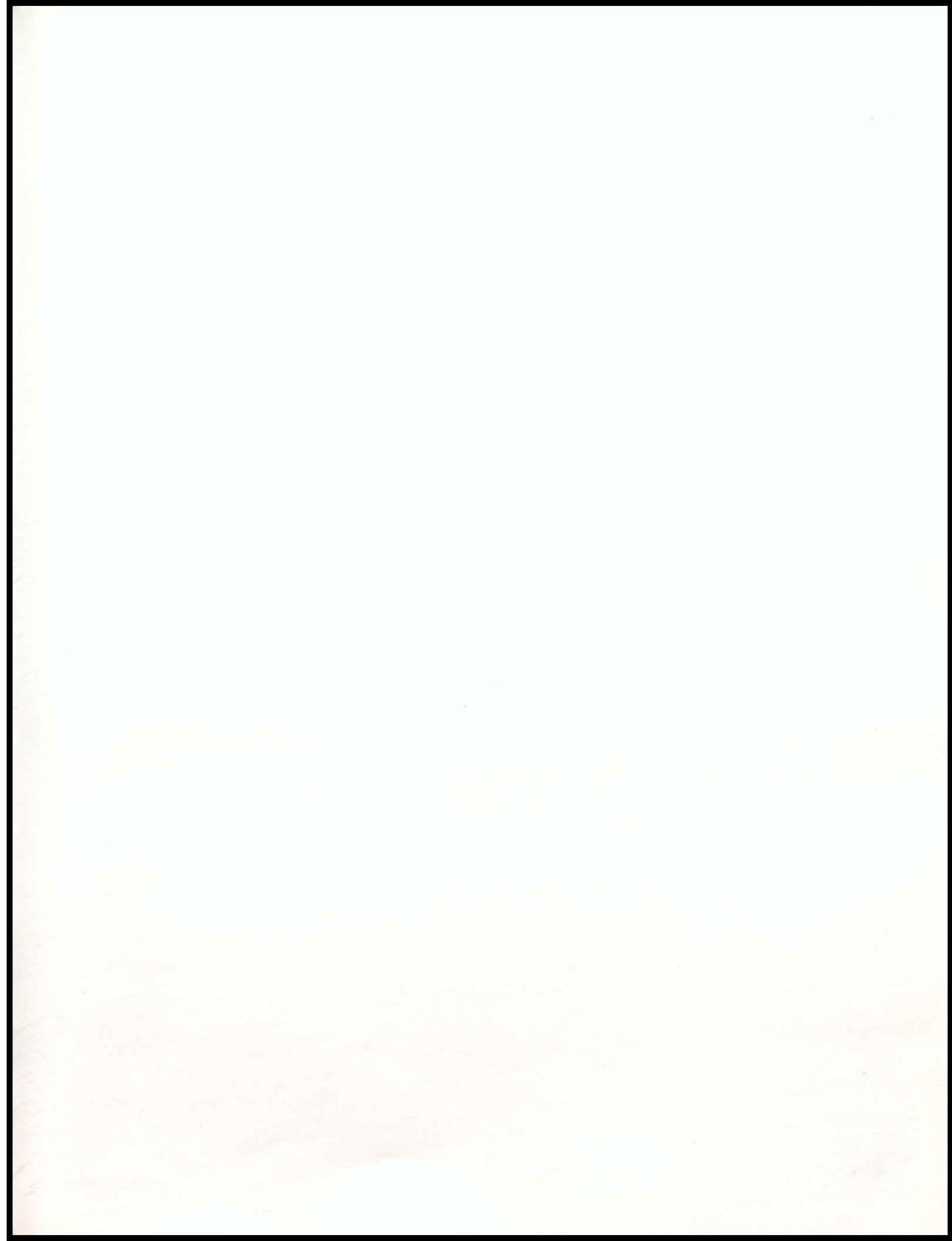




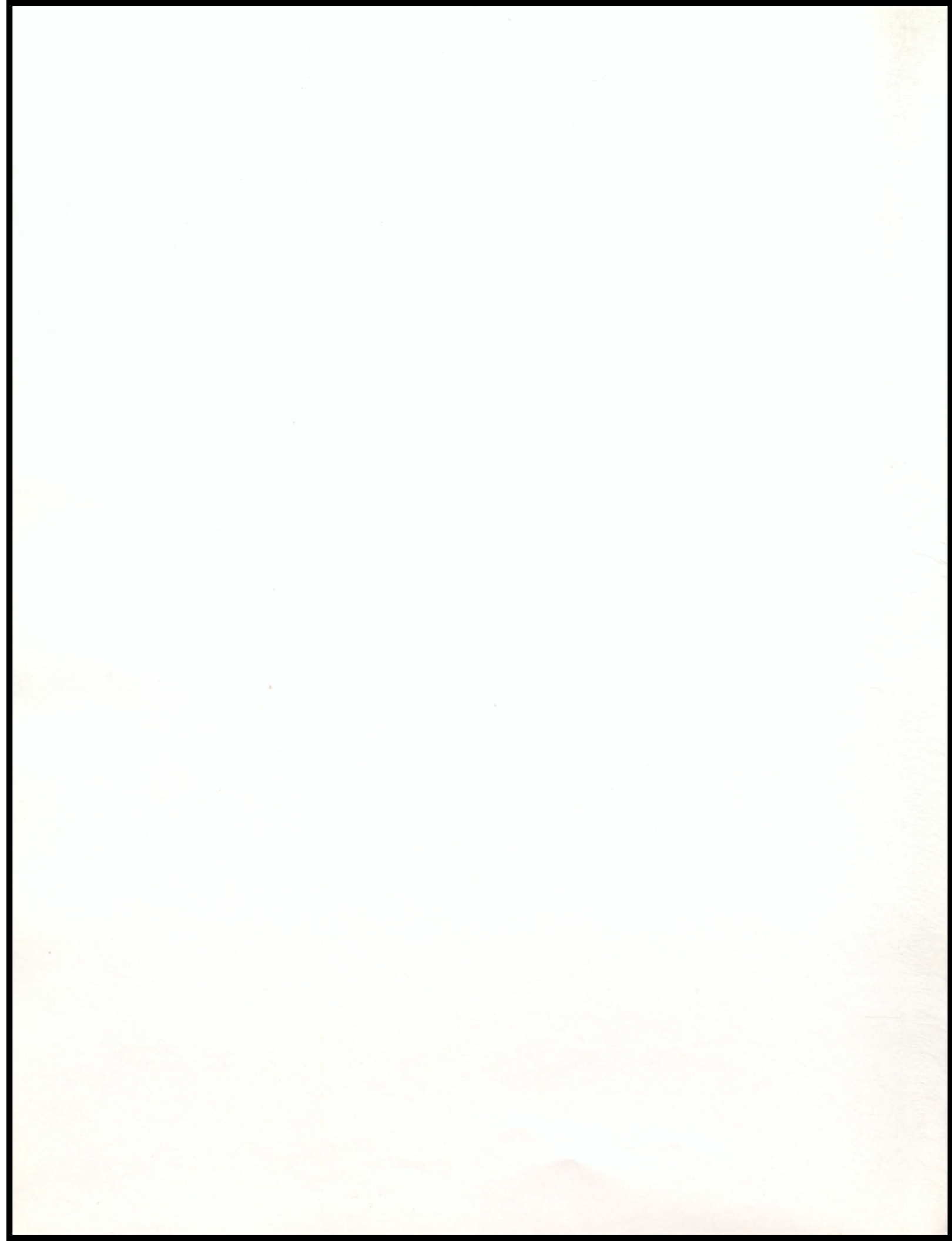


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 CATZZ  
 JUNE 18  
 SENIORS  
 2012  
 SHILLY SIMPSON  
 HALLEY  
 JAYAN  
 ANGELICA RODRIGUEZ  
 IMMOR SANCHEZ  
 JESSIE VANCE  
 KATHY (Wife)  
 EMALI  
 CITRUS  
 2012  
 KYLE VANDER BYE  
 WHAT UP?!  
 MIRANDA MADON  
 SWAG  
 HATHEN TUFAT  
 SWAG  
 TYLER SEWARD  
 SWAG  
 TAYLOR  
 ALYSSA ESPINOZA  
 SNEZ  
 LOVE  
 ALEXA RISK  
 SCAR  
 JACE  
 SWAG  
 DA MAXX  
 STERLING  
 ROBIN  
 RANCA  
 VODIC  
 EHS  
 SAMANTHA HALSTEN  
 SCARLETS  
 I LOVE 2FAST  
 JUNE 18  
 JUNE 18  
 JUNE 18



ETS ▽ Red & black  
Maddie Beans  
Cyndia A go big  
RED  
Julia Sigmund  
Allward

Yessira Ivaketa

~~David~~

Dayde

OMG

Seniors 2012

David

Carlos Has Swagg

Erin Stanley  
Shelby Rocks

Brittney Oliver

Kaitlin

Yurim Saeng

Jonathan Strals

Enja

Melindree

SENIORS

Lindsey Smith

Blaise Espitia

Chadwick

Phyllis King

Mangar EHS

diana inthaboune

Go Scarlets!

Kenny

Class 2012 all dayyy!

#WINNING... DUH! EHS HIGH  
Scarlets all day



*for the service of humanity*

